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**Officer Students Wives' Club Magazine /**  
**Vol.15, no.4 (May 1975)**

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NAVAL POSTGRADUATE SCHOOL OFFICER STUDENTS' WIVES' CLUB MAGAZINE

# THE CLASSMATE



MAY, 1975  
VOL. 15, NO. 3



**SPACIOUSNESS  
AND A PRICE TO  
SUIT YOUR FANCY  
IN A CLASSIC  
MOTOR HOME.**



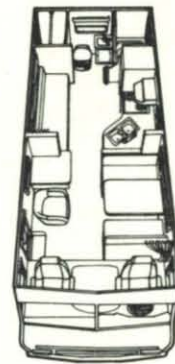
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# In this Issue

**"Spotlight on Volunteers" featuring Barbara Longeway .....Page 12**



This month's volunteer, Barbara Longeway, was interviewed by the future CLASSMATE editor, Pat Vines. Pat outlines in her article how she came about selecting Barbara. The CLASSMATE is always on the look out to spotlight a volunteer. (Pat's duties as Editor-in-Chief begin July 1, 1975 with her first issue due September 1.)

*Elaine C. McKearn  
Editor-in-Chief  
(Trend Studio Photo)*



**Current Research: Biorhythms Page 6**

Have you ever wondered why human beings do not always do their best with a given task? Profs. Thomas Wyatt and Douglas Neil in Operations Research and Administrative Sciences department are now conducting laboratory experiments that indicate a person has 3 distinct life rhythms. Be sure to read this very interesting study.

**Victorian Tour.....Page 17**



*Victorian dolls and crib add to the decor of the Saracas home.*

**Introducing Nancy Young, Socially Speaking Editor .....Page 27**

Sorting out all the Socially Speaking copy and pictures is no easy task. Nancy has volunteered to take over this area. (Thanks go out to Cathy Tyler outgoing editor.) She is open for new ideas and is going to help the Curricular Representatives up-date and improve their columns. Welcome Aboard, Nancy.

P.S. Pat Vines, Nancy Young, and myself all graduated from Purdue University, W. Lafayette, Indiana. (Nursing, Audiology, Elementary Education, respectfully) Jokingly, we may have to rename the magazine! Where are all you English and Journalism majors???



*Nancy Young and Mary Ellen Hawley listen to Nanci Robbins (1st VP of OSWC), not pictured.*

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# Fads, Fashions, and Trends —

*The Continuing Story of Jane Doe*

by Cheri Holyoak



## Part II

"Flex! Extend! ... Flex! Extend!" ...

Perspiration beaded across her forehead as Jane forced her legs to obey. She wondered if it were worth the pain. 13 years without a regular routine of exercise was really telling and she heard its' indignant message from every muscle, flabby from complacent dormancy.

She grunted as she forced her stomach muscles to comply, bringing her through the sit-up.

"Of course it is worth it!" She reprimanded herself as the vision of her carefully planned goals pushed itself into her mind: 117 lbs. She had already lost 5 of that whopping 130 which had been such a friendly part of her for so many years. Just 8 more to go. The number under 10 gave her renewed determination. She had just had her 6 month physical and had excused the extra inches as unavoidable due to child-bearing, a statement for which she had been promptly reprimanded by her physician who discoursed for 15 minutes as to this being a typical female retionalization for being just too lazy to stay in shape. In reality a woman should never by any broader through any part of her body after pregnancy than she had been before pregnancy (given an allotted year, of which Jane had had several, for the body to readjust), and if she were it was due to either over-eating or under-exercising or both. Jane had decided that in her case it was both and her physician suggested that in order to lose weight Jane should cut out snacking, greasy foods, second helpings, and should take smaller servings at mealtime as well as cutting her bread intake to 1 slice per day. And in addition to this she should institute a regular schedule of physical activity and exercise.

Perspiration splatted the smooth surface in front of her face as she pushed desperately at the floor to beat her record of 8 push-ups ... 9 ... 10! There it was! Another merit towards achievement. As she relaxed satisfactorily she thought of her list again and she thought of Judy. Judy, young, poised, and *thin*. Judy *knew* where she was going.

Jane had bought several fashion magazines and each had talked about a "total look", a "total woman." She had thought about herself and her life for a good long while and had created a determination

to improve herself both physically and psychologically. But she didn't quite know where to start. For 10 years she had let herself slip into such an "easy" routine she was no longer sure of herself in the world outside her home. The current of complacency had swept her into the main stream of unsurity. But she *would* improve and Judy could help her. So together they had analyzed and critized and had created a list of priorities for self improvement.

The list parrotted through her mind in order of importance pertaining to the things that really bothered her:

1. *Figure improvement* — Exercise class and tennis once a week.

2. *Hair improvement* — Up-to-date Salon. Judy had recommended a good one and she would go next week.

3. *Cultural refinement* — She had bought several albums of the works of the Master Composers with an explanation of the life and works of each which she listened to while doing her daily housework. She also made it a point to go on an art tour or to a lecture on art in order to educate herself in this field. She also tried to attend the ballet when time allowed.

4. *Make-up* — She had signed up for a Personal Improvement class which met once a week at MPC in which make-up was taught to an extensive degree.

5. *Build & Exercise mind* — She watched for the local newspapers weekly editorial listing the latest best sellers and tried to read one per week. She also subscribed to a weekly news magazine and made it a point to scan the newspaper every morning. She accomplished her reading goal by reading for ½ hour after going to bed in the evening.

6. *Wardrobe* — From Judy and from her Personal Development class she was learning how to plan an up-to-date wardrobe and how to stay within a limited budget in doing so. She was an excellent seamstress and by re-arranging her schedule she had found time to devote to this profit saving hobby, much to the delight of her husband.

7. *Church & Community Service* — There were so many different service organizations for the community. She had investigated several until she had discovered the one closest to her own interests and problems, and was now on an amiable committee of very interesting people. In the past she and John had let the religious side of their life slide by. Now she made it a point to

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the key word for today.**





have the children and herself ready for church each week and John had gone along with this. As a result, the family had seemed closer and less contentious.

However, before she could start her list she had taken accurate inventory of her time by recording her daily activities and routines for one week. Her days had always seemed to be so terribly busy but after inventory she could see that in reality much of her time was shamefully wasted. Well, *Another Day* would just have to wait for another day and so would many of the other daytime series. She found that the 3 hours a day she had devoted to some imaginary persons imaginary problems could be put to good use on her own very real problems. Now instead of "Beat the Clock" it was beat Judy at tennis (a game she had always wanted to perfect but just "Didn't have time") and instead of "Somerset" it was exercising or dance with Susie Polk. And her game was improving steadily, as was her figure.

She glanced at the clock. Three p.m. She had corned beef and cabbage cooking in the crock pot (another time saver) ... she would swing by the school for the kids ... John would be home at 5 p.m. ...

Funny but these familiar thoughts which had in the past created a feeling of forced drudgery and duty now brought on a new warmth of anticipation and joy and more than once she had found herself humming as she went about her "common" house-

hold routines.

As her determination surmounted her obstacles she could see the negative side of Jane Doe slipping away and this reality gave her a feeling of pride and self-assurance.

"Alright ... class is over ... Relax. The scales are over there. Update your weight and measurements record before you leave."

She felt her body sigh in relief. 122 pounds. She stepped triumphantly off the scales and paused in front of the mirrors. She joyfully scrutinized the changes which were becoming noticeable in her figure. This figure improvement had merit. Before long John would notice her. And thinking of John, she had noticed he had become a little less svelt the past year. Perhaps she would get him a set of weights for Father's Day. Perhaps he could be persuaded ... Perhaps ...

Watch for the third part of *The Continuing Story of Jane Doe* in next month's issue of the CLASSMATE.

#### Answers to Last Months Questions Things Jane was doing right:

1. She looked at herself objectively.
2. She called it "tweezing" the brows not "plucking." In conjunction to facial grooming the word "plucking" sounds vulgar and conjures up images of taking the feathers from chickens.
3. Thinking of using color in the face.
4. She decided to read the beauty sec-

tions of the fashion magazines.

5. Committed to buy the magazines to have at home for self improvement.

6. Analyzed her proportions honestly.

#### Things Jane was doing wrong:

1. Very negative attitude. You can be objective without being negative.
2. She has been wearing the same make-up for 10 years. Keep in mind that nothing dates a woman quicker than her make-up, hair style, and clothing.
3. She is using Black liner for her eyes.
4. She is using black mascara and she is a blond.
5. She is wearing a white based lipstick.
6. She is pencilling her brows.
7. She is thinking of wearing a darker make-up for more color. This is not the answer to her problem.
8. She does not wear cheek blush which would help correct her color problem.
9. She has in mind too much what other people want and like instead of what *she* might want and need in regard to her own upkeep.

10. She is obviously not attending a reputable salon. And the term is Beauty Salon or Hair Dresser, not "Beauty Shop."

11. She is still teasing her hair. This is one of the quickest ways to ruin hair.

12. She is still fostering the Blue-eyed Blond theory when the fashion look today is to be your natural self and to work with what you have to improve yourself.

13. She is dying her hair at home. This should be done professionally since overlap dying can break hair close to the scalp and create real problems.

14. She is still using Aqua-net as her hairspray instead of a mild holding mist. When I took art in college we used Aqua-net to lacquer our paintings because of its plastic effect.

15. She is thinking of buying a shampoo because of gimmickry. Don't be easily taken in by commercials. Buy your products at the recommendation of your hair dresser who knows your particular hair needs.

16. She weighs 130 lbs. This may not seem overweight to most people; but remember that when you see the beautiful clothes on the beautiful people in the fashion magazines, these clothes look lovely only as long as the body beneath is lovely. The average weight of these models is 117 lbs. and that is by no means skinny.

17. She has a saggy body from obvious neglect.

18. She is wearing a sweater over bulges. Sweaters show every bump and bulge, so if your bumps and bulges are not in the right places find a loose fitting top to wear with pants and skirts.

19. She is wearing a girdle. This is the biggest no-no of all since a girdle encourages muscles to become lazy and they begin to depend on the girdle for support. Nature has given us all a much nicer natural girdle of muscles which if properly used will give much better affects than any synthetic girdle can ever give.

#### THE BY-LAW COMMITTEE MEETING

By Pat Vines

The By-Law Committee met at the home of OSWC advisor Mrs. Saunders in mid-March to review, make corrections and amendments to the OSWC by-laws. The meeting was called to order by the chairman, our Second-Vice President Carol Cornett. Attending the meeting were the Curricular Representatives, Advisor Mrs. Saunders, OSWC President Liz Ruch, representative of the past administration Carolyn Simoneaux who also acted as secretary for the meeting, and CLASSMATE representative Pat Vines.

Recommended changes were presented to the committee for discussion one by one until a final draft was agreed upon. The new set of by-laws suggested were ready to begin a series of reviews and approval be-

fore being presented to the OSWC members for a vote. The new draft must be approved by the Executive Board, the Governing Board, Legal Office and the Commander of the School before it is posted for the OSWC members to review. The By-Law draft will have been posted for two weeks before being presented at the May Business meeting for the final vote. The draft copies were displayed on the OSWC bulletin board in the breezeway of the exchange, in the Ladies Lounge at Hermann Hall and at the bread and milk store. If you have other recommendations for changes, contact your Curricular Representative. The new draft of by-laws were approved by a (2/3) two thirds vote of those attending the Business meeting.



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**OSWC PRESENTS**

# A Brush with Art

**Saturday, May 17, Ballroom  
By Barbara Longeway, 1960  
372-8454**

"Going once ... Going twice ... Sold!" The auctioneer's gavel signals the end of bidding and the sale of another work of art. This is a familiar scene to anyone who has ever experienced the excitement of an art auction.

More than ever, people are interested in acquiring fine art. We attend art shows and seek out galleries, always learning and continually developing our individual tastes. Each purchase is a carefully considered investment and focal point in our home decor. We proudly display our personal "collections" in our homes and hope to add other works of art.

The art auction is an especially exciting way to experience art. It offers the opportunity to browse with leisure, and perhaps bid for and purchase fine art.

The Officer Students' Wives' Club is proud to sponsor such an event for your pleasure and entertainment, Saturday evening, May 17, 1975, in the Barbara McNitt Ballroom of NPS.

The Robert Sills Gallery, Inc., of North Hollywood, will provide an exciting collection of works by such masters as Picasso, Dali, Lautrec, Chagall, and many others. Mr. Sills offers in his collection original lithographs, etchings, and graphics signed and numbered by many of the world's most renowned artists. Also included will be an enriching array of watercolors and original oil paintings from all parts of the world. Each work of art is beautifully framed and ready to hang in your home.

All these can be purchased below their gallery prices. The largest percentage of sales are in the \$25 to \$200 range, with a limited number from \$250 to \$1000. Here is an ideal opportunity for a practical investment for the future and a unique addition for your home. Roberts Sills Gallery will also provide, upon written request, letters of authenticity for each work of art purchased. The terms of purchase are cash, personal check, BankAmericard, or Master Charge.

Set the date with your friends and make it a complete evening, with dinner at the O'Club followed by this exciting art exhibit and auction. A preview display begins at 7:30 p.m. and the auction starts at 9:00 p.m. OSWC invites you to come early, receive your free catalogue, and spend time studying each work of art on display. That special work could be yours at the final rap of the gavel. If you're too timid to bid, you can always take a chance on our door prize — a valuable object d'art.



OSWC offers this evening of entertainment for you and your guests with a percentage of the proceeds to go to OSWC charities. However, admission is free, and there is no obligation to buy. So, whether you are a serious collector or a casual admirer, this exhibition will be worth seeing.

Volunteers are needed for the night of the auction to register guests and distribute catalogues during the preview. These people would work half-hour periods and still have the opportunity to participate, as the registration will be completed by the start of the auction. All those willing to help are encouraged to contact the Chairman, Barbara Longeway, at 372-8454, or SMC 1960.

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*BankAmericard and Master Charge accepted*

**BABYSITTERS WANTED** for the Welcome Aboard issue (July-Aug.) of THE CLASSMATE. First come, first published! If you are interested in being included, fill in the following and return it to SMC 2330.

SMC \_\_\_\_\_ NAME OF PARENT \_\_\_\_\_ BRANCH \_\_\_\_\_

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## International Message

By Anna Shaw

The new quarter has brought new Internationals and Sponsors to the Committee. Welcome all of you, we hope yours will be an unforgettable experience.

What an inspiration seeing 23 countries working together, sharing individual talents, putting up displays, and rehearsing dances. Nowhere else in our Naval career have we had an opportunity to experience this. International Night will be a lasting memorable experience for our family and surely all who saw it. If only the rest of the world could get along as well, what a peaceful world to live in!

To our Food Chairmen, Ron and Jackie Hall; Diaplay, Nancy and Joe Crisafulli; Program Director, Pat and Phil Baca; Ass't. Program Director, Joyce Hayes from Carmel; American Directors, Donna and Fred Crawford; Publicity, Melanie and Bruce Cannon; Typists, Corrine and John Davis; and all their committee members our sincerest gratitude and thanks.

Our special thanks to all of our International Officers, families, sponsors and friends who so ably shared their talents, culture, and friendship with us. The limited



space affords little opportunity to acknowledge individually all those who gave their time and energies but we hope you realize how much we appreciate your efforts and help.

### GUIDED WIVES TOUR

Attention old and new wives! The tour of the Naval Postgraduate School campus will be May 13 at 1 p.m. Please meet on the front steps of Hermann Hall. All reservations must be in to Nanci Robbins (373-4869) by May 11. The tour will include Hermann Hall, the grounds, the computer center with a tea at Mrs. Linder's house following the tour.



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The monthly deadline for ALL copy to the Editor, Box 2330 will be the 20th day of every month. Section reporters and Curricular Representatives must adjust their individual deadlines to meet the initial deadline.

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**COVER PHOTO**

Pictured is a Stone, Post & Flower home of Doug Dickenson in Carmel Woods. Photo is by George Robinson (Story on page 19).

## Mark Your Calendar



### New NPS Class Ring

NPS Press Release — A new ring has been designed for the Naval Postgraduate School by LCDR and Mrs. Roy E. Adair. (LCDR Adair is a December 1974 graduate of NPS.) The die for the ring was tooled by the Balfour diemaker who has tooled many of the Naval Academy rings.

On the ring's left shank is an eagle mounted over the NPS seal. The right shank includes the class year, and a matching eagle mounted over a bows — on view of the USS Constitution in full sail, crossing an anchor relief. The detail is in deep relief.

Although the ring costs very little more than the one that has been available, it is almost 25 per cent heavier. It is available in 10K gold with three initials, in a variety of stones and with any year date. A display of the rings may be seen at the NPS Navy Exchange, where they may also be ordered.

S	M	T	W	T	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	MAY

**1st** — Pink Flyer Deadline. Submit all copy to Mary Lou Pilnick, SMC 2842, Tel. 649-0930.

**1st** — OSWC Program and Luncheon "Moving." La Novia Room, 11:30 a.m. Contact Edna Brewer 373-7039 for more information.

**3rd & 4th** — Laguna Seca Raceway.

**3rd** — Early Childhood Education Week - Open house at Peninsula Parent Nursery School, 10 a.m. (649-0628).

**5th** — International's coffee, El Prado Room. For more information contact Anna Shaw, 384-9212.

**5th** — Governing Board Meeting, Tower Room, 8:00 p.m.

**7th** — CLASSMATE work session, El Prado Room, 8:00 p.m. All copy and pictures must be turned in and typed (June issue). All interested wives are welcome to attend and assist us.

**7th** — House and Garden Tour (Carmel and Pebble Beach), 10-4, \$5.00.

**9th & 10th** — "Gigi" presented by NPS Little Theatre, 8:30 p.m., King Hall.

**11th** — "Gigi" 7:30 p.m.

**11th** — Mother's Day.

**13th** — Wives' Guided Tour of the Naval Postgraduate School. (1:00 p.m. Hermann Hall).

**14th** — CLASSMATE work session, El Prado Room, 8:00 p.m. Proofing of dummy, paste up. Bring scissors and tape.

**16th & 17th** — "Gigi" 8:30 p.m., King Hall.

**17th** — Parent-Teenagers Nite Out, 7:30 El Prado, Crab Night (372-0320).

**17th** — Art and Art Auction, 7:30 p.m. preview in Ballroom, NPS. Auctioneering begins at 9:00 p.m. Contact Barbara Longeway (372-8454) for more information.

**18th** — "Gigi" 7:30.

**19th** — Executive Board Meeting, Tower Room, 8:00 p.m. (Officers and special request groups only.)

**31st** — Bargain Fair, La Mesa Elementary School Grounds, 10-2. Rain date is the following Saturday. Contact Nancy Barto (373-5170) for more information.

**JUNE**

**2nd** — Governing Board Meeting, Tower Room, 8:00 p.m.

**20th** — Graduation.

**JULY**

**23rd** — OSWC "Sewsational" Fashion Show. Items must be made either by sewing, knitting, or crocheting. Contact Nanci Robbins (373-4869) if you are interested in participating.



# On the Peninsula

## Laguna Seca Raceway

Greatest Variety Ever

The Monterey Triple Crown races, May 3 and 4, will bring to Laguna Seca Raceway the greatest variety of racing machinery ever to compete in a professional meet at the 1.9 mile road course.

Four events during the race weekend will include cars ranging from 3,800 pound Detroit stockers to sleek, single-seat Super Vee formula cars.

Exotic imported racing cars, Porsches, BMWs and Capris, will face specially-prepared domestic Corvettes, Camaros and Mustangs in the weekend's feature event, the \$35,000 Camel GT Challenge. This event is run in two 100-mile heats.

The B.F. Goodrich Radial Challenge will feature economy sedans of both U.S. and foreign production. The sub-compacts included in this event are Colts, Vegas, Pintos, Gremlins, Opels, Datsuns and Toyotas. They will compete in a 50-lap race for \$10,000.

Tickets for the weekend's events will be on sale this week at BASS, Macy's Ticketron and other Northern California ticket outlets including Monterey.

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## NAVAL POSTGRADUATE SCHOOL NEWS



# Current Research: Biorhythms

By Betty Curry

NPS Press Release — When an aircraft crashes and the inquiry reveals no mechanical or other problem, human error is usually suspected. But what some call error may be looked at in another light, say behavioral scientists at the Naval Postgraduate School. Profs. Thomas Wyatt and Douglas Neil of the NPS Department of Operations Research and Administrative Sciences are receiving international attention for their studies of a controversial theory on human biorhythms. Their object is to determine why human beings do not always do their best with a given task. The theory with which they are working is now being looked into by airlines and other branches of industry in hopes of cutting accident rates.

"When we first considered the theory," Prof. Neil says, "frankly, it sounded like a lot of bunk, just another of the so-called occult sciences. In fact, we started out with the intention of disproving it. But then our laboratory results took us by surprise."

As described by Prof. Wyatt, the theory suggests that each person has three distinct life rhythms: physical, intellectual, and emotional, with cycles of 23, 28 and 33 days respectively. These cyclical ups and downs begin at birth and continue throughout life. The theory says they are so regular that, given only the date of a person's birth, his cycles for his entire lifetime can be charted by computer. It appears that human efficiency may indeed be closely tied to such cycles.

"Positive and negative phases of each cycle correspond to ups and downs in performance potential," says Wyatt. "In addition, there are critical days when the system shifts from positive to negative or negative to positive on each cycle. These are periods of marked instability. Then there are double and triple critical days, when crossovers on two or three cycles come on the same day. These days can be considered particularly dangerous.

"On a critical day, it might be dangerous for a person to undertake a task involving the safety of others. We're told that a Japanese railroad has been scheduling its engineers based on critical day information, and their accident rate seems to be going down," Prof. Wyatt says. United Airlines at National Airport in Washington, D.C., has

reportedly cut its accident rate in half since it began a program one year ago of cautioning ground crew people on their critical days. Allegheny, Pan American, Transworld and Continental Airlines are also said to be looking into biorhythms in an effort to make air travel safer.

Wyatt allows that the biological rhythm idea is not new. He gives as examples a woman's menstrual cycle, or the circadian rhythm. The circadian rhythm is the 24-hour biological clock established by cycles of light and dark. However, the biorhythms currently in the news have proved somewhat more difficult to pin down than these amply documented ones. The physical and emotional elements of the theory were formulated by two researchers, Herman Swoboda and Wilhelm Fliess, working independently in Europe at the end of the last century. The 33-day intellectual cycle was uncovered in the 1920s by an Austrian professor named Alfred Teltscher while studying the records of 5000 high school and college students.

"The theory was based entirely on subjective interpretations of human behavior," says Prof. Wyatt. "To the best of our knowledge, it had never been subjected to controlled laboratory studies. Before it could be accepted scientifically, it had to be subjected to rigorous testing. That's what we're doing now — trying to verify the theory with objective observations."

The observations are of two kinds. Wyatt, Neil and NPS students working with them have devised a series of tasks relating to intellectual or emotional activity. Supervised by Navy Lieutenants Francis Sinks

and William Cobb, subjects repeat the tasks over periods of time under controlled circumstances. On the physiological level, studies are being made of EEG, heart-rate and diary data. Subjects are keeping diaries showing hours of sleep, weight, dream activity, digestion, etc. All this bio-data provides grist for the researchers' mill. Following a statistical technique developed by Lt. Louis Giannotti, they process the data by computer. From all this a pattern is emerging — the same pattern, in essence, as that coming from studies of accident data. It shows a picture of human performance varying with a definite periodicity. These periods correspond to a significant degree with the postulated 23.28 and 33-day cycles of the theory. Here, in other words, is the first highly controlled laboratory evidence for the existence of biorhythms.

NPS studies of accident data have also been productive. In one study involving 66 accidents in a Canadian pulp plant, Prof. Neil found that twice as many accidents occurred in negative phases of the physical cycle as in positive phases. In the same study, only one lost-time accident occurred in the positive phase, whereas 11 took place in the negative phase. Such proportions are far out of line with mere chance.

Next, a study of 127 industrial accidents was completed, with all three biorhythms being considered. It was found in this study that, while accident days definitely correlated with physical and intellectual rhythm phases, they appeared surprisingly unrelated to the emotional rhythm.

With aircraft accident data there is a particular difficulty, Neil says. "It's often hard

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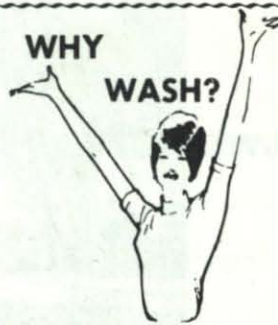


to tell for sure where design error enters the picture; you have to be very careful about that in sorting out your statistics." Other accident-causing factors, such as weather, equipment failure, and errors on the part of other crew members, must also be screened out. However, studies of some clearcut pilot-error accidents have been interesting. For instance, it was reported by the Washington Post that when a plane of King-Air crashed into the American University radio tower in Washington last January 25, both pilots were experiencing a critical day. Both were also in negative phases of their physical cycles.

Wyatt and Neil hasten to point out that the biorhythm theory is still just that, a theory. "If it does turn out to be correct, it isn't going to be a panacea that will end all aircraft crashes and other accidents," Neil says. In a paper presented at the National Safety Congress in Chicago last October, he concluded: "This can be considered just one of the sources of day-to-day variation in performance. Any program directed at reducing accidents and increasing productivity must not restrict itself to the consideration of a single factor, be it biorhythms or safety posters."

It appears that in the past, at least, safety posters just haven't done the job. That may be one reason industry is now turning hopefully to biorhythms in the ongoing search for accident-free operation. But if the theory is true, its implications will reach even further. It may mean that fluctuations in a person's competence, mood, energy level, response to medical treatment and even ability to learn can be predicted by looking at a chart of his biorhythms.

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- (2) International Who's Who in Art and Antiques, 1972-74.
- (3) International Director of Arts, 1969-70-71-72-73-74-75.
- (4) Dictionary of International Biography, 1973.
- (5) Who's Who in the Arts, 1973-74.
- (6) World Biography, 1973-74.
- (7) Who's Who in International Community Service, 1975.
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# LITTLE THEATRE

By Carolyn Cohen, 2552  
649-0194



(L to R) Gisela Hartman as Mamita, Larry Foss as Gaston, and Julie Zimmerman as "Gigi" get it all together.

From the gourmet stage at King Hall, we offer to you the Recipe of the Month, "Gigi Galore." Ingredients:

1. Group of fun people (from 1 to 200 depending on your appetite).
2. Reservation for "Gigi Gala Buffet," King Crab, at the Officers' Club on May 9th, 10th, 16th & 17th beginning at 6:00 PM — \$6.95 per person.
3. Reservations to attend the NPS Little Theatre's production of "Gigi" at King Hall on May 9th, 10th, 16th & 17th at 8:30 PM on May 11th & 18th at 7:30 PM. Tickets may be purchased at Herrmann Hall from 11 to 1 PM Monday through Friday beginning April 21st or by calling 649-1353, also starting April 21st. Tickets are priced economically: Regular \$3.50 each; Groups of 10 to 30, \$3.00 each; SUPER Groups of more than 30, \$2.50.

Combine all ingredients in the order listed above, top with a happy smile, and you will be delighted with the results — and no dishes to do later! Bet you thought Dinah Shore was the only star who could cook.

This recipe is guaranteed to delight all who partake, so don't be the last on the block to give it a try.

Even though step 2 cannot be included on our Sunday evening performances, May 11th & 18th, a substitute would work just as well.

"Bon appétit."



(L to R) Mamita, and Alicia check out the possibilities of "Gigi" who is portrayed by Julie Zimmerman. Mamita and Alicia are played by Gisela Hartman and Susie Polk, respectively.

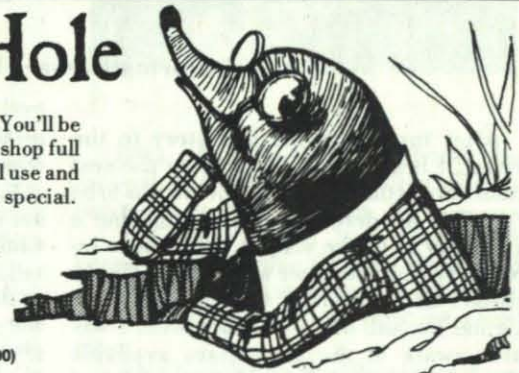


## The Mole Hole

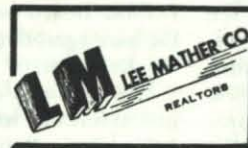
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NPS News cont.

# SPOTLIGHT ON VOLUNTEERS

featuring **Barbara Longeway**

After turning in my last story to the editor, I began thinking ahead to the next issue. Since the topic of the month was to be "Art," I wondered where I would find a volunteer to fit the subject. I had been informed of the volunteer who teaches the art classes at the Pacific Grove Community Center but she was not a Navy wife. I was also aware of the art classes available through the wives' club and the army bases but they were paid positions. It was not until I was having a conversation with Maxine Sagehorne that I got the lead I needed. We had wandered from our original subject, when I mentioned I was looking for a volunteer. She thought a few moments and then said, "Barbara Longeway would be perfect."

I contacted Barbara and set up an appointment for an interview. With directions from Barbara and a city map in hand, I managed to get lost only once on the way to her house. We settled down by the fireplace

in her lovely living room and began going over the plans of the upcoming event.

I asked how she happened to volunteer to set up a fund raising event for the Wives' Club. This was her response: Once while talking to Vice President of OWC (Maxine at that time) the subject of fund raising for the year 1975 was brought up. Barbara suggested having an art auction. She had attended two such fund raising events while she and Ken were stationed at Alameda. The idea upon being presented to the OSWC Board was readily accepted and Barbara agreed to handle the arrangements for the event.

She began by digging out one of the old invitations she had stored away for the address of the Robert Sills Gallery of North Hollywood. She contacted the firm and a date of May 17 was set for the event. She was informed that the gallery would supply the invitations, catalogs and art pieces and she would arrange for a location, advertis-



ing and a good crowd. According to the company policy, the sponsoring group (OSWC) receives funds determined by ATTENDANCE rather than sales. With an attendance of 150, the club will receive \$500.00 and \$1,000.00 if 250 people attend.

The first step completed, Barbara set about obtaining a suitable location. What could be better than the McNitt Ballroom! It was at this point she hit her first snag. The problem was not "if" she could use the ballroom but "how much" of it could she use. Because of safety regulations, Fire Chief Schmitt could not allow the projected number of people in the floor space outside the Closed Officer's Mess of the ballroom. They discussed the problem and determined how much additional floor space would be required to satisfy the safety regulations. The hard part was asking the Officer of the Mess to donate some floor space for the evening. LTJG Owens, Officer of the Mess, was gracious enough to grant the additional space. Barbara then arranged for the tables and chairs to be set up through Mr. Rudi of the Public Works Department. Further preparations are progressing smoothly but she will need some help on the night of the auction. Ten volunteers are needed for one-half hour each to assist in the attendance tally. Those who volunteer will still have an hour to preview the pictures to be auctioned. Anyone who would like to help should call Barbara at 372-8454.



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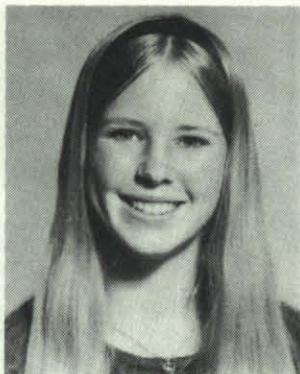
Monterey

by  
**Pat Vines**





## May Top Teen



LESLEY JOANNE BASKERVILLE is our International teenage sophomore at Monterey High School, Honor student and continental traveller.

Born 21 Sept., 1959 in Calgary, Alberta, Canada, Lesley is the daughter of Major and Mrs. B. Graham Baskerville. Her father is a member of the Canadian Forces and is currently in the OA program at the Naval Postgraduate School.

Lesley has a brother Derek 14, and sister Caroline 7. She often shares her room with the family's two siamese cats.

Since the day she was born, Lesley has hardly stopped travelling. She has lived in all four of the Canadian provinces — Alberta, Ontario, Quebec, and New Brunswick. Following her father's duty assignments, she has also resided in Wiltshire, England and another tour in Accra, Ghana in West Africa.

While on the other side of the Atlantic, she has also visited other countries. In Ethiopia, Lesley recalls her visit to the Valley of the Blue Nile, which is one of the upper tributaries of the legendary river. In Beriut, Lebanon, the endless jewelry stalls of the Gold Market Place was most fascinating to a youngster and her family as well.

Lesley marvelled at the emerald-green beaches on the island of Cypress and enjoyed swimming in the very warm waters of the Mediterranean. In Greece, she remembers the yacht harbors and its quaint picturesque restaurants with fresh fish and lots of seafoods especially at the world famous Tourcolimanos.

While in Italy, Lesley threw her "three coins" in the Fountain of Trevi and toured all the historical coliseums. The Black Forest in southern Germany was most memorable, especially enjoying the river valley country side on a four hour train ride from Zurich, Switzerland to Lahr, Germany.

Here in Monterey, Lesley spends most of her leisure time riding horses with the Carmel Valley Pony Club. She recently took first, second and fifth place ribbons in a show at Pebble Beach. Her other favorite sports are badminton, volleyball and gymnastics.

Lesley is a member of Campaigners, an Interdenominational Bible Study Group, and the Monterey Young Life.

At MHS, Lesley is an honor student and

# TEEN TOPICS

by Lucy Gonzales

## Teens Think About Moms this Mother's Day

May is for Mother's Day! Teenagers love Mothers too. Generally silent on this subject because of its deep personal involvement, I am happy to share the simple sincere expressions of feelings teenagers have for their mothers on her special day — Sunday 11 May.

**BERNARD MATER:** of his mom (Dolly), I like her a lot. I love her. Why? Because she's nice, considerate and takes all points of view before she makes a decision. On Mother's day, we go to church. That's about it!

**DANA BORING:** My mom's name is Norma. She does everything especially growing plants. We have two windows full of African daisies. On Mother's Day I'm going to fix her bacon and eggs myself! I don't know how it'll turn out — but, I'll try.

**RUSTY KOEHLER:** My mom (Donna) is kinda nice. When I caught my fingers on the car door, I didn't have to do my chores. I'm going to save money and take her out to the Red Vest and also buy her a hair dryer.

**WESLEY McNUTT:** My mom (Janet Louise) is fun because she has a great sense of humor. She laughs a lot. We'll probably take her out to dinner somewhere.

**DENISE WRAY:** My mother (Mary) is terrific! It's easy to talk to her especially about people and kids my age. She does smart things like crochet, stain glass and decoupage with flowers I like. I'll cook her favorite bone chicken dinner on Mother's Day.

**JANE SIGUENZA:** I'll give mom (Zorina) roses because she's nice. She started me on cooking and baking cakes. Guess I'll make her one too.

**SHARON O'DONNELL:** My mom (Mary) is an open person. I enjoy talking to her. She's fun to be with especially going shopping. I think she's a fantastic mother of six teenagers. We'll buy flowers, do all the chores for once and fix her breakfast in bed.

excels in Math and Science. Her music varies from Beethoven to Elton John. An avid book reader, she has just completed "All Creatures Great and Small" by James Herriot. In the future, she plans to attend a veterinary college guided by her natural love for animals.

Lesley Joanne Baskerville, Classmate's May Top Teen!



**TONY METCALF:** She's alright, because she's (Emogene) my mother. She understands the things I want.

**GREG MORFORD:** Mom (Beverly) is talented and creative. In what way? Well, she sews a lot and makes those holiday ornaments and gifts. They turn out pretty nice.

**TONY GLOVER:** She (Ruth) is real cool — lets me do pretty much as I want to. My twin brother, Tim, feels the same way.

**KIM LOGAN:** I like her (Lynette) — she's foxy. She races bicycles and keeps her figure good for her age. You know — the great comeback!

**MICHELE PEARSON:** Mom (Jeanne) is talented. She plays the piano and sings pretty good. Her favorite is "You've got a friend." She's great and understanding when I'm sad and comforts me with advice and her sense of humor.

**ERIC SHERAR:** She's pretty nice. I like her (Maggie). I'll buy her a potted flower plant with my own money.

**CARRIE JOHNSON:** Mom (Patricia) understands kids. She's talented and sews a lot. Manages to keep home and us together. We love her.

**TOM MURRAY:** My mother (Kay) takes good care of me especially when I'm ill. Always cooks my favorite spaghetti — just the way I like it.

**CHERYL SAULS:** My mother's fantastic. She (Betty) tries to give me all I want even if I don't need it. She shows cats, makes ceramics, and decorates cakes. She does just about everything.

**DAVID SCHOFIELD:** Mom (Libby) is great because she tends to the little things. She likes to bake especially any favorite homemade bread.

**YVETTE LAMBERTSON:** I'm proud that my mom's talented. She (Joyce) likes to paint trees and water scenes.

In closing, it would be unfair to ask my teenagers DANI and DONNA, what they thought of their mom. And so, I would like to express my feelings as a mother on this special day. My oldest son, LARRY just gifted me with my first granddaughter DONNALEE. Babies grow up to be kids, teenagers, adults. For me, this Mother's Day means LOVE and new life! This is what it's all about!



NPS News cont.

# NAVY BLEU

## Patchwork

featuring Barbara Taylor

by Patti Hilderbrand

"The most cherished patchwork quilts are not necessarily those with intricate or artistic patterns, but the ones which are made up of something from everyone — the patches from the aprons Gramma made from dresses made for me when I was a little girl — Mom's pretty red dress — or pieces from Dad's sportshirts. Each one recalls memories both pleasant and sad. Hence, "MY PATCHWORK COOKBOOK," for in it comes something from everyone. Over the years I have added to it favorite recipes of friends and family, so it shall probably never be completed. The present cover is the third one. Until now, it had simply been called "My Little Black Cookbook." Half jokingly, I have asked the family that in case of fire, if time permits salvaging one thing, please let it be my cookbook."

This excerpt comes from a cookbook written and illustrated by Barbara Taylor, a refreshing new addition to the scene at NPS. Barbara, whose husband, Captain Dean Taylor, serves as the Chief of Staff for the Naval Postgraduate School, arrived on the Monterey Peninsula just before Christmas of this past year. Navy Bleu visited with Barbara in her lovely quarters decorated in Early American Interiors with an impressive collection of milk glass. She has already begun a busy life in Monterey by working with the International students, auditing a course, and searching for a book club that discusses all different kinds of books.

A native of Pittsburg, Pennsylvania, Barbara attended the University of Pittsburg and received a degree in Elementary Education. Having stated, "I have never seen a clear, blue sky," Barbara moved to Washington, D.C. and taught the 5th and 6th grades. She undertook and organized a new kindergarten and finding that she enjoyed this area of education, Barbara later successfully purchased, taught, and ran a kindergarten of her own.

Barbara began writing her cookbook as a teenager. She realized that at each family gathering, her Grandmother was always asked to bring the same special family dishes and no one had ever written her recipes down. Other recipes were added from other members of her family and later on, from friends. From these first recipes her

Barbara thumbs through her "Patchwork Cookbook."

PATCHWORK COOKBOOK had its beginning.

Her further interests in foods and nutrition led to other milestones. Barbara was invited to enter the DelMarVa (Delaware, Maryland, Virginia) Chicken Cook-Off sponsored by the National Poultry Industry where she was a winner on the state level and subsequently had her recipe printed and sanctioned by the NPI. She also had her recipe for Variety Chop Suey endorsed by Better Homes and Gardens.

Barbara bakes all the bread in her home and says her son, Whit, a student at RLS, and daughter Jill, a student at MPC, will not eat "store bought" bread. I watched her prepare the "sponge" (water, yeast, flour, salt) for white bread. She made it so quickly and simply it would encourage anyone to give bread making a try. Barbara shared a few tips:

1. Do all your mixing in the sink — leaves little or no clean up.
2. Add an extra package of yeast for more B vitamins in your bread.
3. During summer you need more flour because of the humidity, in winter less, and should adjust your recipe accordingly.

In retrospect, Barbara truly makes a lovely patchwork herself, each patch representing her varied hobbies and interests. Her recipes follow.

Thank you, Barbara.

### Georgia Raised Biscuits

- 1 pkg. dry yeast
- 1½ c. warm water
- 5 c. all-purpose flour
- 2 t. salt
- 1 T. sugar
- ½ c. butter or margarine

Sprinkle yeast on water. Let stand a few minutes, then stir until dissolved. Mix dry ingredients in large bowl. Cut in ½ cup soft butter. Add yeast and mix well. Roll about ¼ inch thick on floured board and brush with melted butter or margarine. Cut with floured 2" cutter and put on baking sheets in pairs, one on top of the other. Let rise in warm place about 1 hour. Bake in hot oven (425 degrees) about 10 mins. Makes about 5 dozen.



### Fantastic Homemade Bread

- 1 qt. milk
- ¼ lb. butter or margarine
- 3 pkgs. yeast
- 3 t. salt
- ¼ c. plus 2 T. honey
- 4 c. unbleached flour
- About 6 c. whole wheat flour

Pour milk into saucepan and add butter in chunks. Let milk simmer, but not boil — just so butter melts. Put honey and salt in a large mixing bowl. Pour the hot buttered milk over honey and let cool to warm. Sprinkle in 2 pkg. yeast. Let stand for a minute or two, then stir to dissolve. Add white flour and stir. Add the other packet of yeast and stir vigorously again. Mix in whole wheat flour. Dough will be impossible to knead at this point so don't try. Dump the dough onto a sheet of wax paper. Wash and grease mixing bowl. Return dough to bowl and let rise in warm place 45 minutes (or doubled). Cut dough down with sharp knife (make two criss-cross slashes), and let rise in a warm place again for 25 minutes. Turn dough out onto floured surface and knead. Really bang it around for about five minutes (wonderful for relieving frustrations!) Add more flour if dough sticks to your hands. Divide dough into 4 balls. Grease two loaf pans and put 2 balls in each pan. Lightly oil tops, cover, and let rise, about 20 mins. Bake in preheated oven over 375 degrees for 50-60 minutes.

P.S. Purists object to the white flour in this loaf saying it reduces the nutritional value, but the addition of the third packet of yeast boosts its vitamin and protein content especially B vitamins.

This is a superb loaf.

### Popovers and Yorkshire Pudding

There's nothing magical about creating high popovers, but a few things are as important as the batter. For one thing, both the eggs and milk should be at room temperature before mixing, and if you use metal pans with *straight sides* be sure that they are well greased and sizzling hot. If the pyrex straight sided custard cups are used preheating is not essential. The oven must be 450 degrees, then after 15 mins., 350





The "sponge" is made.

degrees. Once they are in the oven *do not disturb*, or you will have popunders instead of popovers.

Sift together into deep bowl:

1 c. sifted flour

¼ t. salt

Slowly stir in (until smooth like sour cream):

2 beaten eggs

½ c. milk

1½ t. melted butter

Stir in another

½ c. milk

Mixture should be the thickness of heavy sweet cream. Grease pans, cups, or tins with ¼-½ t. butter. Fill 2/3 full. Bake 450 degrees for 15 mins. Reduce heat to 350 degrees and bake 20-25 mins. longer. When done, remove from pan and prick a small hole in one side to permit steam to escape.

*Variation:* Yorkshire Popovers (to serve with beef)

This produces a drier, leaner popover and is really the classic Yorkshire pudding batter. Use well-seasoned drippings from a beef or pork roast, or rendered suet with ¼ t. pepper added. Follow above recipe, but use only 1 egg, and no shortening in batter. Grease pan with drippings and fill half way. Bake 425 degrees for 25 minutes. Makes 8-10.

*Yorkshire Pudding:* Turn batter into 8x8x2 pan heavily greased with drippings and heated to sizzling point. Bake same way.

by  
Patti  
Hilderbrand



Keith holds daughter Randee during a trip to San Francisco and Stinson Beach.

LTJG David Young, better known as Keith, shared two great recipes with Bleu and Gold for guys who occasionally find themselves cooking dinner while "the other half" is out attending meetings, taking OSWC courses, etc.

Keith was born and raised in Columbus, Ohio, although his parents now make their home in Kailu, Hawaii. He received a B.S. degree in Computer Science at Purdue University and was commissioned under the NESEP program. Keith's first duty station was with the Naval Air Technical Training Command, NAS Glynco in Brunswick, Georgia, where he completed 12 weeks instruction at the CIC and NTDS schools. Orders followed to the USS FOX DLG 33 homeported in San Diego, California. While aboard the FOX, Keith spent 16 months as Assistant CIC Officer followed by 14 months of duty as Communications Officer. In November, 1974, Keith received orders to Newport, R.I. for the 1-75 Class of Destroyer School; however, the Bureau changed its mind upon his arrival at Newport. Keith and his family then made their way back across the country to California and NPS. Keith arrived too late for the January, 1975, class and was given TAD

## BLEU AND GOLD

featuring

LTJG David Young

orders through March to FNWC in Monterey. In April Keith started classes at NPS in the Communications Engineering Curriculum # 600.

Other than traveling back and forth across the USA, Keith enjoys tennis, handball, and reading. He resides in La Mesa with his wife Nancy and their two year old daughter, Randee. Keith's Mother passed along the recipe for the Gold Rush Brownies. These are his favorite and she taught both of her sons to make them. The chicken casserole is easy to make, "especially if your wife has the chicken already chopped for you," states Keith.

Contributions for BLEU AND GOLD need to be in SMC # 2014 by the 15th of the month. Send resume, recipes, and picture, if possible.

### GOLD RUSH BROWNIES

1½ cups graham cracker crumbs

1 can Eagle Brand Sweetened Condensed Milk

1 pkg. (1 c.) semi-sweet chocolate morsels

1 pkg. (1 c.) butterscotch morsels

1 c. coarsely chopped walnuts

Preheat oven to 350 F. Mix all ingredients well and press mixture into a very well greased 9" square pan. Bake for 30-35 minutes. The top should be golden brown. Cool; cut into squares (you judge the size). For variety you can vary the chocolate and butterscotch flavors. For example, semi-sweet and mint chocolate are very tasty.

### LEFTOVER CHICKEN CASSEROLE

1 3 oz. can chinese noodles

1 can cream of mushroom soup

¾ c. milk

2 T. soy sauce

1½ c. cooked chicken, cut into pieces

1 c. whole cashew nuts

In a greased, shallow casserole, combine half the noodles and half the cashews with all other ingredients. Top with remaining noodles and cashews. Bake in 350 F. oven for 30 minutes.

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## Summer Fun for Pre- Schoolers

By Susan Schreiber, 375-0534

The Navy Nursery School located at the Annex will again have a summer program for children 3-5 years old and potty trained. The program lasts 6 weeks, July 7 - August 15, hours 9 a.m. - 12 p.m., with the following fees: 2 days (Tues.-Thurs.) \$21.00; 3 days (M-W-F) \$31.50.

Please note that the fees are payable in advance for the full 6 week program only. There will be a registration fee this year of \$5.00 which *will not* be refunded but *will* go towards your total fee.

To register your child or to obtain further information, please call Susan Schreiber, 375-0534 and *only after June 5th* call Beverlea Ertlschweiger, 375-7194. Reservations are taken on a first come, first serve basis, with each session limited to 50 children.

## WHILE YOU'RE IN SCHOOL, STUDY YOUR INVESTMENT PROGRAM, TOO.

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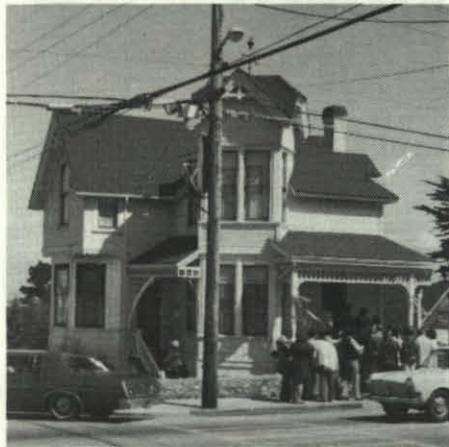
# THE CLASSMATE'S Feature Section:

## "Art on the Peninsula"

### Victorian House Tour

Photos by Elaine McKearn

Information provided by Pacific Grove Chamber of Commerce



The Victorian home of Mr. and Mrs. Anthony Saracas at 352 Central Ave. in Pacific Grove was built in the 1870's.

The Saracas House was probably used as a retreat or summer home in the 1870's. It is constructed of redwood and features bay and dormer windows, cathedral ceilings, and a two story tower which encompasses the living room and master bedroom. The house originally had a living room, dining room, and kitchen on the first floor with two bedrooms and a small nursery or sitting room on the second floor. An outhouse sat in the back yard. A veranda almost encircled the house, giving early residents an

unobstructed view of the ocean. Through the years, a back parlor or sitting room replaced the kitchen and the veranda at the back of the house was enclosed and made into the kitchen. The small room upstairs became a modern bathroom. The house was used first as a family home, then as a rental.

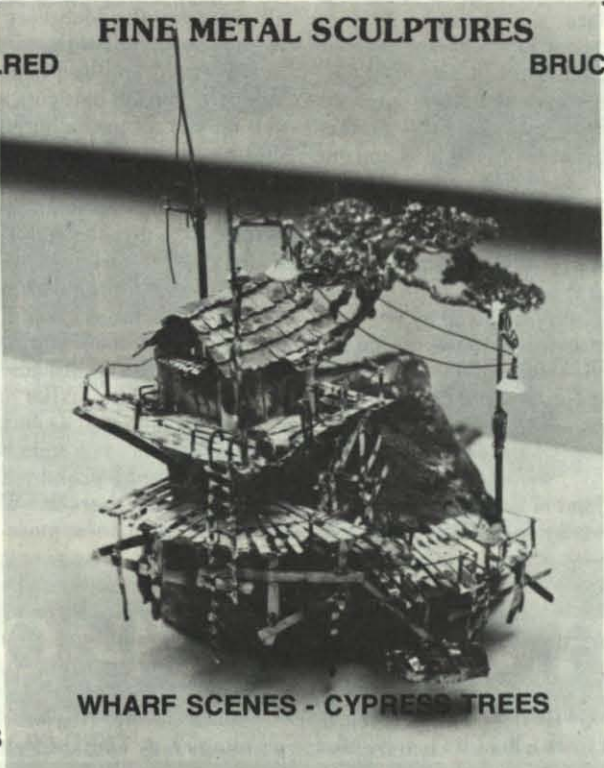
Mr. and Mrs. Anthony Saracas purchased the house in 1966 and, through a great deal of work and imagination, returned the house to a Victorian showplace. They repainted and repapered, added gingerbread and fretwork throughout the house, and put in unique lighting fixtures. An original Tiffany lamp hangs over the dining table. The living room chandelier, an antique iron and glass gaslight fixture with milk glass fonts, came from an MGM auction. The original front door was retained, but an oval Tiffany glass plate with a Belgian cut center was installed in it. Upstairs, the bedrooms were completely redecorated and a watercloset and footed tub were installed in the bathroom along with unusual patchwork carpeting. The entire house is furnished with Victorian pieces which gives one a true feeling of its Victorian heritage.



Mrs. Saracas enjoys playing her Victorian style piano.



This is a typical Victorian sewing cabinet and Mrs. Saracas says she uses it all the time.

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The Victorian Heritage Tour is an annual event on the 2nd or 3rd Sunday of March. It is sponsored by the Pacific Grove Art Center Guild and Pacific Grove Chamber of Commerce. About 6-8 Victorian places are visited.



# Artist in Our Midst:

## Betty A. Sattler

Betty A. Sattler displays her prize winning painting.



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CLASSMATE wishes to congratulate Betty A. Sattler, on being awarded an Honorable Mention at the recent S.A.S. Gallery's 1975 First Quarter Art Competition at Carmel. She is pictured here with the award winning painting.

Betty's husband, LCDR Roger Sattler, is a student in the Computer Management curriculum. The Sattlers reside at 137 Morrell Circle with their four children.

Betty takes time out from her own artistic endeavors to lend her talents to the Catholic Chapel as Art Chairman, where she designs the weekly bulletin.

Her paintings have been displayed at the "Golden Gallery of Gifts" at the Del Monte Hyatt House. The owner, Mrs. Phyllis Golden, has recently opened a new gallery in Carmel Plaza on Mission Street, and Betty's paintings will also be displayed there. Betty feels the name, "Golden Opportunity" is perfect since it will be her "golden opportunity" too.

In a recent interview with Betty, CLASSMATE asked a few questions concerning her art. We feel the following will be of assistance to all CLASSMATE readers who are budding artists.

CLASSMATE: "Betty, could you fill our readers in on your artistic background?"

Betty: "Although I did take five lessons from Ann Woolard, a well known artist in the Tidewater area, I have had very little formal background. I pride myself on the fact that whatever talent I may have has been inherited from my mother. My mother and her sister are both very talented and our home was always filled with their work."

CLASSMATE: "What technique do you use?"

Betty: "I am probably the most unorthodox painter in the world as I can go from a sitting position on the bed to all fours on the living room rug with newspapers spread in every direction. I simply do not feel comfortable standing for the type of detail I try to achieve in my paintings."

CLASSMATE: "Could you elaborate on this?"

Betty: "I am fond of fine detail and exact work. On some occasions my subject material is achieved with my Polaroid and then I use a magnifying glass to get every detail."

CLASSMATE: "What would you say to those who believe that an artist must never copy?"

Betty: "This is as much as saying, 'Why not start at the top? Do not waste time learning to spell, just write a book.' I believe that if a person is going to have any degree of



success, he is wise to learn by leaning on others with established talent. Then, with practice, having done your homework, you can create on your own."

CLASSMATE: "How did you happen to enter the S.A.S. Gallery's Art Competition?"

Betty: "I saw an advertisement in the paper two days before the show. The painting I wished to enter was being framed, but luckily it was finished in time. I drove to Carmel the morning of the Competition and left my entry."

CLASSMATE: "What are the rules governing entries and judging?"

Betty: "It is held quarterly and is open to all artists on the Monterey Peninsula. The judging is overall with a First, Second and Third Place, and one Honorable Mention. Winners in each category are not awarded per se, but all entries are judged whether they be oil, mixed media, watercolor, etc."

CLASSMATE: "Are there any books you would like to recommend to our readers?"

Betty: "I myself have relied on Walter Foster, Violet Parkhurst and more recently on Chinese Painting by Chow Chian-Chiu. These books are a great help to 'budding artists' and are readily available at the Book Store and at the Hobby Shop at Fort Ord."

CLASSMATE: "What has been your incentive to paint, since coming to this area?"

Betty: "The challenge of the California coastline would prompt any artist to attempt to prove herself. We couldn't have been stationed in a more opportune spot than Monterey. The scenery and buildings provide the perfect backdrop for an artist. I also attribute my former teacher's confidence in my ability as a stimulant to go on with my painting when we arrived on this coast."

(Editor's Note: Anyone interested in her paintings may contact Betty through SMC # 1847.)



Feature Section

# Stone, Post & Flower: In Harmony with Nature

by Philip Boebel

Everyone who visits the Monterey Peninsula falls in love with it. The great natural beauty of the land is inescapable and must impress itself on all who live here. It is that starting point, the land itself, that has shaped the attitude of the Stone, Post & Flower organization. They began building houses on pole foundations a few years ago so that the great natural beauty of the sites could be maintained with the least risk of erosion and damage. By so doing, it has been possible to build on steep hillsides and not only capture spectacular views but to save the level land for less environmentally destructive uses.

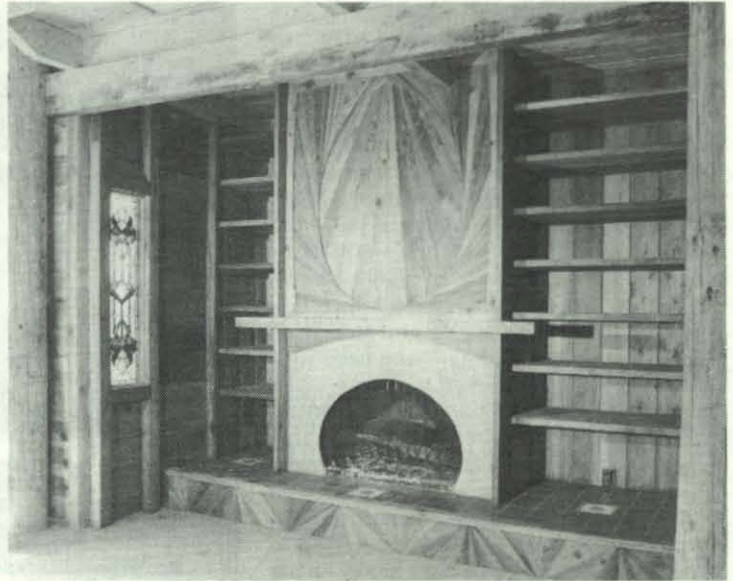
Once this consideration is made, then it is easy to feel the influence of the natural surroundings and wish to work in harmony with them. As a consequence, extensive use of wood and glass to harmonize the

indoor-outdoor relationship is an artistic starting point. The use of poles and beams to carry the weight of the structure provides another natural design element. This use of poles and beams can be seen in almost all Japanese Temple architecture and has reached a high point of esthetic elaboration on a structural situation. In the early versions, the Stone, Post & Flower homes were compact two story structures whose outer walls gently arched up to the ridge beam with the laminated arches exposed on the interior and providing the gently rounded feeling of the arch found in earlier Gothic architecture. These arches then provided counterpoint for the horizontal redwood paneling of the interior, and this effect was heightened by staining the "ribs" dark for contrast. Here also, windows were placed at strategic points where the view could

best be framed, and sometimes it was a sky view where at night in the bedrooms under the arch, a window would reveal the starlit sky, or moon and clouds floating by.

In later houses, the horizontal elements of the post and beam structure, the double wood beams notched into the poles to carry the redwood ceiling and roof structure were enclosed. Because of the great strength the poles and beams have, it became possible to handle the side walls with the framing exposed again, this time redwood 4x4 posts at 4 and 6 foot intervals with the lintels for the windows notched into the posts, providing a graceful and harmonious method of wood joining reaching back to an older tradition.

"By allowing the structure to generate major design elements and using natural wood and sunlight to establish warmth, we are then given the freedom to use tile and



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# STONE, POST & FLOWER HOMES

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stone to their greatest advantage," says Simon Kelly, a designer who also has crafted much of the tile work and the fireplaces himself. "Because our own crews build the houses, we work closely together and are able to take advantage of some artistic possibilities that don't necessarily show themselves in the blueprint stage." The result of this freedom has been the development of the "peacock's tail" fireplace where an intricate overlay of wood strips fans out over the mantel which is a rugged slab of redwood. Natural stone surrounds the firebox and has been used with various sizes of riverstone to create a collage over the mantel in other houses.

Then, in areas of kitchen and bath, it is possible to fit in a shelf or a bench where the space calls for it, because it blends in with the redwood walls and is in harmony with its surroundings. Pegs have been inserted in poles for towel racks or coat hooks or pot hangers.

It is the original effort to create a warm and gracious atmosphere that also "turns on" the carpenters, who like to exercise their craft and ingenuity throughout the houses. There is never a lack of creative flow according to Noel Binford, production manager of the company, the problem is always the price of materials and land, which tends to impose severe restrictions



and probably provides the greatest challenge to artistry in homebuilding today.

Robert Judson, listed as a systems acquisition manager at the Naval Postgraduate School owns a Stone, Post & Flower home. He has it beautifully decorated with a blend of Georgian, modern, and oriental. An article on his home appeared in the Monterey Herald "Weekend" magazine of Dec. 16, 1973.

## House and Garden Tour Carmel and Pebble Beach

By Helen Manger  
372-3944

Monterey Peninsula Volunteer Services' 22nd Annual House and Garden Tour at Pebble Beach and Carmel will take place Wednesday, May 7, from 10 A.M. to 4 P.M. Net proceeds will benefit the Visiting Nurse Association. M.P.V.S., operated entirely by volunteers, serves the entire Monterey Peninsula through its fund raising projects to benefit other non-profit organizations.

The Tour will include nine gardens and six homes in Pebble Beach and Carmel. The finale is to be Tea at the Carmel Woman's Club, prepared and served by M.P.V.S. members from 2:30 to 5 P.M. For tickets (\$5.00) call Mrs. W.L. Balestri, 372-4865 or Mrs. A.J. Barthelow, 394-5531. Tickets will also be available on May 7 at the Seventeen-Mile Drive Gates. The Gate entrance fee will be waived for ticket holders.



On last year's tour: Mr. and Mrs. Clark W. Bearden, Ondulado Road and Padre Lane, Pebble Beach. Through an iron gate one enters a walled garden of many levels. Beds here are raised and brick-edged, a joy for the plants, for the owner-gardener (whose hobby this is) and for the viewer.

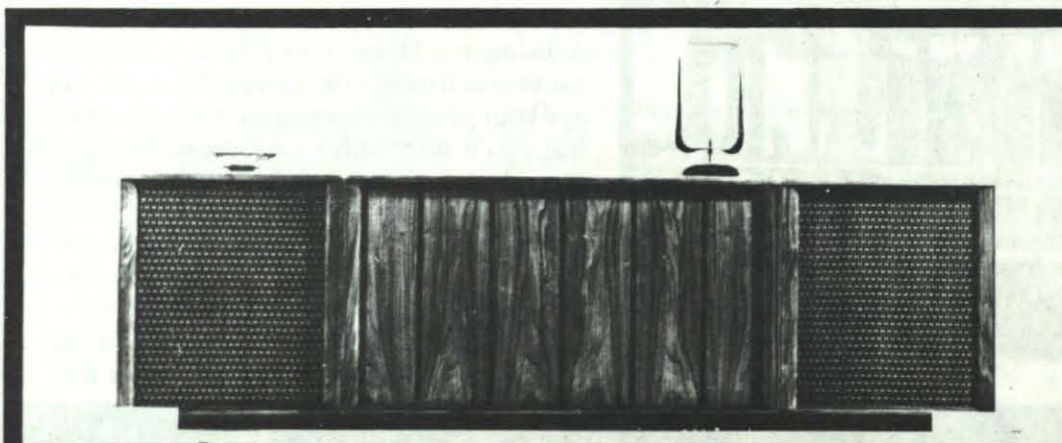
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Sweet peas clamber up one wall, while the far wall is lightened and visually extended by a pretty trellage of white on green, upon which hang baskets planted in an unusual way with violas. Chinese garden seats here and there offer a rest, and with other garden furniture make this a place happily to relax in, as well as a garden for peaceful, rejuvenating work.



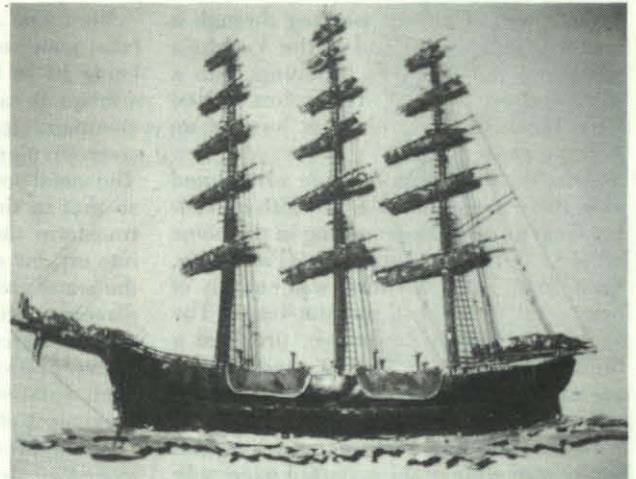
Mr. and Mrs. Edwin J. Bedell, Stillwater Lane, Pebble Beach. This property is called 'Millefleurs' and it truly lives up to its name. Borders and beds offer a kaleidoscope of colour magnificent in scale. The yellow rose garden was imported entirely from England, and the mixed rose garden is another joy. Leaving this feast of bloom, we find on the opposite side of the house the Fourth Fairway and Stillwater Cove. Here, instead of brilliant colour, is the serenity of sweeping areas of cropped grass, with clipped trees offering contrast to the shaggy old pines beyond the cove, and the restless sea itself.

A delightful note is a fantail pigeon which for years has enjoyed these lovely gardens by day, and at night demands to be let in to his own special quarters. Lucky bird!

## Vern Terry — Sculptor

Photo

by Carol Hickey



Vern Terry was born in 1943 in Santa Ana, California, into a Mexican-American family. As a child he spent many hours on southern California beaches, seeing the sea's many moods. Many of his current works reflect this love and respect he has for the sea and the vessels that sail her.

Sculpture has not always been his media in art. In grammar school he showed talent as a graphic artist leaning towards cartooning. In high school he studied water color and completed several large 4'x6' works for the library. As a young man his cartoon caricatures would spill over onto letter envelopes he sent to Katie Principe (later to be his wife) to the point that her postman would question when he could expect another letter to deliver.

While in the service, his future goals were tempered and upon separation he enrolled at Fullerton University as a Fine Arts major. He graduated in 1971 with a B.A. in sculpture and a minor in jewelry design and photography. He was accepted for a masters program but decided to move to northern California and pursue his graduate work later in life.

Vern worked in a grocery store as a clerk (in the best of young artist tradition) and hated every minute of it. A lay-off decided his future and he made the decision to open his first shop in Port Costa, California. His metal work was an instant success and for several months he supported his family by the sales of his sculpture. An eccentric modern day Medici provided the opportunity for Vern to open a gallery in Carmel, and before he could turn around he was a full-fledged artist/businessman with all the headaches that accompany it. "It was an opportunity I couldn't pass up, despite my inexperience."

The gallery, under the name of "The Spectacle," lasted two and one-half years and was the source of some very unique and unusual sculpture. Among some of the major works completed during this time were four 3'x8' metal doors designed for the home of Mr. and Mrs. Vaughn of Carmel. The doors were constructed of steel, copper, brass and bronze. The design was very contemporary, based on blades of grass with spheres in copper and brass floating amongst the blades. To the artist the pers-

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pective was of an ant working through a lawn. A Japanese friend of the Vaughn's described the doors as "openings into a make-believe world." The colors varied from black to the iridescent hues of an Arizona sunset.

Another work was a triple articulated vine 10' in height and 4½' in width cascading from an open beam ceiling in the home of Mr. and Mrs. Sobrato of Palo Alto, California. The plant form was entirely of brass and finished in antique tones. The sculpture, though decorative, provided a functional aspect by forcing guests to descend the split level steps to the conversation pit.

During this time Vern's reputation as a sculptor of vintage ships started to grow so that he now has a notable reputation for the character of his sailing ships. "I love ships, but my stomach and I are in agreement that I'm strictly a dry land sailor." The largest metal work of a vintage vessel was 6' in length and 4' in height. The study was of a 15th century Portuguese galleon for the home of Mr. and Mrs. Booher of Coral Gables, Florida.

Vern sold the gallery and now shows his work in his home and in galleries from Oregon to San Diego, California. Working from his garage in his Marina home he creates a variety of subject matter ranging from small table sculpture to large wall pieces.

Vern has also designed several waterfalls, none smaller than 5' with the largest being 10' in height. His waterfalls are an attempt at capturing the many moods of a mountain stream as it circles and eddies amongst plant forms, rocks, and debris. The metal pods consist of copper and brass so that in time the mineral deposits will transform the surface of the receptacles into organic color patterns. The sounds of the water flow can be altered by the displacement of pebbles and wood within the pods. "Waterfalls are very temperamental but very relaxing. They provide a source of contemplation when enhanced with an arrangement of rocks and plants."

At the present, Vern has been commissioned to design a waterfall for the arboretum in the home of Professor Frank Teti, instructor at the Naval Postgraduate School. "This one will be unusual because the design calls for a flow of water from a 6' height to 5' collecting in a pool and separating into twin falls and once again collecting in a pool before being re-cycled to its point of origin."

Another current work in progress is a study of wild geese in their natural habitat. This sculpture will be 4'x3' in brass, bronze, and copper for Mr. and Mrs. James Shaver of Wynne, Arkansas. She is the sister-in-law of William Hickey who is currently a student at the Naval Postgraduate School.

A good majority of Vern's works have been impressions of A-6's, A-7's, and A-4's for the pilots of Lemoor Naval Air Station and the Naval Postgraduate School. "My works are predominantly commissioned and I find this rewarding because I'm creating an art work specifically for the needs of the individual."

As for the future, Vern hopes to complete several large works for offices and buildings. His dream is to design an environmental two-story sculpture for the interior of an enclosed shopping center. "I'm 32 and have hopes of completing my masters by 40 and then I want to teach in a college or university half-time and be a studio artist the remainder of the time." Of the present, "I'm busy learning technique and feel that I haven't begun to scratch the surface." Working from his home gives him the joy of being with his wife and children (Jacob, 4½; Rebecca, 1½; and Sarah, 7 mos.) but has its distractions — "It seems I'm spending more time changing diapers and providing a solid foundation for my children than I am exploring the meaning of artistic expression."

What the future holds in store for Vern Terry, sculptor, is unknown, but his commitment has been made and now must prove the test of time.

Vern Terry lives at 3103 Lake Drive in Marina and is happy to show his works (preferably by appointment).

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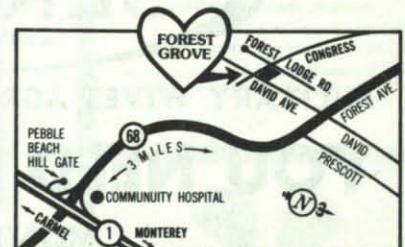


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# Socially Speaking

INTRODUCING NANCY YOUNG  
SOCIALY SPEAKING EDITOR



## ADMINISTRATIVE AND COMPUTER SCIENCE PROGRAMS



Mary Ellen Hawley  
Editor, CR  
SMC 2057  
373-3556

This May, Administrative and Computer Science is dividing up into two curricula — Computer Technology and Administrative Science. Commander Estés will remain Curriculum Officer of Computer Technology and we welcome Commander Tom Gleming, from Subic Bay, as Curriculum Officer of Administrative Science. Computer Technology includes the Computer Science and Computer Systems sections while the Administrative Science will consist of the Management and System Acquisition sections.

Harriet Jackson will be the new CR of Administrative Science and I'm sure you'll be hearing from her soon. I'll still be the CR of Computer Technology until June and will truly miss you girls I'm handing over to Harriet. You've been a great group to work with and I appreciate your cooperation and help ... and patience! Thanks a lot.

**SECTION MB 53**  
By Shirlee Monteith, 2847  
649-3244

As psychology students of Professor Douglas Courtney, the husbands of MB 53, along with their wives, received a special invitation in March to the home of Dr. Courtney for an afternoon pot luck. With all

the wives bringing a favorite dish, and Dr. Courtney providing the beer and soft drinks, there was feast for all. After dinner we enjoyed bagpipe music provided by one of our Canadian exchange students, and later at sunset we enjoyed the breathtaking view from the patio of Prof. Courtney's lovely home in Carmel Valley. Dr. and Mrs. Courtney were so gracious and charming, and we wish to thank them for a perfectly delightful day.

The wives could not let March escape without a luncheon get together. Carol Truesdell and Pam Gagen planned a fascinating luncheon tour in Salinas at the John Steinbeck House. The baked sole was scrumptious, and we were most intrigued with the house decor. We found traditional and contemporary furnishings blending beautifully in a Victorian setting. The ladies who decorated the house put it this way, "We just let our spirits soar!" Indeed they did, and the results were fantastic. The tour guide, who spoke to us of the family history, was so enthusiastic. With her excitement being very catching, we were all soon very much a part of The Steinbeck House. We suddenly felt we knew the man, John Steinbeck, and 'the boy down the street,' who gained immortality for himself as a Pulitzer and Nobel prize winner. Thanks Carol and Pam for an inspiring afternoon.

**SECTION MA 53**  
By Marti Anderson, 2472  
373-4287

Section MA 53 had a 50's party at Stilwell Hall to celebrate the end of the first quarter. Lots of people came in costume complete with bobby sox, high school rings and letter sweaters. Among those wearing their letters were Karen Gaudi and Bill Grove.

The evening quickly left the music of the 50's behind. Ray and Kay Cooper and Dan and Carol McCarthy were some of the people who bridged the dancing from the 50's to the 70's.

The Kiger's brought Chuck's parents, who were visiting, to the party. They were a welcome addition.

A newcomer to the Monterey area and NPS, Nancy Young comes to us from San Diego, CA. where her husband Keith was the communications officer aboard the USS FOX DLG 33.

Nancy holds both baccalaureate and graduate degrees in Audiology (hearing science). Before the arrival of her 26 month old daughter Randee, she worked as a diagnostician and therapist for an Easter Seals Speech and Hearing Clinic.

New England is home and accounts for her active interest in snow skiing. She also enjoys a wide variety of hobbies and activities, including the challenge of being a Navy wife!

**SECTION MZ 51**  
By Sandra Prose, 1542  
372-9273

Our February function was a wine-tasting for section couples at Monterey Cellars Winery. A tour was conducted and some interesting facts about wine-making were unveiled. The hostesses, Karen Spence and Donna Ver Planck, brought a variety of delicious cheeses and crackers to complement the wine. The group continued on to Shakey's for pizza and games.

Several couples got together at the O'Club during February for an evening of shrimp, roast beef, dancing and fun.

For our March function, a shower was given for Julie Daniels, who is expecting her first baby in April. The shower was hosted by Salma Ahmad and Sandra Prose, in the latter's home.



Julie Daniels is our mother-to-be at her shower given by Salma Ahmad and Sandra Prose.



**SECTION CS 52**  
**By Roxanne Nelson, 2357**  
**649-3456**

The wives are busy discovering and drawing upon the talents of various CS 52 members. Sue Kreitzer did an excellent job of teaching us to make Dec-o-domes. This project filled two meetings, first at Sue's home and then at Barbie Karns'. Afterwards, each of us had a new "work of art" to add to our own decor.

Our next lesson was macrame, taught by Linda Howard. The evening started well with everyone learning the trick of making those lovely — but oh, so expensive! — plant hangers. Then, the hour being late, many wives left, but a few of us stayed to make wall hangings. We soon learned that there is an hour after which fingers will refuse to tie sensible knots. At least that's the only excuse I can think of for the ... interesting? ... results!

Coming up are lessons in quilting, crocheting, and other crafts. Soon we'll all be experts!

**SECTION PL 44**  
**By T. Murray, 1285**  
**625-2490**

To the appropriate accompaniment of the pitter-patter of rain drops falling, PL 44'ers LCDR Jim Lopacinski, MAJ Bill Coleman, LT Caroline George, LT Bill Scoffield and LT Dave Wallace hosted an entertaining and refreshing wetting down party, held in the La Novia Terrace. Congratulations to all for their well earned promotions.

With graduation rapidly approaching, members of PL 44 are eagerly (in most cases) awaiting receipt of their orders.

Cherie Scoffield hosted a delicious luncheon in her La Mesa home for the section wives in February.

**SECTION PL 52**  
**By Betty Sattler, 1847**  
**375-5570**

How time flies! Do you remember way back in December when Roger and Betty Sattler hosted a Section get together to welcome the new year in? Here we are facing Spring already and shortly approaching the third term.

The Hatch Cover was selected as the perfect spot for a Section get together and all enjoyed a delicious dinner and entertainment afterward at the Holiday Inn in Carmel Valley.

More recently Barb Carroll and Debbie Freybe held a surprise baby shower in honor of Mary Ann Boyarski's upcoming event. She received many lovely gifts and the girls really went all out on their delicacies.

The beginning of March found all of us at a most delightful party hosted by Barb and

Dennis Carroll. We were greeted by a bubbling smoldering punch bowl and a variety of food such as you've never seen. Well done to the Carrolls.

Joann Williams graciously consented to teach the Section wives how to macrame at her home with a lunch afterwards. She is such a talented gal and we all enjoyed this event.

## AERONAUTICAL ENGINEERING



*Debbie Hollis*  
 Editor, CR  
 SMC 1064  
 372-8865

I am an Air Force junior with military tradition deeply entrenched in my family. I have spent all my life moving from one interesting Air Force Base to another. I have attended schools as scattered as West Anchorage High School, Anchorage, Alaska, and Citrus Grove Junior High, Miami, Florida. I attended Miami University in Oxford, Ohio and received my degree in Art education. I began my art teaching at an experiment in high school education in Silver Springs, Md. On a blind date I met my husband Mike and we were married the following June Week at the Naval Academy. We have an energetic two year old that really keeps me busy. However, while in our last squadron, HS-2 in San Diego, I was Vice-president and Secretary of our Squadron Wives Club. I also found time to teach oil painting classes in Coronado, as well as, giving art history lectures to the local Senior Citizens. I also carried 15 hours last Semester at San Diego State University to nearly finish the requirements for a master's degree in special education for the mentally retarded. I eventually want to become an art therapist. While I am here in Monterey I am going to concentrate on my painting and drawing, taking advantage of the terrific scenery. My hobbies include every type of art and craft activity, scuba diving, skiing, tennis and collecting interesting houseplants.

**SECTIONS AC/AX 42**  
**By Doris Waite, 2618**  
**373-4815**

The year 1975 promises to be a busy one for Section 42. Our section leaders, Linda and Skip Suereth, started the ball rolling with a surprise wedding shower for Ijaz Malik and his bride, Shamime, who were

married during the Holidays in Pakistan.

Later in January, Charlie and Mike Eddy, and Cheryle and Keith Weal hosted a flight suit party. The men looked very suave in their "hocks," but the women were a little less than glamorous in their husbands' duty flight gear. After our playing of aviation-oriented games, it was clear that it was time to get the men out of the books and back in the air.

The brave ones among us took a nostalgia trip to Del Monte Gardens in February for a night of roller skating. Afterwards, Jeanne and Bud Jupin had the gang over for band-aids and liniment, Jupin-style.

On the first Saturday of March, our husbands treated us to a delicious lunch and beautiful scenery at Nepenthe's in Big Sur. Thanks to Candy and Jim Gill, and Wayne and Jane Savage for organizing this enjoyable day.

While the men solemnly bury themselves in their books, we wives are busy keeping pace to a different drummer. Kathy Kennedy entertained us twice recently: first, with a cookie and recipe exchange, during which we decided we'd start that diet tomorrow; later, we met again at Kathy's lovely home for a Tupperware party.

Brimming with questions galore concerning our house plants, we gathered at Candy Gill's for an interesting and informative talk with Alan Kren of The Greenery in Pacific Grove. We came away determined to treat our plants more kindly and to try our hand at growing a few more varieties.

Early in March, we met at the historic Steinbeck House in Salinas for a beautiful luncheon, after which we toured the Schilling spice factory where we stuffed our purses with all the samples offered. Jane Savage and Wilma Hayes were the organizers for this fun outing.

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**'BACCALAUREATE'**



April Poore  
Editor, CR  
SMC 1922  
373-5482

**SECTION BA 4301**  
By Agnes Burris

Those broad, proud smiles on Lucy and Gil's faces are 'cause they're new grandparents of Donnalee Laurene Gonzales born in the Philippines; they plan to visit her and parents in Subic after June graduation. Lucy recently visited her ill mother in Hawaii, jetting back in time for her successful hula show. Donna Gonzales was assistant choreographer. Youthful dancers from our section were Mark Frial, Nancy Ferrara, and Michelle McAuley. Nancy's grandmother from Napa and Michelle's grandparents of Lemoore also attended.

George and Ruth Reilly autoed to San Francisco area for a hockey game and more sight seeing while Ruth's mother Bess Newell kept care of the homefront before leaving for her Conn. home after a three month visit. We're going to miss Bess, her 82 yr. youthfulness, her humor, and that mean bridge playing.

The Meritorious Service Medal was presented by ADM Linder to Dick Burris.

Slams were bid and made by Carolyn Ralston and Beth Reidelberger when the wives got together at Beth's home. Bridge players beware of up and coming pros Ken Storms and Johnny Hankel! Ken got more card practice by dealing 21 for Casino Royale Night, as did Sheryl Foss, Dick and Agnes Burris. Larry Foss, our star performer in "Gigi", dressed as Robert Redford took care of one of the game tables while watching over our only bachelor Jim Steel. Joel Kramar with the Barbershop Quartet Group provided excellent entertainment.

Two of our very best cooks and hostesses, Mary Anne Owens and Mary O'Donnell, entertained at the Owen's home for the April luncheon. Joel Kramar made arrangements for the farewell party at The Warehouse for Jim and Anita Mahood — now settled in their new San Diego Lake Murray home.

Regular Friday faces at NPS Family Affairs classes were Avril Letourneau, Carolyn Hankel, Val Othus, and Mary O'Donnell.

"Whew, I don't want to go through that again for at least another year," said Caro-

lyn Hankel after 3 year old Teresa's birthday party. Among the invited guests were Kenneth Storms, Brenda Kramar, and Jeff Jeffries with mothers in tow, and "auntie Mary O'Donnell."

Doris Frial took talented son Mark to the Northern Calif. roller skating finals; Doris cuts a mean figure herself. Mark is always the most popular young man at a dance when girls of all ages line up for their turn to dance with him.

Joy Boring's face required eight stitches after she was thrown from a horse. Our thoughts and speedy get well wishes go to Carolyn Ralston's mother and Jeanne Trimble.

**ELECTRONICS AND COMMUNICATIONS ENGINEERING**



Mary Norton  
Editor, CR  
SMC 3686  
384-8266

**SECTION HM 44**  
By Dolores Poliakon, 2336  
649-1789

HM 44 recently had its monthly social event at the Highlands Inn. The hardier section members and the quests who braved the rain squalls were rewarded with a terrific dinner and a marvelous time. Among the dinner guests were Jenny Carter's mother Kathie Dodd on holiday from England, Pete and Jae Sushka, and Doug and Bonnie Ayers.



HM44: Preparing to order are (L to R) Stu's pipe, Anne Merriken, Doug Ayers, Joe Poliakon, Bonnie Ayers, Mary Ann Johnson, Dolores Poliakon, and Ken's head.

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**SECTION EA 52**  
By Karen Campbell, 1663  
373-7606

The Cellar in downtown Monterey provided a charming background for the March luncheon. Everyone enjoyed the superb Italian food and the "low cal" homemade pie. Pamela DeMahy was hostess for the day. Trevie Wilson told of plans for a wine tasting party with husbands to be held this spring at the Monterey Winery. We are all looking forward to this event and hope all the section members will help make it a success.



EA52: Bonnie Ayers poses with hostess Pamela DeMahy in the entrance of the Cellar restaurant.

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**NAVAL INTELLIGENCE**



Joan Axtman  
Editor, CR  
SMC 2635  
372-0617

**SECTION YS 52**  
By Joan Axtman, 2635  
372-0617

Those who were Irish and those who wish they were celebrated St. Patty's Day with Green Beer and Irish Coffee at the Axtman's. A bit of green made you an honorary Irishman for the evening, and allowed you to join in on the fun.

Our wives' get-together for March found us at Sally Mabry's where we enjoyed good company, yummy sweets, and great hospitality which all added up to a very enjoyable morning.

An enriching experience was proposed to us by Marilyn Zimman and Carole Connelly. We took part in a Passover Ceremony at the Zimman's. The service was explained and read to us by Bob and everyone then took part. The Passover meal was a joint effort by those who attended and the food followed the Seder Menu. Thanks Bob and Marilyn for letting us share in a memorable evening at your home.

**METEOROLOGY OCEANOGRAPHY**



Anna Evermann  
Editor, CR  
SMC 2755  
649-1019

The new CR for Oceanography and Meteorology is Anna Evermann. Anna is from Fallon, Nevada. She attended the University of Nevada, Reno campus, where she met her husband LT Steve Evermann. Anna and Steve came to Monterey after five years in Long Beach where Steve was stationed aboard the USS TRUXTUN. They have two sons, Russel David, 6; and Ian Frederick, 4.

Anna is currently active in the Navy Relief program, as the co-chairwoman for the Children's Waiting Room. She also is the coordinator for the Shutters Cooking Class. In her spare time she enjoys sewing and needle crafts.



OS-52-A: Bill Zuberbuhler and John Pfeiffer stand guard over their favorite brew.

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Os-52-A: New LCDRs Bob Zafran and Larry Friese salute each other during their March "Wetting Down."





OS-52-A: Sandi Winter is listening to Steve Evermann give hints on how he fixes his "hair."



NH 34: LT Mike Johnson seems amused at the effect his punch is having on the guests. Gloria can't believe it!



NH 34: Lcdr Vo Thann Tam and LtJG LeVinch Hiep reflect light heartedly on the prospects of graduation and their forth coming return home.



OS-52-A: The "Peruvian look-up tee hee bird" claims two more as Moe Mosey and Larry Friese fall prey to the roving photographer.



Ramjets are (L to R) Bill Leins, Mike Barrett, Wes Stanfield, Professor Gerry Lindsey, John Payne, Lew Newby and Bill Siren. Not shown is Mike Kelley.

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## NAVAL ENGINEERING

SECTION NH 34  
By Jean Rainey, 1812

Breaking away from Partial Differential Equations and Machine Design problems, members of Section NH34 and their ladies enjoyed the hospitality of LT Mike and Gloria Johnson at their quarters for a South of the Border buffet.



NH 34: It seems unanimous that "it ain't gonna be this way next quarter" for the graduating naval engineers.



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## OPERATIONS ANALYSIS



*Candace Ellis*  
Editor, CR  
SMC 1014  
649-3126

Have you ever had to write your own resume for a magazine — particularly one read by women? I find the task horribly awkward. Nothing sounds right.

To begin with I have always loved traveling, first as a Navy junior, now as a Navy wife. Before marriage I attended the U. of Minn. and then became an airline stewardess.

My life long favorite sports are snow skiing, water skiing, and body surfing. My favorite hobby is designing and selling my needlework.

We arrived here last September from San Diego where my husband Bob was stationed with VF-142. We have two sons, Hunter, 6½, and Ryan, 19 months.

Since this is my first issue as a CR, I would like to thank everyone who is going to help me. As your representative to the OSWC governing board I hope to be hearing from you. Please feel quite free to call me with your opinions, gripes, or suggestions.



*Jayne Perry*  
Editor, CR

This is my last month as the curricular representative from OA. I have enjoyed these past eight months and I want to thank you all for your cooperation. Candy Ellis (RY 52) will be taking over as CR for OA this month and is looking forward to receiving notice of all your gala happenings, be they showers, luncheons, coffees, cocktail parties, picnics, new arrivals or whatever.

Other OA wives on the go are Nanci Robbins (RK 44), First-Vice President of OSWC; Natalie Emerson (RL 4204), OSWC Recording Secretary; Edna Brewer (RJ 44) OSWC Program Chairman; Sue Bucher (RX 52), Publicity for The Little Theatre; Karen Gafford (RJ 44), Activities Chairman; and Elaine McKearn (RL 4204), Editor-in-chief of CLASSMATE magazine.

## SECTIONS RW & RX 52

By Karol Gorman, 2996  
384-5060

The January wives function was a buffet lunch at the Outrigger Restaurant organized by Murt Johnson. Wives from sections RW 52, RX 52, RY 52, and RZ 52 gathered for an enjoyable afternoon on Cannery Row.

In February, Sections RW 52 and RX 52 met for coffee and dessert at the home of Loreen and Jerry Grigsby, RX 52 section leader. Everyone sampled a variety of coffees from many different lands. Many thanks to the Grigsby's.

Many of us have enjoyed Friday dinners "out" over the last two quarters. Recently some of us traveled to Carmel Valley to the Plaza Linda, to the Carmel Butcher Shop, and the Coach House Restaurant. We are all looking forward to more of the fine food, drink, and atmosphere available to us here on the Monterey Peninsula in the months ahead.

Belated congratulations to Larry Bucher who was selected for Lieutenant Commander. If it wasn't for the March Freeze on promotions...

## SECTIONS RJ & RK 44

By Karen Gafford, 1363  
373-6280

Jae Chang Kim, fifth quarter OA student, from Seoul, Korea, celebrated his promotion to LTC (Korean Army), with a buffet dinner party in his honor. The party was held at the home of Reverend Chun Sam Yi, Minister at the Korean Covenant Church.

The buffet consisted of delectable Korean foods such as bulgogi (beef), takogi (chicken), kim chee (cabbage), mandu (vegetable rolls), o-gingo (squid), and geem (seaweed).

Yut is a Korean game traditionally played on New Year's day, but several people at the party wanted to play, and it was a fitting way to close the evening. Yut is quite similar to our American game of "Aggravation."

LTC Kim wore a silk outfit (han bok) which was formerly worn as traditional clothing but is now reserved for holidays. Congratulations, LTC Kim!



RJ/RK 44: Invited guests included OA students from sections RJ and RK 44. LTC Yu Nam Kyu is at the head of the table.



RJ/RK 44: From left to right, LTC Jae Chang Kim, Rev. Chun Sam Yi, and LTCDR Joe Crisafulli.



RJ/RK 44: The aroma of Korean foods and spices enhanced everyone's appetite.

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**SECTION RL4203**

by Jayne Perry, 2584  
372-5645



RL 4203: Pictured here are Suzie and Jim Phelan, hosts for the section's monthly couples get-together in March.



RL 4203: The St. Patrick's Day theme was effectively carried out not only with the Irish nametags, decorations, and assortment of green colored hors d'oeuvres, but also with Jim's "P.P.P." (perfectly powerful punch), sampled here by Bill Cobb, Donnie Polk and Chan McKearn.



RL 4203: Jim lectures on "the sins of drinking" to an audience that included section members, friends, neighbors, and faculty members.

by Wendy Fincke, 1495  
373-1728

OA Senoras of section 4203 have been gallivanting around Salinas. Last month hostess Anni Krubsack invited "Las Bandita's" for a "Que Bueno" Mexican cuisine fiesta. Anni truly possesses the "Art of Home Living," and spoiled us with home cooking and spring flowered favors. El Tempo — Fantastico!

This month we traveled with Sarah Kodlen, as our hostess and guide. She packed up the car with our gang, and off we went on a shopping spree and lunch at the historical John Steinbeck House and restaurant. We all enjoyed the Salinas Valley excursion, thanks to Sarah.



RL 4203: At the Las Bandita's in Salinas are (L to R) Sarah Kodalen, Merrilyn Perrin, Anni Krubsack, Ginny Michna (peeking), Suzie Polk, and Wendy Fincke.

**SECTIONS RL & RM 44**  
By Bonnie Carpenter, 1693  
372-2914

On March 15 some of the couples in Sections RL 44 & RM 44 took a little time out from the computers and met at Monterey Lanes for a night of bowling. The competition was made more interesting by a blind draw for the mixed teams. After three exciting and close-scoring games the high bowlers were the team of Kippy Route and Walt Sevon. The prize for such excellence was a pizza at Shakey's, where we all met afterwards for drinks and some good piano-banjo music. Thanks go to Jewel Halwachs for a most enjoyable evening.

Jewel Halwachs has been a busy lady this month. Along with the bowling night, she also made the arrangements for a luncheon at the Whaling Station in March. It was a lot of fun because somehow we had let February slip by without getting together so we really busied ourselves catching up on all the latest news.

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## WEAPONS ENGINEERING



Lois Winters  
Editor, CR  
SMC 1148  
384-8288

### SECTION WP 44 By Kim Turner, 1938

In January WP 44 attended the Weapons Engineering party at the Presidio Officers' Club. The high point of the evening was the bow tie contest. Jose Lopez's flashy orange and red tie won second prize. The award should have gone to Rose who knitted the tie that morning!

Valentine's Day was a perfect time for the husbands to take the wives to the Post-graduate School Officers' Club for crab night. The food was delicious and the music by the band was excellent. We will have to do that again.

### WP 42 & UX 42 By Janie Threlkeld, 2277

To beat the February blahs, sections WP 42 and UX 42 challenged each other to a bowling match, followed by a potluck dinner at Al and Gloria Shaw's house.

Although very few people admitted to ever having bowled before, some pretty respectable scores were turned in. Ed Gordon was high scorer with a 189 game followed closely by Fred Crawford with a 173. Paula Cook turned out to have a mean hook ball which she struggled valiantly to control. Marie Slocum, who nobody dreamed was so athletic, had some very pretty strikes and didn't fall down too often.

The potluck dinner following was just what we needed after working up tremendous appetites. Of course, the Shaw's player piano got quite a workout as Section WP 42 hadn't had a crack at it before. When the party broke up about 1:00 every single piano roll had been played. (And that's a lot of rolls!)

### MOVING?

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 Kevin Corry, 7 lbs. 7 oz., on March 16, 1975 to LCDR and Mrs. Oke **SHANNON**.  
 Thomas Lane, Jr., 7 lbs. 4½ oz., March 30, 1975 to LT and Mrs. Thomas L. **PHILLIPS**.  
 Laleh, 7 lbs. 5 oz., April 19, 1975 to LT and Mrs. Mahmoud **TORABI** (Iran).



**WETTING THE STRIPE**

Congratulations to LCDR Larry Friese, USN on his recent promotion.  
 Congratulations to LCDR Robert Zafran, USN on his recent promotion.  
 Congratulations to LCDR Jim Gill, USN on his recent promotion.  
 Congratulations to LCDR Bud Oudekerk, USN on his recent promotion.  
 Congratulations to LCDR Andy Prydybasz, USN on his recent promotion.

**COAST GUARD WIVES**  
 By Linda Hollemon, 1181

Coast Guard wives braved wet, windy weather to get together to sample the fine food at the Whaling Station Inn. The highlight of the meeting was the election of our new officers. Beginning a six-month term of office next month will be Carolyn Williamson, President; "Bernie" Carlson, Vice President; and Lois Acker, Secretary-Treasurer.

Recently several of our members have been spending some time at Community Hospital visiting our friend Alan Askey who suffered a broken leg. We wish her a smooth recovery and hope she'll be up and around sooner than expected.

As usual, the Coast Guard Wives' Club took advantage of the Bargain Fair to try to earn some money for the club by selling cookies. Thank you to Sue Snyder and all those who helped her with the bake sale.



CG: Donna VerPlanck and "Bernie" Carlson enjoy a luncheon held at the Hog's Breath Inn.



CG: Madeline and Kelly Callison enjoy a crab dinner at the Club.



CG: Joyce and Dave Maloney enjoy Valentine's Day at the Officers Club.

**SUPPLY CORPS OFFICERS' WIVES**

By Marti Anderson, 2472  
 373-4287

The March luncheon was held at Lover's Point Inn. Our Hostesses were Janet McNutt and Doris Frial. The view was beautiful and the food delicious. Louise Lutz, spokeswoman for the group, announced that she was the only departee. Louise Kiger was welcomed to her first luncheon with the Supply wives. Wendy Fincke was named as the new spokeswoman and Annette Kirch was named as the new treasurer. Louise Lutz then added a personal goodbye. She thanked Gail Ross for her "enthusiasm and vitality" which she lends to the support of the Supply Corp wives. Gail in turn thanked Louise for her contributions to the group. She also presented Louise with a gift of stationary embossed with the Supply Corp emblem. Luu Gray held the lucky ticket for the door prize.



SC: Hostesses for the March luncheon were Janet McNutt and Doris Frial shown above.



SC: Smiling over their new and past duties are Annette Kirch, Louise Lutz and Wendy Fincke.

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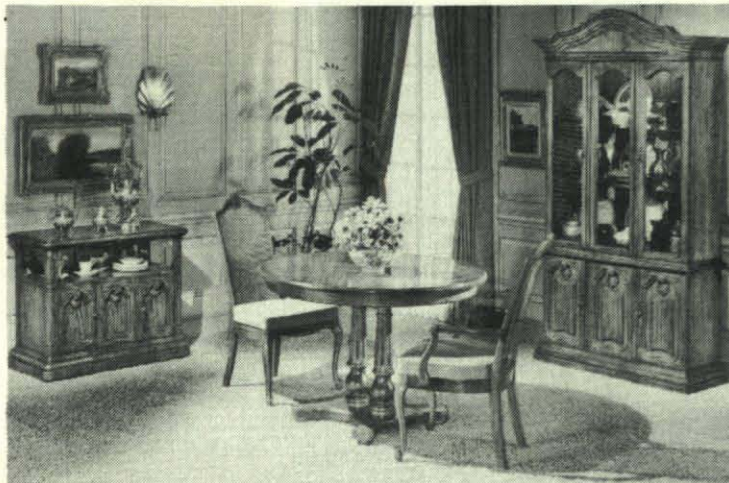
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**Friday 9:00 AM to 9:00 PM**

## Furniture Square

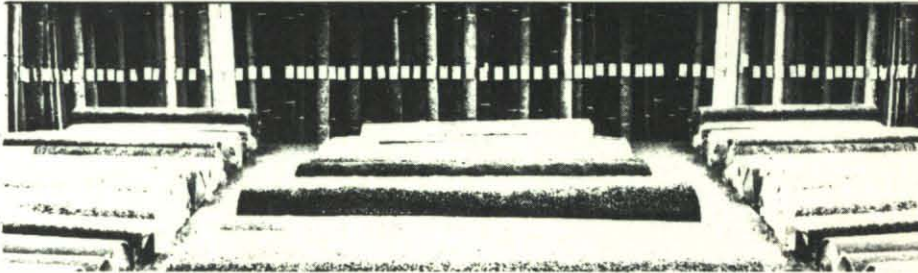
425 PACIFIC ST., MONTEREY



# Cinderella

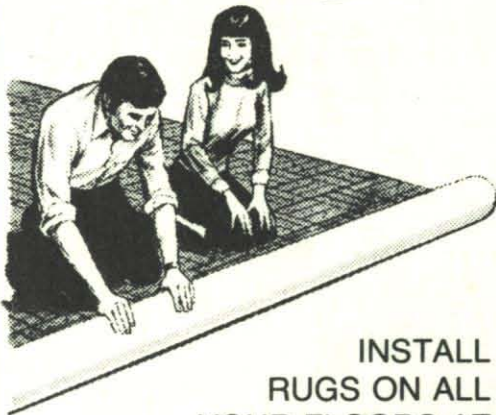
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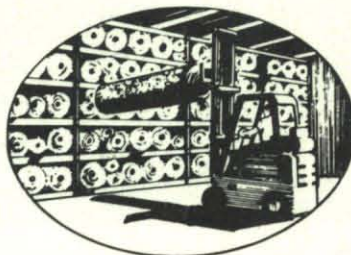
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## CARPETS AND DRAPERIES

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delivery (50 miles),  
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HOLLYTEX  
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MAP TO CARMEL STORE



### CARMEL VALLEY

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