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MAY 1991

OFFICER STUDENTS' WIVES' CLUB MAGAZINE

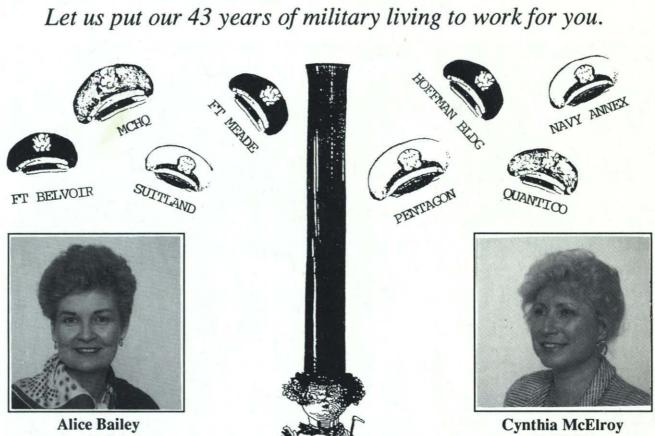
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Tea Party in the Garden



On Friday, May 17, the garden and first floor rooms of Quarters "A" will be filled with the sights, sounds, and smells of an afternoon tea party, as the OSWC welcomes newly arrived wives of international students to the Naval Postgraduate School and to Monterey. Student wives, staff wives, and international sponsors are invited to join Mrs. Kay West in her home on that Friday. 3 - 5 p.m., to meet their international counterparts, and to extend friendship and support.

The garden at Quarters "A" should be a lovely spot for a tea party after all the rain we had earlier this spring. A bevy of volunteer bakers are already planning their delicious snacks, to be complemented by tea, punch, coffee, and wine.

If you would like to help plan the event, bake some goodies, hostess at the party, or would simply like more information, please call Patrice Mull at 655-3976.

Fifties Dance

The annual St. Thomas Aquinas 50's Dance will be held Friday, May 31, from 8 p.m. to 1 a.m. in the Barbara McNitt Ballroom. It is open to the NPS community and will include a costume contest, hula-hoop



contest, limbo dancing, and more! Tickets are \$12 per person, \$24 per couple, and will be on sale in the chaplain's office in Herrmann Hall beginning May 1. Be there or be square!!!

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ONE THE COVER: The Classmate would like to thank the Interna-

tional Student Office and Ingeborg and Christine Kofer for making

our cover a memorable one. Cover photo by Beth Hedges.

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The Classmate was originated and previously edited by the wives of the students of the General Line and Naval Science School. It is now sponsored by the Officer Students' Wives' Club of the Naval Postgraduate School. Materials and opinions contained herein are those of the contributors and should not be considered an official expression of the Officer Students' Wives' Club or the Department of the Navy. Advertisements in the publication do not constitute an endorsement by the Department of the Navy of services advertised. Written permission is necessary to reprint any material herein. Published at no cost to the U.S. Government .

The monthly deadline for ALL copy to the Editor, SMC 2330, is the 1st of the month prior to the month of publication (November 1st to get into the December issue). The deadline for advertising copy is the 5th of the month prior to the month of publication.

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I love Monterey in the spring. If you follow the sounds of the barking sea lions, you'll discover beautiful sights that will make you believe you are a world away. I remember reading an interesting article

Editor's Note

by Leigh Gardener

from the local newspaper last year. A tourist had asked a local resident what lake was by Dennis the Menace Park. He responded, "Lake El Estero." The tourist then pointed across the street and inquired about that big blue lake. The resident replied, "We call that lake the Pacific Ocean." It just doesn't get much better than that!

This month we have a fabulous feature for those of us "permanent tourists" with families called "Adventures for Children on the Monterey Peninsula." Seshu Rajan has done a wonderful job highlighting interesting places to entertain our children here in the local area. Hopefully, this will come in

handy when those beautiful summer weekends roll into Monterey Bay.

This month our emphasis is on mothers in our military life style. Among the selections this month, we have included articles on mothers in the international community, one about a military mother, and a humorous recollection of "MOM." I hope you will enjoy reading each one of them.

I am also introducing two new staff members this month. Terry McKeon brings back a favorite classic with her column, "Paw Prints," and Lauri Bruce joins us as a staff illustrator.

Happy Mother's Day!

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President's Message

by Susie Thompson

I introduced myself to you last month as the new First Vice President of the Club. . .now I find myself writing the "President's Message"...! Getting to know each of you, working with your committees, and listening to your ideas and suggestions are a few of the privileges I'm enjoying during this term. The help and encouragement of such supportive members as yourselves assures that the Club can look forward to many good times

The current Executive Board is a wonderful group of ladies and they are a pleasure to work with. . . Congratulations to Patrice Mull on her recent election to Second Vice President. A major task awaits the Club as we revise the Constitution this summer, and Patrice's excellent organizational skills will certainly ease the work before us.

During March two activities completed by committees of the OSWC were the Easter EGGstravaganza, chaired by Paula West, and the Bargain Fair, co-chaired by Katherine Muhlbach and Sarah Dixon. A big THANK YOU to the ladies and their committee members for their hard work and time. Both events were very successful and lots of fun!!! Committee chairmen are always needed so let us know if you'd like to help out. . .there's sure to be some activity that's just your specialty!

Upcoming events that you can look forward to participating in include: May 6 -Governing Board/Members Meeting 7:15 p.m. in the Tower Room of Herrmann Hall (Special social evening planned); May 17 - International Tea at Quarters A; June



1 - Bargain Fair at La Mesa Elementary School; June 3 - Governing Board/Members Meeting 7:15 p.m. in the La Novia Room (Scholarship Awards will be presented).

As you can see, the OSWC has a full summer ahead. . .but nothing will be complete without you. We look forward to seeing you at the various activities!

OSWC MEMBERSHIP

The OSWC is the Officers Students' Wives' Club of the Naval Postgraduate School for the spouses of all students. In addition to sponsoring monthly activities such as luncheons, OSWC also sponsors the Art Auction, Adobe Tour, International Students' Wives Tea and many other Holiday events. Dues collected entitle you to member discounts as well as monthly Pink Flyers and the OSWC Directory. To obtain membership, fill out the form below and send it with a check made out to OSWC to; Michelle Mikatarium, 1517 SMC, Monterey, CA. Phone 443-9625. Dues: \$2 per guarter, minimum 4 guarters for new

SMC #New Member	Renewal	Active	Associate
Last Name	First	Phone	#
Spouse's Name	Rank	Ser	rvice
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Address	City		Zip Code
Length of Membership	Amount	Enclosed \$	
Are you interested in committee work? YES	NO	Volunteer? YES	SNO
Would you like to participate in ourf club administ	ration? YES	NO	And the second of the second o
Do you wish to have your Name, Spouse's Name	and Service, Addr	ess and Telephone N	Number in the OSWC Directory? (members only)
YESNO Would you like a	a copy of the OSW	C By-Laws? YES	NO



The Navy Relief Thrift Shop is open Monday and Thursday from 10:00 a.m. to 12:00 p.m. and the first Saturday of the month. It is located across from the Navy Exchange. The Thrift Shop operates strictly on donations and is run by volunteers. Anyone making a donation who wishes to obtain a receipt may do so by bringing their donations into the shop. Children are not permitted in the Thrift Shop unless they have a valid ID card or they are in a stroller or carried at all times. We apologize for any inconvenience this may cause you. We are in the process of having a fenced in play area built outside for the Thrift Shop customers only. Your patience and cooperation are greatly appreciated. Thank You.



There is money available in our La Mesa Beautiful Fund. If you know of a tot lot, playground, or other common area in La Mesa that needs some improvement, we have funds for a self-help project. If you have any questions or need request forms, please call Judy Elliott at 373-7973.

Self-Help Update

In May, self-help supplies are limited to manual gardening tools. There will be a supply update as new items come in.

Self-help is open Tuesdays and Thursdays from 1 p.m to 3 p.m. and Saturdays from 10 a.m. to 12 noon when a volunteer is available.

OSWC Cookbooks



The Cookbooks Committee is proud of the new collection of recipes they've gathered for the 1991 "Cooking with NPS Style" OSWC cookbook. They'd like to offer you a special deal to receive your own personal copy of this great new cookbook.

If you pay for your book(s) NOW, before they arrive from the publisher, a committee member will deliver your books to you if you live in La Mesa, Monterey, or Pacific Grove. Otherwise, you will be able to buy them in La Mesa from Lynne Schwarz, or at OSWC-sponsored events. If HOME DELIVERY sounds like a good deal, send \$7.00 for each book you want, to Patrice Mull (SMC #2579) or Lynne Schwarz (SMC #2200), and your books will be delivered when they arrive. Make checks payable to OSWC. Questions? Call Patrice Mull at 655-3976 or Lynne Schwarz at 649-8132.

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OSWC ACTIVITIES & CLASSES

By Patrice Mull

If you are interested in teaching a class, OSWC Activities would love to know about it. Please phone me, Patrice Mull, at 655-3976, and I will be happy to list your name and class. It's a great way to meet people and to put a little money in your pocket! If you are interested in taking any of the classes listed below, please call the instructors for more information.

Art Classes for Children & Adults — Lisa Stoshak (call Carmel Recreation Dept. at 626-1255 for registration)

Basketweaving — Denise Peters (649-6083)

Bowling — Cheri Kendall (373-1183)

Breastfeeding Made Easy — Alicia Burgett (646-8919)

Mixed Impact Aerobics — Lynn Menches (655-0290) **In addition, babysitting is available at the YMCA for the children of parents taking morning aerobics classes at NPS. Fee: \$1.50 per child.

Mother's Morning Out — Joy Doyle (647-1133) Mother's Morning Out — Renee Neely (375-3762)

Personal Fitness — Linda Shaffer (649-4486) Enjoy a motivating workout designed especially for you! Sessions include fitness assessment, cardiovascular exercise, strength training, and stretching. Workouts will be varied, interesting, and fun. Fee: \$15/hr. Call to schedule your personal appointment.

Piano — Frank Bruno (375-4389) Private lessons in classical and pop music are available in your home or the instructor's. Students purchase their own music. Fee: \$14 per 1/2-hour lesson in his home; additional if lessons held in your home.

Piano — Katie Clare Mazzeo (372-2233)

Piano — Kazuko Mockett (624-9596)

Prenatal Exercise Class — Cheryl Morgan (655-1018)

Smocked Clothes — Lynn Montgomery (655-4532)

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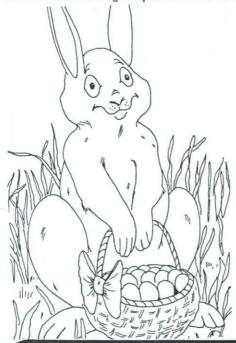
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Easter EGGstravaganza

by Paula West

As chairperson of the Easter EGGstravaganza I would like to express my sincere appreciation to all of the committee members and to EVERYONE who assisted in stuffing eggs, delivering flyers, and helping with the Easter EGGstravaganza on March 23, 1991.

Your support and help are what makes the OSWC a pleasure to be a part of. Thank You!!! Here are the winning recipes from the Cheesecake Contest. We hope you'll enjoy them.



1st Place, by Dawn Novack

OREO CHEESE CAKE

Crust:

- 4 Cups Oreo cookies
- 4 Tablespoons melted shortening

Filling:

- 4 (8 oz.) packages softened cream cheese
- 1 1/4 Cup sugar
- 2 Tablespoons flour
- 4 Whole eggs
- 3 Egg yolks

Topping:

- 2 Cups sour cream
- 1/4 Cup sugar
- 6 Oreos cut in half

Crust: Crush Oreos; mix with butter. More Oreos and butter may be used according to preference. Press mixture into springform pan. (Reserve 1/4 of mixture.)

Filling: Mix all ingredients. Pour 1/2 of filling into crust. Sprinkle crust mixture over filling. Add the rest of the filling. Bake at 425° for 15 minutes, then at 225° for 50 minutes. Cool.

Mix topping ingredients well except Oreos and add to cake. Stand 4 Oreo halves in a circle in center of cake. Then stand the rest of the Oreo halves around the edge on top of the cake.

This is best when allowed to refrigerate for a few hours.

2nd Place, by Karen Cecil

CHOCOLATE SWIRL CHEESE CAKE

1/2 Cup semi-sweet chocolate chips

- 1 Cup chocolate wafer cookie crumbs
- 1/4 Cup butter or margarine, softened
- 4 (8 oz. packages) cream cheese, softened
- 3 Large eggs
- 3/4 Cup sugar
- 1/2 Cup sour cream
- 1 Teaspoon vanilla

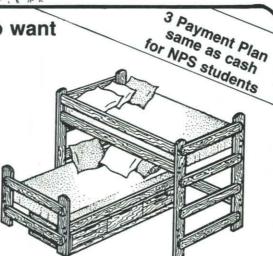
Preheat oven to 350°. Melt chocolate chips in a saucepan on low heat and set aside. Mix cookie crumbs and butter and press into bottom of a spring-form pan.

Combine cream cheese, sour cream, eggs, and vanilla in mixer at medium speed until well blended. Remove half of the cheese mixture to another bowl. Mix in chocolate. Spoon chocolate and plain mixtures alternately into prepared crust, ending with dollops of chocolate on top. Gently swirl with knife or spatula for swirl effect.

Bake 1 hour at 350°. Turn off oven and leave for 30 minutes. Cool and refrigerate for 4 hours or overnight and then remove side of spring-form pan.

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by Patrice Mull

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Jay Philip Angus, born February 8, 1991 7 lbs., 12 oz. 19 1/4" to Bill & Jane Angus

Marilyn Renee Vaughn, born January 9, 1991 7 lbs., 13 oz. 20" to John & Maureen Vaughn

Matthew Ryan Fuqua, born January 26, 1991 8 lbs., 9 oz. 20 1/2" to Steve & Kathi Fuqua Zane Thomas Miller, born December 18, 1990 3 lbs., 14 oz. 15" to Scot & Leslie Miller

Meghan Alyse Noelle Laury, born December 25, 1990 4 lbs., 9 oz. 18" to Jim & Betsy Laury

Courtney Elizabeth Prantl, born January 23, 1991 5 lbs., 15 oz. to Bill & Mary Ellen Prantl

Please send new birth announcements to: Patrice Mull, SMC 2579

How to Find a Babysitter

Why not spring into spring by providing yourself with some time out through the La Mesa Babysitting Co-op? The Co-op is an organization of La Mesa parents who babysit for other members, either during the day or evening. It's easy, economical, and fun.

All sits are arranged for you through the monthly Co-op secretary. Instead of paying money, you pay points which are earned by babysitting. There is a one time sign-up fee of \$2.00.

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This is best when allowed to refrigerate for a few hours.

2nd Place, by Karen Cecil

CHOCOLATE SWIRL CHEESE CAKE

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7.87	8.84	10.00	8.75
8.05	8.99	10.15	9.00
8.23	9.16	10.30	9.25
8.41	9.32	10.45	9.50
8.59	9.49	10.60	9.75
8.78	9.65	10.75	10.00
8.96	9.82	10.90	10.25
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by Patrice Mull

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Matthew Ryan Fugua, born January 26, 1991 8 lbs., 9 oz. 20 1/2" to Steve & Kathi Fugua

Zane Thomas Miller. born December 18, 1990 3 lbs., 14 oz. 15" to Scot & Leslie Miller

Meghan Alyse Noelle Laury. born December 25, 1990 4 lbs., 9 oz. 18" to Jim & Betsy Laury

Courtney Elizabeth Prantl. born January 23, 1991 5 lbs., 15 oz. to Bill & Mary Ellen Prantl

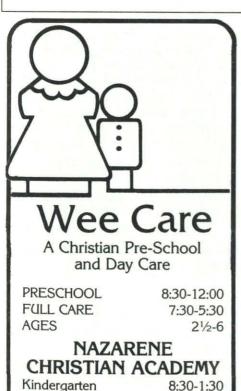
Please send new birth announcements to: Patrice Mull. SMC 2579

How to Find a Babysitter

Why not spring into spring by providing yourself with some time out through the La Mesa Babysitting Co-op? The Co-op is an organization of La Mesa parents who babysit for other members, either during the day or evening. It's easy, economical, and fun.

All sits are arranged for you through the monthly Co-op secretary. Instead of paying money, you pay points which are earned by babysitting. There is a one time sign-up fee of \$2.00.

Treat yourself to the many beautiful Monterey sights and sounds while enjoying worry free time out. Interested? Please call the Co-op Chairperson, Karen Loftus, at 649-3916 for sign up and additional information.



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MONTEREY 375-5390

1st Grade

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8:30-2:15





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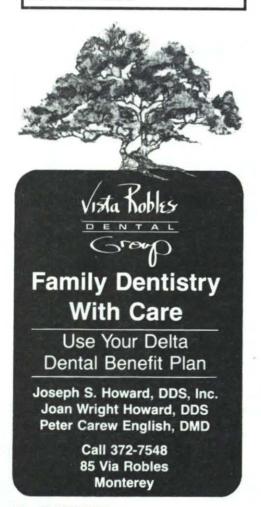
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by Jennifer Church

Navy Relief Volunteers — Taking Care of Our Own Since 1904

Volunteers organized the Navy Relief Society, now the Navy-Marine Corps Relief Society, in 1904. Today more than 3500 volunteers form the primary work force that puts relief services in place.

The volunteer force is composed of capable individuals who share a genuine interest in the well-being of sailors, marines. and their families. Volunteers provide direct relief assistance to those with emergency needs, whether working as interviewers, receptionists, food or hospitality locker personnel, or manning the thrift shop.

The Society values its volunteers and maintains records of hours given and leadership positions held. In appreciation for these unpaid hours, awards are given, and exceptional service is recognized. Many former volunteers have noted that demanding work such as this looks great on resumes as well!

As you move around the military community, remember that you always have a place where you are welcome, where your skills are needed, and where your time is appreciated.

For more information or to become our newest volunteer, please call 373-7665 or come by the office just downstairs from the Quarterdeck in Herrmann Hall. We're open MWF, 1000 - 1300, and we're waiting for vou!

NPS Celebrated Mardi Gras

The Ouarterdeck came alive with costumes, glittering masks, and semi-formal attire on Friday evening, February 1st, when the Masquerade Charity Ball held its Second Annual Costume Revue. The Costume Revue, a unique costume/fashion show, gave masqueraders a chance to gather ideas on what to wear to the Masquerade Charity Ball which was held on Saturday. March 2nd.

The Revue started off with an elegant semi-formal fashion show hosted by Macy's. Models paraded the latest spring evening fashions complete with ruffles, feathers, and furs. The runway was illuminated with a myriad of hues and textures, including rooshed emerald satins, multicolored silks. and traditional black velvets and taffetas flounced in white accents. Our thanks to Lynda Vaughn and Carole Helding for bringing the signature glitter and glamour of Macy's to NPS.

The first Masquerade Ball, held last February, enjoyed outstanding success, and so it has become an annual event. The idea for a Masquerade Ball stemmed from the Holiday Charity Drive Committee as a way to raise funds for local charities. The beneficiary of this year's Ball was the Monterey Chapter of the American Cancer Society and was co-chaired by Diane Hearing and Pamela Wawrseniak. This year \$500.00 was raised to start a transportation fund for the American Cancer Society.

See you at next year's Bal Masque!

The Eagles Eye Art Gallery

The Eagles Eye Art Gallery welcomes spring with our Artist of the Month, Peggy Jones. Peggy is a resident of Rio Del Mar, California. She started her painting career working in acrylic paint at home on her own. She enjoyed it so much that she enrolled in an adult education class at Palo Alto High School. From these beginnings, she went on to college courses in drawing, color and design, oil painting, and watercolor. Peggy has studied under several accomplished private and college instructors. The Eagles Eye Gallery invites you to come in and view Peggy's unique artistic contributions to our May show. Peggy's show will be featured May 1st through the end of the month.

The Eagles Eye Art Gallery is located in the basement of Herrmann Hall behind the Museum. Our hours of operation are 11:30 a.m. to 3:00 p.m. Monday through Friday. One of our talented and helpful artists is always on duty.

MAKE A JOYFUL NOICE!

On 14 April, the Naval Postgraduate School presented the first of several sacred choral concerts on the Quarterdeck in Herrmann Hall. That concert was a public debut for two music groups recently formed by the Protestant Chapel Director of Music, Mrs. Deryl

Hess. The NPS Men's Chorale is currently composed of students and faculty from NPS and the Defense Language Institute (DLI). They have participated in the worship services and performed at several area churches, and they have been well received at each appearance. These men sing a mix of classical and contemporary sacred music that will soon expand to include several challenging patriotic pieces. The Chorale rehearses every Tuesday from 6:00 -7:30 p.m. in the Christ the King (Protestant) Chapel in Herrmann Hall, and is open to all dedicated men from any of the area military bases. Interested men should have some formal singing experience, with some music reading ability preferred but not required.

About 18 women make up the Christian

Women's Community Chorus, a group whose repertoire includes a variety of contemporary pieces. This ensemble which has adopted the name, "Our Master's Voice," was formed by Mrs. Hess to allow women of faith on the Peninsula to have some fellowship and to participate in a challenging music program beyond their respective church choirs. They rehearse each Monday evening, 7:30 - 9:00 p.m. in the Protestant Chapel. Women who wish to get involved should have some singing or music experience,

although sight reading is not a firm require-

For those who wish to sing in a less formal environment and to participate in the Chapel program, there are the Protestant Chapel Choirs. The adult choir sings every week in both regular worship services. Rehearsal is on Tuesdays, 7:30 - 8:45 p.m. in the Protestant Chapel. Music reading ability is always welcome but never required. One only needs a heart for God and a dedicated voice!

The children's choir rehearsals are held in the La Mesa Youth Center on Thursdays, 4:15 -4:30 p.m. for ages 3 - 5, and 4:30 - 5:00 p.m. for ages 5 - 13. The children's choirs offer an excellent opportunity for youngsters to learn valuable musical skills.

Anyone interested in joining any of these musical groups is encouraged to contact Mrs. Deryl Hess through the NPS Chaplain's Office, 646-2241, or by attending a rehearsal. These programs are your chance to make a joyful noise!





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IN THE AFTERMATH OF WAR. HUMAN NEEDS REMAIN

Although the war in the Persian Gulf has ended, the American Red Cross still needs help from the American public to meet the needs of U.S. Armed Forces, their families, refugees, people made homeless by the conflict, prisoners of war, and other war victims.

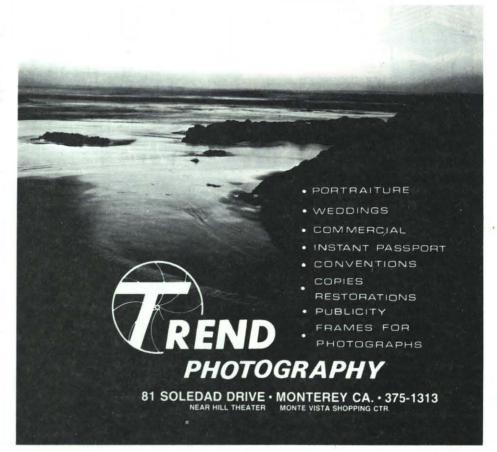
According to Shella Foster, Volunteer Station Chairman at the Fort Ord Red Cross, the Red Cross has committed to having its workers stay with their assigned U.S. military units in the Gulf for as long as U.S. forces remain. Red Cross workers help soldiers stay in touch with their families about births, deaths, and serious illnesses. Since the Gulf crisis began in August, the Red Cross has relayed over 130,000 messages to U.S. service members in the Gulf.

The Department of Defense has also helped the Red Cross ship more than 235 tons of morale-building supplies including toiletries, games, and snacks to service personnel in the Gulf. In addition, over 1,500 Red Cross volunteers worked the "freedom flights" evacuating American nationals from the Middle East.

Here at home, Red Cross services in the military community have included emergency communications, emergency financial assistance, referral services, layette certificates to new parents, as well as comfort kits and CPR training to deployed

"Our responsibilities increase significantly in times of international crisis," said Foster, "and our work is not over yet. By helping the Red Cross, people help themselves, their neighbors, and others around the world affected by the conflict to get the help they need."

To support American Red Cross efforts, send checks made out to the "American Red Cross Gulf Crisis Fund" to P.O. Box 37243, Washington, D.C., or to the Fort Ord Red Cross, P.O. Box 189, Fort Ord, California 93941. Or donors may call toll-free (800) 842-2200. For more information on Red Cross services, contact the Red Cross at 242-7801.



VOLUNTEERING = PORTABLE SKILLS

By Lynn G. Ivey

One of the often overlooked benefits of volunteering is how it can help you get a job. For military spouses who are highly mobile, volunteering may be the only way to work in your career field, to obtain work experience, or to update your skills. Mobile spouses must think in terms of portable skills, not portable careers; volunteering is an excellent way to develop new and portable skills.

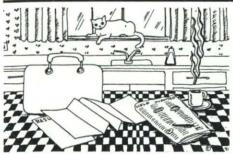
Specifically, volunteering allows you to:

- · Test a career field to see if you like it and learn what training may be needed
- Explore new interests
- Get documented work experience for vour resume
- · Develop skills needed for a new career direction
- Make contacts
- "Get your foot in the door"

At the Family Service Center, we understand the unique needs of military spouses. We are also experts at turning "down time" into profitable work experience. By tailoring your volunteer assignments to your interests and goals, you gain more than good feelings about helping others—you gain skills that will assist you in the job market.

There are a number of positions available within the Center, at NPS, or with community agencies. We aggressively network with local and national organizations in order to offer our volunteers opportunities that challenge as well as educate. Whether you have computer or clerical skills to share or learn, counseling experience, management interests, or other skills, we can show you how to use those skills now, and how to best market your volunteer experiences.

For information on how to join our volunteer staff, contact Family Service Center, Room 039 on the lower level of Herrmann Hall, or call 646-3141 or 646-3060. We are looking forward to working with you!



When you send out your resume to prospective employers, it serves as your personal ambassador of good will. Your resume is designed with one thing in mindto get you job interviews. It is your personal advertisement, your "sales pitch" to potential employers. First impressions are crucial, so a great resume should be one of your strongest allies in a job search. By using proven organization techniques, you can create a statement about yourself that will make a prospective employer want to put the world on hold and call a summit with you. Once the door is open, your resume serves as a GUIDE for you and the interviewer while discussing your background. It also serves as a REMINDER to the interviewer about who you are and what makes you special, after the interview is over.

DO be honest; a skillful interviewer will be able to spot any exaggeration or false

COMMUNICATING YOUR CREDENTIALS

information. Keep it BRIEF. If you can, limit it to one page. If not, try to keep it to two pages. WRITE your own resume; you know yourself better than anyone else does.

DON'T use gimmicks, unusual formats, loud colored paper, or anything that may attract the wrong kind of attention. Never include salary requirements-if you are asked for this information, put it in your cover letter. Omit unnecessary personal information such as: race, religion, political affiliation, etc.

Further tips and assistance with resume writing is available to all military family members, retirees, and pre-retirees in the Spouse Employment Assistance Program office. The SEAP is located in the Family Service Center, Herrmann Hall, Room 039. The SEAP coordinator is Rose Anna D'Auria. Stop in or call for a personal appointment. Phone 646-3141/3060 Monday through Friday, 8 a.m. to 4:30 p.m.

PRESIDIO OF MONTEREY PRIMUS CLINIC

The Monterey clinic is the Primary Treatment Facility for all active duty personnel assigned to POM and the Naval Postgraduate School. Evaluation and treatment, to include quarters and temporary profiles, are available during all operational hours for these service members.

Other special services for Active Duty personnel include:

- Periodic military physicals
- Gynecologic care
- Optometry
- Audiometry

Services available to all beneficiaries include:

- Treatment for minor illnesses and injuries for adult and pediatric patients
- Required immunizations (for adults only)
- Laboratory services
- · Routine radiologic services
- Health and wellness education programs
- Approved pharmacy services

Improved accessibility with minimal waiting time is provided by our same-day appointment system at the Monterey facility.

The services listed above are available on a walk-in basis, however same-day appointments are available and recommended. If you have any questions concerning services available, please call 647-5741.

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Mutties, Mums and Mommies

by Regina P. Galvin

From the first breath of a child's life, special challenges await all mothers. First solid foods, first words, first scout meetings, first dates, first loves. . .the list is infinite; the challenges are never-ending.

Some elements of life are universal. Regardless of her nationality, a mother's smile and loving words to her children need no translation to the observer. In any language the look on the child's face tells us the message was, "I love you."

Hugs are hugs in Japanese or German. And whether you are "down under" or on the Monterey Peninsula, a kiss from your little one is just as sweet.

Three mothers from the Naval Postgraduate School's international community share with us some of their challenges as "international mom."



Elizabeth Coyle — Australia

"My greatest challenge as a mother in an international community is to prepare for the birth of my third child in May, whilst caring for my husband and children in a foreign country without support from family or established friends." KRISTINA — 3 1/2 years, JAMES — 2 years, NEW BABY — due in May.

Ingeborg Kofer Germany

"[My greatest challenge as an international mother is] to give my daughter the chance to meet as many Americans and international children and families as possible so that she learns as a youngster to feel comfortable with [people] from other nations." CHRISTINE — 2 years.



To all the mutties, mums, and mommies out there, we hope all your challenges are met with success, and we wish you a Happy Mother's Day ♥



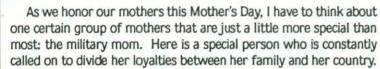
Elko Hosoya — Japan
"My greatest challenge? That's study English! If Mommy forgets to make effort, probably children will follow. I want to continue studying. It's for me and it's for my kids, also." MOMOKO — 8 years, SACHIO — 6 years, MASAHIKO — 3 years.

Photos by Beth Hedges



A Special Kind of Love

by Tina Brock



Of course, I can't really talk from experience about being an active duty military mom; my kids came along long after I separated from the Air Force. Being a reservist mother actually has an advantage or two. I call my reserve weekends my "sanity weekends" — an opportunity to be with just adults (at least most of them are adults!). The two weeks a year are tough; you have to find a suitable babysitter that won't cost more than you'll make in the two weeks, someone to ferry the kids to and from school and leave your house in one piece.

That was a reserve mom's biggest worry until the United States decided to go to war and call its reserve force to active duty. All of a sudden you're not thinking in terms of days or weeks, but months. How can I leave my kids for that long (even though they're with dad)? Hopefully, one of us will be with them. I found myself praying that the phone wouldn't ring with somebody on the other end determining what my next six months would hold. But then, on the other hand, did I really have a right to feel that way when so many of my friends were volunteering to go on active duty? Was I being disloval? For the first time in my life my feelings were torn between my family and my country. Of course, if they had called, there would be no doubt in my mind where my loyalty would lie.

My heart went out to the mothers of tiny babies. I can imagine how heart-wrenching it must have been to leave the tiny ones behind. How could the military be so cruel as to call on them, people asked. But then, I guess we put our hearts on the line when we join the unit. After all, they had told us to prepare for this all along.

I'm not writing this to complain about the hardships of a military mother. The choice is up to each individual whether to serve their country or not. I just want to bring attention to a remarkable group of women. A mother's love is something special. Nothing else can take

its place. when there's also room in that heart for dedication to one's country, that's extra special. Hats off to every mother who is away from her children because of love of country on this Mother's Day ♥









Adventures for Children on the Monterey Peninsula

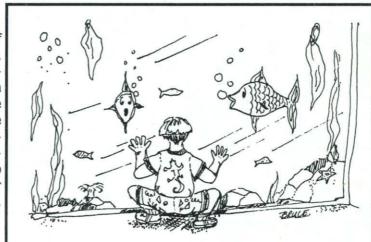
by Seshu Rajan

The Monterey Peninsula is like a jewel on the California Coast in terms of natural beauty, and Monterey's historical past gives it a unique atmosphere. You will find that Monterey has quite a reputation as a romantic hideaway, and it also has its share of cultural attractions for adults. But, as summer approaches, you may be wondering where you can go with your children. If you have already taken a drive down the Big Sur coast, or if you have driven up to Santa Cruz with your children, take a look at these places that are closer to home.

The primary consideration in compiling this list of places to visit has been to make it interesting for both parents and children. The other consideration was to include places and activities that did not involve large admission fees. If you are relatively new to the Monterey Peninsula, a word of caution regarding the weather. It is notoriously unreliable. You will find that cool winds and fog have a mean way of sneaking up on even the most sunny day. Be sure to carry sweaters or jackets and you will avoid ruining an otherwise pleasant outing.

Allen Knight Maritime Museum

The museum has a collection of maritime artifacts, photos, models, and other memorabilia that portrays the fishing and whaling era in Monterey. It is a fascinating place for curious children. Tours may be arranged. 550 Calle Principal. 408-375-2553. From mid-June to mid-September, Tues. - Fri., 10 am to 4 pm. Weekends 2 to 4 pm. Other months, Tues. - Fr. 1 to 4 pm. Free.



crowded, and at low tide it's a good place for children to play or wade in the ocean. Be aware, though, that the currents can be very strong, and there is no lifeguard station. On clear days you will be able to see Moss Landing and even Santa Cruz. If your children like to collect seashells, sand dollars, and lovely colored pebbles, this is the beach to visit. Dogs are allowed. Off Del Monte Ave. Park near NPGS west gate and walk to the

Peninsula. The beach is rarely

Colton Hall and Old Jail

This was the site of the constitutional convention and the first public school in California. This charming two story building with white pillars and classical portico is a direct contrast to the Old Monterey Jail which is nearby. The Jail was built with local granite and was in service for over a century. Dutra & King Sts., 408-646-3851. Daily 10 a.m. - 5 p.m. Free.

Mission San Carlos Borromeo

The mission is a church, two museums, a cemetery, and courtyard gardens. This is the second mission established by Father Junipero Serra who is buried here. The museums display the spartan monastic existence of the early 1800s. Don't miss the Moorish bell tower. 3080 Rio Rd. 408-624-3600. Daily from 10:30 a.m. - 4:30 p.m. Closed holidays. Donation of \$1.00 per person.

Carmel River State Beach

This is one of the prettiest beaches on the Monterey Peninsula. There are gentle rolling sand dunes and startlingly blue waters. The Carmel River provides a riparian sanctuary for all types of birds. Borrow a bird book from the library and your children will have fun trying to identify different birds. Dogs are allowed. Off Scenic Rd. Take Rio Rd. to Santa Lucia Ave. Sun up to sun down.

Del Monte Beach

This is probably the longest stretch of sand around the Monterey

beach.

Elkhorn Slough

This relatively hidden away tidal estuary is a wonderful place to spend an afternoon or a day. There are guided nature walks on the weekends at 10 a.m. and 1 p.m. The slough is a sanctuary for flocks of migrating birds and other wildlife. 1700 Elkhorn Slough. (Near Moss Landing), 408-728-2822. Open Wed. - Sun. 9 a.m. to 5 p.m. Adults \$2.25, free for children.

Jack's Peak Regional Park

This park is a close two miles behind La Mesa Village. There are about 10 miles of nature trails and panoramic views of the Monterey Peninsula. Dogs allowed. Off Monhollan Dr. 408-755-4899. Open daily 9:30 a.m. to 5:30 p.m. Free.

Lake El Estero and Dennis

The Menace Playground

The lake and parks surrounding the lake are usually one of the warmer spots on the Monterey Peninsula. There is a trail around the lake which is a pleasant walk for parents with toddlers. The playground was designed by Hank Ketcham, the creator of Dennis the Menace cartoons. The playground has free-form dimensional equipment and a lion shaped drinking fountain.

Off Camino Aguajito. 408-646-3866. Daily 10 a.m. to dusk. Free.

Lover's Point Park

This tiny park at the edge of the peninsula is popular with both tourists and locals. There are volleyball courts, and a cozy cove to swim in. The bike paths that you will see near the park run past Cannery Row and the Wharf, past NPGS, all the way to Seaside. In the opposite direction, the bike path goes as far as Point Pinos. On weekdays, the bike paths are less crowded and safer for children. Ocean View Blvd at 17th St. 408-372-2809. Daily 9 a.m. to dusk. Free.

Monterey Bay Aguarium

This was the site of the Hovden Cannery from 1914 to 1972. The aquarium opened in 1984 and dramatically displays the life that exists underwater in the Monterey Bay. There is a touch tank complete with bat rays that you can pet. Stay to watch the antics of the sea otters at feeding time.

886 Cannery Row. 408-649-6466. Daily from 10 a.m. to 6 p.m. Adults \$9, military (with ID) \$6.50, children \$4.

Monterey Peninsula Library

There will be a summer reading incentive program for children called "Wheels, Wings, and Words." Ask about special activities such as a visit to the fire station and a sign language theatre. Preschool story times are on Tuesdays & Wednesdays at 11 a.m. Pajama story times are on the last Tuesday of the month at 7 p.m. The library also features a bookmobile service which has a weekly stop in La Mesa Village. 625 Pacific St. 408-646-3930. Mon. - Thurs. 9 a.m. to 9 p.m. Fri. 9 a.m. to 6 p.m. Sat. 9 a.m. to 5 p.m. Sun. noon to 5 p.m. Free.

Pacific Grove Museum of Natural History: One of the best exhibits on the Monarch butterfly is found here. There is also a large collection of birds, mammals, and insects (stuffed and photos) which details the natural history of the Monterey Peninsula. 165 Forest Ave. 408-648-3116. Tues. - Sun. from 10 a.m. to 5 p.m. Free.

Point Lobos State Park

The park is in a beautiful setting of Monterey cypress pines and wildflowers. It covers more than 1250 acres of craggy coastline with seven miles of hiking trails. Swimming is permitted at picturesque China Cove. Maps are available at the entrance for 50 cents. Highway 1 South, past Carmel. 408-624-4909. Daily 9 a.m. - 6 p.m. \$5.00 per car.

Point Pinos Light Station

This is the oldest lighthouse on the west coast and it has been in operation since 1855. The first light was a simple sperm oil lamp. The lighthouse has 18 inch thick granite walls. There is a small museum upstairs. Ocean View Blvd., off Asilomar Ave. 408-648-3116. Weekends 1 p.m. to 4 p.m. Free.

Oliver Observing Station

It is operated by the Monterey Institute for Research in Astronomy. Tours will be available on June 9, July 21, Aug. 11, and Sept. 8 at 1:30 p.m. Please call for reservations and prices, 408-375-3220.

The Pacific Grove Recreation Department offers performing arts programs for children. Ask about the Tres Arts Children's Theater, Contact the Pacific Grove Recreation Department at 408-649-3479.

Visit the McDonald's restaurant on Del Rey Blvd. (Rte. 218) in the K-Mart shopping center. They have a unique children's play area.

Take advantage of a sunny day to explore the tidepools along the rocky Pacific Grove coast. Children are usually delighted with the many creatures that can be found. Do not adopt any marine life that you find; most marine organisms on the coast are protected under state law and there are fines for collecting them.

Please remember to have a good time. Your children will, too.

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MOM

by Susanne de Lira Laskowski

I guess most of us never truly appreciate our mothers and what we put them through, until we become parents ourselves. As the mother of two I look back on my childhood in utter amazement. . . How did she do it? How did my mother manage to raise two boys and two girls without being committed to the Happy Acres Looney Farm? The worst part of this recollection is that it wasn't my brothers or sister who gave her the hardest time—it was ME!

That's a terrible admission, but it's true. Out of all the children. I inherited that unique genetic combination of traits that resulted in being one fearless and strongwilled child; a parent's worst nightmare! I was a four-foot Kamakazee who, at various times, broke both arms, an ankle, and received stitches for gaping cuts on my face. If I wasn't putting myself in imminent danger. . . I was putting someone else in it.

This might lead one to wonder, how is it I am not writing this story from some women's penitentiary? It seems my par-



ents could literally see the writing on the wall, (I also had the tendency to color murals on our white fence), and relied heavily on two theories to keep me in line: discipline and work.

On weekends my mom enlisted me to help her with EVERYTHING! And once I finished doing the "normal" things like

doing dishes, dusting, cleaning my room, cleaning sinks, and vacuuming, she'd start getting creative and have me iron sheets! I was about ten or eleven at the time, and I can remember one Saturday morning complaining under my breath how ridiculous it was to take the wrinkles out of something you were only going to wrinkle anyway by sleeping on it. Naturally, I never saw any of her wisdom behind all of this harnessing of youthful energy. I saw her as the heartless woman who was crimping my style. . .not to mention my fun. We were always clashing. I didn't appreciate her or her efforts in managing the household—and they were enormous.

And then I had kids. The light turned on. I am now walking in her shoes. I know exactly what she was talking about when she would prophetically announce to my sarcastic teenage ears, "Someday when you have kids. . .you'll better appreciate what I do around here." I always thought I could forget those words, but I cannot. Every time one of my kids gets sick I have an instant flashback of all the times she got up in the middle of the night and held our heads over the toilet bowl so we could throw up without making a mess on the floor, and cleaning it up if we did.

My childhood is repeating itself. My kids have drawn on the carpet with marker pens, received stitches, and at times worried me to death when they've become lost. I've lost count of how many times I've reminded them to: use a Kleenex instead of wiping their nose on a shirt sleeve; put their shoes and other important items away so they can find them again; and dress warmly when it's cold outside. Conversely, despite their need for constant monitoring and attention, they have always sustained me through my grayest days with the brightness and love of their shining faces. With them I can forget about being an adult at times and even get away with holding their hands and skipping down the sidewalk singing, "We're off to see the Wizard," as we return home from a walk.

I only hope that I can be as good a mom to my kids as my mom was for her children. For motherhood is not just a job; it's a lifelong ADVENTURE.

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As I prepare to return to the state of my nurturing I am sure I should be ecstatic, but somehow inside I hear a sense of foreboding of what is to come. It's those east coast anxieties. You know you've heard the Monterey Californians complain about the terribly muggy east coast summer weather, the rainy golf weather, the lack of any lettuce but Iceberg, the hospital clean vegetables, no exciting earthquakes, the strange brand names, the uptight metropolitan clothing, the cold, cold winters. . . and you know, I'm starting to wonder about them too.

Face it, I have gotten used to Monterey. I've finally conquered the Crossroads Shopping Center. I know where everything is here. Back "home" Mother tells me they just put in a new road and built a brand new shopping mall near the Pentagon City. Horrors—I have no idea where any of the stores are over there. What will life be like in this place that I have longed for in my heart but have mentally blocked from my existence? I will be sad to leave Monterey.

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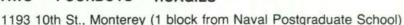
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MOM

by Susanne de Lira Laskowski

I guess most of us never truly appreciate our mothers and what we put them through, until we become parents ourselves. As the mother of two I look back on my childhood in utter amazement. . . How did she do it? How did my mother manage to raise two boys and two girls without being committed to the Happy Acres Looney Farm? The worst part of this recollection is that it wasn't my brothers or sister who gave her the hardest time-it was ME!

That's a terrible admission, but it's true. Out of all the children, I inherited that unique genetic combination of traits that resulted in being one fearless and strongwilled child; a parent's worst nightmare! I was a four-foot Kamakazee who, at various times, broke both arms, an ankle, and received stitches for gaping cuts on my face. If I wasn't putting myself in imminent danger. . . I was putting someone else in it.

This might lead one to wonder, how is it I am not writing this story from some women's penitentiary? It seems my par-

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ents could literally see the writing on the wall, (I also had the tendency to color murals on our white fence), and relied heavily on two theories to keep me in line: discipline and work.

On weekends my mom enlisted me to help her with EVERYTHING! And once I finished doing the "normal" things like doing dishes, dusting, cleaning my room, cleaning sinks, and vacuuming, she'd start getting creative and have me iron sheets! I was about ten or eleven at the time, and I can remember one Saturday morning complaining under my breath how ridiculous it was to take the wrinkles out of something you were only going to wrinkle anyway by sleeping on it. Naturally, I never saw any of her wisdom behind all of this harnessing of youthful energy. I saw her as the heartless woman who was crimping my style...not to mention my fun. We were always clashing. I didn't appreciate her or her efforts in managing the household—and they were enormous.

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REAL ESTATE

SATURDAY, JUNE 30, 1990

Long & Foster Realtors, the largest real estate firm in the Washington Area, is one of the top-ranked real estate firms in the country, according to the Consumer Reports survey.

Long & Foster, a 22-year-old firm with 173 offices from Baltimore to Norfolk, scored a 77 total on the overall 100-point home-seller satisfaction index, which made it the second-rated firm in the country, according to the survey of 72,000 Consumer Reports readers.

Topping the list was Edina Realty, which operates in Minnesota and Wisconsin and received a 78 percent approval rating among Consumer Reports readers. Long & Foster edged out two other national firms-Re/Max and Merrill Lynch Realty, now known as Prudential Real Estate Affiliates, both of which have offices in the Washington area.

"We were thrilled," said P. Wesley Foster, Jr., president of Long & Foster, who attributed the strong ranking to good sales agents and an accomplished training department.

Several large national companies left readers more dissatisfied. Century 21, the largest brokerage firm in the country, won a 69 percent approval rating, while 68 percent of the readers surveyed who had sold their homes in the past four years were pleased with the performance of ERA Real Estate.

-Kirstin Downey

Next thing you know we'll be eating tofu and sprouts!

EAST COAST ANXIETIES

As I prepare to return to the state of my nurturing I am sure I should be ecstatic, but somehow inside I hear a sense of foreboding of what is to come. It's those east coast anxieties. You know you've heard the Monterey Californians complain about the terribly muggy east coast summer weather. the rainy golf weather, the lack of any lettuce but Iceberg, the hospital clean vegetables, no exciting earthquakes, the strange brand names, the uptight metropolitan clothing, the cold, cold winters. . . and you know, I'm starting to wonder about them too.

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So as I say goodbye to this land of raisins, prunes, wine, and nuts I take a last look around and say a fond farewell. In my time here I have found interesting and practical ways to combat those California anxieties like drinking wine to conserve water, sailing on the bay instead of fretting about earthquakes, refilling my Evian bottle with tap water, and thanking UPS for quick deliveries of White Cloud toilet tissue from Virginia. But I will always hold a fondness in my heart for NPS, La Mesa, and Monterey. There will always be a distant echo of the sea lions roaring as I sleep. I will always feel the need to drink from biodegradable coffee cups and separate my garbage.

Yes, California may have the greatest number of people under psychiatric care, according to the World Book, but I am not one of them. We have survived. I pack my sea bag, take one last look at the Pacific Ocean, and before I depart for points East:

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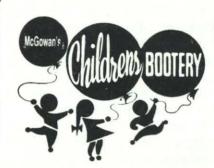


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Theater Under the Stars

by Jan Golden

Tucked away in the pines on a quiet corner of Carmel stands the Forest Theater, the oldest outdoor theater "west of the Rockies."

Located at Santa Rita and Mountain View in Carmel, the Forest Theater presents two plays a year during its June through September season. This season's presentations will be "Of Mice and Men," playing June 13 to July 21, and "Beckett," playing August 1 to September 1.

The theater was begun in 1908 to showcase regional works of local artists and quickly became the center of the early artistic Carmel community. In 1937 the theater became the property of the city and remains as such today. After undergoing many trials and tribulations during the theater's early history, it nearly succumbed to closing during World War II. The Forest Theater was reorganized in 1948 by Cole Weston, its current president and director. During its revival in the 1950s, the Forest Theater Guild produced such plays as "Paint Your Wagon," "Playboy of the Western World," and "As You Like It." Soon after, however, the Forest Theater once again fell victim to possible closure as the property became in need of much repair. A well-



Scene from Pipe Dream

attended public meeting regarding the future of the theater led to great local support, including that of some professional theater people who wanted to help out. Among them was Dame Judith Anderson who, in 1971 with her powerful readings from local author Robinson Jeffers' "Medea" and "Tower Beyond Tragedy," raised \$5,000 which ensured the continuation of the theater and paved the way for its restoration.

Since then, the Forest Theater Guild has remained a cultural asset to the city of Carmel, presenting serious theater as well as some comedy and musical productions. Among them are "Taming of the Shrew," "MacBeth," "A Long Day's Journey Into Night," "Kiss Me Kate," "Oliver," "Brigadoon," "Our Town," "Tom Jones," "Romeo and Juliet," "Cyrano," "A Lion in Winter," "Pipe Dream," "Siddhartha," "Twelfth Night," and "Canterbury Tales." John Steinbeck's "Of Mice and Men" will be presented this summer for the second time, after its smashing 1978 success.

An evening at the Forest Theater promises to be a memorable experience. "It's a magical theater," says Mr. Weston. As further described by the Forest Theater Guild, "The acoustics, as so often happens

in the woods, are marvelously perfect. The location has been considered exquisitely in harmony with nature, it is not a garden theater, it is of the primeval forest. . . . When the stars and moon are out, the setting is of indescribable beauty, and once seen it will always be remembered." There is not, nor has there ever been, a curtain. Two huge fireplaces are lit on either side of the stage during each performance, reminiscent of the theater's early days when bonfires lighted the roads and paths leading to the theater. Theater-goers are encouraged to arrive an hour or two before the performance with a picnic and wine, which may range from the quite simple to caviar and candelabras. There is also a concession booth.

Performances begin at 8:00 p.m., and there is ample parking. Tickets are \$10.00 for adults, \$8.00 for military and seniors. The upcoming season promises to be an exciting one, so dress warmly, pack a picnic, some pillows, and a blanket, and enjoy a romantic evening of great theater under the stars!

For more information please call Forest Theater Guild at 626-1681.

The Monterey Bay Aquarium: Home of Sharks!

by Kelly Gallagher

The Monterey Bay Aquarium is one of the most unique institutes in the United States. Its goal is to increase people's knowledge of the marine life found in Monterey Bay by giving visitors a diver's viewpoint. The Aquarium opened on October 20, 1984. It was built on the site of Monterey's largest cannery, the Hovden Cannery.

The Aguarium is home to over 6.000 marine creatures. Visitors are greeted by a large three-story tank depicting the large sea kelp forests found in the Bay. On the bottom floor, guests are able to see sardines, starfish, leopard sharks and other creatures that live among the kelp. On the second level, visitors get a better view of the fish that swim in the open waters and are welcome to touch and feel the kelp at the kelp laboratory. On the third floor, one may view the top of the tank to watch the various fish and sharks from the surface.

In addition to the kelp forests, another large tank exhibit displays sea otters. It is a two story exhibit where one can get an up close view of these curious, frolicking creatures. There are many more exhibits displayed in the Aquarium; among them are eerie creatures from the deep, large octopi, and giant jellyfish. Those visitors willing to get their arms wet even have a chance to pet the rays. But with all of these wonderful exhibits, the Aquarium is able to outdo itself.

In January of 1991 the Monterey Bay Aguarium opened a new exhibit, Sharks! The exhibit is located on the second floor of the Aquarium and explores the myths and realities of sharks with the help of videos, hands-on activities, and live specimens that inhabit the bay area. Fifteen of the world's shark species are featured in the Aquarium as are several life-size models including the feared Great White. Sharks! uses video more extensively than ever before in the Aquarium's exhibits. Upon entering the exhibit, visitors are greeted by a narrator via a video monitor. The narrator gives an almost personal guided tour. At each tank or hands-on activity, the narrator gives a

short history of the shark or sharks, shares information about the species, and answers many questions that people have about these feared creatures.

On my tour through the exhibit, I learned a great deal about sharks. I had an opportunity to see what they see, to learn about their sense of smell, and to witness how they use the electrical field of their prey to find them. One of the little known facts I learned was that the sleek sharks, such as the Great White, swim in the open seas, and the "lumpy" sharks, such as the Nurse Shark, dwell bear the bottom. Together with the videos, live sharks, and activities, I learned about these feared predators.

The exhibit should give you and your friends a better appreciation of sharks. It is a spectacular adventure that is worth

visiting more than once. The exhibit is free with your regular admission into the Aquarium. Admission is \$9 for adults, \$6.50 for children, seniors, and active duty military, and \$4 for children from age 3-12 years. The Aquarium is located at 886 Cannery Row and is open from 10 a.m. to 6 p.m. daily.

The Monterey Bay Aguarium is a wonderful adventure for the whole family. I highly recommend visiting as often as possible. Oh, there is one more interesting tidbit about the Aguarium's sharks. The Aquarium is home to the only female sevengill shark on exhibit in the world and she may be pregnant. If so, she could give birth to up to 80 live young any time from early spring to summer. So visit the Aquarium soon!



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First Things First by Terry McKeon

A friend recently made the astute observation that most couples who have pets prior to having children name them as they might their children. They are our first "kids" and in some cases, the only "kids." Our "first" was Simon, (see how these theories pan out!) a red and white Basenji. (They don't bark, they just yodel when they're happy. It's true!). Carpets, pillows. comforters, couches, shoes, books, car interiors, anything that was or wasn't nailed down was fair game for Simon. When I committed the unjust act of leaving him in the car while I bought milk and a newspaper, he ate my seat belt, (yodeling all the way). Friends and family began referring to him as "Red Chief," as in "The Ransom of." He was fast, left devastation in his wake, and was a wonder to behold. Yet this two-toned tornado brought out some untapped motherly instinct in me.

The first real taste of this newly discovered motherhood was on my first flight back home. Being stationed in Charleston, South Carolina, I learned the true meaning of the old New England phrase, "can't get there from here!" The airline representative informed me that my mission, should I hope to accept it, would consist of at least four stops and two plane changes. I chuckled to myself trying to envision Simon on the people mover in Atlanta; just like something out of the Jetsons, "Jane get me off this crazy thing!" "It will be fifty each way for your dog." That's it? Fifty each way? What a deal! "He gets a seat for fifty each way?" (I love a bargain.) "No, he's excess baggage." (You get what you pay for.) "Hey, wait a minute lady. He is not excess baggage! A curmudgeon maybe, but American Tourister he's not. How much for a seat?" I stood there like an utter fool arguing with the airline representative about Simon being put in a cage. Why couldn't this person understand that my bud, my companion, didn't belong in a cage? (Okay, so when he ran out the front door with my last pair of hose clinched tightly in his teeth I had threatened him with something like this, but I never really meant it!) Discussing it over dinner, I found Jim, my husband, less than receptive to the idea of chartering a plane. "Look", he said, "I'll be at sea so do what you want, but I think Simon would probably enjoy riding around on the baggage cart. It's cargo or kennel." That clinched it. With the thought of a kennel on one side and Amelia Earhart luggage on the other, (not to digress, but since Ms. Earhart was never found, what sort of thrill-seeker would use that brand of luggage when faced with four stops and two plane changes?) Amelia won out.

The fated day arrived. I put Simon in his first class cargo accommodations and boarded the plane. When I got up to stretch my legs I overheard a woman saying she kept hearing these horrible sounds like something prehistoric was calling out to her. The stewardess smiled indulgently and inquired if she would care for a beverage. I knew better. At the first stop I asked the captain to check on Simon. He came back and said that while Simon did not seem "pleased" to be aboard Flight 952, he had given him a "snack" and he seemed to have settled down. The captain even promised to ride over with him during the plane change to make sure he got on the right one. I watched at the boarding area window until I saw him with Simon. In retrospect I believe the captain acted, not out of the goodness of his heart, but because I had that look of "Woman on the Edge." I think had he not taken a personal interest in Simon I would have ripped the floor boards up with my bare hands to check on him. Though it was hard for me to be separated from Simon then, it was harder for me to believe that he would get over traveling in the cargo hold. He did, and eventually so did I.

After nine hours on a plane and one in a taxi, a less than joyful Simon reached my parents' home. The first thing he did on meeting my parents was to immediately shred their couch and vodel. It was good to know he was back to his old self. Of course, my parents weren't too sure that was such a good thing.



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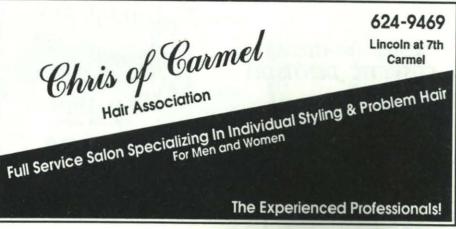


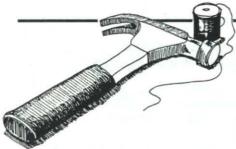
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A Hat for All Occasions

by Beth Hedges

In keeping with the focus on mothers, I chose a craft that even the kids could make for their special moms. This is a decorative hat that can be hung on a door, a wall to accent a bathroom or kitchen, or anywhere you need a little something to brighten up a room.

Materials:

1 12" Straw hat

4 - 6 2-3" Wooden hearts

3 Yards of a 1/2" Ribbon (3 different colors)

1/2 Yard of a 1/8" Ribbon (number of colors determined by colors of hearts)

1 Glue gun with glue sticks

2 Yards of lace, rick rack, or ribbon (your choice)

All materials should be available from your favorite craft store.

Begin with the straw hat. Many sizes are



available. I chose a 12" hat this time. Help the kids with the design they would like to use. Mine chose to put lace around the brim and around the dome of the hat. Attach the lace with your glue gun and allow it to dry.

Move on to the hearts. They will need to be painted and have time to dry before attaching them to the hat. This is where your little ones' imaginations can let go. (Mom will love it). After the hearts are painted, use a complimentary color of 1/8" ribbon and make a small bow to attach at the top of the heart, again use your glue gun. After the hearts are completely dry, place them around the brim of the hat, then glue in place. You will notice that I left a space open at the bottom of the hat and have attached a bow made with 1/2" ribbons. I've cut 3 complimentary colors of ribbons, each a yard long, and tied them in together. They are then glued to the brim.

Now the hat is complete and ready to hang. This is an easy decoration to make and fun for anyone to do. I have sent several gifts to children as well as adults. Enjoy, and I hope that MOM will like it too.

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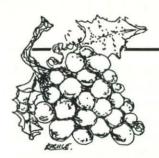
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Wine Terminology



by Dave Dickison

In possibly no other hobby is terminology as important as in wine tasting. While one generally doesn't require terms and definitions to decide whether or not one likes a particular wine, in order to describe and explain the subjective nuances of taste and smell of a wine to another, a working vocabulary is essential. A vocabulary is also helpful during wine tasting to determine which wines would be more to your taste. The following is a list of terms helpful to the wine taster.

Aroma or Bouquet: The smell arising from a glass of wine; bouquet implies complexity whereas aroma implies more simplicity in the smell.

Balance: Refers to the combination of sweet, sour, and bitter tastes which the wine creates on the palate and the associated nose. The balance is a function of the acidity, sweetness, tannin, and many other factors, including ageing. Many fine wines, especially big reds, are very acidic, tannic and astringent when young, but when aged for several years develop excellent balance and character. Wines can also be artificially aged to make them more palatable at a younger age by letting them breathe (opening the bottle) an hour or so prior to serving.

Body: The volume or viscosity of the wine, partially due to alcoholic strength.

Breed: Balance of qualities in a wine due to quality of the grapes, talent of the winemakers, etc.

Clean: Refreshing and free from defects. Implies a light aftertaste.

Complexity: The suggestion of scents within scents or tastes within tastes which makes very good wines so interesting.

Dry: The opposite of sweet.

Elegant: A wine of great breeding and quality which sets it apart from its contemporaries.

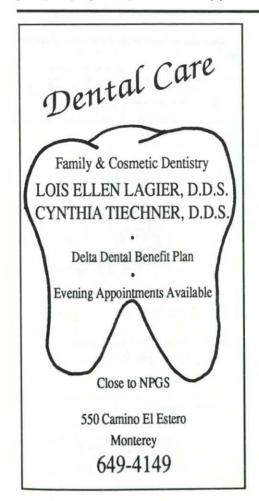
Finish: The aftertaste; in great wines the aftertaste lingers long after the wine has been swallowed.

Gentle: Used to describe well balanced but somewhat delicate wines.

Oaky: Many wines are often aged in oak barrels which imparts a certain quality to the wine and adds to the complexity.

Soft: Opposite of rough or hard. Used to describe less tannic or robust red and white wines of otherwise good balance and breeding.

Tannin: The 'pucker' quality which the skin of the grape gives a wine.





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When I joined the Classmate magazine staff, I discovered a group of talented, dedicated women, creative and just a little outrageous. I was soon to find out that you have to be. If you'd like to be, the editor, Leigh Gardener, could use a few more imaginative minds on her staff.

Writers probably have the most flexible job. Most of the regulars accept one or two assignments a month after a brainstorming session in the Classmate office. But others contribute when they like. Take a trip some place you think everyone should see? Write about it. We could use your help. The present staff is shrinking due to impending graduations.

Photographers and Illustrators put the icing on the printed page. Many great articles get overlooked because they are lost in a sea of gray typesetting. A flair with camera or drawing pen can focus that attention. And, of course, everybody looks at the pictures first, even if they don't read the articles, which is kind of nice for the visual artists out there.



Production Editors seem to be a rare species. The Classmate usually has only one of these creatures in captivity during the year. Our present one will be set free in September, so if you have an interest in magazine layout (it takes a few days a month), turn yourself in.

Assistants-to-the-Editor primarily keep Editors sane and the staff updated. Plus they get to run errands, do a little copy editing, and whatever else the Editor needs when she's pulling her hair out around deadline time. A great job if you like to keep things organized and in perspective for everyone else.

Advertising Directors should be those on sabbatical from some type of diplomatic job in the Middle East. You need to keep advertisers and editors happy and you need to sell advertising during these tough economic times. But, and it's a big one, you get paid.

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The Hidden Spirits of Quarters B

by Jennie Culpepper BETH HEDGES PHOTO

Have you ever noticed that one of the staff "bungalows" on the NPS grounds is quite different than its other adobe neighbors? The Provost's house is a New England wooden style house. Monterey natives tell us that



this house was the home of Frenchman Gene Julliard, a world class chef and M'aitre D, while he was employed by the Hotel Del Monte. An unconfirmed rumor says that at the time the hotel recruited him, Mr. Julliard had recently built a home near Boston. In order to persuade this talented man to move to Monterey, the hotel offered to build him an exact replica of his Massachusetts home on the hotel grounds.

In 1925 Gene Julliard left the hotel and his special cottage #10 to venture into the wholesale grocery business on the other side of Del Monte Avenue where he became one of the hotel's primary food suppliers. Jack Beaumont, who was the Secretary Treasurer of Del Monte Properties (the forerunner of Pebble Beach Co.), moved into the house and lived there with his large

family through 1942. To accommodate his family, Mr. Beaumonthad the house remodeled. Originally the house had a center entrance, a very small living room, and a four feet wide by twenty feet long porch. The

Beaumonts enclosed the porch, created a large living room and formal dining room, and added the sun porch.

At its original location near the Seventh Street entrance, the house had a deep Massachusetts basement. According to one of Mr. Beaumont's children, wine and other liqueur were hidden in this basement during prohibition. When a special guest was staying at the hotel, the Beaumont children would be banished to another room while an adult secretly went down to gather spirits from the wine cellar through the hidden trap door on the back porch.

Next time you're strolling the NPS grounds, swing by Quarters B. We've been told there are no spooky ghosts haunting there. . . or are there?

MAY AROUND THE BAY

MAY

May 11: Del Monte Kennel Club Dog Show. This event, held in Pebble Beach, is the oldest dog show on the Pacific Coast and will mark its 66th year in 1991. Join the many spectators and view more than 500 dogs of various breeds. For more information, call 649-2724.

May 15-19: Salinas Valley Fair. Traditional regional fair featuring agricultural and livestock exhibits, crafts, entertainment, food booths, and carnival rides. Held at the fairgrounds in King City, the carnival will run from 9 a.m. to 1 a.m. The entrance fee will be \$5 for adults, \$4 for children 13 - 17, \$2 for children 7 - 12, \$2 for seniors 60+, and under 6 are free. For more information, call 385-3243.

May 16-19: "Seal of Approval" Headlands Horse Show. This is a Hunter Jumper Show held at the Monterey Fairgrounds. The show starts at 8 a.m. and admission is free to all. For more information, call 625-2222.

May 25-26: Great Monterey Squid Festival. A one-of-its-kind event featuring squid every which way imaginable. More than just a food fair, there's entertainment, demonstrations, and more. This event is held at the Monterey Fairgrounds. For more information, call 649-6547.

JUNE

June 2: Monterey Bonsai Club Show. Demonstrations and displays celebrate the fine art of bonsai gardening. For more information, call 624-6280.

June 9-16: Mozart in Monterey. A series of chamber recitals, lectures, and orchestra concerts showcasing the works of Mozart and composers influenced by him. For more information, call (800) 549-2684.

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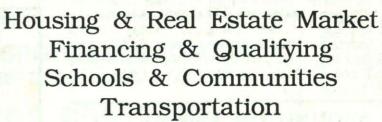


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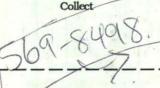


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