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the classmate

Officer Students' Wives' Club

Vol. 5, No. 1 January 1991

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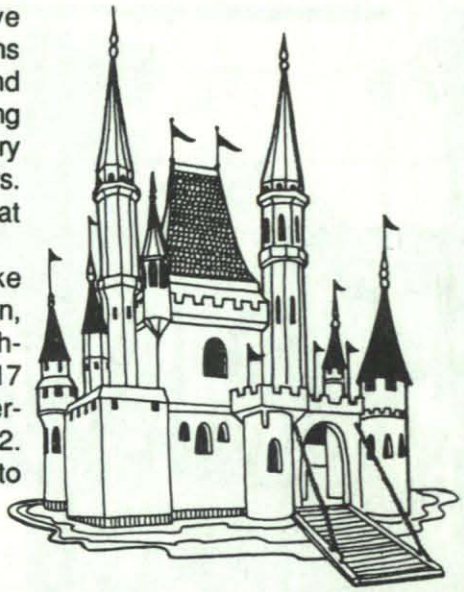
THE WELCOME ABOARD - NEW COMER'S EVENING HAS BEEN RESCHEDULED.. .TO FEBRUARY 21, 1991

The Officer Students Wives Club (OSWC), extends a special invitation to all new Naval Postgraduate School (NPS) students and their spouses to attend the Welcome Aboard - New Comer's Evening. This unique evening has been rescheduled for THURSDAY, FEBRUARY 21, 1991, at 7:30 p.m. in the Barbara McNitt Ballroom of Herrmann Hall.

The feature presentation of the evening will be "CRAMALOT"—a musical comedy performed by fellow students and spouses giving an entertaining look into family and student life at NPS. Mrs. Deryl Hess, the choir director at the NPS Protestant Chapel will direct the musical production.

Additionally, there will be speakers, refreshments, door prizes and displays by NPS and community organizations offering information on activities, services, and volunteer opportunities in the area. Child care will be provided free of charge through the Child Care Center on a first come-first serve basis. Reservations are required and must be made during the week of February 11-15, by calling Mrs. Mull (646-2734) at the Center.



If you would like further information, contact Susie Thompson at 372-8617 or Barbara Comerford at 375-9602. We look forward to seeing you at New Comer's Evening!

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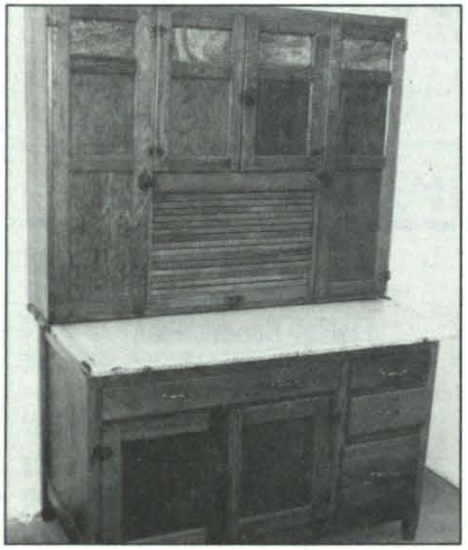

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COVER PHOTO: The Hershede Clock was built in 1926 for the Hotel Del Monte. Photo Beth Hedges.

the classmate

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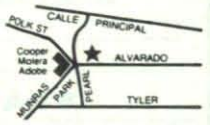

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Editor's Note

by Leigh Gardener

Since January is often looked forward to with eagerness and anticipation, it is appropriate that I begin here as the new editor of the Classmate. After writing silly humor for more than a year, t was decided that I should get a real job. As they say in "the fleet," another opportunity to excel; although, I AM truly grateful for this opportunity.

The Classmate has such tremendous talent. I only wish I had never had to lose anyone to graduation. Even with the constant changes and quarterly rotations, we continue to put together a magazine designed specifically for the military families of the Naval Postgraduate School.

This month, I begin by recognizing Beth Hedges who photographed the cover. When we decided to feature the beautiful antique Herschede clock that stands in Herrmann Hall, Beth did not know what she was getting into. She spent daytime as well as nighttime hours photographing the clock, never getting results that statisfied her. Fortunately, Mrs. West, upon hearing of Beth's plight, invited us into her home where a second, identical clock is on display! Many thanks to Admiral and Mrs. West for graciously allowing us into their quarters, and also to Beth Hedges for her professional spirit and dedication.

Hungry? Jennie Culpepper tells us where to dine as she sorts through the results of our "Best of Monterey" restaurant survey. This is a helpful guide for new places to try on those special nights out.

A new regular feature we begin this month is our column on International Families. Regina Galvin does a terrific job in creating a better understanding between our different cultures. Regina will highlight a different international family each month.

And finally, my heartfelt thanks to our outgoing editor, Susan Romanelli. We have had so many adventures working together on the magazine, that we quickly named ourselves Lucy and Ethel. I will earnestly try to fill her shoes as I begin as editor of the Classmate. She has left a great example to follow.

All of that said, may I sincerely wish you and your families a healthy and prosperous New Year.

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President's Message

by Gingerlee Ingles-Young

Anew year has dawned and I hope everyone had a wonderful Holiday Break. January is off and running! For 1991 the first item is the Executive Board Elections. These elections will be held on February 4th in the La Novia Room or by Absentee ballot. At this months meeting you will be able to meet the ladies who are running for a position on the Executive Board. To better assist you in your decision, here is a brief synposis of what each Executive Board member does: **President**: Must have held and followed through with at least one Governing Board position for a term of six months. She presides over all meetings, acts as a liaison to the Command, writes articles for each Classmate issue, plans the agendas and talks on the phone a lot. **First Vice President**: is our social butterfly. She plans all our programs, orders our refreshments and handles our raffles at our monthly meetings. She also stays informed so that if need be she can step in for the President. **Second Vice President**: Her main job is to preside over the Curriculum Representatives. This is a very important job as she is the liaison between the club and the CR's in getting vital information out to the students and their spouses. She also arranges the Section Liaison Receptions and keeps track of all our new babies. **Recording Secretary:** Usually has writer's cramp from recording the minutes at the Executive, Governing and special meetings. She is also chairman of the Allocations Committee. **Corresponding Secretary**: " Queen of the Copy Machine" as Michelle Mazanec calls her job! She is responsible for all the flyers, newsletters and any other pieces of information that the OSWC produces. She makes an average of 10,000 copies a month. She orders all OSWC supplies and maintains the supply closet. **Treasurer**: She maintains our checking account and keeps all financial records. She prepares the budget at the beginning of each term and pays the bills. She also prepares a monthly statement.

If you still need more information, contact one of the current Executive Board members. They would love to fill you in on their job. If you aren't interested in an Executive Board position, we still have a number of Governing Board positions open or maybe just some committee work. Whatever your fancy give somebody a call!

Now that you have something to think about for the month of January, I'd like to Thank those ladies who worked so hard last December. To Mary Frances Toy and all those ladies who either baked or assisted her in making this Christmas Bake Sale so successful for the club. Thank you so much to Darlene Shipley and Kathy Hennelly for a great Bargain Fair. To Andy Earle and Laurie Wheelock for making sure that Santa got to every house on their list. Thank you Paula Palmore and those Ladies and Gents who assisted her in representing the OSWC and NPS in this years Christmas in the Adobes. You all did a wonderful job!

Some upcoming events to look forward to: **Elections** - February 4 in the La Novia Room 7:30 p.m. **Valentine's Day Bake Sale** - February 14 in Herrmann Hall **Cramalot** - February 21 in Herrmann Hall with information booths on the Quarterdeck 7:30 p.m.

OSWC MEMBERSHIP

The OSWC is the Officers Students' Wives' Club of the Naval Postgraduate School for the spouses of all students. In addition to sponsoring monthly activities such as luncheons, OSWC also sponsors the Art Auction, Adobe Tour, International Students' Wives Tea and many other Holiday events. Dues collected entitle you to member discounts as well as monthly *Pink Flyers* and the OSWC Directory. To obtain membership, fill out the form below and send it with a check made out to OSWC to:Michelle Mikatarium, 1517 SMC, Phone 443-9625. Dues: $2 per quarter, minimum 4 quarters for new members/renewals (or remainder of duty stay). Membership is free to all International spouses.

SMC # _____ New Member_____ Renewal_____ Active _____ Associate _____

Last Name _____ First _____ Phone # _____

Spouse's Name _____ Rank _____ Service _____

Curriculum _____ Graduation Date (month/year) _____

Address _____ City _____ Zip Code _____

Length of Membership _____ Amount Enclosed $ _____

Are you interested in committee work? YES _____ NO _____ Volunteer? YES _____ NO _____

Would you like to participate in our club administration? YES _____ NO _____

Would you be interested in baking for the OSWC bake sales? YES_____ NO_____

Do you wish to have your Name, Spouse's Name and Service, Address and Telephone Number in the OSWC Directory? (members only) YES _____ NO _____

Would you like a copy of the OSWC By-Laws? YES _____ NO _____

Advisor's Note

After a year as Advisor to the CLASSMATE I would like to comment on your magazine and its editors and staff. There are very few areas with a publications like this. Susan Romanelli has put in many volunteer hours in order to publish a quality magazine for OSWC. She has definitely served above and beyond the duties of a CLASSMATE editor. Her successor, Leigh Gardener, is capable and eager to continue the fine quality. She can use your help. If you are at all interested in writing, photography, illustration, distribution, layout, or if you have any ideas on articles or features that you would like to see included in future issues say so! Monthly participation is not a requirement; one time submissions are always welcome. Call Leigh and add to our resources. You do not need experience.

At the very least give these hard working volunteers your support and occasional compliment for the wonderful job they do. They enjoy putting the magazine together but an encouraging word is always welcome. Month after month these ladies have continued to turn out a marvelous product and I consider myself fortunate to have been associated with such a talented group of women over the past year.

Valerie Jensen

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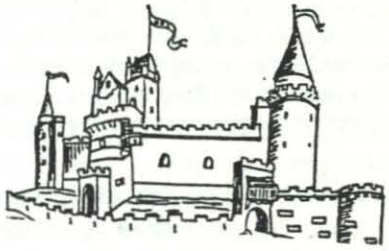
Santa Claus Came to Town

Santa Claus came to town; well, to La Mesa that is, for a visit last month. During his short stay he was able to entertain 180 families and approximately 400 children.

Santa wishes to thank his many helpers including Andy Earle and Laurie Wheelock for making sure he was in the right place at the right time; and the many volunteers who assisted in making his trip a success.

A special thanks also goes to the following local establishments for making donations to help thank Santa's volunteers. These include: Marie Callenders, Del Monte Express, The Tinnery, Gianni's Pizza, Los Hermanos, O'Kane's Pub, Officer's Club at NPS; all in Monterey; Hog's Breath Saloon and Mission Ranch in Carmel.



"CRAMALOT" GETS A NEW DAY!! YOU CAN BE PART OF THE SHOW!!

The Officer Students Wives Club (OSWC) will host a Welcome Aboard - New Comer's Evening on **FEBRUARY 21, 1991**. This is a change in date from January 17. The musical comedy "Cramalot" will be presented by students and spouses. Mrs. Deryl Hess, the choir director for the NPS Protestant Chapel will direct the production.

Volunteers are STILL NEEDED in various capacities. If you are interested in being part of this special event, please contact Susie Thompson (372-8617), Barbara Comerford (375-9602) or Deryl Hess (646-8668).

NEW KIDS ON THE BLOCK

by Susan Anderson

Daniel Rebel Evert, born November 14, 1990 9 lbs., 11 oz. 20" parents; Richard & Gwyn Evert.

Broghan Spenser Mack, born October 30, 1990 6lbs., 10 oz. 18 1/2" parents; Bryan & Donna Mack.

Matthew Logan Espie, born October 26, 1990 7 lbs., 2 oz. 19 1/2" parents; John & Peg Espie.

Kelsey Eileen Tobin, born August 7, 1990 6 lbs., 11oz. 19 1/2" parents; Steve & Ruth Tobin.

Kathleen Ann Snyder, born September 19, 1990 7 lbs., 2 oz. 19 1/2" parents; David & Lynne Snyder.

Christopher Bruce McClelland, born October 3, 1990 6 lbs., 15 oz. 19 1/2" parents; Charles & Debbie McClelland.

Xavier Maxwell Metzger, born October 4, 1990 8 lbs., 1 oz. 19 1/2" parents; Ferdinand & Theresa Metzger.

Katherine Michele Galvin, born September 12, 1990 7 lbs., 15 oz. 20", parents; Brian & Michele Galvin.

Christina Marcelle Novak, born October 21, 1990 7 lbs., 13 oz., 20" parents; Frank & Allison Novak.

Michael Leontakianakos, born August 18,1990 7 lbs., 7 oz., 20 1/2" parents; Ioannis Leontakianakos & Nancy Nika.

Andrew Guerrero Williams, born October 29, 1990 8 lbs., 11oz., 20 1/2" parents; Mike & Florentina Williams.

Raechel Frances Hurd, born October 31, 1990 6 lbs., 7 oz., 19 3/4" parents; Eric & Leigh Ann Hurd.

Timothy John Kaiser, born October 29, 1990 9 lbs., 2 oz., 20 1/2" parents; Tom & Carol Kaiser.

Timothy Andrew Soong, born October 25, 1990 3 lbs., 3 oz., 15" parents; Warren & Monica Soong.

Nicolas Ante Magrino, born October 31 1990 9 lbs., 1oz,21" parents; Christopher & Michelle Magrino.

Ryan Michael Gallagher, born September 16, 1990 8 lbs., 1 oz 21" parents; Dennis & Kelly Gallagher.

Keri Ann Gaudreau, born August 10, 1990 parents; Steve & Merri Gaudreau.

Michael Brooks McLean, Jr., born August 22, 1990 8 lbs., 8 oz. 21" parents: Mike & Jo Ann McLean.

Patrick James McKeon, born April 24, 1990 9 lbs., 13 oz. 20 1/2" parents; James & Terry McKeon.

Kimberly Lorraine Espinosa, born August 1, 1990 7 lbs., 11 oz. 19 1/2" parents; Chuck & Karen Espinosa.

Send birth announcements to: Susan Anderson, SMC 2674

SPOUSE EMPLOYMENT ASSISTANCE PROGRAM

The Naval Postgraduate School has a Spouse Employment Assistance Program (SEAP) available for spouses or family members of active duty military. This program provides career and job search training as well as career counseling. The main purpose of the program is to help military spouses develop realistic employment and career expectations to match their mobile lifestyles.

The services available at our SEAP office includes information on employment, education and volunteer work in our area. Because this office has a national network, you can find out valuable career information to help you when relocating. All dependents are eligible for this valuable service. For more information contact Rose Anna D'Auria at the Family Services Center (646-3141).

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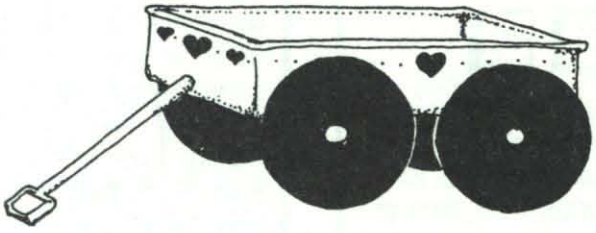

48 enthusiastic volunteers and their trusty wagons rolled through La Mesa on November 17, for the Annual OSWC Giving Wagon. Over 3300 canned and boxed foods, personal hygiene products, and diapers were gathered in just over one hour, then presented to three local organizations that assist people in need. These include: Peninsula Outreach in Seaside, Meals on Wheels in Pacific Grove, and YWCA Battered Women's Shelter in Monterey. The items collected enabled these agencies to assist more people during the holiday season when some may need it most. The YWCA Shelter Director stated that with our donations they would be able to equip their young mothers for weeks to come.

Andy Earle, Chairman of the event wishes to acknowledge the following: Family Services, for providing publicity; the Navy Exchange and La Mesa School for their assistance; KMST Channel 46 for covering this event; Giving Wagon Volunteers for donating their time and effort for a great cause; and to the residents of La Mesa for giving so generously. Thank you all for making the 1990 Giving Wagon a complete success.

Babysitting Co-op Update

Now that the hustle and bustle of Christmas has past, why not take some time to really enjoy Monterey? But if it's usually hard to find some special time to spend together without the children, then the La Mesa Babysitting Co-op is the answer to your problems.

All sitting is done be members (all of whom are caring parents) and no money is exchanged. Sitting is on a point system - you pay when you need a sitter and sit for points when you are needed. All you have to do is call the secretary and let them know what day you and for how long you'll need the sitter. It's that easy. Now, with the difficult problem of finding a sitter taken care of, you can start getting out and enjoying Monterey.

If you have any questions about the babysitting Co-op or are interested in joining, please call the Chairperson Karen Cecil, 375-8253.

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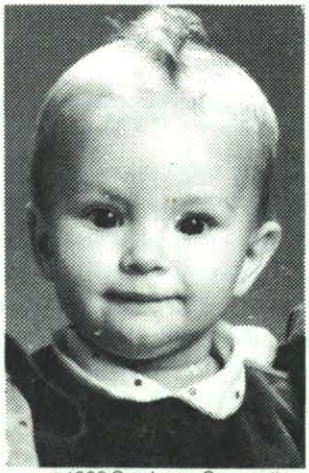

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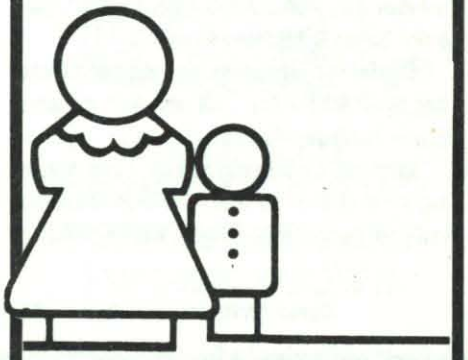

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Elections are just around the corner and all OSWC members are encouraged to be involved in the vote. Members will have a chance to meet the candidates at the January 14th meeting to help in making this important decision on who will be the new Executive Board members. Biographies will be sent to each member with absentee ballots for those members unable to attend the February 4th meeting. If your vote is cast by absentee ballot, the ballot must be turned into SMC# 1548 by February 1st in order for your vote to count. Each member's vote is important so please make a special effort to show your support for the candidates by voting. If you have any questions or concerns please contact Julie Lindenbaum at 372-6729. We look forward to seeing you all at the February meeting.

O.S.W.C. MINI CLASSES

by Patricia Mull

If you are interested in teaching a class, Please phone me, Patricia Mull, at 655-3976.

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Basketweaving - Denise Peters at 649-6083
Beginning Tole/Folk-Art Painting - Andrea Kindle at 649-6537
Bowling - Cheri Kendall ay 373-1183
Breastfeeding Made Easy - Alicia Burgett at 646-8919. If you've never breastfed a baby or have had previous difficulties, this class can help you. Learn to prepare for breastfeeding, prevent and cure sore nipples, avoid common problems, insure an ample milk supply, combine nursing and working, and much, much more. One-time Saturday classes are offered 900-1300. Fee is $15. Register early; class size is limited.

Decorating with Dip 'N Drape - Jo Ann McLean at 655-0717
Mother's Day Away - Stachia Knorr at 375-3407
Mother's Morning Out - Renee Neely at 375-3762
Piano - Katie Clare Mazzeo at 372-2233
Piano - Kazuko Mockett at 624-9596
Piano - Nathalie Plotkin at 373-5671
Prenatal Exercise Class - Cheryl Morgan at 655-1018
Smocked Clothes - Lynn Montgomery at 655-4532
Ukranian Egg Decorating - Martha Faller at 372-6320
Washi Eggs & Crafts - Paula Palmore at 375-2757
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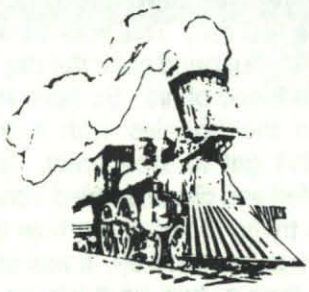

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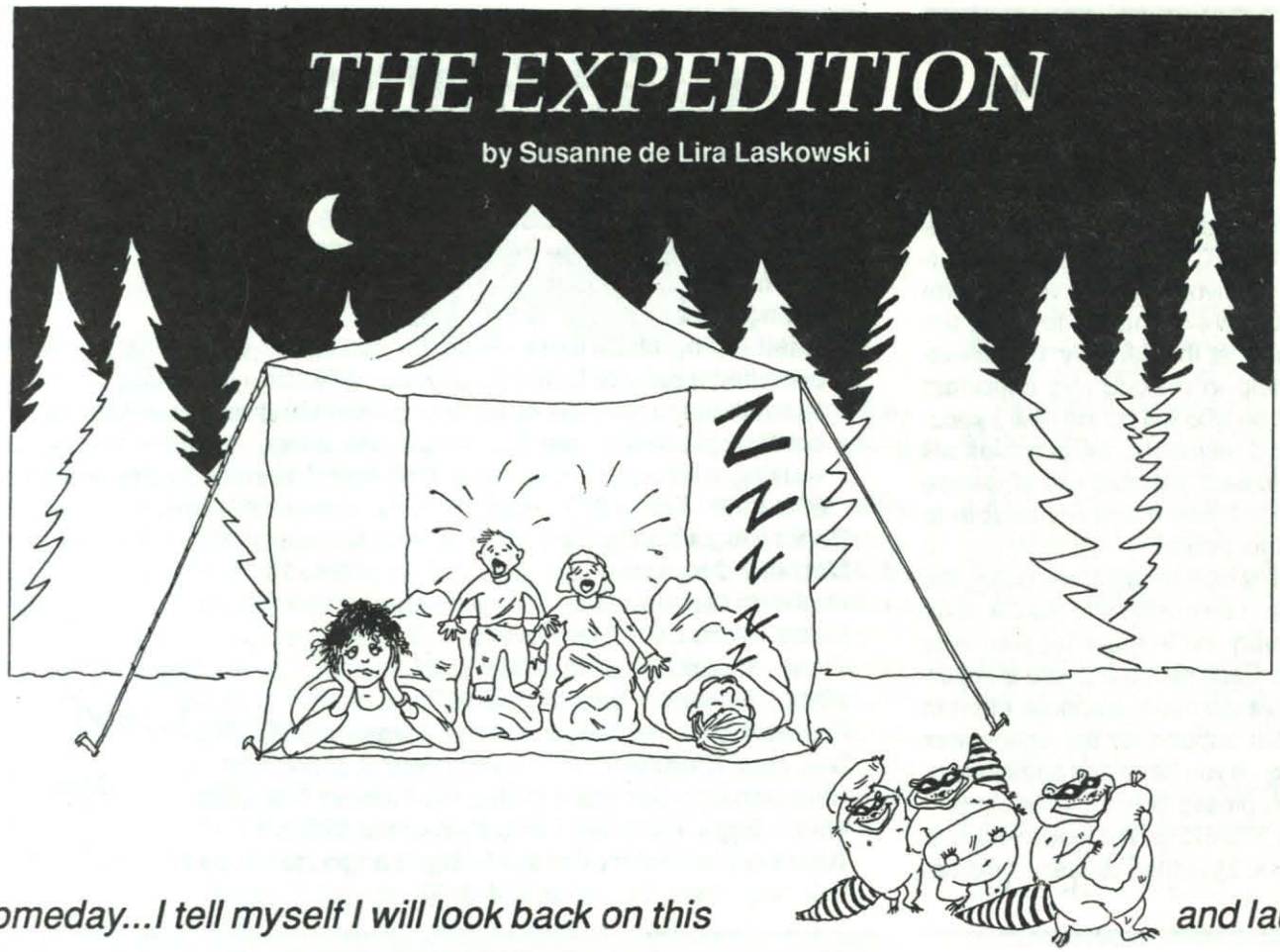
THE EXPEDITION

by Susanne de Lira Laskowski



Someday...I tell myself I will look back on this *and laugh...*

Not long ago I went camping. I think it was rather inevitable, since my husband had been mentioning the idea to the kids and me for quite some time. I could see the talk slowly being translated into action, as he began bringing home camping gear and maps of local campgrounds. Actually, it came as no surprise when one evening I found on our bed as issue of the CLASSMATE left open to an article about camping. Matt was in the hinting phase, warming me up for things to come.

Soon that passed and I quietly observed him direct renewed energies into kindling, stoking, and sufficiently fueling Christine's and Andrew's imaginations with stories of his camping adventures. The kids would sit in rapt attention with mouths hung open, listening to him overcome the hazards he encountered while hiking on a trail. He would conclude each tale with, "And someday...someday...we'll go camping." Now the kids begged and hounded us relentlessly to go camping. His strategy worked: The entire family now WANTED to go camping. (Well sort of.)

So one evening Matt did a test run with the kids. He set up a tent in the backyard and filled it with flashlights, snacks, toys, sleeping bags, pillows and a lantern. I meanwhile slept in the comfort of my bed. The next morning when my husband appeared in the bedroom, he proudly announced it was a success: the kids could hack it. They were bursting with enthusiasm and pride over the news. They were hardy enough for the outdoors. We were off and camping at the next school break.

I was open to the experience, since it would be the first time with my family. My only other prior experiences were with girlfriends in my single days and I don't know if that was really "camping" or not. Sure, we were out in the wilderness, ate food cooked over a fire, slept in sleeping bags and hiked up dusty trails... but it was so much FUN. Everything no matter how calamitous was just a big joke. In any case, since my husband is the "camper" he was responsible for all the details. All I did was pack our clothes and bring the toilet paper.

Things breezed along effortlessly as we found our campsite at Big Sur and unpacked the van. Then we tried to put up the tent. No, it wasn't our tent used for the test run. This was a borrowed one. My husband got it the day before from a friend of his. So here we were out in the boonies with a tent we couldn't get to stay erect. We assembled and disassembled it countless times trying to figure out how the aluminum poles held it up. It was definitely more than a two adult job, so we recruited our 3 and 5 year olds. But they couldn't help much, since the poles they were holding would fall over with them onto the tent as soon as we tried to set up the opposite side.

Tempers, which were getting pretty thin as we flailed away, were further aggravated by the attacking gnats. It seems they were attracted to the tremendous amounts of sweat we were producing. Finally Christine asked,

"Daddy how come it's taking so long to put up the tent? It's almost dark." It was a very good question. But not the one that daddy needed to hear at that moment. It was time to take the kids for a walk and leave dad to figure things out on his own. By the time we returned an hour later the tent was up. Daddy was a hero.

In retrospect, after the initial tent fiasco the days of our camping venture were fun. Really. The nights however, were a disaster. The first night Christine was scared to death of the completely dark tent, so we left the lantern on. Now I couldn't sleep since it was a foot from my face! I tried sleeping facing the other direction but the light permeated my closed eyelids. I was determined to tough it out though, even if it meant wrapping my head in a black sweatshirt. After that everything was fine until Andrew woke up crying he had wet his sleeping bag: Now Matt and I had to hastily bumble around trying to change him before he woke up his sister. Well we barely finished with that, when Christine awoke and announced that she had to go to the bathroom. So I had to get up, take the flashlight, and find a place that was clear of poison ivy for her to relieve herself. All the while thinking about the time they slept in the tent...in the backyard..in the dark.

By the next evening I figured we had all the bugs worked out in our night time routine. No fluids to kids after dinner, no matter how thirsty. Everybody goes to the bathroom before going to bed. The lantern will remain on. I will sleep with my head wrapped up. Fine. We are all sleeping soundly when I hear a loud groveling noise. 'GRRRRRRRWWWWWOOOOOKKKK . . . PHHHEEW . . . GRRRRRRWWWWWOOOOOKKKK . . . PHHHEEWW . . ." What is that? I think for a minute and pull the sweatshirt off my head. It's Matt snoring. Unfortunately he's over on the opposite side of the tent with the kids sandwiched in the middle between us. Usually at home, I give him a nudge and roll him over and he stops. "Matt . . . Matt . . . you're snoring," I call out trying to wake him up, but not the kids. It doesn't work. I grab Christine's sneaker and toss it in his general direction. THWOCK! It lands on his head. OOOOPS! "What are you doing?" he asks emphatically as he gives me the evil eye.

"You were snoring."

"You didn't have to hit me in the head."

"I'm sorry. I didn't mean it . . . What's that?"

"What?"

"That noise?"

We both stop and listen.

"It's raccoons!" He gets out of his bag and struggles with the zipper on the door. He charges out in turtleneck and underwear, waving the flashlight at the raccoon family ransacking our cooler and making off with a bag of bagels. As I rewrap my head and try to find a comfortable position in my bag, I resign myself to the fact this is our last night camping and tomorrow I can get some decent sleep. Someday . . . I tell myself I will look back on this and laugh and say how much fun we had. Really.

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More California anxieties

by An Eastern Bell

Now, not to be branded a "complainer," or a "whiner," as my friend's husband so aptly put it, but I found that my last article was a real catharsis. So much so that I was driven to write another one. After all, there are still so many untouched subjects, and I found that my California friends even found these bursts of emotional frustration rather humorous.

So, in my determination not to become one of the vast statistics of Californians under psychiatric care I will now discuss the water anxieties of the bottled kind, brand anxiety, and seasonal anticipation anxiety.

WATER ANXIETY
of the bottled kind

Ever since my days as a high school field hockey player, I have held a particular passion for the ice cold water fountain. We had a water fountain in just about every corridor, but our favorite one was just outside the locker room because it was not one of the standard porcelain spewers, but a metal refrigerated-water system. Ah, for a nice cold mouth full of water.

My first few days at work here in Monterey were rather eventful, seeing as I started work on October 16th (the day before the big earthquake), but one of the things that will always stay in my mind is that just after the earthquake the bottled water in our office ran out. Now at first this may seem like a rather trivial event since the Monterey city water was back on and deemed safe for drinking the day after the earthquake. But you have to understand my office—they don't drink tap water; they don't use tap water for anything. I've even seen people use bottled water to rinse their coffee mugs.

When I tried to use the water fountain people looked at me as if I were crazy. I thought maybe there was something wrong with the water fountain, maybe it was broken and spurted water all over your face, or maybe it didn't drain properly. Oh no, it's just that it's tap water. Drinking out of the fountain is archaic and just plain uncool. When we had Japanese guest engineers they asked if there was something wrong with the water. Should they not be using the water in their hotel to brush their teeth? I laughed and asked whatever gave them that idea. They said that no one in the office ever used the tap water from the kitchen. Everyone drinks bottled water, even to make coffee.

Now I have met this bottled water anxiety before, in Europe. Ask for a glass of water in a European restaurant and you will get some variety of bubbly filtered water, like Perrier or Calistoga water. Being as I am a fervent hater of anything carbonated, especially water, I am vehemently opposed to this policy. Ruining perfectly good purified water with bubbles just to show it is bottled is ridiculous. Furthermore, I see this incipient behavior flourishing here in California as well. Whatever happened to that wonderful tall glass of cool icy fluoridated-chlorinated H20?

BRAND ANXIETY

One of the first things I noticed about Monterey was that they don't sell White Cloud toilet paper in any of the stores. Now through my extensive 30 year research, I have determined that White Cloud is undoubtably the softest toilet paper around. When I sent a box of White Cloud with my pack out, I never dreamed it would be the last roll of civilized softness I would find. Imagine my chagrin in discovering that not even the most gourmet supermarkets in Monterey carry White Cloud. Why back East even the commissary stocks such basic elements of human survival. I certainly knew that what I wanted from Santa for Christmas—a six pack of White Cloud. Confidentially, my husband did think it was a bit crazy that we brought a whole empty suitcase home (Virginia) so we could fill it with enough toilet paper for the coming year.

I had another jolt to reality when I attempted to find spices at the commissary. Who ever heard of Schilling? Who are they kidding? Everyone knows that spices come from McCormick spice factory in Baltimore, Maryland. They've never heard of McCormick out here. It took me about a month of fretting over how to get my pumpkin pie to taste right this year, when I stumbled onto a grocery clerk at the commissary shelving spices. She just happened to have one of the little bottles turned in her hand and all I saw was "Mc," the McCormick trademark. I thought "Eureka," the commissary has finally decided to stock some real spices. Imagine my embarrassment when I asked her where they normally keep the McCormick Spices. "We don't carry McCormick." "What's that in your hand then, the one with the 'Mc" mark?" "Oh this, this is a Schilling bottle." And she turned it over and sure enough there was the Schilling name with the McCormick brand name on the back. Such ends the mystery of the spice of life. My pumpkin pie turned out just fine.

SEASONAL ANTICIPATION ANXIETY

A year has four seasons: winter, spring, summer, and fall. I know, I've heard them mentioned in Cramalot ("Whenever Could I Leave Here"). Now that we have passed the Autum-

nal Equinox and my birthday (October 17, earthquake '89 day), I sniff the air expectantly for those subtle signs of fall. I scan the trees for that pyrotechnic display of blooming colors. I search the stores for Indian corn, colored leaves and other fall decorations. What no FALL? Next you're going to try to convince me that we aren't going to get summer or winter either. Yes I know that my coat has come in handy all year. And I know those two new bathing suits that I bought before coming here (shades of beach blanket California movies) still have their store tags on. Yes, my snow suit has laid in the trunk since we got here. But please, can't we have some change in the weather? Must it be so temperate all the time. Will I have to go to Salinas for summer and Tahoe for winter. Please dear God, don't let my husband fail his thesis or we will never get out of the Monterey fog.

Remember back East when you had four sets of clothes, or three depending on what your spring/fall wardrobe looked like. Sleeveless cotton dresses, white blazer and white shoes were summer's closet. All nicely put away after Labor Day. And then time for the fall clothes of brown, orange, and tan to mirror the miracle of the changing leaves. When the football games became too cold for cotton sweaters, it was time to dig into the trunk for those camphor smelling woolens and fluffy down jackets. It wasn't till the leaves started to green the trees that we'd pull out the pastel blue, pink spring clothes. Is your Monterey one-season-does-it-all wardrobe as worn out as mine?

But I will undauntedly persevere in unpacking my sea bag, to stay here until my husband graduates. I will stick it out: drink my tap water even if I've succumbed to putting it into an Evian bottle, use my White Cloud until it runs out and I have to search through every package at the Commissary to see which is the softest, and buy some new all season clothes so I don't resemble a rag doll. We will all survive, somehow, until the Navy sends us home . . . to Japan, or wherever the Navy decides is our new home.

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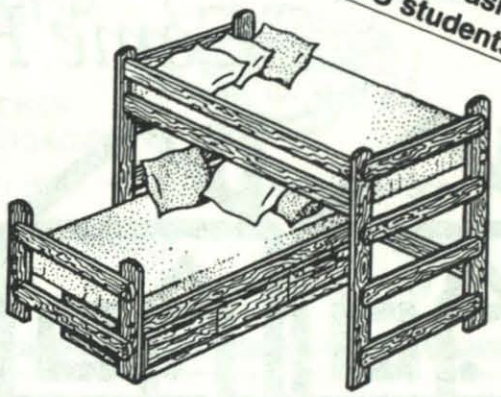

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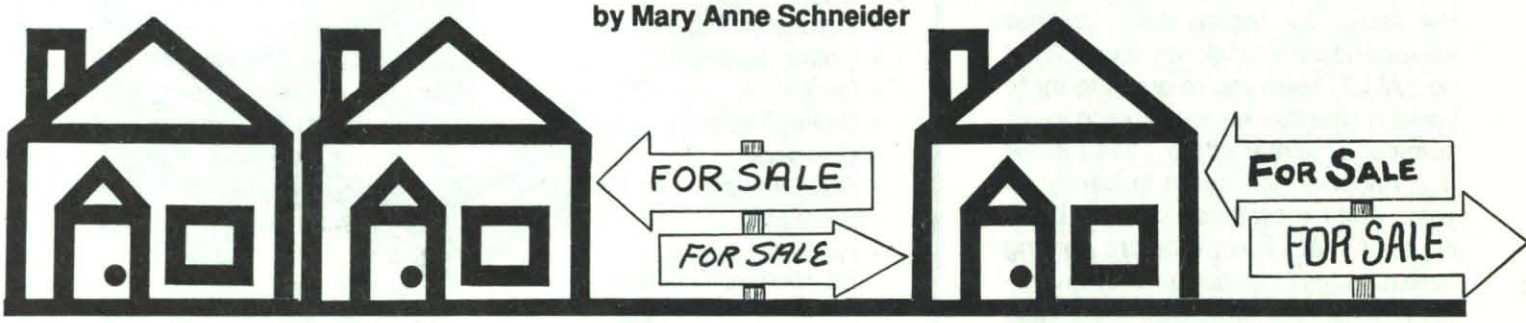
La Mesa Village of Monterey Come Home to the Best

by Mary Anne Schneider



La Mesa Village is a country setting that is close to downtown Monterey with easy access to Highway 1 and N.P.S. It is a family community that boasts its own security force, neighborhood school, convenience store and child-care center. All lots are low or no maintenance and all plumbing, heating and maintenance problems are handled with courtesy and alacrity by the Management.

*One of the Monterey's "gated" communities in a sought after sunbelt neighborhood.

*Quality one, two, and three bedroom older homes (900-1500 square spacious feet), constructed in the popular cubist tradition with an Old-World Spanish charm combined with low-maintenance stucco exteriors.

*Imaginatively designed in free-standing clusters on oak and eucalyptus studded lots.

*Some with panoramic bay views and barking sea lions.

*Sweeping vistas of big wheels, scooters, bikes and trikes, barbeque grills and Volvo station wagons. Choose from apartment, townhouse, duplex, and detached styles with unique but functional and versatile floor plans.

*Single, two-story and multi-levels available.

*Some with covered carports or detached carports featuring built-in, space-saving cabinets.

*Off-street parking available.

*Roomy trash receptacles supplied and weekly garbage collection offered.

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*"Cozy," gourmet, ultra-modern kitchens with stainless steel fixtures. Everything is within easy reach. Latest top-of-the-line appliances, including washer and dryer hook-ups in some kitchens, are included!

*Some recently remodeled kitchens and dishwashers.

*Challenging opportunities for the imaginative, inventive interior decorator.

*Combination living and dining areas.

*Carpeting available at tenant's discretion and expense.

*All models feature expansive master bedroom suites, some with walk-in closets and private baths.

*Interesting storage possibilities in all models.

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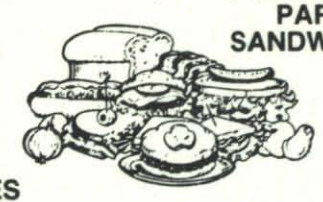

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La Mesa Village of Monterey
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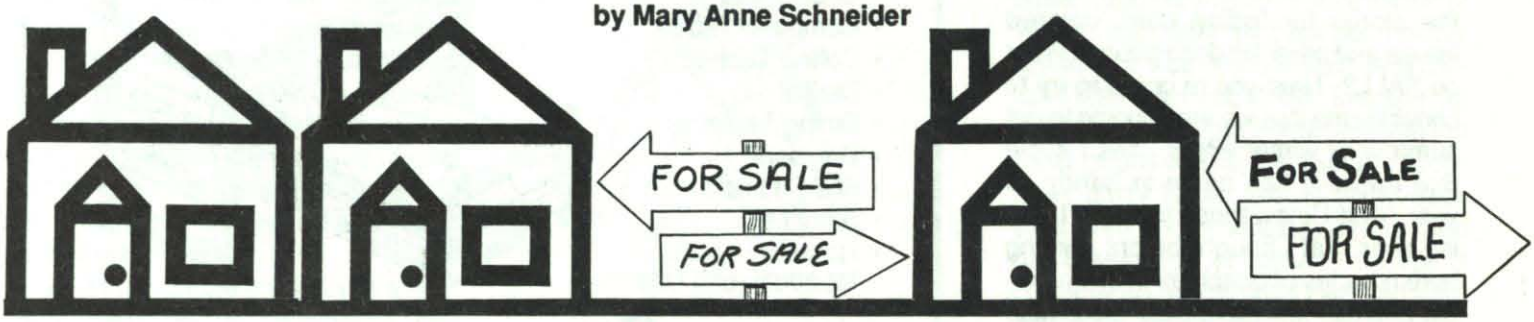
by Mary Anne Schneider



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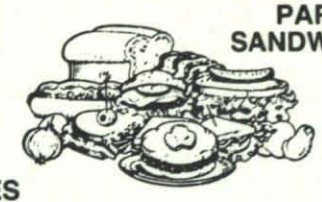

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The Survey Says. . . The Best Restaurants

by Jennie Culpepper

Leigh Gardener began her tenure as Editor-in-Chief this month by immediately announcing cutbacks in writers normally hefty expense accounts. Since restaurant reviewer's three hour lunches have now become a thing of the past, this month's column became possible only when faithful readers and discerning diners lent their opinions about their favorite dining spots on the Peninsula. This article is clearly not for those of you who resolved to shed those 1990 pounds! ...and the much awaited results are...

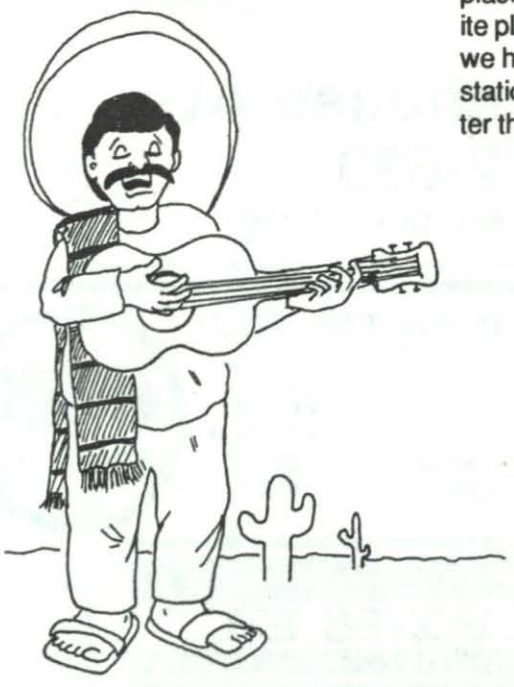
"Breakfast food" doesn't have to mean soggy Cheerios and orange juice with pulp every morning. To start your day off right, don't skip breakfast at Toasties in Pacific Grove. Toasties was the early morning choice of over half of our respondents. The one reader who felt that Toasties was one of the "best kept secrets" on the Peninsula apparently shared this secret with the three dozen aprez-church diners who joined me in line last Sunday outside Toasties' door.

After a hefty breakfast at Toasties, a salad bar lunch would probably hit your spot. The Sizzler in Pacific Grove was the overwhelming winner in this category. Our very own O'Club and The Charthouse on Cannery Row tied for second.

Since the deli question was left blank on almost half of the surveys, we assume that many of you don't choose deli sandwiches for lunch very often but those that did respond favored the Garden Restaurant, Spaks, and the Monterey Baking Company. On the other hand, everyone had a favorite place for burgers and everyone's favorite place is Del Monte Express. Now all we have to do is figure out if one of the stations (Del Monte or Fremont) is better than the other. One respondent put that the best place for burgers was his own backyard; this now starved restaurant reviewer would have no problem finding the time to come over for an official sample!

The Peninsula seems to have many hopping happy hours as we received many different suggestions for best happy hour. The list includes: The Double Tree Inn, The Forge in the Forest, Los Hermanos, The Whaler, Tavern on the Bay, Sandbar and Grill, O'Kane's, The Rio Grill, El Torito's, and our very own O'Club.

The best place for family dining, best cheap food, and best pizza had one answer: Gianni's. Two other great family places were El Torito's, where "kids eat free," and the Sizzler. Gianni's took almost all of the best pizza votes, although Little Ceasar's and Dominos home delivery did take a few. The list of answers for best cheap food was encouragingly long for this area which is known for such a high cost of living. The Fishwife and Central Texas Barbeque tied for second in this category.



# of Monterey

Apparently, The Fishwife is not only a good bargain, but they also serve good food! This restaurant showed up again in our survey as the weighty winner of best seafood restaurant. Coming in second in the seafood category, oddly enough, was our winner of best place to get steak, The Charthouse.

In our ethnic category the winner of best Chinese food was Chef Lee's, best Italian was Pasta Mia, best Mexican was a tie between El Torito's and Peppers, and best American was The Rio Grill. We received many other suggestions in this category which include:

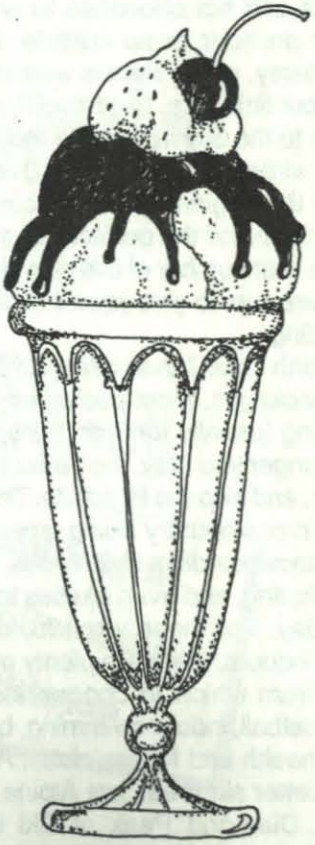
The Fondue Chalet-Swiss
Fandango's-Basque
Thai Hut-Thai
The Orient-Vietnamese
Sticky Wicket-English High Tea
Pablo's-Central American
Stammisch-German
Robotos-Japanese
L'Escargot-French
Bud's Pub-English
Mr. Sushi-Sushi
Maras-Greek

The Old Bath House Restaurant not only earned best romantic restaurant but also best restaurant for celebrating and the second best view. The restaurant with the best view according to our survey was Nepenthe of Big Sur.

There were many personal favorite places for the best dessert. Most chose the place with the pies, Marie Callenders. Some other delicious dessert dens listed were The Old Bath House, Tillie Gort's, The Chart House, Rosine's, and The Fresh Cream.

If you're tired of the tourists in the area, the place with the fewest tourists was the Fishwife. A few respondents appropriately answered this question with "home" and "my backyard." In answering the question about the Peninsula's best kept secret another respondent stated, "can't tell you, it's a secret." He's justifiably afraid all of you who read this article to the very end may go crowd his haunt. Others more willing to give away their secrets recommended Taqueria, Mission Ranch, The Ridge, Central Texas Barbeque, Tillie Gort's, and Mr. Sushi's $5.99 lunch.

So if you're planning on going out for dinner this week and can't think of a place to go, you have no excuse. Many thanks to those of you who took time out of your busy day to complete our questionnaire! Happy Eating!



SKI FEVER

by Tina Brock

Just mention the word "winter" to me and all kind of images spring to mind. As a child, winter meant snowmen and boots and hot chocolate to warm up after an hour or so outside. Around Monterey, winter means warmer clothing, but little else. But travel 300 miles or so to the Sierra Nevada mountains, and winter means skiing! Everyone, from the beginner to the professional skier, can find the perfect slope. There are a vast number of different ski areas that are sure to give you a fun-filled day of skiing.

North Lake Tahoe offers a variety of ski packages. Most packages include lodging (usually for 3 or more days—the longer you stay, the better the bargain), and also the lift tickets. They also offer cross-country skiing, snowmobiling, snowboarding, sleigh rides, fishing, ice skating, and even cruises to Emerald Bay. For those who would rather stay indoors, there are plenty of activities from which to choose including racquetball, indoor swimming, bowling, and health and fitness clubs. A few of the better ski areas are Alpine Meadows, Diamond Peak at Ski Incline, Northstar-at -Tahoe, Squaw Valley USA, Homewood Ski Area, Mount Rose Ski Area, and the Hyatt Regency Lake Tahoe. All areas, except the Hyatt, offer a ski school (a few offer ski schools just for children) and cross country skiing. They also offer ski rentals if you don't bring your own.

Many areas now have snow-making machines, just in case Mother Nature doesn't provide enough of the white stuff but you still may want to give the resort of your choice a call before going up, just to make sure.

South Lake Tahoe also provides a wide variety of ski resorts such as Heavenly Valley, Sierra Ski Ranch, and Alpine Meadows. Additional ski areas include: Boreal Ridge/Soda Springs, Diamond Peak,

Donner Ski Ranch, Granlibakken, Homewood, Mount Rose, Northstar-At-Tahoe, Squaw Valley, Sugar Bowl, and Tahoe Donner. These areas offer basically the same outdoor activities as North Lake Tahoe, but also offer such activities such as sleigh rides, dog sled rides, snow play areas, heavenly tram rides, and winter hikes. Grover Hot Springs State Park in Markleeville, CA even offers a hot spring spa.

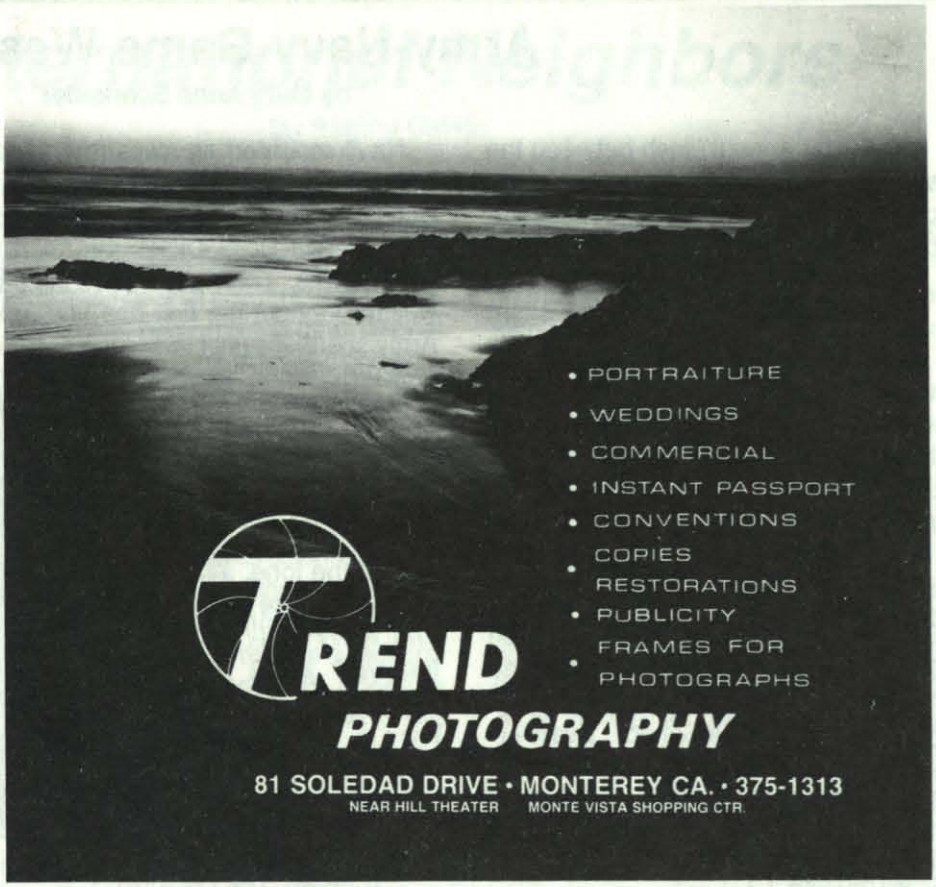
If your little ones aren't particularly interested in skiing, child care is often provided by your particular resort. there are also several agencies who will provide care for your child; among them are: Choices For Children (916) 541-5848, Tahoe International Sitters (916) 544-6450, and Under the Magic Pine Tree (916) 541-4848. If your concern is your teen, there are several arcades to keep their interest, teen dances at the City of south Lake Tahoe Recreation Department, and many video rental areas.

Fort Ord also offers ski weekends. The bus departs Ft. Ord at 5 p.m. on Friday night with a no-host dinner stop enroute. Your arrive in South Lake Tahoe around midnight and depart 8 a.m. each day to go skiing. You then depart there ski resort a 4 p.m. Sunday with a dinner stop enroute, arriving at fort Ord at approximately 11 p.m. The price for adults is $139 while children go for $114. Ft. Ord also offers Tahoe Holiday Programs where you ski for three days instead of two. The price is $299 for adults and $246 for children. The Holiday Program dates are: Martin Luther King, Jr: Jan 18-21, President's Day: Feb. 15-18. Ft. Ord also offers One Day Ski Programs. You can customize a one day ski trip for your

group and choose a date. They will ski Dodge ridge, Boreal or Sierra Ski Ranch depending on snow and road conditions. The price is $59 for adults and $48 for children and includes round-trip charter bus, all-day lift tickets, skis, boots and poles. You would depart at 3:30 a.m. from the Ft. Ord Equipment Center. Bring your own breakfast to eat on the bus. You arrive at approximately 9 a.m. and ski until 4 p.m. Depart ski area at 4:30 p.m. Eat dinner enroute and arrive at Fort Ord around 11 p.m. Call Fort Ord Outdoor Recreation at 242-7322/3486 for reservations or more information.

Wherever you go, skiing is the perfect outdoor recreation for the whole family. It's great exercise, the air is fresh and crisp, and the scenery around the Tahoe area is among the most beautiful in the world. Try it, and I'll bet you have a memorable experience.

❄ ❄ ❄ ❄ ❄



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Army-Navy Game West 1990

by Mary Anne Schneider

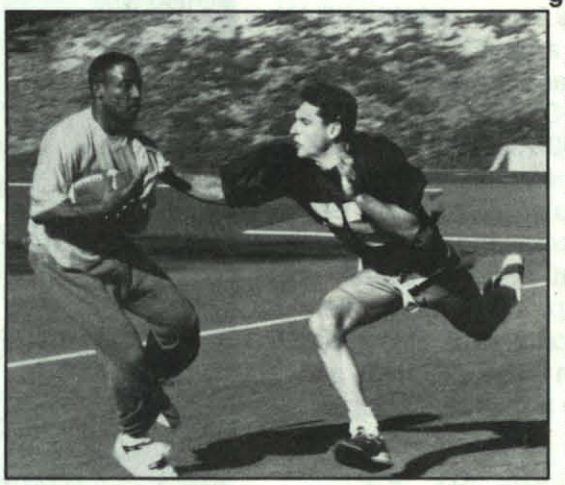
The 91st annual clash between the service academy's gridiron titans took place one day late last year, on December 7th at Ft. Ord's Freeman Stadium.

The Navy team, sporting a slight edge in the classic series, took to the field with 29 players, all "relatively recent" Naval Academy graduates. Army hosted the event (loosely billed as the First Annual Army - Navy Game West). having recruited fourteen stalwart competitors from among the 120 Army officers stationed at the Naval Postgraduate School. Event organizers Tom Ullrich, Sean Connors, and Pat Carley, hope the contest will become the first of many games and a tradition at NPS.

Recent controversy about the presence of female reporters in football locker rooms (see accompanying photo), prevented this reporter from pre and post game interviews that would have highlighted the efforts of certain key players in this contest. It became evident in the first few minutes of the game that Navy enjoyed a distinct advantage in numbers and size. The physical size discrepancy prompted one Army player's tongue-in-cheek observation: "The Army apparently has a more effective weight control program."

The Navy squad had trained arduously for the game under the tutelage of one of the more 'mature' members of the team, Mac McKeon ('78). Pregame workouts included "bench pressing Calculus books" and excessive reps of what trainer McKeon termed "calculator squats."

Navy mounted an awesome aerial attack in the first half as quarterback Bob Clark connected twice with standout receiver Ross Dickerson for two touchdowns. The Navy moved the ball well throughout the first half and held Army scoreless until late in the second quarter when Army quarterback Bob Scurlock threw a 20 yard pass to Andre Cuerington for the lone Army score. The Navy's offensive effort was aided by the superb blocking and outstanding defensive line-up which included Jim McKeon, Jeff Bacon, Pete Long, Brian Phillips, Darren Turner, Don Nuckols and Bernie Mimms.



It was a defensive battle in the third quarter as Army's defense held the Navy's passing game in check. Army came within twenty yards of the Navy's goal line, but were foiled on an interception. Moments later, Ross Dickerson netted another Clark pass and raced 88 yards to post Navy's final score of the day.

The "Old _____ Squad," (off color word deleted), composed of several of the more senior ('70's) Naval Academy graduates, was held in abeyance until late in the game when Coach Ullrich finally decided to send them in. Amid shouts of "Where's the beef?", the first annual NPS classic ended. Navy squad member Rod Bryant remarked that it \"brought back the old feelings of Army-Navy games at the Academy."

This game was played without the fanfare that accompanies the classic played in Philadelphia's Veteran Stadium. On this coast, Navy prevailed 25 to 6. There were no standout All Americans or big names, unless you count Ross Holcomb ('84) who took time off from a busy career filming car commercials to play in the game. But the sentiments were the same; "Two services that have been working together for so long, not a meeting of enemies but two sides that respect and like each other, friendly strife symbolic of the best there is in sports."

International Neighbors

by Regina Galvin

The last time Dulce Silveria lived on David Street in Pacific grove, she was a student at Pacific grove Junio High School and her father was a student st the Naval Postgraduate School mastering the science of Operations Analysis.

As coincidence would have it, Dulce is once again living on David Street, except this time her husband is the Operations Analysis student, and the children in the house are her own.

Dulce, her husband Rogerio, their five year old son Gabriel, and their three year old daughter Natalia, will be leaving their Pacific grove address in January to return to their native home in Rio de Janeiro, Brazil. Rogerio, completed his program of study in September, graduating with a 3.98 GPA, the highest average of his curriculum's graduating class. Not an easy task when you consider he was studying Operations Analysis, coupled with the fact that he was learning the studies in a foreign language. For his accomplishment, Rogerio received an award for the "Outstanding International Student."

Rogerio wasn't the only one in the family to make the most of their time in Monterey. In addition to raising her children, tutoring her husband in English, and pursuing her own professional goals, Dulce also was the Chairperson of the International Student Committee.

The Chairperson of the International Committee has a multifaceted position. In addition to coordinating all the subcommittees, the Chairperson has an active role in implementing many of the programs. A highlight of some of the programs includes: the International Fashion Show, the International Cooking Class and dinner dances. Additionally, every month the International Wives Club gets together for a meeting featuring a different country, a lecture on that country and a sampling of the respective country's cuisine.

One program in particular that Dulce takes great pride in is the International Storytime. When she was the Chairperson, Dulce created the storytime program. Every Friday she would tell stories to the international and American kids.

The success of the program prompted Dulce to delve into new endeavors. Commenting on this Dulce said, "The kids loved the stories, and I decided to write a book. I started asking people to tell me stories from their countries. We have twenty-eight countries here, and eight people from those countries gave me a story."

Dulce took her finished product and sold her folktale collections in booklet form at the O.S.W.C. Christmas Craft Bazaar. The proceeds of the sales went to the International Student Committee Fund.

By profession Dulce is a clinical psychologist. When she and her family first arrived in Monterey she had hopes of working on her Master's degree. After taking a couple of graduate courses locally, the financial burden coupled with the ongoing responsibility of wife and mother, prevented her from carrying on with her degree. However, she did pursue other professional avenues.

"I don't have a green card here, but I do work—only on a volunteer basis. I help out at the Monterey Community Center with infant massage classes. I'm a certified infant masseuse, I did my training here in California."

Infant massage was brought to this area by a woman named Pamela Scheider. As Dulce describes the program she says, "About eight years ago she (Pamela Scheider) came back from India where she had been working with children in orphanages. She

developed a method of massage that stimulates the babies neurologically."

Dulce says that she has seen the beneficial results from the infants massages and hopes to incorporate what she has learned to her own practice one day, perhaps working with autistic children.

Because of personal convictions, Dulce has decided not to work professionally while her children are young. However, her decision has not limited her from working in her field. In addition to her work at the community center, Dulce has also been a contributing writer for the Classmate writing articles of a psychological nature.

As anyone living in a foreign country knows, cultural differences always seem to be manifested in learning experiences.

One experience Dulce had was in American greeting customs. "I have lived here before, but when my husband used to introduce me, I would start kissing people, I had to realize that you just don't do that here!"

Living in a foreign culture also makes one aware of the different emphasis put on social issues. A case in point for Dulce was the growing emphasis on environmental issues, in particular the deforestation of the Amazon rain forest.

"The rain forest issue is seen as a much bigger problem here than back in Brazil."

Often times it is the case that a given country will have an ethnocentric view of the world's problems, trying to solve the rest of the world's ills while overlooking their own.

For example, Dulce points out that many American celebrities are jumping on the environmental bandwagon and pointing a finger at the Brazilian rain forest issue. Meanwhile, the U.S. has its own share of intrinsic environmental problems.

"We need to have a 'global awareness' of keeping ecosystems the way they are," Dulce states.

"Only five per cent of the original North American forest remains. Other trees are being planted but it destroys the original ecosystems, for what—paper products. The U.S. also is doing nuclear testing in the desert, and shipping its chemical waste to dump it in South Africa."

"The world has come to a stage where everyone is dependent on one another. I think everyone needs to be aware of protecting the environment. We have to respect the planet itself."

"Along with the environment, there are many other issues upon which the world community can find common ground. It is always amazing that through shared experiences our knowledge of others increases while cultural barriers decrease."

Perhaps Dulce's most memorable experience of her work with the international committee best illustrates this point, "We have so many people from different countries here, and yet when it comes to mothers talking about our babies we're all alike. We're all humans, there's no religious barriers, there's no cultural barriers, we just are people and I think that's what's nice about it."

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SMART SHOPPING from Navy-Marine Corps Relief

by Jennifer Church

As the holidays leave their mark on our budgets and we resolve never to spend so much again, I would like to share some shopping tips that I have gleaned from various resources, including my own mistakes & mishaps. These won't help too much with the Macy's bill, but perhaps they'll leave some room in your budget.

1.If you must shop with your children, shop early in the day when you are all rested and fed. Nothing destroys a budget faster than a couple of hungry, grumpy children that must be appeased by some toys or foodstuffs. (It's also no fun to shop when everyone feels like that.)

2.ALWAYS use a shopping list. Arrange it, it possible, in the order of the aisles of your favorite store, so that you don't have to run all around.

3.In the grocery store, shop the perimeter. Remember that's where the healthful foods are, such as produce, dairy products and meats. Use your shopping list carefully, and only go down the center aisles that have something you need. This avoids impulse purchases of chips, sodas and other foods that do nothing for your wallet and everything to your hips.

4.Shop store specials. The Wednesday Herald has ads for several area stores, many of which offer very good bargains on fresh meats, produce & national brand items.

5.USE COUPONS. The manufacturers are trying to get you to try their products. Do it. Combined with store specials, coupons can drastically cut your food bill. Bring them along each time, so that you can also take advantage of unadvertised specials. Also, Albertson's Market at the intersection of Carmel Valley Road & Hwy 1 has this deal: Wednesday, they will triple any coupons up to 50¢ face value, & the other 6 days they double up to $1 coupons. (Only 1 coupon alike, limit 20 total.)

6.Make friends with the butcher. You can give a small refrigerated ham to him to be sliced thin for sandwiches, or a roast to be cut into steaks. The butcher at the commissary will even do this if you get their early, and do this at the beginning of your shopping.

7.Attend the navy Relief Training Course, January 29-February 1, 1991. Here you will learn the ins and outs of military pay and allowances, and much general budget help. You do not have to be a Navy Relief volunteer to take the course, and we reimburse for child care! Call 373-7665 MWF 1000-1300 for more information, or to sign up. Spaces are limited, so call soon!

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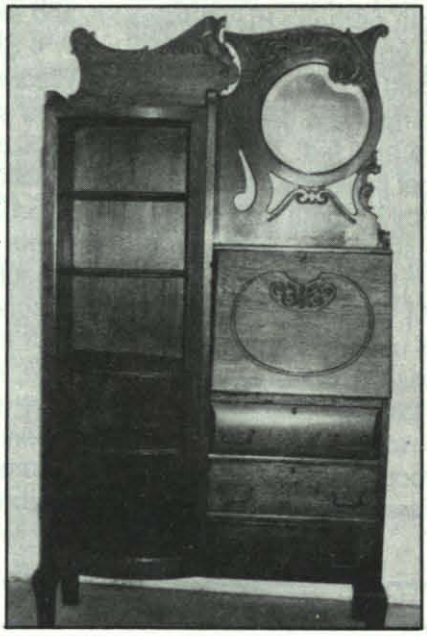
RUINS ON THE ROAD

Antiques on a Shoestring

by Leigh Gardener

Looking for beautiful keepsakes at bargain prices is a passion of mine and just reading the word "antique" inspires thoughts of dust, grandmother's dining room and, in this part of the country, big bucks. If you enjoy the excitement of competition, the spirit of adventure, and the thrill of victory, I have just dug up three words for you: SOLD! SOLD! SOLD! Grab your checkbook, VISA, or Mastercard, and follow me to the Felton Antique Auction where, on the first Sunday of every month, Bob Slawinski feeds a 40' truckload of antique furniture, jewelry, textiles, toys, and art to a frenzied crowd of mostly amateur, some professional, and more than a few curious antique shoppers; each one looking for that certain item and hoping against hope that no one else recognizes it for it's true worth. (Hah.)

The first thing you notice as you walk into the huge outdoor tent (the old building burned down and the new one is still under construction) is the variety of items that surround you. You may stop at a pile of hand crocheted table cloths only to find a set of oak lawyers book cases underneath. It's like going through your grandmother's (5,000 sq. ft.) attic! The last time I went I was attracted to a beautiful child's polished brass bed unlike any I had ever seen in even the most exclusive furniture store. (I could almost picture the beautiful little child from yesteryear sleeping in her nursery.) Continuing on, the next item to catch my eye was a carved oak church pew but behind that was a tiny child's antique rocking chair. Meanwhile, my husband had found an old Edison cylinder player; as usually happens, I knew we going to be in the thick of the feeding frenzy.



My husband and I always sit towards the back when we attend this family run auction. It allows the girls to spread out with their coloring books and gives us a chance to scope out the crowd. After you've been to a few you begin to recognize the regulars and the shop owners who are there to add to their inventory. After a while you start to get a feel for what's hot this month. If you're lucky, it won't be what you found tucked away behind that old mirror.

Enough talk. Here is proof of the great bargains people took home from the November auction. The first item up for bidding was a finely made solid oak frame mirror (already refinished) that went for $45. A gorgeous framed Victorian print of a little girl went for $25. A milk glass oil lamp went for $15. A beautiful oak slat picnic basket that had been well cared for through the years went for $25. Looking for the unusual? They had an old armor set that consisted of a knight's helmet and brass shield. This set went for $45.

Next was a child's trunk that would sell locally for around $100. Here it went for $55. They had a large brass light fixture that had to be from one of the finer old hotels. This beauty was $50.

Who wouldn't love the Victorian oak medicine cabinet that came up next. With a mirror insert it sold for $60. I could go on and on. They had everything from old Persian rugs from the finest parlors to a 1949 World Series program ($55 guys).

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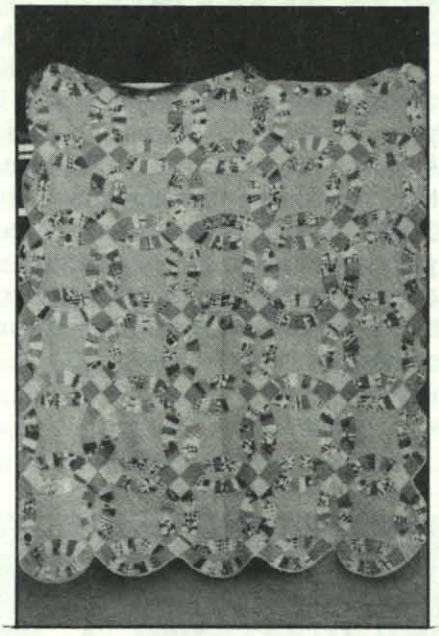
STRIDE RITE LAZY BONES

I sat on my hands until they brought out the hand-stitched quilts. The first one up was an intricately designed star pattern that begged me to take it home. How could I refuse? The wedding ring pattern that followed (full size) went for $135. Patch work quilts were a mere $35. This Sunday the prices were fairly reasonable (unless you were shopping for oak office furniture, which seems to command a premium price wherever you go in California). As usual, the



variety of items was tremendous.

There is a two hour preview before the auction where you can thoroughly inspect all items before they are sold. You will want to do this since all items are sold "as is". I can assure you that this family operated auction is completely reputable. If an item comes up that is chipped or cracked, the auctioneer will usually say so.

There is also a 10% buyers fee added to the gavel price of every purchase. For example if you have the winning bid of $40, $4 is added to the price along with 7% California sales tax.

The Slawinski Auction Co. is located at 6180 Hwy 9, Felton, California. Auction office phone 335-9005, 11-5, Wed-Sat. Look for their ad in The Herald classifieds the last week of the month or call to get put on their mailing list.

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Sandwiches Are Beautiful

by Susan Romanelli

There was Elvis, then Beatlemania. In every decade rock stars raise a social eyebrow. While I am thankful that the Constitution protects musicians of the 90's, I am glad that my child is too young to know about some of them. Lately however, I often find him glued to his first Sony, already seduced by the lyrics of a popular singer.

I confess. My son is a Fred Penner groupie.

Penner makes his living to kids and I guess he is good at it. His greatest hits are the background music for many of our activities. Especially meals. One afternoon, as Davey and a luncheon companion joined Fred in a screeching rendition of "Sandwiches are Beautiful," I caught the Penner fever. I straightened from my hunched pose over the toaster oven, my eyes riveted to the bubbling cheese, and joined in during the chorus. After lunch I began an uncontrollable research of the sandwich. As I flipped through the Encyclopedia Brittanica, volume S, I fleetingly wondered if the tape, played backwards, would encourage impressionable preschoolers to EAT *SANDWICHES*.

I do not know if national sandwich consumption is up or even if Fred is popular east of the Rockies, but I did find out that sandwiches can be beautiful. Your kid may be satisfied with the 3 billionth Velveeta melted on toast, but you don't have to be. Next time you clean up the remains of a sticky peanut butter and jelly, minus crusts, try one of these, because Fred is right -

Sandwiches are beautiful,
Sandwiches are fine.
I like sandwiches all the time.
I eat them for my breakfast,
and I eat them for my lunch.
If I had a hundred sandwiches
I'd eat them all at once.

For breakfast.

Grilled Tortilla Packets
With Mozarella and Jam
(from Food & Wine Magazine, February 1989)

4 flour tortillas, 6 inches in diameter
8 slices Mozarella cheese, cut in 1/4 inch thick slices
4 tsps of your favorite jam

1.Heat a heavy skillet over moderate. In the skillet, heat the tortillas, one at a time, until they become soft and pliable, about 30 seconds.

2.On each tortilla, arrange one slice of Mozarella in the middle. Spread one teaspoon of jam on this and top with another slice of cheese.

3.Fold the bottom flap over the cheese, fold in the sides, then roll the tortilla over snugly to secure the top flap. Press lightly to make slightly flattened packets. (At this point the tortillas may be wrapped in plastic and refrigerated over night).

4.Arrange the packets, seam-side down, in the skillet and grill over moderate heat about 4 minutes per side, until the tortillas are browned and the cheese is melted. Serves two.

For lunch.

Ham and Cheese Grows Up

Place Black Forest Ham, aged brie, and tangy mustard on dark rye bread. Spread with butter and grill.

To eat all at once.

The Big Bread Sandwich
(adapted from a Silver Palate Cookbook recipe)

1 large loaf French, Italian, or Sourdough bread, 12 inches in diameter.
1 cup ricotta cheese
1/4 cup grated Romano or Parmesan cheese
1 egg yolk
1/4 cup parsley
1/2 tsp black pepper
1/2 tsp salt
1 1/2 cups Italian or Garlic salad dressing
16 thin slices Proscuitto
12 plum tomatoes, cut horizontally into inch slices
8 thin slices Provolone cheese
2 cups arugula, rinsed, dried, destemmed oregano, to taste
3 green bell peppers, seeded and cut into thin strips
3 sweet red peppers, seeded and cut into thin strips

2 tbls olive oil

6 sweet Italian sausages, cut lengthwise into halves

6 hot Italian sausages, cut lengthwise into halves

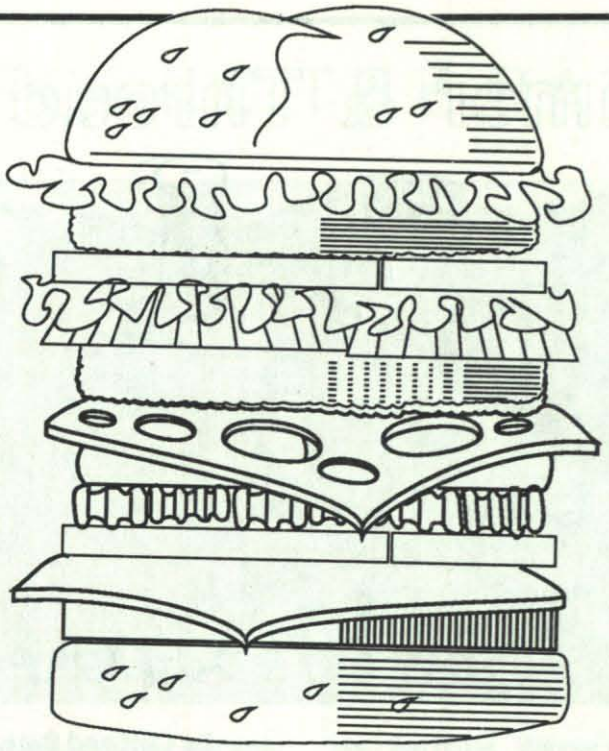
1 cup sliced and pitted black olives

1.Slice the bread horizontally into 4 slices 1 inch thick.

2.Combine ricotta cheese, grated Romano cheese, egg yolk, one half of the parsley, and he pepper and salt in a small bowl. Spread the cheese mixture over the bottom bread layer. Top with one half the tomatoes and the next slice of bread.

3.Pour some of the dressing over the bread. Cover the layers of proscuitto, tomatoes, Provolone cheese, arugula, salt, pepper and oregano to taste, more parsley, and more dressing. Cover the third slice of bread.

4.Saute the green and red peppers in olive oil along with the sausage, until all are browned. Salt and pepper to taste. With a slotted spoon, transfer peppers and sausage to the top layer of the sandwich. Cover with olives, parsley, and oregano. Drizzle a little oil on the inside of the last slice of bread and place on top.



5.Wrap the sandwich in plastic and place between two cookie sheets. Put something heavy on this to weight the sandwich and refrigerate for 3 hours.

6.To serve 10 - 12, slice in wedges with a serrated knife.

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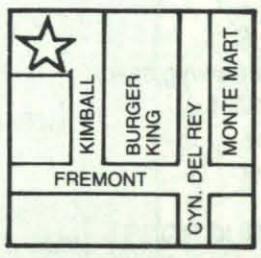

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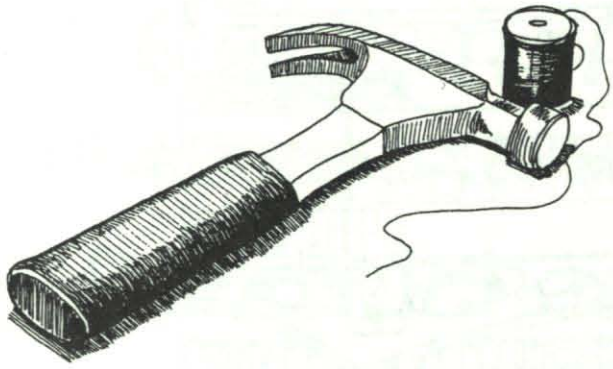
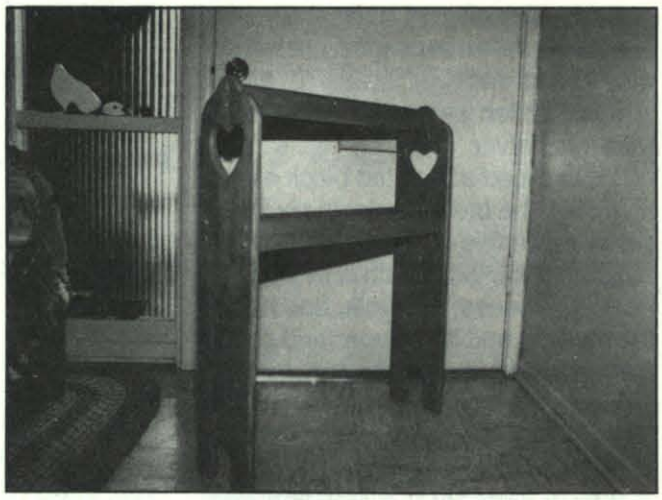




How Do You Make A Quilt Stand?

by Cliff and Beth Hedges

After having a conversation with a friend of mine, I asked my husband Cliff, if he knew how to make a quilt stand. He answered with, "If you use enough starch, I'm sure you can make anything stand."

This conversation led to him designing and making a quilt stand for my friend. We thought some people might enjoy having the plans for a very simple yet attractive piece of furniture for your homes.

MATERIALS
1" x 10" pine board 6' long
12-#10 1 1/2" wood screws
12-1/2" wood screw hole plugs

TOOLS
Saber saw/jig saw
Hand Drill
Router
Sander

INSTRUCTIONS

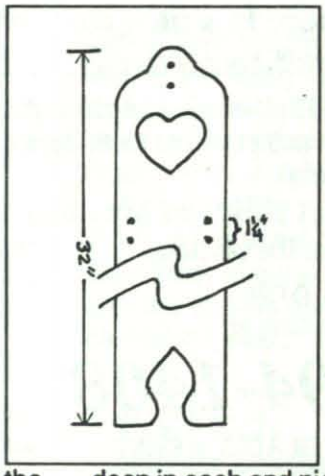
1. Cut a 2 1/2" strip the length of the 6' pine board. Since the board was originally about 9 1/2" wide you now have two 6' boards, one 2 1/2" wide, the other 7" wide.

2. Cut the 2 1/2" strip into 3 equal lengths. If the board was exactly 6' long you will have three 24" pieces. The actual length is not important, just that they are the same length. These are the cross members.

3. From the 7" wide board cut two 32" lengths. These are the end pieces.

4. Cut the heart shape and bottom design in the end pieces with a saber saw.

5. Using a router with a rounding bit, finish one edge of each cross member. (The rounded edge of each cross member will be the top.) Also finish outside edges of each end piece as well as the heart shape on each end piece.



6. Sand all surfaces.

7. Drill 1/2" holes about 1/4" deep in each end piece at the screw locations (see diagram). This will allow the screws to be counter sunk.

8. Drill 1/4" holes the rest of the way through the end piece through the center of the 1/2" holes.

9. Drill a 1/8" hole into each end of each cross member 1/2" down from the rounded edge. Make the 1/8" hole about one (1) inch deep.

10. Attach three cross members to one end piece using only the top screw for each cross member.

11. Attach the other piece to the cross members with the top screws.

12. Make sure that the cross members are straight and drill the lower 1/8" holes through the end pieces into the cross members. Install the lower screws for the cross members.

13. Glue the screw plugs into the 1/2" holes Tap firmly in place using a block of wood to prevent denting the plugs with the hammer.

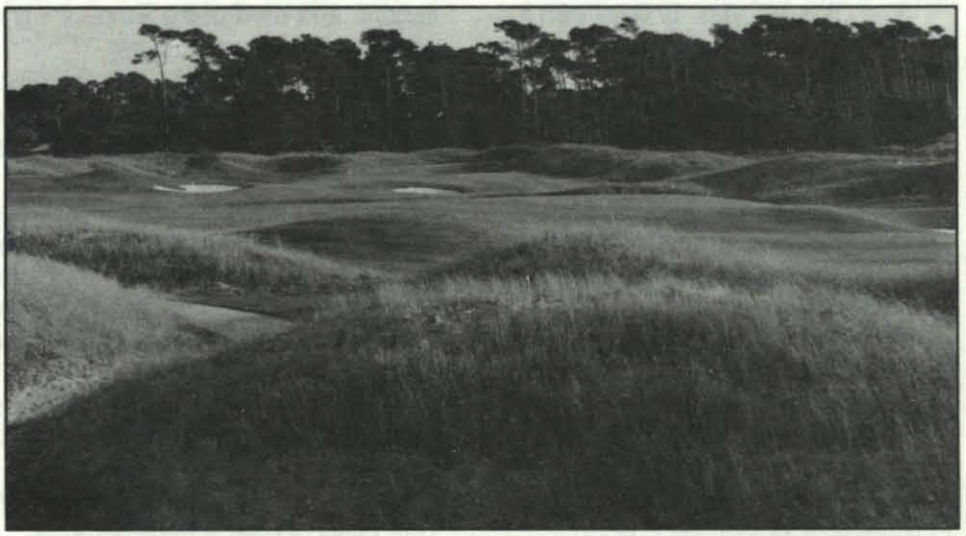
14. Stain or paint the stand. The quilt stand pictured was painted country blue and sanded on the edges and finished with Briwax.

HELPFUL HINTS

H&H on Canyon Del Rey carries a good selection of wood as well as stains and paints.

Now that Cliff has made a couple of these quilt stands, I believe the idea of using a lot of starch has left his mind. Good luck in your wood working adventures.

JANUARY AROUND THE BAY



11-13 Walter Larson Antique Sale This Activity is held at the Monterey Fairgrounds. For more information, call (415) 824-1880.

13-15 Monterey County Symphony Concert Alexander Slobodyanik, Piano, 3 p.m. King Hall, NPSG, Montyerey; 8 p.m. Sunset Center Theatre, San Carlos and 9th, Carmel; Sherwood Hall, 940 N. Main, Salinas; For more information, call 408-624-8511.

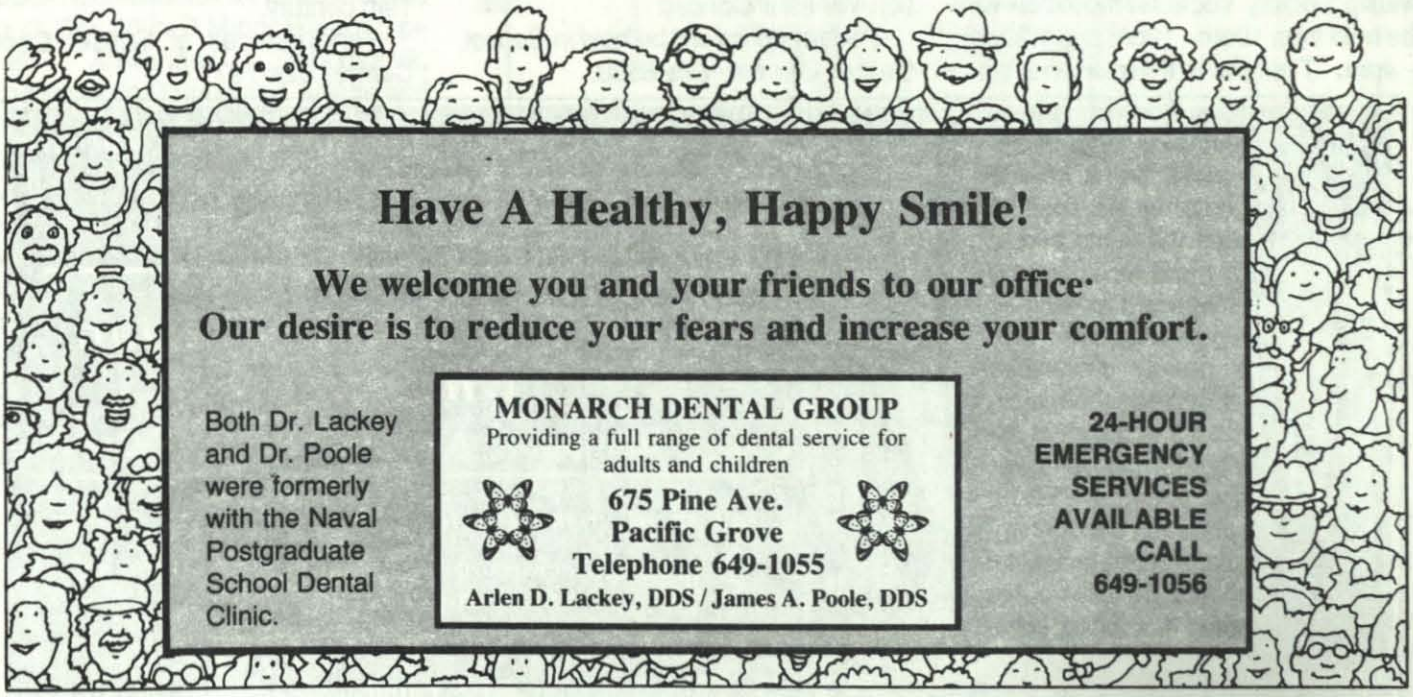
26 Natividad 4-H Rabbit Show This activity is held at the Monterey Fairgrounds. For more information, call (408) 372-5863.

26 The March of Dimes Gourmet Gala This fundraiser for the March of Dimes features Celebrity Cooking Competition, dinner, dancing, and entertainment. Superchefs Joachim Splichal and Rene Verdon will be among the masters of cuisine who will be judging the cooking efforts of such celebrities as JoAnn Worley, Ruth Buzzi and Elinor Donohue. Theme of the benefit which is sponsored in part by the Nunes Co., a Salinas-based grower-producer of fresh vegetables, is "March of Dimes-Dining Through the Decades". For more information, call 408-373-8482.

28-Feb 3 AT&T Pebble Beach National Pro-Am Golf Tournment Held at Spyglass Hill, Cypress Point and Pebble Beach Golf Courses. The tournament runs from 8:15 a.m. to 4 p.m. each day. For more information, call 408-372-4711.

29 3M Celebrity Challenge at Pebble Beach Part of the AT&T Pebble Beach Golf Tournament, 6 celebrity amateurs play five holes. Winner on the 18th and the prize money goes to charity. The activity begins at 11 a.m. at the Pebble Beach golf course.

29 Shoot-off at Pebble Beach Part pf the AT&T Pebble Beach Golf Tournament, the top 10 touring professionals play nine holes, one player eliminated after each hole, the winner decided on the 18th. The event begins at 2 p.m. at the Pebble Beach Golf Course. For more information, call 408-372-4711.



MUSIC NOTES

by Susan Romanelli

The Central Coast is filled with hidden treasures. Beneath the pounding surf brightly colored starfish cling to the rugged shores, and graceful jellies float in endless dances. The softly rolling hills conceal the area's charming, bountiful vineyards. And, on darkened stages and in silent concert halls another treasure is waiting to take you by surprise.

The upcoming music and dance season was designed with sensory enchantment in mind. Every group, from the college campus to the largest symphony hall, is tuning up for another dynamic season.

CARMEL MUSIC SOCIETY

January 16, 1991 at 8pm - The Camerata Musica, highlighting its string ensemble, is comprised of twenty-two of East Berlin's leading musicians.

February 19,1991 at 8pm - A graduate of Shanghai Conservatory, featured violinists Qi-Xin Pu has given solo performances with the Shanghai Orchestra and has won first prize at both the Bejing Young Musicians Competition and the Pasedena Musicians Competition.

March 16, 1991 - The 1991 Carmel Music Society Vocal Competition will be held from 10am - 12pm and 1:30pm - 4pm. The grand Prize winner and second and third place winners will e presented in concert at 8pm.

April 1, 1991 at 8pm - Spanish pianist Alicia de Larrocha, who has toured the United States three times each year since 1965, headlines.

April 16, 1991 at 8pm - Violinist Nandja Salerno-Sonnenberg, a winner of the Naumberg International Violin Competition, appears with pianist Cecile Licad, A Leventritt Foundation Gold Medalist.

All performances will be held at the Sunset Center Theater, Carmel. 625-9938.

CHAMBER MUSIC SOCIETY OF THE MONTEREY PENINSULA

January 11, 1991 at 8pm - The Angeles Quartet

February 1, 1991 8pm - The Orford Quartet

March 5, 1991 at 8pm - The Waverly Consort

March 30, 1991 at 1pm - Carmel Chamber Music Competition. Selections performed by chamber ensembles of strings, winds, and piano from the nation's top universities and conservatories.

March 31, 1991 at 3pm - Competition Winners' Concert

Performances will be held in Sunset Center, Carmel. 625-6598.

GREAT PERFORMANCES

February 1, 1991 at 8pm - The musical comedy Pajama Game continues its national tour.

March1, 1991 at 8pm - The Kingston Trio and an opening act, to be announced, will appear.

May 3, 1991 at 8pm - Roy Clark and his 12 piece band mix humor with country tones.

June 7, 1991 at 8pm - Robert Goulet, backed by the Guy Lombardo Orchestra, finishes the season.

These performances are in Sherwood Hall, Salinas. 1-800-678-6678.

HIDDEN VALLEY MUSIC SEMINARS - Schedule TBA. Call 659-3115 for information.

KEYBOARD ARTIST SERIES

January 20, 1991 at 4pm - Recital by Vladimir Viardo, Gold Medal Winner of the 1973 Van Cliburn International Piano Competition.

February 17, 1991 at 4pm - Performance by rising star of the piano, Benedetto Lupo.

April 21, 1991 at 4pm - Selections performed by Shura Cherkassky, a pupil of Josef Hofmann and a direct link to the grand Romantic tradition of the 19th century.

Performances at Sunset Center, Carmel. 624-7971.

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MONTEREY BAY CHAMBER ORCHESTRA

February 24, 1991 at 4pm - Selections will include Bach's Brandenburg Concerto No. 4, Wind Serenade in D Minor by Dvorak, and Hayden's Symphony No. 6.

April 28, 1991 at 4pm - The Francesco Trio is featured in an afternoon recital of Beethoven compositions including Symphony No. 7 and Triple Concerto for Piano, Violin, Cello and Orchestra.

June 2, 1991 at 4pm - The season finale will feature Mozart's Quartet for Flute and Strings in D Major with flute solo by Ray Fabrizio, The Monterey String Quartet will solo in Puccini's Elegy, The Monterey Brass Quintet will play Arutunian's Suite for Brass Quintet, and Brahm's Piano Quartet in C Minor will be performed by Edith Orloff on the piano, David Dally on the violin, Carmen Martin on the cello, and maestro Michael Nowak, conductor of the Monterey Bay Chamber Orchestra, on the viola.

Performances in Sunset Center, Carmel. 372-6276.

MONTEREY COUNTY SYMPHONY

January 13, 14, 15, 1991 - An evening of great Russian romantics includes Rachmaninoff's Piano Concerto No. 3, Op. 30 in D Minor featuring pianist Alexander Slobodyanik, Tchaikovsky's Romeo and Juliette and Sherazade by Rimsky-Korsakov.

February 10, 11, 12, 1991 - Conductor Clark E. Suttle passes the baton to guest conductor Volkmar Fritsche from Germany. Suttle will make his Monterey County Symphony debut as contrabass soloist in Concerto in A Major for Contrabass and Orchestra by Johann Sperger. The program also includes Prelude to "Die Meistersinger" by Wagner and Schumann's Symphony No. 4, Op. 120 in D Minor.

March 10, 11, 12, 1991 - The music of Mozart and Irish pianist John O'Connor, who performs the Piano Concerto No. 27 in B Flat, K595, will be featured. Other works include Overture to "The Magic Flute," K620, Divertimento in D Major, K.136, and Symphony No. 41 (Jupiter), K551.

May 19, 20, 21, 1991 - The season closes with the spirited music of Rossini's Overture to the "Barber of Seville," Copland's Appalachian Spring, and the work most symbolic of world peace, Symphony No. 9, Op. 125 in D Minor by Beethoven.

Sunday performances are at 3pm in King Hall at the Naval Postgraduate School. Monday performances are at 8pm in Sunset Center, Carmel and Tuesday performances are at 8pm in Sherwood Hall, Salinas. 624-8511.

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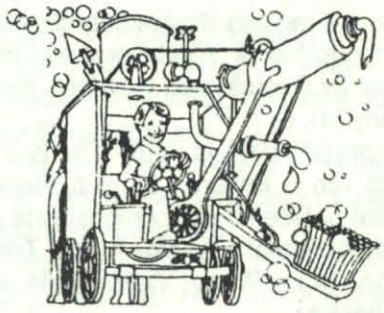

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Masquerade Ball Costume Revue

by Kathy Richmond

The Masquerade Charity Ball "Costume Revue" has been scheduled for Friday, February 1 at 8 p.m. in the Barbara McNitt Ballroom. This is a great time for all to come together and get wonderful ideas for the Masquerade Charity Ball which will be held on Saturday, March 2, 1991.

Tickets are $38 per couple or $19 individually. A portion of the ticket price is tax deductible and receipts will be furnished on request. Ticket sales will start the night of the "Costume Revue" and tickets will also be available on Monday, February 4th from 11 a.m. to 1 p.m. by the student Mail Center in Herrmann Hall. You may purchace tickets by mail beginning February 2 through 11 using the form attached. Requests received prior to February 2 will be processed order of receipt starting on February 2 and must be postmarked no later than February 11. This is a popular event and we expect tickets to sell out early. Tickets are on a first come first serve basis starting at the "Costume Revue". Tickets will be mailed to your SMC/address approximately two weeks before the ball.

MASQUERADE CHARITY BALL

TICKET SALES FORM

PLEASE USE THIS FORM WHEN PURCHASING TICKETS

DATE OF BALL
March 2, 1991

- Tickets Sell Out Early
- Exact change or checks will be accepted for tickets. Checks payable to OSWC.
- Tables will seat 8. We will do our best to seat everyone in your party together.
- This is a chairty function, tickets are non-refundable.

NAME OF PURCHASER: _____

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