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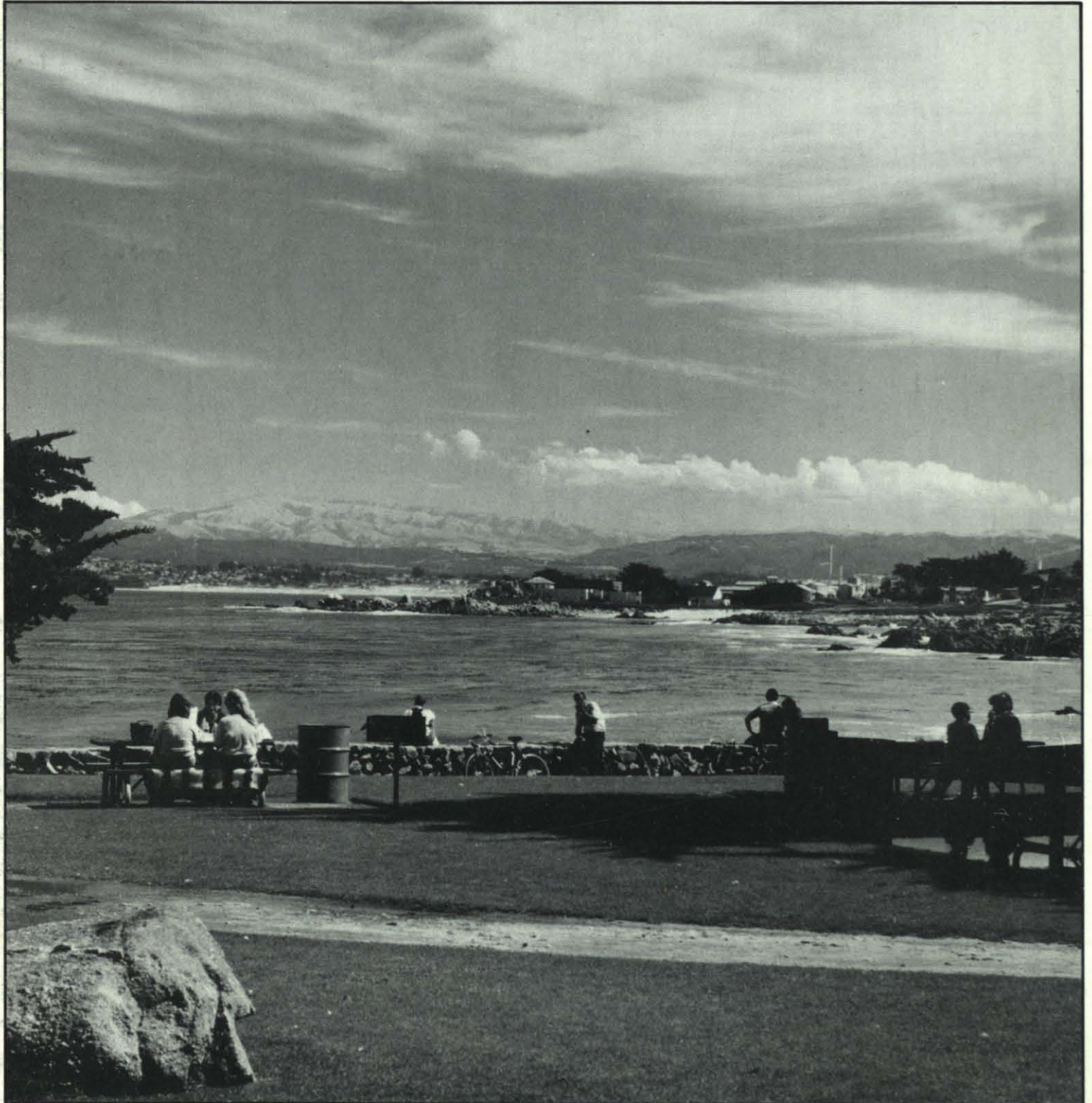
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VOLUME 27, NO. 2

February 1986

OFFICER STUDENTS' WIVES' CLUB MAGAZINE

the classmate



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TABLE OF CONTENTS

Editorially Speaking 2

OSWC NEWS

President's Message 3
New Kids on the Block 4
OSWC Art Show and Auction 5

NPS NEWS

Mini-Classes 6
International Message 7
Diplomatic Dialogue 8

FEATURES

Where It's Happening 10
The Peripatetic Palate 11
Children's Corner 12
La Mesa Women's Bible Studies 13
Eagle's Eye Gallery 13
Stormy Weather 14
Navy Bleu 16

FOCUS OF THE MONTH – LOVE, FRIENDSHIP & MARRIAGE

Observations on Friendship & the Mobile Lifestyle 17
Love 19
Valentine's Day 19
Tied Down with Love 19
February 19
A Salute to Friendship 20
A Precious Valentine 21
A Storybook Love 22
Love Letter to My Mommy 25
Peanut Butter Passion, Rag Tag Romance 26
Love – Friendship – Cooperation
 The La Mesa Babysitting Co-Op 27
 The Liberated Woman and Marriage 28

SPECIALS

Solution to Valentine Maze 30
Playful Parenting 30
Thar She Blows 31
The Need Continues 32

On the Cover: Lover's Point, Pacific Grove, CA. Photo courtesy of Pacific Grove Chamber of Commerce.

Editorially Speaking



by Judy Scalzitti

Valentine's Day has always held a wonderful fascination for me. It was great fun as a child to decorate my Valentine's box to take to school. With great anticipation I looked forward to "the day" when I got to open my box and see who gave me valentines.

When I was older and in college, the majority of my Valentines came from family and friends. I lived in a sorority



house and Valentine's Day provided a great deal of excitement for us all. It was fun to see who received flowers from whom. Secretly, we were all hoping that each delivery of flowers would be for us from that gorgeous guy in that MWF class at 10 o'clock. Only once did I receive flowers (orchids, no less!) from that gorgeous guy. Needless to say, I was very surprised, yet very pleased. I still receive flowers on Valentine's Day, but there is no surprise as to whom they are from.

As a wife, mother, daughter, and friend, Valentine's Day is the perfect chance for me to tell all the people in my life, just how much they mean to me. The fascination in Valentine's Day has changed. Now I enjoy picking out cards and gifts to mail and give to my friends and family.

My friends are scattered throughout the country. I'm from the Northeast,

lived five years in the South, have family in the Midwest and now live in California. Friends have played important parts in my life and on Valentine's Day, I let them know how much I appreciate them.

However, my best friend lives here in Monterey. He's my husband. He is the most important person to me. He's also the most thoughtful, considerate, loving friend anyone could ever have. I can talk to him about anything – *The Classmate*, what clothes I should wear to a section party, family matters, etc. We have fun together – exploring caves in National Parks, watching good as well as lousy movies, cooking, exercising and even just sitting and talking for hours.

This issue of *The Classmate* contains many thoughts on friendship, love and marriage. In a way, it is one large valentine from the staff to all those people who mean so much to us! Enjoy! Happy Valentine's Day!

EDITOR'S NOTE: Ginny Sycuro is looking for ideas for the Hammer and Thread column. If you have any ideas or decorating suggestions, please contact her at 649-0530.

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Articles for *The Classmate* should be neatly typed and double-spaced. They should be turned in by the first day of the month preceding the month the article is to be printed.

May
Travel – Experiences & Guide To Local Interests

June
Fitness, Fun, Frivolity

★ ★ ★ ★ ★

PRESIDENT'S MESSAGE



by Linda Denny

Six months ago when I was asked to be President of OSWC, my reaction was normal. "Who, me? No . . . I couldn't." But after much soul searching, I realized the only thing holding me back was F-E-A-R!

Fear slowly turned into confidence. During the transition period, **Marty Anderson** (OSWC Advisor) was there to calm my fears day and night. Marty offered some words of wisdom that rang true my entire term of office – "This is not your club, it's everyone's club – Share the responsibility!"

The sharing began with **Mrs. Shumaker**, our Honorary President. She was always there when needed. The successes of the Navy Birthday Ball, the NPS Museum, Section Liaison Coffees, and Welcome Aboard Coffees are due in large part to her involvement.

Sharing was further exemplified by the guiding hand of our two Advisors – **Helen Egerton** and **Sue Ericson**. Both are Staff wives and former student wives. They are the unsung heroes of OSWC. They were quietly in the background, constantly guiding and sharing their experience.

Sharing became the thread that held OSWC together. The threads intertwined and the Governing Board began to work together to reach common goals.

The Executive Board was the "glue"

that held the threads together. Each member went above and beyond the basic requirements of their job descriptions. **Sally Konetski** (1st V.P.) organized appealing programs, **Sandy Falby** (2nd V.P.) chaired the By Laws Committee for a total revision, **Kathryn Hanold** (Corres. Sec.) researched in depth to find the most cost-efficient machine for publications, **Diane Kerr** (Rec. Sec.) took detailed minutes of not only the required two meetings a month, but also the special meetings and By Laws meetings, and finally, **Judy Speck** (Treas.) has spent hours researching ways to make the books more efficient in the future. Each gave selflessly of their time and OSWC will have a lasting effect from their efforts.

Individually, each left their positions a little better than they found it, and collectively, made decisions that will make OSWC better for all.

The Liaisons . . . **Judy Speck** (Commissary/Exchange) renewed ties with Ft. Ord. **Gail and Deke Dunlap** (La Mesa Housing) made the Town Hall meeting more organized by presubmitted questions. **Sandy Falby** (Student Council) organized the wives behind major Student Council Proposals. **Carla Wright** (Rec. Council/Child Care Center) helped get the Child Care Center open on weeknights. **Patti Orcutt** (Dental Clinic) helped to alleviate the burden of an overworked Dental Staff. **Donna Davison** (NPS Museum) helped form an Advisory Board. **Marge Catt** and **Karen Higgins** (Health Care) helped to get a Family Service Practice started at POM. **Robin Phares** (Navy Relief) continued the good work of the Hospitality Locker. And, **Michelle Corbett** (Red Cross) helped bring Red Cross some much-needed publicity.


The Curriculum Representatives – **Debbie Jones, Susan Sestak, Kathy Pfeil, Yolanda Vasquez, Andi MacDonald, Jeannie Poulos, Pat Sapienza, Caryn Mears, Michelle Upton**, and **Lisa Browne** – linked the Curricular wives through newsletters, coffees, and an understanding ear.

The Special Committee Chairmen . . . **Judy Bewley** and **Susan Sestak** (1985 Navy Birthday Ball) made it the best ever. **Emilie Gahnstrom** and **Michelle Upton** (Christmas Craft Bazaar) combined outside publicity and more booths to make it one of the best. **Kathie Knight** (Santa Visits) researched the cost efficiency of renting costumes versus buying them. **Lyn Mattson** (Fluoride Festival) initiated combining two positions for a more organized Festival.

The Standing Committees . . . **Marilyn Grodek** (Activities) helped OSWC realize it could no longer be legally responsible for sponsoring Mini Classes. **Cindy Westbrook** and **Michelle Corbett** (Distribution) helped OSWC realize it could no longer afford mass distributed newsletters. **Janis LaFont** and **Francis Lynn** (Membership) set up a new program on the Main Frame computer. **Bonnie Hoffman** (Nominations/Elections) ensured future elections are in accordance with Robert's Rules of Order. **Andi MacDonald** (Pink Flyer) organized the newsletter to save paper. **Chris Cheeks** (Property) cut down on lost and duplicated property. **Gay O'Hara** and **Nancy Rathmanner** (Publicity) used talent and color to publicize events. **Donna Lynn Shumaker** and **Cammi Mara** (Ways and Means) broke attendance records with Bargain Fair. **Carol Stewart** and **Judy Majors** (Welcome Aboard) initiated the first Fashion Show for the Newcomers Coffee. **Debbie Schlechte** (*Classmate*) began a term of excellence and **Judy Scalzitti** is continuing the high standards of *The Classmate* magazine.

As I look back, I realize the impact that OSWC has on NPS and the community. "Shared Responsibility" – No one person can do it alone. My personal thanks to all who gave so much time and wisdom. And I thank all of you for giving me the chance to know what it's like to be President of a large organization and for the pride that I feel for having experienced it.

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OSWC NEWS....OSWC NEWS....OSWC NEWS....OSWC NEWS....

A B C D E F G H I J K L M N O P Q



NEW KIDS ON THE BLOCK

by Sandy Falby

A son, **Matthew Foster**, born October 21, 1985, 9 lbs., 4 oz. to Bruce and Sandy Hoselton.

A son, **Edward Philip II**, born December 1, 1985, 7 lbs., 10 oz. to John and Lisa Higgins.

A son, **Kyle Stephen**, born December 3, 1985, 9 lbs., 6 oz. to Ted and Brenda Urda.

A son, **Ryan Alan**, born December 8, 1985, 8 lbs., 2 oz. to Tom and Jan Beda.

A daughter, **Lori Rebecca**, born January 3, 1986, 8 lbs. 5 oz. to Denis and Liz Meanor.

R S T U V W X Y Z 1 2 3 4 5 6 7 8

THE OSWC IS THE OFFICIAL STUDENTS' WIVES CLUB OF THE NAVAL POSTGRADUATE SCHOOL FOR THE WIVES OF ALL STUDENTS. In addition to sponsoring monthly activities such as luncheons, the Art Auction, etc., they also sponsor small group activities. Dues collected entitle you to members' discounts on classes, having your name printed in the OSWC Directory and the monthly issue of the Pink Flyer. Dues are \$2 per quarter. Initial membership and membership renewal shall be for a minimum of four (4) quarters or the remaining time of duty/stay. To obtain membership, fill out the form below and send it with a check made out to OSWC to: Janis Lafont, 1075 Spruance Rd., Monterey, CA 93940. Phone 373-3170, SMC #2723.

SMC # _____ New Member _____ Renewal _____ Active _____ Associate _____

Last Name _____ First Name _____ Phone _____

Husband's Name _____ Rank _____ Service _____

Curriculum _____ Date of Graduation _____

Address _____ Length of Membership _____

Are you interested in Committee work? _____ Amount enclosed \$ _____

Do you wish to have your name, husband's name and service, address and phone number included in the OSWC membership directory? Yes _____ No _____

OSWC Art Show and Auction



The twelfth annual Art Show and Auction by the Royal Art Gallery will be held on Saturday, March 8, 1986, at 7:30 p.m. in the Barbara McNitt Ballroom. A preview of the art will be from 6:00 to 7:30 p.m. It is important to arrive in time to look at the art collection prior to the show as it is difficult to do so during the auction itself.

The Royal Art Gallery provides many beautiful pieces of art for the auction, including original lithographs, graphics, watercolors, oils and etchings, signed and numbered by world renowned artists. Door prizes will be awarded throughout the evening.

OSWC profits from the auction benefit various community and military organizations. If you have a favorite charity or organization you would like to have considered, please ask the organization to send a written request to OSWC, SMC 2181, prior to April 30th.

Volunteers are needed to help sign people in at the door on March 8th. If you are interested in helping, please call Barbara Thornton at 373-7188 or Judy Callahan at 373-4401.



Plan to attend this year's Art Auction as it is an excellent opportunity to buy beautiful pieces of art at affordable prices, and have an enjoyable evening!

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MINI-CLASSES

by Marilyn Grodek

If you are interested in teaching a course, contact Marilyn Grodek at 372-9031. If you are interested in taking a course, call the instructors listed below.

DELETED CLASSES

- Beginning Square Dancing** – Lynn Tungett (373-3710).
- Crochet** – Robin Phares (375-7853).
- Jogging Clinic (Beginners)** – Cheryl Sandvigen (372-6579).
- Shape Your Size** – Bonnie Himes (649-8886).

NEW CLASSES

Aerobic Dance with Becky Barker – Becky Barker (649-6793). Finally! An exercise class without boring repetition! A refreshing, high interest class designed for the non-dancer, with new material added each week. These dances are combined into an exhilarating, non-stop aerobic workout to

strengthen your cardiovascular system. Women of all fitness levels welcome. Babysitting can be arranged. Tues. & Thurs. classes, 10:15-11:30. NPS Gym. 8-week session, Feb. 3-March 27. Class fee: \$30/16 classes.

CURRENT CLASSES

- Advanced Exercise Class** – Lisa Hegland (375-5806).
- Beginning Calligraphy** – Cathy Graham (373-7230).
- Beginner's Floor Exercise** – Lisa Hegland (375-5806).
- Beginning Sewing** – Virginia Sycuro (649-0530).
- Beginning Stained Glass – "Sun Catchers"** – Virginia Sycuro (649-0530).
- Belly Dancing** – Paula Claussen (625-3048).
- Children's Creative Dance** – Terri Grimshaw (624-3799).



- Country Coverlets** – Susan Darabond (372-9238).
 - Creative Inner Explorations** – Don Mathews (373-7809).
 - Drawing & Painting Techniques for the Emerging Artist** – Don Mathews (373-7809).
 - Early Parenting** – Barbara Dickinson (375-2587).
 - Exercise Class** – Donna Staniec (373-6626).
 - Hula/Polynesian Dancing** – LaVerne Howard (373-5301).
 - Improving Your Image Through Speech** – Vicky Madigan (375-3762).
 - Japanese Floral Art** – Suzi Miller (372-4189).
 - Needlepoint** – Sally Dewey (624-2250).
 - Net Darning** – Susan Darabond (372-9238).
 - Piano** – Kazuko Mockett (624-9596).
 - Piano** – Nathalie Plotkin (373-5671).
 - Polynesian Dance** – Paula Claussen (625-3048).
 - Private Art Instruction** – Don Mathews (373-7809).
 - Scherenschnitte (German Scissor Cutting)** – Susan Darabond (372-9238).
 - Smocking** – Katie DuBois (375-8602).
 - Stenciling** – Vicky Fenton (649-4877).
 - Suzuki Violin & Viola Lessons** – Mildred Kline (624-9541).
 - Tennis Instruction** – Karen Stewart (373-3437).
 - The Joy Of Art For Beginners** – Don Mathews (373-7809).
 - The Joy Of Art Outside** – Don Mathews (373-7809).
 - Tole Painting** – Selma Moskowitz (373-5064).
 - Violin Lessons** – Sally O'Dwyer (372-5492).
- ## TUTORS
- Reading Tutoring** – Gay O'Hara (375-9223).
 - Tutor for the Learning Disabled** – Marion Wilson (373-3845).
 - Tutoring** – Jean Setzer (373-7840).

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International Message

by Manolya Gunes (from TURKEY)

The activities of the International Committee in December filled everyone with the Christmas spirit.

The Christmas Tea party, organized by the International Committee, was held at the La Novia Room, on the 11th of December. It was a tremendous success and the party was even more splendid because it provided a warm atmosphere for Internationals and Americans to meet and converse. As you know, such events are very important as they help Americans and Internationals become acquainted with each other. This event did just that and was also a celebration for the holidays.

There were many scrumptious cookies and pastries. Everyone who wanted to prepare and share their favorite cookies brought some. Those who brought cookies exchanged them with the others and then took the samples home to share with their families. We also had a chance to say goodbye to many of our friends who were leaving Naval Postgraduate School in December.

I would also like to mention the Cooking Class that is presented by the International Committee. Twice a year, a series of cooking classes allows the members of the International Community to sample the foods of the countries represented at Naval Postgraduate School. Last year many countries participated by showing their entrees, desserts and soups. These classes are held at La Mesa village. Those who participate in the cooking class cook and serve their favorite meals, then everybody tastes them. Copies of the recipes are provided and we have a chance to cook them at home.

The next series of cooking classes is in February. Representatives of Greece, Portugal, Singapore and Egypt will be cooking. If you are interested please call Daisy Vorrias, 373-3783.

As a member of the International Committee, I would like to ask you to please join us by becoming an American Sponsor. You can meet many

people from all over the world. If you would like to become an American Sponsor, please contact the International Education Co-ordinator's Office, 646-2186. International Committee provides many opportunities for American sponsors to socialize with International Students from all over the world, for example the Valentine's Day Party on February 8 and the many activities organized by the children's committee.

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International Message

Diplomatic Dialogue

by Sunny Evans



The Republic of Korea provides NPS with its largest group of foreign students, 65 to be exact. Korean military officers have been attending NPS for approximately 30 years. Amid this large group of Korean student officers is Air Force Major Choong Soon Kang. Major Kang arrived in the United States in September 1984, and will complete his studies in mechanical engineering in March 1987. His wife, Young Seop, accompanied him to Monterey and, four months ago, their first child was born, a son named Dong In. Major Kang's home lies in the small village of Sacheon in the south Kyungsang province.

What interesting experiences have you had in your military career?

When I worked at the 105th Fighter Squadron on Kwangju Air Base, we successfully finished the Teamspirit 80. Then, the Korea-USA Goodwill Association invited USAF pilots to each member's home. I guided the squadron commander and two other officers

on the tour of observation through the city and then to the house of the Chairman of the Korea-USA Goodwill Association. They enjoyed plenty of Korean food and made themselves familiar with Korean customs. We had a nice chance to understand each country and promote friendship between them.

What are your feelings about the 1988 Olympic Games being held in Seoul?

Korea will be the second nation in Asia and the first developing country to host the Olympics. Thus, it is important not only for Koreans but for the people of all developing countries, thereby providing an example which other developing countries could follow in future years.

What are some of the preparations being made for the Olympics?

For the preparation of the Games of the 24th Olympiad in the summer of 1988, the Seoul Olympic Organization

Committee (SLOOC) was organized, and the Seoul Sports Complex has been constructed.

What benefits do you feel Korea will derive from being host to the Olympic Games?

It will be a very nice chance to introduce our cultural heritage, and we can show our rapid economic development. Also, Koreans will have the capabilities to hold the largest international events.

What are a few of the sights you would recommend to a visitor in your country?

KYONGJU – Perhaps the richest repository of ancient history and arts on the peninsula, the city of Kyongju is now only a provincial town but once was the splendid capital of the Silla Dynasty (57 B.C.-935 A.D.). Kyongju is literally a museum without walls, filled with remains of ancient Silla: temples, royal tombs, monuments, the earliest stone observatory in Asia, pagodas and the crumbling remains of a palace and fortresses. There is a branch of the National Museum in town. The two supreme treasures of Kyongju are the Pulguksa Temple, one of the most beautiful in Korea, and the nearby stone grotto, called Sokkuram, known throughout the world for the stone statues and curved friezes, considered pinnacles of Buddhist art.

CHEJUDO ISLAND – Korea's only island province is just an hour by jet from Seoul. Cheju enjoys a semi-tropical climate with mild weather all year around. The plants and landscape are entirely distinct from the mainland and are unique to Cheju. The beauties of the island range from lofty Mt. Hallasan, the highest mountain in South Korea, with the huge crater of an extinct volcano on its peak, to the famed

women divers who make their living gathering seafood and the marine products from the depths of the ocean even in winter.

EAST COAST RESORTS – The northern stretch of Korea's east coast, which can be reached by plane, train or express bus from Seoul, is ragged and mountainous with breathtaking scenery that has caused it to be called the "Switzerland of Asia." Skiing, swimming, mountain climbing and other winter sports are the most popular recreations. The beaches are perhaps the finest in Korea, gently shelving into shallow water with mild currents, but the principal inland resort area is Mt. Sorak National Park.

FOLK VILLAGE – A traditional Korean village located 30 minutes south of Seoul near Suwon reenacts the enchanting rural life in Korea hundreds of years ago. This village was erected in 1973 and now includes aspects of almost everything uniquely Korean from days gone by. Homes, typical of the village square, tight-rope walkers, weddings or funeral processions, kite-flying contests and graceful dance troupes are seen regularly.

With Korea's history of foreign occupation, and with its tremendous growth and development in the last 30 years, what do you believe the future holds for your country?

I think Korea has the prospect of a bright future because Koreans possess a high desire to learn. As a result of that, we have a very low illiteracy rate and plenty of brains in various fields. This love of learning led to Korea's rapid growth and development. We can catch up with Japan at some time or other.

Do South Koreans feel constantly threatened by North Korea?

Yes, of course. South Koreans are always alert to the possibility of invasion by North Korea. Recently, North Korea moved some military forces to the DMZ (Demilitarized Zone), and they increasingly build up the relationship with the USSR and receive a lot of military assistance from them. We know what this means.

Do you foresee any improvement in the relationship between the two countries?

Yes, I do. The Red Cross talks between Seoul and Pyongyang resumed in May of 1985, breaking a 12-year-long stalemate, and 50 dispersed families from each side crossed the border at Panmunjom on September 20 to see their loved ones for the first time in 40 years. The two sides also exchanged folk art troupes, and the negotiations for the commodity exchanges and bilateral economic cooperations are in progress.

What has helped you to adapt to life in the U.S.?

My senior and junior officers helped me very much and my sponsor, Scott Wetter, assisted with devotion.

What source provided you with information about NPS and the local area prior to your arrival?

Each branch of the service was well organized and closely banded to-

gether, therefore, I received a lot of information from them. Prior to my arrival, they combined efforts and found a house for me; and, after my arrival, they assisted in finding me a car.

What appeals to you about the American way of life and what does not?

I have been here for one year and four months. During this short period, I have been impressed very much with the American's spirit of obeying the laws, goodwill, reliance and open mindedness, but I think Americans sometimes seem to be cold-hearted.

What areas of the United States would you like to see, and why?


I would like to go to the eastern parts of America, especially Boston or New York because I believe I would learn about many other aspects of American life there. America is too big to understand, so I would like to go to different areas and learn firsthand what it is all about.

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Can You Lend a HELPING HAND?

A Pre-School Program for selected handi-capped children will began on Jan. 27 at Noche Buena School, Seaside.

Donations of toys, books, art supplies, tricycles, etc. for 1-5 year-olds are greatly needed for this group.

For more information, contact Joan Shults at 899-7018.

WHERE IT'S HAPPENING

Where It's Happening MARCH

- 7 **Colton Hall Birthday Celebration.** Colton Hall, Monterey. (408) 646-3851.
- 7-9 **Dixieland Monterey.** Downtown Monterey. (408) 649-1770 or 373-0409.
- 23 **International Sheepdog Trials.** Collins Polo Field. (408) 649-1770.

"Designs on the Bookmobile" Contest

Monterey Public Library has announced its "Designs on the Bookmobile" competition in which contestants will submit artwork to be used for decorating the new bookmobile. One entry will be selected for reproduction on the vehicle by a professional sign painter. The winner will also receive a \$100 U.S. Savings Bond from the Monterey Public Library League. The deadline for entry is March 30.

Entry forms and rules may be picked up at the library and at most local artists' supply stores. For more information contact Jeanne McCombs, 646-3930.

Special Military Reception at Gallery

GWS Galleries will host a reception for the family of the great American actor, John Wayne, on Friday, February 14 from 5:30 p.m. until 8:30 p.m. The reception will be open to all military who are interested in meeting the members of the Wayne family.

The Wayne family's visit is in honor of "The Duke" and GWS Galleries' limited edition print of "The Wait at Vicksburg," which the family will be signing. From the original painting by distinguished Civil War artist, Don Stivers, "The Wait at Vicksburg" depicts the major battle scene from "The Horse Soldiers" in which Wayne portrayed Colonel Marlowe of the Union Army.

Also featured at the reception will be an unusual array of memorabilia from the revered actor's illustrious career. Carbines, holsters and many other items from the Wayne family's private collection will be on display in addition to original John Wayne movie posters and video screenings of classic Wayne films such as "Red River" and "The Horse Soldiers".

The Greenwich Workshop, parent gallery of GWS Galleries, is the only limited edition print publisher authorized by the Wayne family to reproduce images of John Wayne. A portion of the purchase price of every print sold will be donated by The Greenwich Workshop to The John Wayne Cancer Clinic at the U.C.L.A. Medical Center.

For further information on the reception for the Wayne family, please contact Jack Innes at the GWS Galleries, located at 26390 Carmel Rancho Lane, across from the Barnyard, in Carmel. (408) 625-2288.



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by *The Classmate Galloping Gourmet*



It's almost Valentine's Day. Take a love to lunch!

For those who enjoy exotic, spicy food there is no better lunch in the area than the **Siamese Bay Thai Restaurant** on Webster Street in Monterey. Anything on the extensive menu is available for lunch, but a good place for beginners, and a terrific deal for low prices and fast service is the list of lunches and lunch specials. For \$4 or \$5, they present platters of the most delicious combinations of rice or noodles with tender crisp vegetables and meat or seafood in rich, sometimes very hot sauces. Lunches often also include a salad with a positively incredible dressing. Save room for homemade coconut ice cream. Rich, tasty and the perfect complement to the spicy food.

If checkered tablecloths and French food are more your style, you will enjoy **La Maisonette** on 17th Street (Victorian Row) in Pacific Grove. The onion soup in a crock positively oozing with cheese is the best in town and makes


a light lunch all by itself. For the daily specials they do amazing things with meats in delicate sauces and fresh vegetables also wonderfully sauced and seasoned. Entrees come with homemade soups or salad and bread that must be fresh from the oven.

When the weather is nice enough for lunch on the beach, stop first at **Mama Mia's**, our favorite super sandwich shop, on 10th Street just a block from NPS. This is strictly a take-out place that concentrates on top notch sandwich fixings in huge quantities for not too much money. Have them whip up your favorite combination of meats and cheeses, heaped with lettuce, onion, peppers, and dressings on a large variety of breads and rolls. There should be something here for every sandwich appetite. They also have several salads and a selection of chips, beer, wine, soft drinks. Don't forget the suntan lotion.

Flaherty's Oyster Bar on Sixth and San Carlos in Carmel is a great place to dash in for a bowl of chowder, a

salad and a basketful of bread served so quickly you'll be able to squeeze in some window shopping before it's time to pick up the children. They also serve a variety of seafood cocktails and several specials daily. If a more leisurely lunch is on your agenda consider **Flaherty's Oyster House** restaurant, right next door, with the same wonderful chowder, a wider selection of specials and an enormous seafood and vegetable salad bar.

Happy Valentine's Day!



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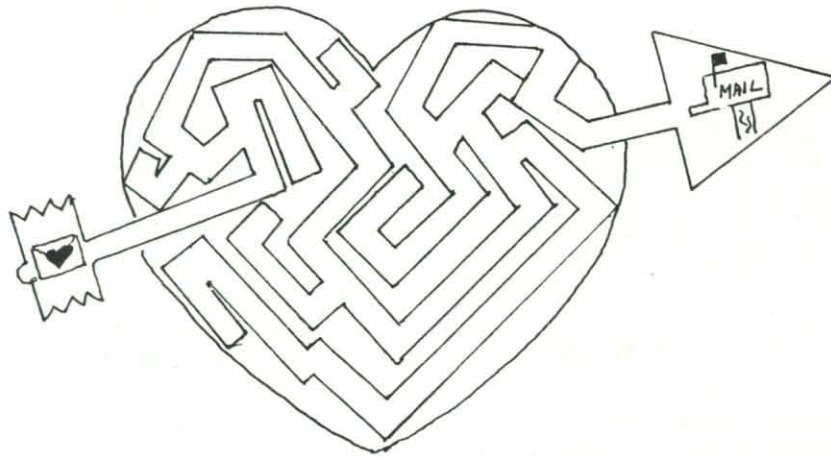
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Children's Corner

by Joyce Mansell Glover

CAN YOU MAIL THE VALENTINE?



Solution on page 30

And I Grew

by Joyce Mansell Glover

When I was a baby
I felt my parents' love
And I loved what I felt.
I loved them too
And I grew.

When I was little
I learned that God loved me
And I loved God and
All of His animals, birds, fish,
Flowers and trees,
And I grew.

When I was young
I loved all these things
About my home and
Also my school, my teachers,
And my friends,
And I grew.

As I have grown,
All this love was a blanket
That held me securely
Through good times
And hard times.
It kept me strong
And I grew.

When at last I have come
To know that what is
Important
Is love,
And I grew
To love
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La Mesa Women's Bible Studies

by Cookie Sanders

Are you new in the area? Or, have you been here for awhile and would like to get to know some new people? We would like to invite you to La Mesa Women's Bible Studies. We are an interdenominational group of 100 women who meet every Thursday morning from 9:45 -11:15 a.m. in various homes in La Mesa. The studies are open to all women of the Naval Postgraduate School community. Our purpose is to encourage women in spiritual growth and commitment to Jesus Christ, and by offering Bible studies relevant to their needs. The leaders of the eight studies are women from our own community. Child care is provided in the various homes around La Mesa.

Won't you join us for this special time

of study and fellowship? For more information, please call Cookie Sanders at 373-4956.



Eagle's Eye Gallery

The Eagle's Eye Art Gallery is a small co-op gallery located in the basement of Herrmann Hall. The artists are all wives of military men and all live in

the immediate area. Every month, a new show is presented with all artists required to have three to five new pieces of work offered. This means each artist is constantly developing her work and style. It makes for interesting visits for the frequent gallery visitors. There is a wide range of art available, in all styles and media, sizes and prices. Work is also done on commission.

The month of February will see featured artist Mary Taylor Nees. Mary is an active duty member of the Navy and a brand new bride. Mary does delightful works in pencil, often of children. Come by to see our new show, and Mary's work – and our new paint job. Hours are 11:30-3:00 p.m. Monday through Friday.

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Stormy Weather

by Ann Malokas



Some people keep JEWELRY in a jewelry box.

I do too. Among other things . . .

But, the real place of honor in the velvet-lined compartments on my dresser goes to a pencil. And a roll of Scotch tape, safety pins, some nail clippers, bandaids, and a pair of scissors.

I have to chuckle at my former thoughts of filling the jewelry box with gems. I never dreamed how important a single container would be for my own survival as the children got older – and the weird kind of jewels it would be harboring. Thank goodness my husband gave me a giant economy size

model very early in my wife and mom career.

You see, for reasons I can't understand, the children have yet to find this particular cubby hole at our house.

They can reach the highest corner of the kitchen and have scouted out most nooks and crannies. They even found the 100% Bran box where I used to hide things.

It hasn't occurred to them that there might be booty worthy of their attention in my jewelry box.

They can sniff out the bar of white chocolate in my underwear drawer and find treasure behind six layers of coats in the hall closet.

They haven't thought to explore the last bastion of parental secrets.

Which makes this a terrific place, no, the only place, to keep a pencil.

What is it with children and pencils? I realize toddlers must have a private cache for emergencies when a freshly papered wall might need their touch. As children get older and have a real need for the things, the situation gets tricky. I firmly believe when a child walks in the house with a book bag, the pencils shriek, "Long division!" and run for cover.

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There is never a pencil by the kitchen phone, in the desk, in the junk drawer, on the floor, or between the sofa cushions. There IS one in my jewelry box. If I should happen to get a phone call in the bedroom I just might be able to scrawl a message on the little pad of stickums that recently joined the pencil in these hallowed drawers.

I suspect scissors take the same route to wonderland as the second sock in each pair, except the scissors leave behind a trail of destruction and knee-deep paper scraps. After witnessing the first such disappearing act, I was tempted to say good riddance. Then I had that hem thread that drove me bonkers, the cents-off coupon in the paper (they sure do look at you funny in the commissary if you tear them out freehand), and the UPS package that couldn't be opened with my fingernails. Now I have a pair of scis-

sors in reserve. You will pardon me a quick cackle of superiority.

I guess Scotch tape takes the same route as scissors since they are usually partners in major kiddee messes. Wherever the tape may go, before I got tricky I never could reseal an envelope (the ones where I miss getting the address in the little window), and some of my gift wrapping projects were put together with flour and water paste, duct tape or butterfly strips.

It is a matter of childish honor to hide nail clippers from responsible adults. It takes a more twisted mommy mind to keep these instruments of childish torture hidden until environmental protection demands them.

Band-aids disappear just because they are good for everything, and when you consider how many everthings, hurt and pain division, occur daily among three children it is not too sur-

prising that a boxful does not make it for an entire 24-hour period. We all know a bandaid on a tiny body can cure scrapes, twists, bruises, yawns, not to mention disappointment, hurt feelings, injustice and terminal tears. Once in a while when there is genuine blood, sometimes my own, I am glad I thought to keep a wad of assorted strips . . . guess where.

The source of safety pins at my fingertips and nobody else's occasionally gives me heroine status with my family. Forget the women who are famous for medical advances and political action. My fame will come from fixing a broken strap or a zapped zipper just seconds before school starts.

If only someone could come up with a child-secure container to hide the bicycle tire pump, the HBO guide, the remote control, my mommy music tapes, my English Lavender soap . . .



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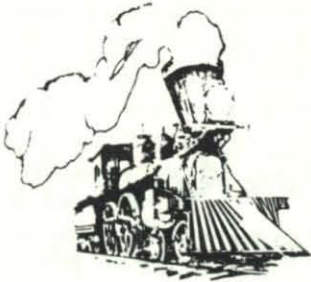


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NAVY BLEU

by Jan Formisano

MICROWAVE COOKING!

The microwave is fast becoming a common appliance in the American home. This method of cooking is unique and takes time to learn. Here are some tried and true recipes for you to try!

Chili-Cheese Dip

- 1/2 lb. Velveeta, cut in cubes
- 1 can (16 oz.) chili, without beans
- Taco chips

In 1 qt. casserole, microwave cheese for 2 min. 30 sec. - 3 min. 30 sec. on medium power or until melted. Stir once or twice. Add chili, stir until blended. Microwave 1 min. 30 sec. - 2 min. 30 sec. on medium or until heated through, stirring once. Serve with taco chips.

Chicken with Cheese Sauce

- 1/2 c. chopped onion
- 2 Tbsp. butter or margarine
- 1 (10 3/4 oz.) can cream of mushroom soup
- 1/2 tsp. parsley
- 1 (2 1/2-3 lb.) broiler-fryer, cut up
- 1 c. sour cream

- 1 c. shredded cheddar cheese
- 2 Tbsp. milk

Combine onion and butter in large glass measuring cup. Cover loosely, microwave on HIGH for 4 min. Stir in chicken soup and parsley. Set aside. Arrange chicken in 2 qt. baking dish. Put meatiest parts to outside of dish. Cover loosely with wax paper. Microwave on HIGH for 10 min. Turn chicken over and rearrange pieces on plate. Pour soup mixture over chicken. Cover and microwave on HIGH for 8-10 minutes. Check if chicken is done. Put chicken on serving platter. Blend sour cream, milk and cheese into sauce. Microwave for 2 min. Stir sauce and pour over chicken. Serve with rice or noodles.

Cheese Stuffed Potatoes

- 4 medium baking potatoes
- 1/4 c. butter
- 1/2 c. milk
- Salt & pepper to taste
- 1 c. grated cheddar
- 1 Tbsp. finely chopped onion

Bake potatoes, cut in 1/2 lengthwise. Scoop out insides. Set shells aside. Combine potato, butter, milk, salt and pepper. Mash until fluffy. Stir in 3/4 c.

cheese and onion. Spoon into potato shells. Sprinkle with remaining 1/4 c. cheese on top. Place stuffed potatoes on serving plate. Microwave 1 1/2 min. - 2 min. on HIGH until cheese melts.

Hot Fudge Sauce

Makes 1 cup

- 1 square unsweetened chocolate
- 1 can (1/3 oz.) evaporated milk
- 3/4 c. sugar
- 1/2 tsp. vanilla

Melt chocolate on HIGH power, 1 - 1 1/2 min. Stir, add milk, slowly beat, stir in sugar, micro 6 - 10 min. until thickened, stir every 2 minutes. Add vanilla. Serve over ice cream or cake.

Hope you enjoy these recipes. Microwave cooking is quite a timesaver, and the food can taste delicious if prepared correctly.

*** Have some ORIGINAL recipes that you could donate to this monthly article? Give them to Jan Formisano, 1341 Spruance Rd. or give her a call at 375-3060. She'd love to share them with the readers of *Classmate*.

Pat puts East & West together . . .



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Observations on Friendship & The Mobile Lifestyle

by Sunny Evans

Friendship is really rather an intriguing subject. Its importance varies from person to person, and there are several levels of friendship, ranging from the surface to the depths of intense emotion.

The mobility of the military lifestyle affects friendship in a number of ways. On one hand, it regularly plucks people out of their familiar environment and plops them into a foreign one. Needless to say, these constant interruptions are not conducive to the continuity of friendship. However, the other side of the coin is that the experience of moving from place to place affords one the opportunity to meet new people with the possibility of creating new friendships. Mobility in lifestyle is certainly not unique to the military. Numerous employers in the civilian sector continually transfer their employees from place to place. Great numbers of people in this country are on the move. Sociologists tell us that loneliness and isolation are on the increase which may be due, in part, to the growing trends towards a transitory lifestyle in this country.

It was not so terribly long ago when people lived and died in the same town. Friendships were formed at an early age and often lasted a lifetime. Family members from several generations lived together or in close proximity, and communities were close-knit. People were not put in the position of needing to make new friendships. They had roots.

Feelings on this subject reveal a mixed bag. To some people, the process of relocating to a new area and settling into a new home is a tremendous upheaval. They find that leaving friends and facing the prospect of finding new ones is emotionally wrenching.

Some simply get tired of making the effort to form new friendships and withdraw completely into themselves and their immediate family. Others simply do not appear to need much in the way of friendship, while another type thrives on change, meeting new people and fostering new friendships.

Friendship can make all the difference in a person's outlook about a geographical area. Many times in conversation, a person refers to what the people were like when rendering an opinion about a past duty station. Whether or not the natives were friendly can mean a great deal. What one's neighbors were like might make all the difference. More than one person has been heard to say, "We lived in the house three years and only knew

one of our neighbors. The others might speak when spoken to, but that was it. I hope we are never sent there again."

Mobility does leave the door open on the possibility for renewing past friendships. Old friends turn up in the strangest places, like the Naval Postgraduate School. It is fun to see people you care about again after a few years. Some of them look a bit heavier. The babies you once knew are now taking gymnastics, playing soccer, and babysitting. Friends who were career women are now mothers at home, and new mothers you once knew are now pursuing interesting careers. Some old friends have new wives and others have new husbands, which can give friendship an interesting twist.

In conclusion, the optimists would probably say variety is the spice of life, home is where you hang your hat, and take life by the horns. The pessimists might counter with why bother, there's no place like home, and don't trouble trouble until trouble troubles you!

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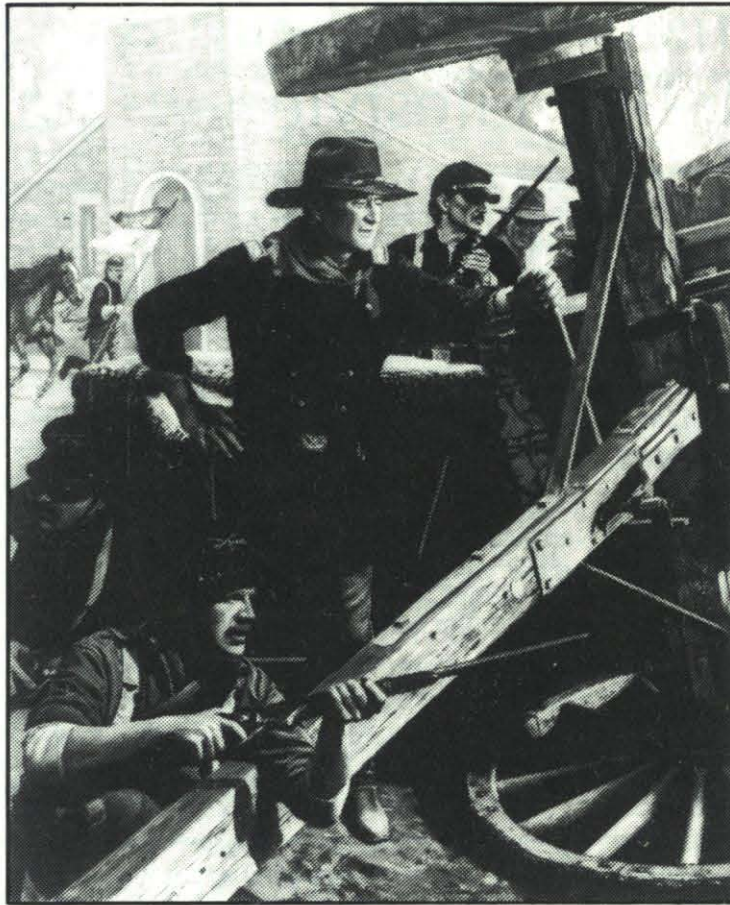


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THE WAIT AT VICKSBURG by Don Stivers 23" w x 29" h

Meet the Wayne Family as they sign your limited edition print of "The Wait at Vicksburg".



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Join the Wayne Family at GWS Galleries in a reception honoring John Wayne, with highlights from his great films, Wayne memorabilia, and our limited edition print of "The Wait at Vicksburg", Don Stivers' masterful portrayal of an epic scene from the film classic, "The Horse Soldiers".

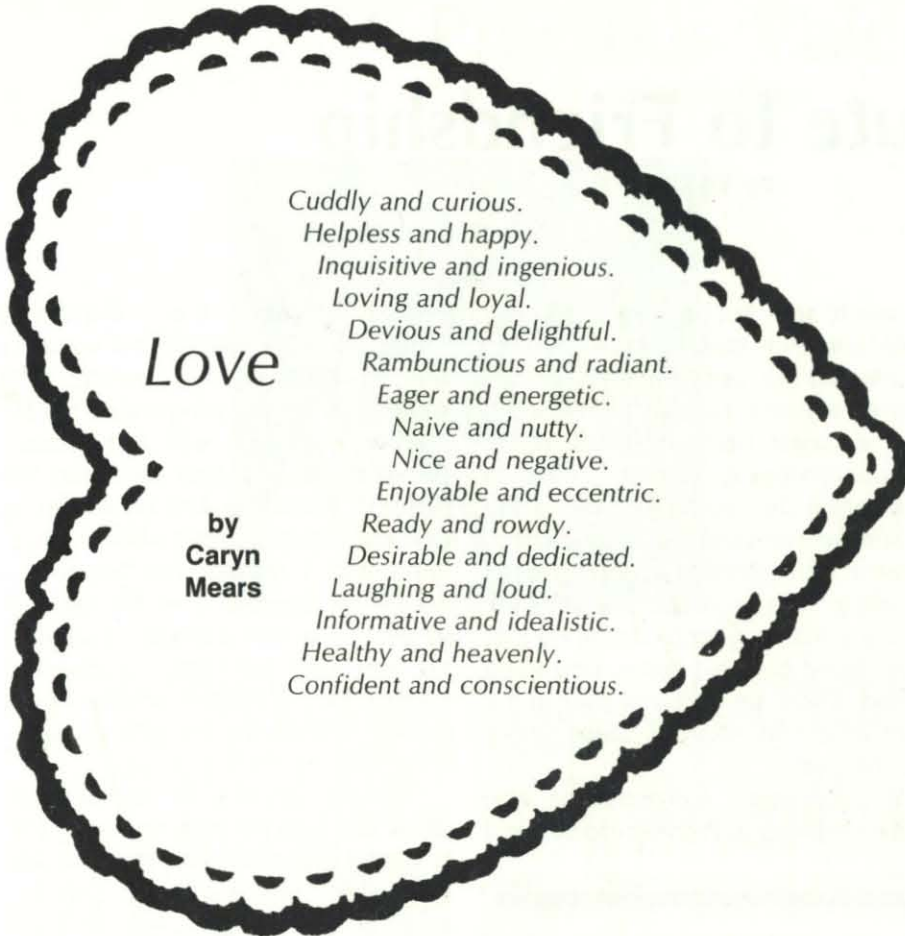
Your limited edition print of "The Wait at Vicksburg" will bear the embossed seal of the Wayne Family, who will sign the print at our reception. A portion of the purchase price of every print will be donated by The Greenwich Workshop (the only limited edition print publisher authorized to publish images of John Wayne) to the John Wayne Cancer Clinic.

SATURDAY, FEBRUARY 15, NOON-6 PM

GWS Galleries

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GWS Galleries in Southport, Connecticut and Carmel, California © 1986 The Greenwich Workshop, Inc.





Tied Down With Love

by **Caryn Mears**

A noose around our necks,
to remind us of their needs,
A lasso tied about our lives,
to guide them where God leads.
A hoop encircling our hearts,
to help them learn to love.
Children intertwine our lives,
sent from God above.

The noose is never ending,
A constant nagging dirge.
The lasso made of longing,
to explore all is their urge.
The hoop, it has its ups and downs,
difficult to hold.
But life tied down with children
is a bond more precious than gold.

Valentine's Day

by **Meredith Glover**
(Age 8)

It is Valentine's Day!
It is a fun day!
It is a day to be cheerful!
It is a day to give cards to loved ones!
It is a day to love!
I love Valentine's Day!
It is wonderful!

February

February's important,
Important as can be.
'Cuz February's the birthday month
Of Washington, Lincoln, and me!
And if someday I'm famous,
Wouldn't that be fine?
We'd have three birthday holidays –
Washington's, Lincoln's and mine!
– Anonymous



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A Salute to Friendship

by Su Cox

"Make new friends but keep the old, one is silver and the other gold!" I learned this song in elementary school many years ago. Becoming a Navy wife certainly brings it to mind. I find myself humming the tune when I sit down to write letters to old friends about new found friends.

The trio of special friends that I've come to know here in Monterey are unique. However, they share a common bond of concern for health and exercise which brought us all together. After initial introductions it was easy to remember their names, they all started with the letter "J".

First there was *Jayne*, she and I

vowed to seek out new horizons, navigate unknown streets, know the city inside and out, and find plenty of bargains. I was not proficient at map reading so *Jayne* bravely led us to Del Monte Shopping Center. (What a navigator!) Our first bargain was a pair of sneakers on sale! We also kept each other in high spirits while waiting to get housing. We scouted around the empty units, frequently declaring that we'd found our next home, only to be fooled! Then, we ventured over to the gym to join an exercise class where we met *Judy*.

In subsequent conversations with *Judy*, I expressed the desire to become

involved with the *Classmate* magazine. *Judy* learned the specifics and led me to my first meeting. With red pen in hand, I progressed toward my first challenge with a magazine. (What a leader!) *Judy* extended her token of friendship further, delivering delicious banana bread when my husband and I moved into housing. I voiced my concern over the price of curtains, and *Judy* advised me to make my own. With her help, I produced a valance for my kitchen window, and I gained confidence to attempt additional curtains for the house.

I noticed *Janice* at the next exercise class. She was the most energetic participant. Long after everyone else was exhausted, *Janice* was still bopping, hopping, and swinging her arms. To this day, she is an inspiration when I work out! Over a trip to the "Farmer's Market," I discovered that *Janice's* vibrant energy expands into the realms of creativity. She's active in both sewing and painting projects and sells these projects at craft bazaars. (How enterprising!)

The four of us have enlarged our circle of friends and sought other individual interests as time has passed, but we remain in constant touch. *Jayne* has learned to sail and is teaching horseback riding. *Judy* has become the editor of *The Classmate*, and I proudly serve as her assistant. *Janice* still hops, bops, and swings those arms and currently studies to become an aerobic instructor. I'd attend her class any day, provided I was in pretty good shape first!

Friends are absolutely essential to me for I am helplessly a follower. They give that nudge (be it gentle, be it insistent, be it subtle, be it persistent) to become "involved."

A special salute and thanks *Jayne*, *Judy*, and *Janice* for your friendship!

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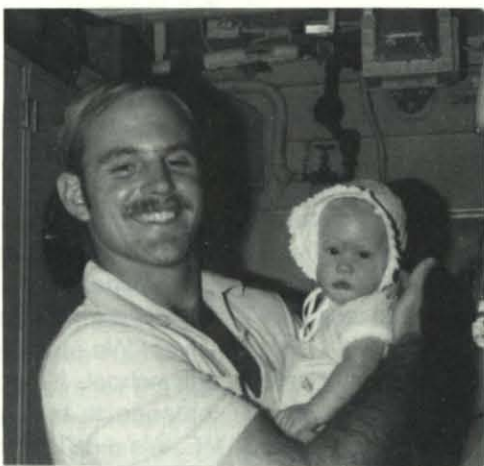
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A Precious Valentine

by Caryn Mears



It was a cold, rainy day in San Diego. The gray clouds reflected their gloomy shadows on the dull, ocean water. Everything portrayed an atmosphere of sadness on the Naval Station as we drove through the back gate.

This was to be a day of festivities, but the carnival environment seemed to be hidden by the dismal weather and gloomy surroundings. This was the day our ship was to come in. Bands should be playing, banners should be waving. Today we would see our loved ones return from their six month deployment in the western Pacific Ocean.

This was also February 14, Valentine's Day. It seemed appropriate that the USS Juneau (LPD-10) would return on this special day. After the Bo Derek movie, "10", we'd affectionately named the Juneau "The Perfect 10." Valentine's Day was the perfect day to show our loved ones how much we cared.

We had worked hours making special greetings for the special crew of the Juneau. Prior to her stop in Hawaii, we made a giant "Hershey Kiss," filled it with the real thing and sent it over to greet the Juneau for her long transit to the San Diego harbor.

Next we made signs; large, bed sheet-sized signs; to fit on the pylons of San Diego's Coronado Bridge. (Hallmark would have been impressed.) Spending hours together

working on the signs helped the wives pass the time till our anxiously awaited Valentine's Day reunion.

The most elaborate project was a challenge. Many ships returning to the San Diego Naval Station receive a gigantic Hawaiian-type lei, consisting of multi-colored plastic bags folded, fanned and strung together. Our lei was to be special. The Juneau's lei was made of real carnations in the usual Valentine colors of red and white. All fifty feet of it portrayed a labor of love.

But now the day had finally arrived and it seemed as if the weather was going to stifle the gaiety of it all. Cautiously we left the steamed up car, fanned our umbrellas and straddled the puddles down the pier. A mood seemed to hang over us like the doom of the impending thunderstorm.

Slowly, the crowd grew in size. The band appeared and struck up a tune. The multi-colored umbrellas and rain coats seemed to add a bit of festivity to the drabness of the day. Within a short time the crowd seemed to have transformed, ignoring the weather, letting the excitement of the day overtake them.

Then magically, the big gray "10" became visible through the haze. People cheered, cried and shouted as the moment seemed close enough to believe. The ship was finally coming home and

our families would be together.

No one word can describe the feeling one has inside at this moment. Excitement could generate enough electricity to run the city. Hearts are pounding with pride for the task completed. Anxiety fills the air, as each ponders the upcoming adjustments. Millions of tears race across smiling faces, displaying the many mixtures of emotions.

Sadness is there, too, remembering precious moments gone unshared. But as I walk onboard with our tiny newborn baby in my arms, my happiness beamed through my tears. Greeting us at the brow, the new daddy's pride transforms the dull sky. The weather couldn't dampen our spirits, for this was a reunion to be remembered forever. Love poured forth as our small family embraced. Together we were sharing the most important Valentine of all.

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A Storybook Love

by Debbie Schlechte

This is a Cinderella story. Some days I still pinch myself because I can't believe I was so blessed.

Stantonsburg, NC is a very small town (pop. 800). I grew up on a tobacco and cotton farm three miles from there. My daddy farmed on thirds. That meant profits after harvest were split three ways with two other farmers. The labor costs were all my dad's responsibility. My brothers (Norwood and Albert), Mama and I were cheap labor. We worked before and after school and all day on Saturdays. You can imagine what I looked like going to school everyday.

The junior high years were especially hard because my dad's cotton crop had to be plowed under three years in a row. The boll weevils had gotten to it and there was no rain. My daddy was too proud to take help from anyone so I wore my mom's old dresses to school. The toughest thing I did every week wasn't carrying 100 lb. fertilizer or feed bags, it was going to school to face the torture of my classmates. It's hard to be a poor kid

but it's especially hard when you have strong convictions to the church. I was asked to sing in the adult choir when I was in sixth grade and that was very "square" in the late sixties.

The only thing that saved me were my grades in school. I didn't have time to study at home but I made the most of my time at school. My classmates never did. They were too busy playing practical jokes or other juvenile stuff. My only friends were my two brothers, my cats and my granddaddy. Granddaddy, a graduate of Carolina, was so smart. He gave me a dollar every six weeks for my straight A's and he took my brothers and I out on Sunday afternoons for an orange soda. That was a big treat! Granddaddy always encouraged me to do my best. He told me that being dependable and giving your word of honor, and keeping it, were more important than being in "the" social group or wearing new clothes. His words of wisdom paid off because once I got in high school I was placed in all the college prep classes. Only nine of us were chosen so it was quite

an accomplishment. I met two friends who had gone to another school. They didn't mind my clothes and were involved with church activities themselves. We stuck together all through high school. It was wonderful having someone to talk to that liked me for ME. We didn't get into the drug scene like everyone else or go out drinking after the Friday night ballgames. That was OK because we graduated one, two and three in our high school class of 1974.

College was a dream come true for me. UNC-Greensboro was so big (20,000 students) and there were so many things to do. I decided from the first day I was at UNC-Greensboro that I wanted to be a part of the university activities. I bought a copy of *Emily Post* and LEARNED it. I joined every organization I could. If there were elections for something, I put in a résumé and was interviewed by selection committees. You name it, I did it.

By my senior year I was Senior Class President, a member of Golden Chain (a service and leadership oriented Phi Beta Kappa), Chairman of five organizations and I was also voted one of the top twenty seniors. My biggest accomplishment was being named MISS UNC-GREENSBORO. Imagine, me, Miss UNCG. I couldn't believe it. It was a great thrill having my picture in the papers and having so many people place that kind of confidence in me. Since Chancellor Ferguson's wife was ill with cancer, I was asked to accompany him to the social functions, fund-raisers, luncheons, etc.

In April, I was selected to be one of the ten members of the Queen's Court for the 1978 Azalea Festival in Wilmington, North Carolina. I was so excited. Mom called me to come home

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....FOCUS....FOCUS....FOCUS....

on my way to Wilmington to get a few clothes she had made for me. I just sobbed when I saw them. She had made a fourteen outfit wardrobe that was just beautiful. Daddy had bought shoes and purses to match. I felt like Cinderella. I was the talk of the town. Me, the poor little farm girl from Stan-
 tonsburg was a queen for the Azalea Festival.

Once I got to Wilmington, the Azalea Festival Committee greeted me like royalty when I pulled up in front of the Hilton! (I'd never been to Wilmington or stayed in a motel.) We had a city bus to take us everywhere for the four days. We had banquets and luncheons to attend and every wish within reason was at our command. Once all the Queen's Court arrived we had a meeting with the chaperons. They gave us our information packets and the specific times we had to be ready and the dress code expected. We were given matching gowns to wear for the Queen's Coronation, The Coronation Ball, and the Azalea Parade. We (the girls) went back to our rooms and began sorting through our packets. Kris (Miss Lenior-Rhyne) started shouting, "Look at our escorts." We all ran out in the hall and stared at the newspaper she had in her hands. Our ten pictures were on one page and on the other page were the pictures of our escorts. When I spotted Gene L. Schlechte, escort for Miss Whitley, my heart stopped. He was cute, but I had to introduce him on *The Jim Burns Show* to the mayor of Wilmington the next morning! I ran to my chaperon's room and asked, "How do I pronounce, S-c-h-l-e-c-h-t-e?" They looked at me and said, "Good luck." I didn't sleep a wink that night. I had all kinds of silly nightmares about making an idiot of myself introducing my escort.

The next morning we met in our chaperon's room at 9:00. Our escorts had arrived from the Coast Guard Academy at 8:30 a.m. and were putting on their uniforms to come meet us before the Queen's arrival. Nancy Addison, from *Ryan's Hope*, was the queen. I was sitting down talking with

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Storybook Love, cont. from pg. 23

the chaperons, pretending not to be nervous, when they came in. Everyone paired up except me. Then Gene L. Schlechte bent over and said, "Excuse me, you must be Debbie. Hi, I'm Gene Schlechte, your escort." You could have knocked me over with a feather! His handsome 6'2" frame was so impressive in that uniform. The gloves, the sword, all the brass buttons, those brown eyes, that shy smile, that gorgeous body . . . this was Prince Charming.

The ride over to the TV station was so short. I must have asked Gene 1,000 times how to pronounce SCHLECHTE. The TV interview went great and so did the whole day. It was obvious after spending all day together that there was something special going on. At the "get to know you" dinner-dance, I found out that these cadets had been selected to come down as escorts by their academic standing. He wasn't just cute, he was smart, too.

Our next functions were the Coin

and Art Shows. It was very crowded with all the people lined up to get a glimpse of us. The chaperons decided not to go through all of it. Gene and I went back to the bus with them to wait for the others. The guys had left their hats in the bus so I thought I would try Gene's on. When everyone came back to the bus the guys started laughing. I looked at Gene and his face was red. I asked him what was wrong and he shyly told me that if a girl put on a cadet's hat it meant that she owed him a kiss. My face turned red! When we got back to the hotel and were in the elevator going up to our rooms, Gene leaned over and kissed me. I nearly fainted. He was too shy to have done that. Everyone in the elevator couldn't believe it either. By the next morning, I'd decided that Gene Schlechte would be the man I would marry.

The rest of the weekend was just as you would imagine, a fairy-tale. The parties, the appearances, the parade,

and The Ball were all very impressive. I was so sad to see the guys leave, especially Gene. Cleon, one of the escorts, assured me that Gene would write me and ask me to come to his graduation.

Gene did invite me to his graduation. The rest is history. It was a fairy-tale romance and a storybook love. Imagine, me . . . a Cinderella. □

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Love Letter To My Mommy

Dear Bestest Mommy,

Happy Valentine's Day! Today I went straight to the bathroom and brushed my teeth and didn't wait until after "Voltron" at 3:30. After that, I put on my green corduroys (the ones you like me to wear to school) instead of my jeans with the holes in the knees I like to stick my finger through. At breakfast, I let Katelyn look at the front of the cereal box with the Tony the Tiger looking at her instead of me. I hate to look at the back.

At nursery school I let Billy be first in the snack line. That's *first* in the SNACK line, Mommy! Nobody gets to be first in the snack line but me!

When I came home I didn't spill the sand out of my shoes on the living room rug. I spilled it outside. And you didn't have to tell me.

After Katelyn dumped the books all over my room and made a big mess, I helped pick them up. And I hate picking up . . . especially her messes. I wanted to call her "stinky sock mouth" but I zippered up my lips and just put my eyebrows down at her like Daddy does when he's angry. That was hard.

At choir practice Christopher and Elizabeth were scrunching me. My elbows wanted to poke them. My mouth wanted to yell at them. But you know what I did? Huh, you wanna know? Well, I asked them with my bestest voice, "Pleeeeeease, move over so I'm not scrunched."

So now here I am! In my jammies with the feet in them ready for night-night. Oh, I almost forgot. Thank you, Jesus, for helping me today. I couldn't have done it without you. And thanks for giving me my mommy. I love her. And would you help me again next Valentine's Day?

P.S. And thanks, Daddy, for writing this for me. I love you too.

My best biggest bear hug,


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Peanut Butter Passion, Ragtag Romance

by Ann Malokas

Into each love life some Februaries must fall.

The Februaries we are talking about are a state of mind, not a time of year: the blahs, the ho hums, your basic inertia.

Because this condition often appears in the month of the year that has given this syndrome its name, we romantics on the prowl for – what else – ROMANCE, tend to seek it in paper hearts and pounds of chocolate, aided and abetted by Barbara Cartland fiction and TV soaps.

Talk about an elusive quarry!

We read of castles in Spain, only to be jolted out of our reverie by dripping plumbing.

We see Linda Evans come to breakfast in silk and fur while we're huddled in our worn (but ever so cozy) housecoat, redolent of eau de bacon.

We dream of candlelight dinners but are afraid the fast food wrappers would be a real fire hazard.

Is there any way out of our trap? No, thank goodness!

That silk I mentioned. It would be ghastly to get out the peanut butter stains, but I certainly wouldn't pass up the smeary hugs that go with them.

Come to think of it, I understand castles have awful plumbing too . . . if any. It surely would take the fancy out of the orgy to have water seeping on the grapes.

My knight hasn't slain a dragon recently, but he has saved my life at least a dozen times in recent weeks, whether he has taken on the squabbling children, the overflowing garbage can or the unfolded laundry.

Valentines and candy? I'll take them, believe me. But more important are the little gifts that show he knows me, he supports me, he likes me – and these trinkets, whether gift wrapped or presented as an understanding word or a nod of encouragement, come daily, not just once or twice a year.

As for shining armor, guess who would probably get to polish the thing.

Give me perma-press any day!

Ever notice the place children have in romantic fantasies, either our own or a paperback edition? Nowhere. Possibly tucked away in the nursery with a governess. Sounds nice at times, I'll have to admit, but I think the quiet would get to me very quickly.

And the boredom. The happy, hectic muddle at our house is love in its most dynamic fashion – yelled, hooted, howled, always ours for the taking – and we can all get mighty grabby.

Would the faithful retainer of fairy tales break me up with laughter like my older son, be my most faithful cheerleader like my second son or be my partner in feminine wiles like my little girl? Not even my wild imagination could picture this.

When the Februaries get to me this year – either the month or the emotions – I'm going to try to remember that my own brand of romance often creeps in on tennis-shoed feet.

And I will serve the tacos with candlelight to celebrate our riches.

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Love – Friendship – Cooperation *The La Mesa Baby Sitting Co-Op*

by **Bonnie Hoffman**

The La Mesa Babysitting Co-Op would not and could not exist without love, friendship and cooperation. Cooperation is the cornerstone that the Co-Op is built on. Not only the cooperation between members, but also between entire families.

Love is what it's all about. Finally we are in the same continent with our husbands and have time to share together. My husband and I want to do things as a family, but it sure is nice to venture out to share a quiet time together. We always had worries when we left the children with babysitters, not to mention the cost! When we discovered the babysitting Co-Op we were freed of

worry and at a cost that couldn't be beat!

We have established new friends as a result of babysitting exchanges with many other families. We found that we exchange more than just babysitting time with Co-Op sitters. We always got the hot tip on where to go eat or what was going on in and about town. We never worry when we are out because we know that another "Mom" is caring for our children.

The cooperation and flexibility of the Co-Op really makes life much easier on the wives. Daytime Co-Op sitting makes a trip to the store or lunch with

the girls an easily arranged reality. Night babysitting requires dad to cooperate by filling mom's shoes while mom is sitting for another family. Then there is always that invitation to something that you really don't want to miss. With the Co-Op you don't have to worry about finding a sitter. With about 120 La Mesa families actively involved with the Co-Op, getting a good sitter is not a difficult task.

If you live in La Mesa Village and are interested in exchanging babysitting and ideas with other La Mesa families, call Bonnie Hoffman at 646-8754, from 9 a.m.-9 p.m. and I will introduce you to the babysitting Co-Op.

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The Liberated Woman and Marriage

by Kathie Knight

A truly liberated woman is manipulative enough to be able to let her husband think he is "in control" and yet secure enough to know who really is. A successful marriage is very hard work. It's a 75-25 proposition, for both partners. The key as I see it is honest communication. Bottom line . . . that's it. Nothing more, pretty simple. Try it. You'll love it. Obviously it is not easy to do or more people would. You should respect each other as individuals and never take your relationship for granted. Always remember, husbands and wives, there is always someone

willing to give the attention that you are not. Always remember to take time for each other. The career, children, committee chairmanships will all soon be gone and, before you know it, there will be just the two of you. Don't wake up to a stranger. This may sound very remote to most of you in the early years of your marriage, but take a real good look around you. Count the number of people you know that have weathered all of life's ups and downs. How many are still friends, how many even know each other, and how many are as happy as the day they married?

Our own Senior Flight Surgeon, Dr. Dully gives a wonderful talk, "Sex and the Naval Aviator." I've heard him give this several times. Many wives and husbands take exception to what Dr. Dully has to say. The simplistic picture he paints of our perfect husbands and the stereotypes he makes of the wife are much like the Stepford wives. However, he knows the formula. Dr. Dully will speak to the Naval Postgraduate School soon. Go and listen. Really listen. Communication is the big picture.

I've known many, many wives during our tour in the Navy who after 12-18-20

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years of marriage, whose husband is just taking or finishing command and making Captain (USN), when, suddenly, the marriage is over. Do you know why? I'm going to presume to know. In each case, in talking to these women and often observing the husband in his work environment, which was my privilege to do as a civilian secretary in a fleet training squadron, these two people forgot each other for those years. He was preparing for Command (being "Sierra Hotel" as they say) and he was gone 80% of their married years. She involved herself in career, children, and every organization that came along. She never told him that she hated the moving and the separation and that she wanted her own home. She did all this because she thought it was her place, and it was expected of her. He never told her he felt the same way. He really doesn't want to leave her or miss seeing his children growing up. Only a few will admit to it. Those few are a "cut above" the man Dr. Dully speaks of. Thank God I have one of those.

Back to the successfully married liberated woman. Be enough of your own person to make your life what you expect. You are worth it. Settle for nothing less than the best. There is no need for, "A Second Time Around." Make the first last. Not to knock second timers, but we learned the hard way. It is all worth it if you can take time to smell the roses along the way together, make the best of the separations, and go visit on a cruise. Money is not the issue because you can't afford *not* to.

If you were in love enough to make a commitment, work for it and you'll be glad you did.

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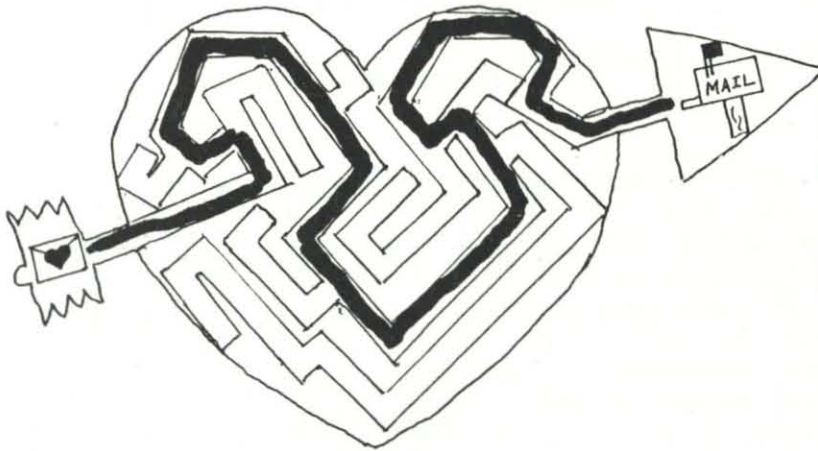


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The Playful Parenting Center is in Building 1501 at the corner of 2nd Avenue and 3rd Street across from Toyland and the tennis courts. Phone 899-7777 for information.

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There is a one-time registration fee: \$10 for E-6 and above, \$7 for E-5 and below. A copy of the Playful Parenting book is received by the enrollee at registration.

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Thar She Blows!

by Barby Blackburn

It's been long weeks and many study hours since Christmas break. For just a little while, close those books, turn off the PC, relax, breathe the fresh sea air, and observe some of the most magnificent and awesome of the earth's creatures.

From now until the end of February, you can watch the gray whales as they pass the Monterey Peninsula on their way south. They stay in the warm waters off Baja, California to mate and give birth before returning northward to the Arctic Ocean.

The gray whale is a mammal, about 50 feet long, having two blowholes in the top of its head. The female is a gentle, protective mother. She raises

her calf near the shore in sheltered bays. Unfortunately, this habit has also made her an easy target for whale hunters.

Gray whales are listed among other endangered species. Years ago, when Monterey was a whaling station, piles of whalebone littered the beaches, and fences made of whalebone were not an uncommon sight. There is a place in Monterey today where you can still see a whalebone sidewalk.

The best whale watching can be done from a Fisherman's Wharf sight-seeing boat. The folks at Sam's Fishing Fleet are friendly, knowledgeable, and happy to answer your questions.

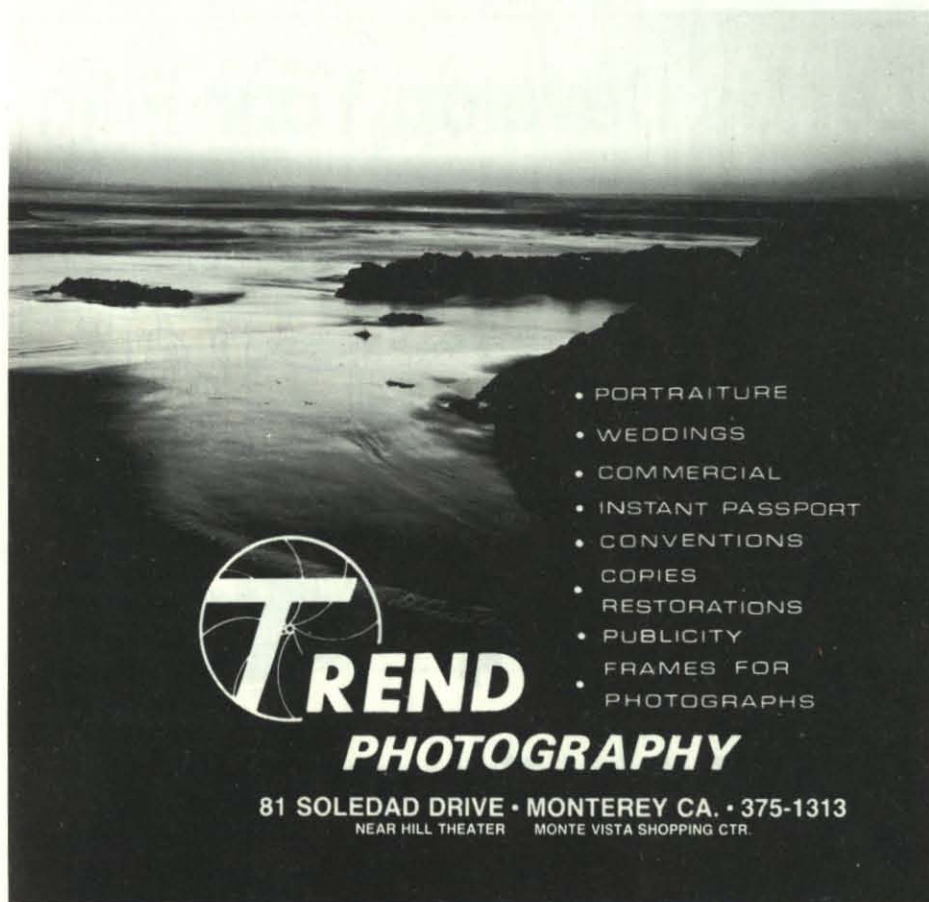
It can be quite chilly out on the bay,

so dress warmly! You may feel foolish bringing a warm hat and parka, but you'll be glad you did. If you are uncertain about becoming seasick, take Dramamine about 1 hour before departing. It's probably wise to leave a baby or small child with a babysitter or friend.

Bring some snacks or a lunch (our friends brought a cooler with sandwiches, sodas, and beer). The salty sea air whets your appetite, and the seagulls will be happy to eat any leftovers.

Load your camera and bring it along – the whales aren't the only "photo opportunities" you'll encounter – sea otters, seals, California sea lions, and pelicans can be observed, as well as some great views of the coastline.

Take advantage of one of this area's unique and exciting opportunities – go whale watching!



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The Need Continues

by Sunny Evans

Many thanks to those who responded to my article in the December issue of *The Classmate* requesting donations of food, jackets, blankets, and toys for the Mexican farm laborers and their families in the Salinas Valley. Numerous men, women and children benefitted from your kind and generous contributions. The desperate need continues among these people and will throughout the year. There are still many who have nothing more than their shirtsleeves for warmth, there are children who lack for shoes, clothing, and a blanket to keep them warm through the night, and there are individuals who are hungry. These people are not citizens of our country, and the various forms of assistance available

to our own needy citizens are not available to them. Organizations like Goodwill, which have served and aided the needy most admirably, are out of reach to the farm laborers. Goodwill stores sell their items. Even their modest prices are beyond the means of most of these people.

Nancy Costello, the selfless individual who has committed her life to helping these unfortunate people, is in continual need of food, clothing, shoes, blankets, small appliances, beds, and just about anything that is useful and in good working condition. I will continue to accept your donations on behalf of Mrs. Costello throughout the year and will be making regular deliveries of those items to her.

It has been my experience that military people are a giving and caring group of people, unique in that their eyes have been opened to what the rest of the world is like. They see all kinds of people and environments. They experience and learn about different attitudes and prejudices, and they know that people in need are everywhere. Military people can feel a part of each community they live in when they take the time to contribute in some way to those less fortunate than themselves. Often times, we get tired of being asked to give, or we become disillusioned when we hear of an organization using funds improperly and wasting our money. You may rest assured that any item you donate to the Mexican farm laborers will be delivered to the Salinas Valley and handed directly to a needy individual.

Through the coming months, please feel free to call me with regard to any donations you may have. My number is 646-8287.



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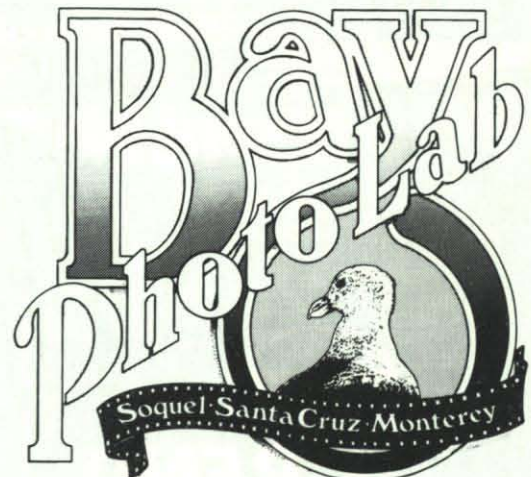
SUNDAY

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11:00 a.m. – Divine Worship
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