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VOLUME 5, NO. 8 SEPTEMBER/OCTOBER 1991
OFFICER STUDENTS' SPOUSES' CLUB MAGAZINE

the classmate

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Editor's Note

by Seshu Rajan

Recently, I had the opportunity to be in San Diego for a few days. Now, San Diego has always been one of my favorite cities for its "small town" atmosphere, cultural events, and many beautiful parks and beaches. However, on this trip I could only stare with dismay at the ugly urban sprawl and polluted skyline. In the two years since my last visit, San Diego seemed to have become a miniature Los Angeles.

I cannot help but wonder if I am more sensitive to the growth in San Diego simply because I live here in pristine Monterey. I am utterly spoiled by the clean air, beautiful surroundings, very friendly people, and a "real" small town. In this Welcome Aboard issue of The Classmate, I hope to provide you with a look at what Monterey and the Naval Postgraduate School have to offer you.

On the central coast of California Monterey is unsurpassed in arts, entertainment, and recreational opportunities. The Carmel Shakespeare Festival and the Monterey Jazz Festival are two good examples. You will find that The Classmate's staff writers, Laura Mendryzcki and Monica Maurasse, have done a super job of providing you with pertinent information on these events. Also in this issue is our tribute to the seventh anniversary of the happiest place in Monterey - the renowned Monterey Bay Aquarium. And, Debbie Byrns has discovered two unique restaurants that capture the essence of the Monterey Peninsula.

The Classmate has regular columns on personal computing, golf, crafts, and pets. In this issue, John Daley discusses the merits of various computer printers. Be sure to read Terry McKeon's special brand of humor in Paw Prints.

The Classmate endeavors to increase the quality of your life with timely features on topics such as personal finance and childcare. Ramona Fortanbary, a new staff writer, has written a definitive guide to selecting daycare.

Whether you are a newcomer or an old hand in the NPS community, you should not overlook the many social and service organizations that need volunteers. In this issue alone you will find many worthy causes such as the Red Cross, and the Navy-Marine Corps Relief Society all of whom need able minds and bodies.

The Classmate is also an all volunteer group. We are from diverse backgrounds united by a common interest. So, don't be shy. If you would like more information on the positions available at The Classmate, do give me a call. We guarantee that you will enjoy yourself at The Classmate.

I hope you will enjoy your tour in Monterey as much as I am. Don't miss the November issue of The Classmate!

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President's Message

By Patrice Mull

Greetings! I'm Patrice Mull and I'm looking forward to serving as the President of the O.S.S.C. during the Fall/Winter term. I've only been a Navy wife since June 1990, but I'm quickly discovering that it's not such a bad lifestyle.

I met my husband Tim in San Diego while on vacation. We did the long distance relationship thing for a year while he moved to Long Beach, and then to Monterey. (AT&T and United Airlines loved us.) We have no children yet, but four nephews and two nieces get lots of long distance T.L.C.

Since moving to Monterey, I've made many new friends through joining the O.S.S.C. and working on several committees. I encourage all of you to help out on at least one event; I'm sure you have plenty of talents and experience to offer. Think you don't have a lot of time to give? Some activities and committees only require a couple of hours a month. If you would like more information about any open positions or committees that need assistance, please feel free to contact me or other members of the Executive Board.

Some upcoming events you won't want to miss:
September 7 - Bargain Fair (At La Mesa Elementary);
September 9 - Members' Meeting (La Novia Room, Herrmann Hall);
October 7 - Members Meeting (La Novia Room, Herrmann Hall)
October 31 - Halloween Parade;
November 2 - Christmas Craft Bazaar

I look forward to meeting many of you at these and other events during the next six months.

OSSC 1st Vice-President

JAMBO! and KARIBU! (That means "Hello" and "Welcome" in Swahili.) My name is Katherine Muhlbach. My husband and I learned these words on our African safari just over a year ago. The travel bug is a must for a Navy spouse. Tom's previous duty station was in San Diego where I worked in the Education Department for the Zoo and Wild Animal Park.

We appreciate Monterey and being close to marvelous areas such as San Francisco, Lake Tahoe, and Yosemite. While Tom journeys through the Air/Ocean curriculum, I have enjoyed participating in many of the adventures that the O.S.S.C. provides. In addition, I continue with my wildlife interpretive work at the Monterey Bay Aquarium.

As First Vice Preisdent, I look forward to planning the monthly O.S.S.C. meetings. I have a few ideas and welcome yours. Thanks.

OSSC MEMBERSHIP

The OSSC is the Officers Students' Spouses' Club of the Naval Postgraduate School for the spouses of all students. In addition to sponsoring monthly activities such as luncheons, OSSC also sponsors the Art Auction, Adobe Tour, International Students' Spouses Tea and many other Holiday events. Dues collected entitle you to member discounts as well as monthly Pink Flyers and the OSSC Directory. To obtain membership, fill out the form below and send it with a check made out to OSSC to: Sharon Kitchener, 1206 SMC, Monterey, CA. Phone 626-8547. Dues: $2 per quarter, minimum 4 quarters for new members/renewals (or remainder of duty stay). Membership is free to all International spouses.

SMC # _____ New Member_____ Renewal_____ Active _____ Associate _____

Last Name _____ First _____ Phone # _____

Spouse's Name _____ Rank _____ Service _____

Curriculum _____ Graduation Date (month/year) _____

Address _____ City _____ Zip Code _____

Length of Membership _____ Amount Enclosed $ _____

Are you interested in committee work? YES _____ NO _____ Volunteer? YES _____ NO _____

Would you like to participate in our club administration? YES _____ NO _____ Would you like a copy of the OSSC By-Laws? YES _____ NO _____

Do you wish to have your Name, Spouse's Name and Service, Address and Telephone Number in the OSSC Directory? (members only) YES _____ NO _____

Officer Students' Spouses Club Calendar
September 1991 - February 1992

September

30th Executive Board meeting 7 pm

October

7th Members meeting 7:15 pm social
7:30 pm meeting

28th Executive Board meeting 7 pm

31st Halloween Parade TBA

November

2nd Christmas Craft Bazaar 10 am to 3 pm

4th Members meeting 7:15 pm social
7:30 pm meeting

23rd Giving Wagon

25th Executive Board meeting 7 pm

28th Thanksgiving

December

2nd Members meeting 7:15 pm social
7:30 pm meeting

3rd Bake sale 10 am to 1 pm

7th Bargain Fair - La Mesa Elementary
10 am to Noon

9th to 12th Santa Visits Evenings

12th & 14th Christmas Adobe Tours TBA

January

6th Executive Board meeting 7 pm

13th Members meeting 7:15 pm social
7:30 pm meeting

27th Executive Board meeting 7 pm

February

3rd Members meeting/Elections
7:15 pm social 7:30 pm meeting

14th Valentine's bake sale 10 am to 1 pm

15th Masquerade Ball 6 pm

20th Cramalot 7:30 pm

24th Executive Board meeting 7 pm

Join the Club

by Genie Lemler

Hi! Congratulations on being selected to the Naval Postgraduate School here in beautiful Monterey, California. Monterey was, of course, made famous by the 1945 John Steinbeck classic Cannery Row. Today only scant reminders of the hustle and bustle of the sardine business in Monterey, remain. You will find the weather here to be pleasant (most of the time) and the scenery to be second to none.

I would like to extend an invitation to you to join the Officer Students' Spouses' Club, better known as the OSSC. The OSSC is very valuable as both a service and social organization. The OSSC Governing Board is composed of the Executive Board, OSSC Liaisons, Chairmen and Co-Chairmen of standing special committees, and Curriculum Representatives. We hold meetings in the La Novia Room in Herrmann Hall on the first Monday of each month with a social beginning at 7:15 p.m. and the Members' meeting beginning at 7:30 p.m. As a member of the OSWC, you will receive the Pink Flyer, which is our monthly newsletter filled with information about functions sponsored by the OSWC.

Since tours at the Naval Postgraduate School are often short, I encourage you to become involved as soon as you are "settled in". I wish you an enjoyable, enriching tour-of-duty here at NPS and I look forward to seeing you at our monthly functions and meetings.

Presidio of Monterey Encore Shop

The Presidio of Monterey Encore Shop (POMES) formerly the DLI Thrift Shop is in urgent need of volunteers. The POMES is open each Tuesday and Thursday from 10 am to 4 pm in Bldg 267. It is located next to the military clothing sales.

All profits from POMES goes back to DLI and POM to benefit the military and their families. This past year, POMES has donated to:

1. DLI Troop Command family support group.
2. POM Youth Center
3. Lewis Gym renovation
4. Chaplain's fund
5. DLI Boy Scouts of America

The POM Encore Shop is usually a busy workplace with plenty of nice people. Please call POMES for further information at 372-3144. Or, you can call the manager, Venita Heyl, at 375-5071.

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Volunteer for your child La Mesa Elementary School PTA

The beginning of the new school year means that it is time to start thinking about volunteering for your PTA...Parents Teachers Association. The La Mesa PTA is an "all volunteer" group working to improve the quality of education for our children. The PTA helps in numerous ways at the school. PTA members assist in the classroom, library, and in the office. Volunteers can help grade papers, cut out art supplies, make copies, tutor children, make phone calls, and so on. PTA membership is not required to volunteer your services at the school.

If you have children at La Mesa Elementary School and wish to be more active in their school lives, join our PTA. We need you to become interested and active in our school and your children's future. Our meetings are on the 2nd Thursday of each month at 7 pm starting in September. If you are interested in volunteering your time and services, (even one hour a week would help) please call Judy Elliott at 373-7973.

NEW KIDS ON THE BLOCK

Victoria Coyle, 7 lbs, 19 1/2 inches, born 29 May 1991 to Elizabeth and Lewis Coyle

Molly Josephine Geisen, 7 lbs 6 oz., born 8 May 1991 to John and Ellie Geisen

Kaitlin Ann Bolster, 8 lbs 6 oz., 20 inches, born 19 April 1991 to Richard and Jeanne Bolster

Thomas Franklin Lasorsa, 7 lbs 14 oz., born 19 April 1991 to Frank and Bonnie Lasorsa

Haley Anne Hepburn, 7 lbs 12 oz., born 8 May 1991 to Laird and Monica Hepburn

Demetrius Nassapoulos, 5 lbs 9 oz., born 3 February 1991 to George and Evi Nassopoulos

Eric Yang, 7 lbs 12 oz., born 6 April 1991 to Michael and Rebecca Yang

Andrew Thomas Howes, 8 lbs 12 oz., 20 inches, born 4 July 1991 to Brian and Donna Howes

John David McCrorie III, 10 lbs 2 oz., 20 inches, born 9 July 1991 to David and Rachel McCrorie

Kristen Caroline Smith, 8 lbs 6 Oz., 20 inches, born 1 July 1991 to Steve and Carol Smith

Alexa Alfano Reed, 7 lbs 6 Oz., 10 1/2 inches, born 12 June 1991 to Don and Patty Reed

Kristina Marie Callan, 10 lbs 19 inches, born 30 March 1991 to Tom and Patty Callan

Molly Elisabeth Johnson, 7 lbs 11 oz., 20 1/4 inches born 12 April 1991 to Andy and Jamie Johnson

Grace Hsieh, 6 lbs 11 oz., 18 inches born 25 April 1991 to Spencer and Teresa Hsieh

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O.S.S.C. Curriculum Representatives Welcome you to the Naval Postgraduate School

Curriculum representatives are a vital communication link between the students, their families and the school. Each curriculum has a volunteer who represents it. The curriculum rep's main duty is to be a personal point-of-contact for spouses in that curriculum. So remember to call your curriculum rep if you need information or assistance.

Computer Science Curriculum Rep

Hello, my name is Terry McKeon. Originally I hail from New England. And yes, if you have wondered "you can't get there from here" is just a prank we play on folks from out of state. I am currently the Mom of a 15 month old, and can more often than not be found roaming La Mesa making strange faces and humorous noises to entertain Patrick. I also have been known to try to entertain our dog, Simon, and our cat, Cesare in this manner. My husband Jim has asked me to refrain from this practice since it seems to put our pets off their food. I did have a career prior to coming here, but I don't believe it compares with what I'm doing now. I enjoy catching a moment here and there with Jim who can be found most days and nights with a keyboard attached to him. I also enjoy reading and golf (I'm taking lessons). I love the Monterey area and have tried to experience most of what this area has to offer. I would be very happy to assist you in any way. If you have questions I can be reached through SMC 2191 (though you run the risk of Jim's bottomless briefcase). You can also call me at 373-4350 for help or to join me for a cup of coffee.

Anti-Submarine Warfare / Electronic Warfare Curriculum Rep

Hi! I'm Dory Nissen, the ASW/EW curriculum rep. If you are new to the Monterey area, welcome aboard and please call me. I want to know who you are and how I can help you get adjusted. If you have been around for a while, I would still like to hear from you. As your curriculum rep, I would love to hear from anyone who is interested in making new friends or to get together for a picnic or party. One of the tasks I hope to accomplish is to get the curriculum organized in order to make it easy to plan activities.

Apparently, it is a tradition for curriculum reps to give you a bit of background, so here's mine: My husband Jene and I arrived here in June 1990 from Norfolk, VA. We left the USS WISCONSIN only weeks before her deployment to the Gulf for the war. We lived in the New Monterey area for a year and just recently moved to La Mesa.

If you are new and live outside La Mesa, please don't be discouraged. Living in La Mesa is not a prerequisite for becoming involved in O.S.W.C. activities. It's a good idea to familiarize yourself with La Mesa anyway, you will probably be there more

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often than you think.

I work full time at KMST-TV 46 as the 6:00 News Producer and I do some on-air reporting. I also teach aerobics at Garden Health Club. Jene and I have a new baby girl who was born in May.

If I can help in any way, please call me at 372-0673. You can also call just to chat. I look forward to meeting you.

Naval Engineering Curriculum Rep

Greetings! How wonderful it is to be living on the beautiful Monterey Peninsula. My name is Karen E. Kettell. My husband Kent and I and our children, Kent William and Grace, have been here for one year. My family enjoys being in a community where there are a lot of people to meet from other parts of the U.S. and other countries. I am busy with sponsoring international students, my church, and with being a curriculum representative for Naval Engineering. Meeting all the wives of the students in the curriculum and doing activities with them has been a lot of fun. Some of you might say to yourselves that you have never met me. I have been the representative for only a month and I have plans to meet all of you in the future. If anyone has ideas about the type of activities you would like to be involved in, please contact me at SMC 1426.

Weapons Curriculum Rep

Hi! My name is Mary Lewia. I am the new Recording Secretary for the O.S.S.C. and I am the Weapons Curriculum Representative. For a little background information, I am originally from New Jersey. (Exit 7A!) My husband, Steve, is also an East coaster (Maine). We have three sons, Stephen, Christopher, and Patrick who keep us hopping. Steve recently jumped to shore and to the EDO community from subs.

We came here a year ago from Dam Neck, VA. During the past year, I have had the opportunity to become involved with the O.S.S.C. The organization has made it possible for me to meet many new people.

As a curriculum rep, I hope to be a vital link between the O.S.S.C. and the Weapons curriculum. In my capacity as the Recording Secretary, I will be able to keep students and spouses informed of all that the curriculum, O.S.S.C., NPS, and the community have to offer. I encourage all of you to make the most of your time here in Monterey. There is much to do and see as well as many wonderful people to meet. Take time now to enjoy it all. You will find that the O.S.S.C. is a great place to start!

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Before you decide that you don't need to learn CPR, consider the following: this year, about a million and a half people in the United States will have heart attacks. One third of these people will die, most of them die before ever reaching a hospital. Those who survive do so because a person trained in CPR knew what to do and because their community had an emergency services system to provide advanced care at the scene.

Take the quick quiz below to help you assess how much you know about heart attacks, CPR, and breathing emergencies, and how much you need to learn.

1. Which of the following is a common signal of a heart attack?

a. A person having a heart attack may have pain or pressure in the chest.

b. A person having a heart attack may complain of pain in the legs.

2. What does CPR do for the heart attack victim?

a. It restarts the heart of a heart attack victim.

b. It supplies oxygen to the body's cells when a person's heart has stopped beating.

3. What should you do for someone who is coughing hard and seems to have something caught in the throat?

a. Stay with the person, but do not interfere with the person's attempts to cough up the object.

b. Offer a glass of water and instruct the person to drink it slowly.

ANSWERS

1. The most significant signal of a heart attack is pain and/or pressure in the chest. Other signals of a heart attack include sweating, nausea, and shortness of breath. Because victims often try to deny the fact that they are having a heart attack, being able to recognize warning signs of a heart attack is an extremely important skill. If you recognize a heart attack early, the victim's chances of surviving are greatly improved.

2. CPR is a way of supplying oxygen to the body's cells when a person's heart has stopped (cardiac arrest). It works because you can breathe air into the victim's lungs to get oxygen into the blood. Then, when you press on the chest, you move oxygen-carrying blood through the body. While many people think that CPR alone can save a victim of cardiac arrest by restarting the heart, it is really more complicated than that. It takes immediate CPR combined with the immediate delivery of advanced medical care to give the victim the best chance of survival.

3. If the person is coughing hard, he or she is also breathing. In that case, you should let the person try to cough up the object.

If you missed any questions, take a Red Cross CPR course to learn how to respond to such situations. The Fort Ord Red Cross offers an ongoing schedule of CPR classes. Class fees range from $11 to $14 and include books and class materials. Call the Red Cross course information line at 242-6699 for more information.

For information on Red Cross services, or if you are interested in volunteering, call 242-7801.

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FAMILY SERVICE CENTER

Did You Know?

by Lynn G. Ivey

The Naval Postgraduate School Family Service Center is committed to providing personal assistance and support to military members, their families, and retirees assigned to the Naval Postgraduate School and its tenant commands. A wide assortment of volunteer opportunities are available to active duty personnel, as well as dependents and retirees who are interested in assisting others. The Family Service Center administers five core programs aimed at building a better military community. These programs are:

• INFORMATION AND REFERRAL PROGRAM which provides up-to-date information on a variety of topics of interest to military personnel and their families.

• RELOCATION ASSISTANCE PROGRAM which offers assistance to newcomers who are getting settled in the area. It also offers Welcome Aboard Packets from other duty stations which may be borrowed.

• SPOUSAL EMPLOYMENT ASSISTANCE PROGRAM (SEAP) provides active duty spouses and retirees assistance in all aspects of their job search efforts.

• FAMILY ADVOCACY/FAMILY ASSISTANCE PROGRAM which offers short-term counseling for marital and couples communication problems, stress management parenting, and families involved in spouse and child abuse or neglect cases. Single sailors are also provided assistance through this program.

• RETIREE VOLUNTEER SERVICE (RVS) which assists area retirees and their families with information on local services.

In addition to these programs, the Family Service Center also works with a number of area agencies. The following agencies have ongoing partnerships with the Center and offer many diverse volunteer opportunities:

• THE GIVING TREE is an annual Christmas charity event which ensures needy men, women and children share they joy of Christmas.

• INTERNATIONAL STUDENT SPOUSES needs bilingual volunteers to assist persons new to the area with information, friendship, and translation services.

• RURAL DEVELOPMENT CENTER of Salinas, a local project of the Association for Community Based Education needs volunteers to answer their phones as well as donations of computers and fax machines.

• COMMUNITY RESOURCES FOR THE DISABLED utilizes volunteers to assist in helping disabled persons get involved in society.

• THE BUDDY PROGRAM is similar to the Big Brother/Big Sister program and offers a unique relationship with a child between the age of 6 to 16 who is missing a parent. There are many children on their waiting list who need a Buddy.

• MONTEREY COUNTY DISTRICT ATTORNEY'S OFFICE offers volunteers the opportunity to conduct research, work with attorneys and paralegals, and to assist victims.

For information on positions available through the Family Service Center, or with community agencies, come by the office located on the lower level of Herrmann Hall, Room 039, or call Rose Anna D'Auria at 646-3141 or 646-3060.

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WITH AD

By Jennifer Church

What makes a Navy-Marine Corps Relief Volunteer?

V=Vibrant or retiring, your personality is always welcome
O=Open mindedness is a must
L=Learn to help and helping our clients to learn
U=Unafraid of challenge
N=No job too big and no job too little
T=Time to help others
E=Eager to be of service
E=Especially capable
R=Raring to go

If you see yourself as a volunteer, please give us a call at 373-7665 or drop by our office on MWF between 10 am and 1 pm. We are in Herrmann Hall just down the stairs from the Quarterdeck. Volunteers are reimbursed for childcare expenses.

OSSC Christmas Craft Bazaar

It's only September, but it's time to start thinking Christmas. The OSSC's annual Christmas Craft Bazaar will be held on Saturday, November 2nd at NPS from 10 am to 4 pm. Those of you with creative talents will have a chance to sell your handcrafted wares and make some extra holiday money. Others who are more shopping-oriented can find unique gift ideas, and get a jump on Christmas shopping.

Anyone interested in selling items must have a seller's permit obtained from the State Board of Equalization in Salinas BEFORE submitting an application for space. The Board now offers a temporary permit good for the day of the event which may be obtained over the phone. Call 443-3008 for more information.

Sellers must charge sales tax on all items sold at the Bazaar. Each seller is then responsible for collecting and forwarding the sales tax to the State Board of Equalization.

Applications to sell your handcrafted items are available by calling Lorraine Johnston at 649-5453, or Patrice Mull at 655-3976. All applications are due by October 18th.

Newcomers Advisory

By now, you have probable heard all you want to about our infamous weather. (There is one season: cool and partly foggy.) But you may have missed a few other helpful hints that will assist you to settle in the area quickly and comfortably.

While you are waiting for government quarters at La Mesa Village, you will probably want to rent an apartment or a home. Most rentals range from $775 to $1500 or even $2000 depending on the area. Check the local newspaper, the Monterey Herald, for rental homes. The following are some of the apartment complexes in the area:

Cypress Garden Apts.
3135 Seacrest Ave., Marina
408-384-0366

Harbor House Apts.,
125 Surf Way, Monterey
408-373-4003

Kimberly Place Apts.

Wherever you decide to live, you will need the following phone numbers:

For utilities, call Pacific Gas & Electric at 408-375-9811

For phone services, call Pacific Bell at 408-811-900 Or 811-2188

(From outside California, please call 415-542-9000)

For cable television hookup in La Mesa Village, call Falcon Cable TV at 408-649-1038. For cable hookup in Monterey, call Monterey Peninsula Cable TV at 408-649-9100

Remember not to give away your carpets and curtains from your previous home.

If you have already been notified that you have quarters at La Mesa Village, and you only need accomodations for a few days or weeks, consider the guest quarters at Ft. Ord. The Visiting Officer Quarters (VOQ) range from barracks-style sleeping rooms with community baths and kitchens to fully self-contained apartments and cottages for families. All units are fully furnished and feature limited maid service.

Reservations for guest quarters may be made up to 30 days in advance for persons moving in or out of the area and for persons on temporary duty (TDY).

There is a limit to the length of your stay at guest quarters. Incoming persons with PCS orders may stay up to 30 days. Outgoing persons may only stay up to 7 days. Persons on TDY may stay for the duration of their orders.

Daily rates for persons with PCS orders

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See Back for Handy Mortgage Rate Table to Determine Loan Payment

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- ☐ Purchasing a home in Washington DC/Northern Virginia/Maryland.
- ☐ Renting a home.
- ☐ I am not moving to the above, but I anticipate relocating to: _____. Please provide information on that area

Name _____ Spouse Name _____

Address _____

City/State/Zip _____

Home Phone _____ Work Phone _____

Rate/Rank _____ Years in Service _____

House Type: ☐ Single Family ☐ Townhouse ☐ Other _____

Price Range _____ Desire: ☐ VA ☐ FHA ☐ CONV ☐ ASSUME

Monthly Payment _____ Number of Children _____ Ages _____

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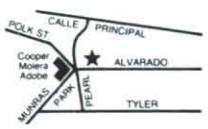

NAVY-MARINE CORPS RELIEF SOCIETY

By Jennifer Church

What makes a Navy-Marine Corps Relief Volunteer?

V=Vibrant or retiring, your personality is always welcome
O=Open mindedness is a must
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If you see yourself as a volunteer, please give us a call at 373-7665 or drop by our office on MWF between 10 am and 1 pm. We are in Herrmann Hall just down the stairs from the Quarterdeck. Volunteers are reimbursed for childcare expenses.

OSSC Christmas Craft Bazaar

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7.75	9.42	8.21	7.16
8.00	9.56	8.36	7.34
8.25	9.71	8.52	7.51
8.50	9.85	8.68	7.69
8.75	10.00	8.84	7.87
9.00	10.15	8.99	8.05
9.25	10.30	9.16	8.23
9.50	10.45	9.32	8.41
9.75	10.60	9.49	8.59
10.00	10.75	9.65	8.78
10.25	10.90	9.82	8.96
10.50	11.06	9.98	9.15
10.75	11.21	10.15	9.34
11.00	11.37	10.32	9.52
11.25	11.53	10.49	9.71
11.50	11.69	10.66	9.90
11.75	11.85	10.84	10.09
12.00	12.01	11.01	10.29
12.25	12.17	11.19	10.48
12.50	12.33	11.36	10.67
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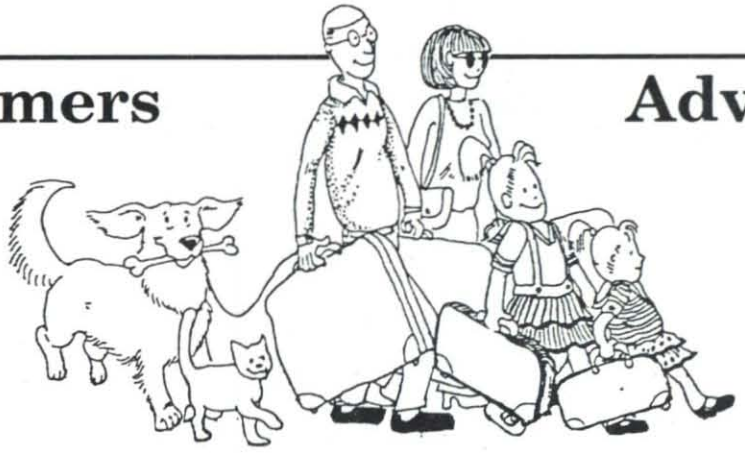
Newcomers Advisory



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Remember not to give away your carpets and curtains from your previous home. You will need them when you move into La Mesa Village. Keep your garden tools and lawnmover; it's much more convenient than trudging over to the housing office to borrow their garden equipment.

If you have already been notified that you have quarters at La Mesa Village, and you only need accomodations for a few days or weeks, consider the guest quarters at Ft. Ord. The Visiting Officer Quarters (VOQ) range from barracks-style sleeping rooms with community baths and kitchens to fully self-contained apartments and cottages for families. All units are fully furnished and feature limited maid service.

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There is a limit to the length of your stay at guest quarters. Incoming persons with PCS orders may stay up to 30 days. Outgoing persons may only stay up to 7 days. Persons on TDY may stay for the duration of their orders.

Daily rates for persons with PCS orders are $15. VOQ Apartments and cottages are $16 / night. For further information or to make reservations, call the Ft. Ord guest housing office at 408-242-3181. Autovon is 929-3181.

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Personal Finances: Setting Goals

Do you save enough money? A crucial part of financial planning is setting goals. What do you foresee five, ten, or fifteen years into your future? The goals you set for yourself and for your family should satisfy your anticipated needs and also be reasonably attainable.

If you do not set goals for yourself, it is unlikely that you will devise an adequate savings and investment plan. And, without an objective against which you can measure your progress, it will be difficult to maintain a long-term, systematic, savings plan.

Short-term financial goals are relatively easy to establish. Let's say that you want to purchase a home when you get to your next duty station in two years. If you want to make a 10 % downpayment on this house (assuming that you have also decided upon a price range), this is a figure which is not likely to change by a large margin. You only have to divide the amount of the down payment by the number of months you will be able to save money in order to arrive at the amount of money you should be saving every month.

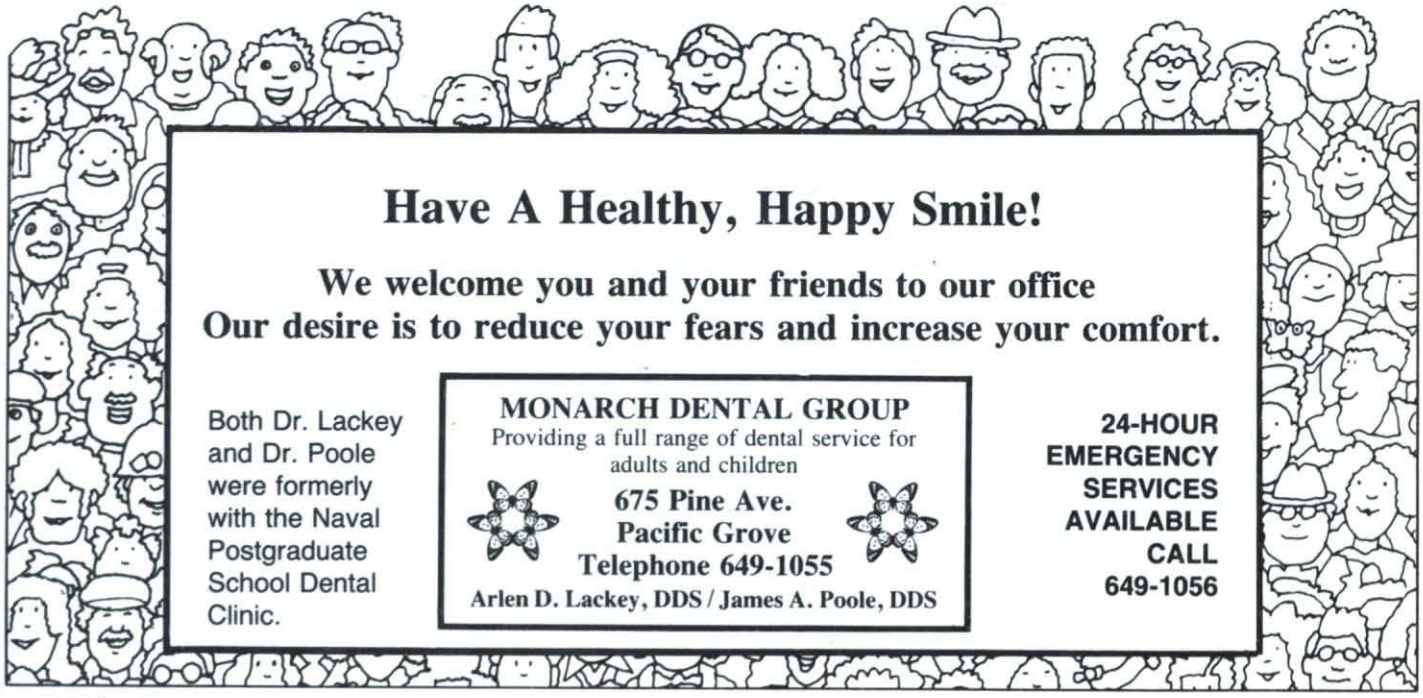
But how do you plan for college tuition payments for your children, or for a comfortable retirement that may be years away? Income, expenses, taxes, and inflation are constantly changing your ability to save money. What you need is a method that forecasts these changes. If you want better than approximate figures, get out your calculator and follow along. Long-term planning involves forecasting income, expenses, inflation, dates of military and permanent retirement, and your life expectancy.

Life expectancy governs how long after permanent retirement you will require income and have expenses. Keep in mind that life expectancy tables provide only averages and make this estimate conservatively. Consider the ages of your parents, grandparents, and other known ancestors. Take into consideration your present lifestyle. Do your habits promote health and longevity? Also, remember that advancements in medical science continually extend the potential for long life.

Retirement income that can be forecast are Social Security payments and military pensions. (To estimate your military pension, look at a current pay table and figure out what fraction of this amount you would receive at the appropriate rank and years of service.) Other retirement income may be a pension from a second career begun after your military service.

Expenses in retirement can be one-time, periodic, or annual. One-time expenses could be a voyage around the world or a new home. Periodic expenses include medical treatment, car repair, and so on.

Annual or monthly expenses are mortgage / rent payments, taxes, insurance, food and clothing. Many sources say that the annual after- retirement expenses figure should be between 60 % and 80 % of



before-retirement income. To be on the safe side, you can aim for total income replacement.

Inflation is seldom stable for more than a year or two. For most of this century inflation has averaged at about 6 %. Pick the rate of inflation you think is probable. This rate will be used to forecast the dollar growth of expenses. And, to convert annual income shortfalls during retirement into smaller amounts needed at the beginning of retirement.

Now, you are ready. Label each line of a sheet of paper with the consecutive years from the beginning of permanent retirement to the end of life expectancy. Enter a column for annual expenses starting at the first year of retirement and increasing by the inflation rate during each successive year. Now, enter a column each for periodic expenses and for one-time expenses again allowing for inflation. Then, enter a column that adds annual, periodic, and one-time expenses for each year. This column should realistically reflect the amount you expect to spend during any given year.

The next two columns should be social security payments, and military pensions. These may increase at the rate of inflation or less depending upon legislation. The last column should be any other income you can expect during retirement such as from second career pensions. The sum of the last three columns provides total "known" income for each year during retirement.

The difference between the total expenditures column and the total incomes column yields the amount of additional income needed each year from your own savings and investments. Sum up the additional income requirements to find out how much to save in order to retire comfortably and meet all your expenses. This should be your "savings goal".

This method may take some work and deep thought, but it can be adjusted for financial conditions specific to your family. Whether you already own a house, or have additional income or expenses, you can adjust the variables to get the big picture. You can use this same method to set other goals such as your children's education.

Once you have a clearly defined goal, you have gone half the way on the road to achieving it. Good luck!

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You Can Help

by Joyce Blair Beasley

The following Fort Ord agencies have many interesting work assignments for enthusiastic, friendly, and caring people who have a desire to share their expertise and time to help others. Volunteer work also offers an opportunity for people to upgrade their skills or to learn new ones and to make new friends.

Contact the agency of your choice by phone. Or, stop by the installation volunteer coordinator's office (IVC) at Room 1 in Bldg 3011 which is located on 3rd Avenue near 12th Street. For more information, call the IVC at 242-4830

Army Community Service (ACS) provides emergency help to soldiers and family members through a variety of helping programs. ACS can provide childcare reimbursement and training. Even if you have only a few hours a week, your volunteer assistance will do wonders for the many programs.

Community Recreation Division

Tour escorts are needed for various outdoor recreation activities. If you are interested, please call Terry Siegrist at 242-7322 or 242-3486

Community events such as festivals, concerts, and competitions are programs that need volunteers all year around. For more information, contact Char Morris at 242-5741 or leave a message at 242-5709.

The shooting center and the riding stables also need volunteers. Please contact them at 242-6665 and 242-2004 respectively.

The Community Life Office, Support Group office, and Youth Services are some of the other agencies at Fort Ord in need of volunteers. Please call the IVC for specific information.

Correction:

Please note that the article Real Estate Choices which appeared in the August issue of The Classmate was written by Mimi Prendergast.

OSSC Commissary Liason Notes

The OSSC Commissary Liason can help you obtain information about changes and new developments at the Ft. Ord Commissary. Please take note of the new commissary hours:

Monday 10 am to 6 pm
Tuesday 10 am to 6pm
Wednesday 10 am to 6pm
Thursday 11 am to 8 pm
Friday 11 am to 7 pm
Saturday 9 am to 5 pm
Sunday 9 am to 4 pm

Other changes include the fish market in the commissary being temporarily closed due to supply contract negotiations.

Please remember that requests for new grocery items can be made by submitting a request form. The request forms can be found at the cashier's cage. A new drop point will be located near the ID counter.

Please note that double bagging is available by request through your cashier. Otherwise, baggers will only use single brown bags.

If you have any questions, comments, suggestions, or requests concerning the commissary, please contact Sara Smith at 372-3920 or by mail to SMC 2609.

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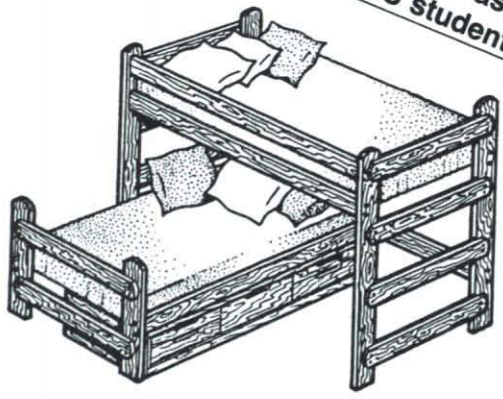

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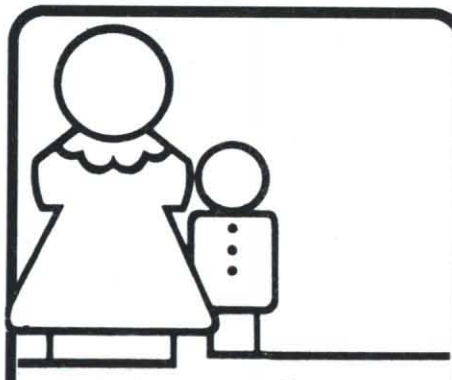

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Scouting Time

By Kelly Gallagher

Over the years as a Girl Scout I have never seen such a large number of girls interested in scouting. In Monterey, there are over one hundred girls enrolled in scouting. La Mesa comprises over half of those girls which is quite evident during cookie season. Being a girl scout helps the girls learn a lot about themselves, allows them to explore new places, and enables them to become a well-rounded person.

Scouting is all about girls ranging in age from 6-18 years. It helps them develop interests, learn responsibilities, and learn about themselves and others. Scouting also provides opportunities to discover: Camping, Outdoors, Understanding other cultures, learning new Talents, and seeing new places around Monterey Bay.

Girl Scouting provides many opportunities for girls of all ages and adult volunteers to join scouting. If interested, please call Barb Bibeau at 375-1213 or the Girl Scout Council at 372-4048.

Sowing the Seeds of Creativity

The La Mesa Elementary School Art Docent Program

by Susan Farmer

Imagine a school volunteer program designed to foster creativity and appreciation of the visual arts. Imagine trained adult volunteers at La Mesa School bringing hands-on activities and art appreciation units into the classroom. Got the picture? This is what you will find at La Mesa Elementary School where the Art Docent program provides each class with an adult guide to the arts.

Children in grades K-5 can experience art units in printing, painting and clay that supplement their classroom teacher's program. Each art unit develops skills that will be honed and built upon in successive grades.

Elementary art has a definite purpose in today's education. We explore our world in many ways. Through art education, children are introduced to many avenues for expressing what they observe, feel and believe. Since art teachers are not offered by the school district, a volunteer art program is one way for our elementary students to get art instruction. Each year, new and continuing docents will be trained to offer hands-on art units (no prior training or skill is necessary). Docents may wish to chose an area in which they are interested and can utilize their skills or may offer their time as a helper in their child's class. As a docent, you will be encouraged to give or assist with three or more presentations during the school year. Scheduling is flexible.

We invite you to leave your name, address and phone number at the school office or call Susan Farmer at 655-2694 for more information on the Art Docent Program.

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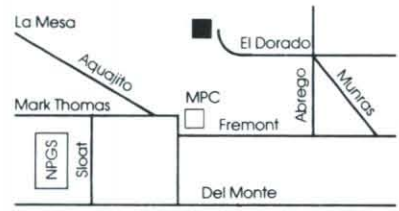

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Religious Services at NPS

Christ the King Chapel

The chapel is located between the Quarterdeck and the Ballroom in Herrmann Hall. Sunday morning worship is at 9:30 am, and 11 am. Childcare is provided free of charge at NPS Child Development Center. Sunday school for children and adults is at 9:30 am.

If you like to sing, consider being a member in one of several choirs: traditional, contemporary, and gospel music.

The Prayer Breakfast Fellowship is held at 6:45 a.m. every Wednesday in the El Prado room which is also in Herrmann Hall. It is an excellent prayer support group.

The two Protestant chaplains are Richard A. Lodge and William D. Brown who also conduct Bible study classes. Please contact the chaplain's office at 646-2241 for further information.

St. Thomas Aquinas Chapel

The chapel is located behind the East wing of Herrmann Hall next to the Bookstore at NPS. John Baldwin is the chaplain. You are invited to attend mass and to participate in other devotional activities.

Mass Schedule
Sundays: 9 am and 11 am
Confessions
Sundays: 8:30 to 8:55 am

Free childcare is provided during Sunday and holy day masses. And there is a "cry room" available at the chapel. Please contact the chaplain's office at 646-2411 or 2242 for further information.

Jewish services are held every Friday evening from 8:15 to 9:15 pm at the Jewish chapel at Fort Ord. The chapel is in Bldg 1885 which is located on 5th St. between 1st and 2nd Avenues. For further information, please contact chaplain William A. Greenebaum III at 242-5310

La Mesa Women's Bible Studies

If you are longing to grow spiritually beyond Sunday morning worship at the chapel or local church, or if you long for deep friendships, or for Biblical counsel on family life and its problems, La Mesa Women's Bible Studies (LMWBS) may be the place for you.

This month, LMWBS enters its 24th year of providing a variety of non-denominational Bible studies and childcare in La Mesa homes. Teachers are women who are willing to help others discover how Jesus Christ desires to be intimately involved in all areas of our lives.

The fall quarter's studies begin on Thursday, Oct. 3rd, and run for two months. Childcare drop-off begins at 9:30 am and the studies run from 9:45 to 11:15 am. Children are to be picked up by 11:30 am. Infant and toddler care is assigned to selected La Mesa homes. But all children over age three participate in their own "Good News Club" at the Teen Center and learn Bible stories and songs. Childcare work is a paid position and we are always looking for people who can minister to others by caring for their children. Judy Elliott (373-7973) is the contact person if you are able to help.

Flyers detailing Bible study offerings, teachers, and locations will be distributed to all La Mesa homes in early September. The flyers will also be available at the chaplain's office and housing office for those who do not live in La Mesa.

If all this sounds good to you, then please come to registration on Thursday, 19th September, from 7 to 8 pm in the Tower room (4th floor, Herrmann Hall). Meet the teachers, ask questions, eat goodies, and register yourself and the kids. You will not be disappointed. If you cannot attend registration or need more information, please call Joanne Nelson (372-4080) or Susie Thompson (372-8617).

Babysitting Problems . . . and Solutions

Situation #1:

Friends are visiting from out of town and you would like to spend the evening with them at Cannery Row, Fisherman's Wharf or in Carmel. You're nervous, however, about leaving your children (especially the baby!) with a teenage sitter when you cannot be reached by phone. What do you do?

Solution:

Join the La Mesa Babysitting Co-op! Experienced sitters — other NPS parents — sit for your children. In the evening, they babysit in your home.

Situation #2:

You have a mid-day doctor appointment, your spouse has class, and the NPS Day Care Center doesn't have any drop-in space available. What do you do?

Solution:

Join the La Mesa Babysitting Co-op! Sitters are available days, evenings, or weekends. And the caregivers are not paid cash, but are paid points you've earned by watching other Co-op members' children. It's easy and economical.

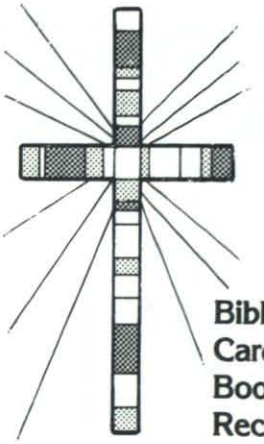
Situation #3:

You could do two weeks' worth of Commissary shopping with only one cart in only one hour IF you didn't have your children "helping" you. What can you do?

Solution:

Join the Babysitting Co-op! Errands are much quicker and more enjoyable when you are not accompanied by youngsters. And who says they enjoy tagging along behind you? Your children could play at another La Mesa family's home while you quickly check off items on your "to do" list . . . then even browse in a cute little shop for a while.

It's possible! Call Kay Nicholls at 373-0304 for more information about the solutions provided by the La Mesa Babysitting Co-op.



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The Happiest Place in Monterey

by Debbie Byrns

What has up to one million hairs per square inch and eats 25% of its body weight per day? A sea otter at the Monterey Bay Aquarium! You'll find more than otters at the Monterey Bay Aquarium on Cannery Row. In fact the Aquarium has more than 6,500 specimens representing 525 species of fishes, invertebrates, mammals, birds and plants all of which are found right here in the Monterey Bay.

This October marks the 7th anniversary of the Monterey Bay Aquarium. It stands on the former site of one of the largest canneries known to the area, the Hovden Cannery. Some aspects of the original building have been preserved (as is apparent from the exterior). The Aquarium is known worldwide for its diverse and spectacular exhibits which highlight the marine life found in the Monterey Bay. The Aquarium's purpose is to stimulate interest, increase knowledge and promote stewardship of both the Monterey Bay and the other oceans of the world through innovative exhibits, education, and scientific research.

What's so special about Monterey Bay? From late winter through early fall, ocean currents carry nutrient-rich water into Monterey Bay. These nutrients form the base of a food chain that supports the sea life found in habitats that range from mudflats and kelp forests to a 10,000-foot-deep submarine canyon! There are more than 100 galleries and exhibits at the Aquarium which explore the many habitats of the Monterey Bay. The three largest exhibits are the Kelp Forest (335,000 gallons); Monterey Bay Habitats (326,000 gallons); and Sea Otters (55,000 gallons).

The Kelp Forest is a three-story exhibit which presents a diver's eye view of an undersea community. At 28 feet high, the Kelp Forest is the tallest Aquarium exhibit in the world. You'll see sardines, leopard sharks and many other types of fish weaving among the kelp beds. Don't miss feeding time at 11:30 and 4:00 p.m. when divers hand-feed the fish.

The Sea Otter exhibit gives visitors a close-up look at these playful and curious mammals above and below the surface. It costs the Aquarium $6,000 per year to feed just one otter! But when you go, you will think it worth every penny for the chance to observe these lovable animals so closely. The Aquarium has several resident otters who were separated from their mothers at

birth and were rescued and raised by Aquarium staff. Feeding times are at 11:00, 2:00 and 4:30 p.m.

The Monterey Bay Habitats exhibit features the deep reefs, the sandy seafloor, the shale reefs and the wharf areas. Large sharks, bat rays, salmon, halibut and many other open-sea fishes roam this 90-foot-long, hourglass shaped exhibit.

Each year, a special exhibit is featured on the aquarium's second floor. This year's special is "SHARKS", which features live sharks from around the world. Fifteen of the world's 360 shark species are featured at the Aquarium. Together with the living animals, videos, and hands-on activities, they tell the story about sharks while exploring the myths and realities about this facinating group of fishes.

The Monterey Bay Aquarium is also the command center for voyages into the depths with live broadcasts twice weekly from the heart of Monterey Bay. "Live from the Deep Canyon" is broadcast Mondays and Tuesdays from 12 noon until 3:00 p.m. in the auditorium. During the broadcasts, visitors peek over the shoulders of scientists as a deep-diving research submersible from the Monterey Bay Aquarium Research Institute (MBARI) transmits video images of unusual and fascinating animals and environments from waters up to 3,000 feet deep.

On their seventh anniversary, the Aquarium has future plans for a new wing devoted to the marine life of the open ocean and deep sea. It will feature a one-million-gallon exhibit of ocean fishes, including the 10-foot ocean sunfish and open ocean sharks. Stay tuned for further updates.

If you are here for more than a year, you may want to consider membership to the Monterey Bay Aquarium which provides unlimited admission for an entire year, a year's subscription to Shorelines (the quarterly newsletter), invitations to special Aquarium events and other benefits. Membership rates: Individual $38.00

Couple $44.00
Family $49.00
Student/Senior $27.00

The Monterey Bay Aquarium is open 10:00-6:00 p.m. daily, except Christmas. This should be on your "must do" list if you are new to the area.

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The Monterey Jazz Festival

by Monica E. Maurasse

It all began over three decades ago on a chilly October night with Dizzy Gillespie performing the "Star Spangled Banner". Today the Monterey Jazz Festival is the oldest continuously presented jazz festival in the world. Founded in 1958 by James L. Lyons, the Monterey Jazz Festival is a non-profit, educational event sponsored exclusively by MCI Communications Corporation. Past performers of this event include jazz greats such as Billie Holiday, B. B. King, Ray Charles, Bobby McFerrin, Patrice Rushen and the Miles Davis Quintet.

The 34th annual jazz festival is scheduled for September 20, 21 and 22, 1991, at the Monterey County Fairgrounds. The 1991 all star jazz lineup includes Dizzy Gillespie, Count Basie Orchestra, Jon Hendricks and Co., Shorty Rogers/Bud Shank and The Lighthouse All Stars, Chick Corea Acoustic Band with John Patitucci and Dave Weckl, Modern Jazz Quartet, Diane Schuur, Pauqito D'Rivera and "New Band", Charles Brown, Ruth Brown, Jimmy McCracklin, Clayton Hamilton Jazz Orchestra, Carol Sloane, Scott Hamilton, Phil Woods Quintet, Lowell Fulson, Jazz from Sweden/Red Mitchell and Friends along with other attractions and exhibits. The festival promises to a sensation for all music lovers. Five shows over the three-day weekend make up the Monterey Jazz Festival. Jazz legends Dizzy Gillespie and Scott Hamilton will entertain at various times throughout the entire weekend. Saturday afternoon features the traditional blues show and Sunday afternoon is the traditional showcase for the winners of the California High School Jazz Competition. The winners of this event will appear on the main stage and perform with the Chick Corea Acoustic Band.

For those of you who are planning to attend for the first time and are unsure how to dress, it is suggested that you wear summer clothes for the afternoon shows and bring a light jacket or sweater for the evening shows. You may want to bring a blanket and don't forget the sunglasses. In the main arena everyone can hear and see well. Expect traffic to be heavier than usual and allow five to fifteen minutes extra driving time.

And last but not least, the jazz festival is for the entire family. Children and adults of all ages can enjoy the festive, relaxing atmosphere. The fairground lawn studded with live oaks sets the scene for a family picnic.

Since its inception, the Monterey Jazz Festival has presented over 170 concerts performed by over 7000 jazz artists from all over the world. While history, tradition, and quality entertainment have made the Monterey Jazz Festival one of the most prestigious festivals in the world with an estimated attendance of over one million, the Festival organization has maintained music education as one of its primary goals. Those benefitting from the proceeds include various scholarship programs, youth programs and the Festival's own Jazz Education Fund. Although jazz is not as popular as it once was, the Monterey Jazz Festival is devoted to fulfilling the goal of ensuring a strong future for this uniquely American music form.

Presented by MCI

Shakespeare-by-the-Sea

by Laura Mendrzycki

Nestled among the galleries, quaint boutiques, and eating establishments of charming Carmel lies an acre of "culture", the Forest Theater. The Forest is an outdoor theater nestled among the pines at the corner of Santa Rita and Mountain View in Carmel. Take a blanket and a thermos of cocoa as the chill can be bracing, but the fire pits that line the amphitheater will add warmth, as will the wonderful entertainment presented therein.

An annual event is the Carmel Shakespeare Festival. In its sixth year, the Festival was formerly known as the Carmel Play Festival. This year, under director Stephen Moorer's guidance, the emphasis has shifted to Shakespeare with at least one work being featured in the four-week production. This season's selection is Romeo and Juliet, paired with a favorite for the kids, Alice in Wonderland.

Romeo and Juliet is the story of two lovers torn between their devotion to one another and loyalty to their families, who are bitter enemies. The romance will be presented in classical Shakespearean form. To the uninitiated, a classical production can be a rare treat . . . or a shock to the system! Classical productions are traditionally presented according to the original stage directions (which are occasionally spoken aloud) and in the original dialogue, as opposed to modern day language. Fear not, all ye legions of theater-goers! Chances are, your foreknowledge of the plot will enhance your enjoyment, and the novelty of the dialogue and direction will ensure it!

Alice In Wonderland is guaranteed to be a hit regardless of your level of theater expertise! This is the stage interpretation of Lewis Carroll's children's tale of a young girl and her Tea Party with the Queen of Hearts. It is filled with wonderfully memorable characters, and the costumes are an extra treat, in addition to the story. The cast for the Festival's production will be composed nearly entirely of children. It's not only a fun show for the kids, but may also give them (or you!) some options for channeling that early creativity — they could be junior actors and actresses too!

A new feature for the Festival this year is "Poetry Amidst the Pines". This mid-afternoon program features original works presented by local artists. Bring a snack and enjoy poetry readings, music, and the sun — before the fog comes rolling back!

The Sixth Annual Carmel Shakespeare Festival runs from September 12 through October 13. Romeo and Juliet will be featured Thursday through Sunday evenings, and Alice In Wonderland will be presented Saturday and Sunday afternoons. "Poetry Amidst the Pines" can be enjoyed daily at 2 o'clock. Advance ticket purchases may be made by calling the Grovemont Theater, home-base of director Stephen Moorer. Grovemont Theater's Ticket Hotline number is 649-6852. Admission is very reasonable: $8.00 for general admission, and $5.00 for children 12 and younger. For other information, call the Carmel Shakespeare Festival at 649-0340. See you in The Forest!

It is filled with wonderfully memorable characters, and the costumes are an extra treat,...

Bring a snack and enjoy poetry readings, music, and the sun...

COMPUTERS & YOU

Inkjets, Lasers, and Other Computer Printers

by John Daley

If you wanted to compare the quality of competing computer printers years ago, it was a simple matter: determine which one was "letter quality" (or LQ), and that was the best printer. If neither one was an L.Q. printer, the one with the most pins on the print head was better. A laser printer costed upwards of $4,000, so most individuals couldn't even consider purchasing one for their personal computer.

All of that has changed. Now there are inkjet printers, bubble jet printers, and a variety of laser printer variations, many of which cost less than $1,000. Although some may view this as bad news because it's more complicated to select a printer, it's really good news: you can get a lot more printer for your money now than you ever could before.

First of all, a little terminology: a **font** is a family of letters and symbols with its own characteristics. The following illustrates some of the differences between font families:

This is
Times 12 pt. regular,
Times 12 pt. Bold, and
Times 12 pt. Italic.

This is

Helvetica 14 pt. regular,
and 14pt. Italic.

* The Classmate is set in Quorum 10 pt. regluar

The number next to the font indicates its point size which is the height of each letter. The smallest readable fontsize is usually around 6 point for most fonts, and the largest available font size (depending on your word processor or layout program) may exceed 200 point.

DPI is an abbreviation for dots per inch which indicates the resolution (quality) of a printer — the more dots it can image in one inch the better. **Outline font** is a scalable font (generated from each letter's outline) that can be printed, in high quality, within a defined range of sizes usually at least 7 point to 128 point or more. **Bit-mapped font** refers to a font that is generated from its screen bitmap; these are usually of lower quality than outline fonts. **PostScript font** is a font that uses Adobe's PostScript processor and language (PostScript is actually a computer language) to generate high-quality fonts usually equal in quality to outline fonts. **True Type font** is Apple Computer's integrated outline font system which brings outline font quality both to the printer and to the screen (True Type is built in to System 7.0).

The original printers for computers were generally either dot matrix printers which formed letters by printing a closely-spaced sequence of dots; or daisy-wheel (LQ) printers which rotated a wheel with stamped letter images as found on a typewriter. The more pins on the print head of a dot-matrix printer, the higher the quality of letters formed by the dots (more dots per square inch). Most daisy-wheel printers were about the same quality although some were faster than others.

Dot-matrix printers were the favorite of those who used graphics or illustrations in their documents. By carefully engineering the number of dots per inch available on both the printer and the screen, the inventors of the original Apple Macintosh, introduced a concept known as WYSIWYG (pronounced "Whizee-wig"): What You See Is What You Get. A graphic image drawn on the bit-mapped screen would appear in identical size and shape when printed with the Apple Image Writer printer. Letters could be changed in size, font, and style (**bold**, *italic*, **outline**, and shadow, for example), and the style changes could be instantly viewed on the screen. The printer's output matched the image seen on the screen.

Letter quality printers, on the other hand, couldn't print graphics, except those obnoxious ones that were made from a series of letters. To change print fonts, sizes, or styles, the user has to change daisy wheels in the printer. Viewing these changes on the screen was impossible, so it was difficult to determine even where a line break would occur in a paragraph. LQ printers were the choice of businesses and others needing quality type, even though they represented a fairly simple extension of the typewriter.

While there are still a number of these printers on the market, most are well on their way to becoming dinosaurs. These older-technology printers are rapidly being replaced by newer inkjet or bubble-jet printers (hereafter referred to as inkjets) that cost the same as an average LQ printer with much higher flexibility and better quality.

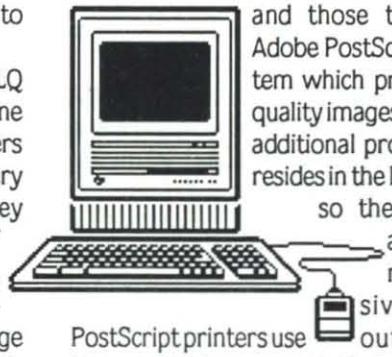
Inkjet printers also offer the advantages of graphics capability and font/size/style changes that traditional dot-matrix printers have offered without the noise. Inkjets print by firing tiny drops of ink at the paper. The dots of ink are so small that letter quality is much higher than available even with daisy-wheel printers. (In fact, the

quality is even better than many laser printers: the Apple StyleWriter offers print resolution of an amazing 360 dpi compared to laser output which is generally 300 dpi). However, some inkjet printers produce output that is slightly wet, and if you're not careful the printed page can be smeared with fingerprints. Modern inkjets have solved this problem by using specially dried ink that won't smear unless you try to smear it.

So why are there still dot-matrix and LQ printers around? Since inkjets have come out in force, dot-matrix and LQ printers have been reduced in price and are now very cheap. If you look in the right places they can be obtained for less than the price of even the cheapest inkjets. (Be careful, some businesses assume you are ignorant of the above facts, and will still charge upwards of $400 for dot-matrix printers). One application, carbon-copy printing, still requires an impact printer so LQ or dot-matrix printers are still best for this job (unless you have that old dinosaur, a typewriter, laying around).

What do they cost? Inkjet printers, such as the Apple StyleWriter (which uses Apple TrueType fonts), are available in the local area for the amazing price of $399 and includes outline fonts (which can be scaled to nearly any size), a sheet feeder, and cable. However, the StyleWriter is not networkable, so if you need to share your printer among two or more computers consider the Hewlett-Packard Deskjet or DeskWriter. These are networkable for a slightly higher price, and are usable either on Apple computers or DOS machines.

Laser printers are divided into two kinds: those that are PostScript and those that aren't. Adobe PostScript is a system which provides high quality images through an additional processor that resides in the laser printer, so these printers are generally more expensive. Non-PostScript printers use outline fonts (same as inkjet printers). Both are scalable to nearly any size and changeable for WYSIWYG applications Apple's TrueType fonts, in combination with Macintosh operating system version 7.0, provides for extremely high quality imaging on the screen. Once again, most laser printers output images that are 300 dpi in resolution, which is better than all but the very best inkjets.



Laser printers are considered by most to be the finest printers available to the consumer. Since they use lasers for imaging, there is no problem with smearing images; they can be very fast (on the order of 16 papers per minute for the most expensive ones); they are generally networkable (so many computers can share one laser printer), and they are quiet. Until recently, they have also been expensive, but that is starting to change.

Non-PostScript printers (such as Apple's Personal LaserWriter LS which uses TrueType) start at around $850. Make sure to inquire about the required toner cartridges though: if not included these can add to the price by around $100. Also, check on which outline fonts are included with the laser printer: additional laser fonts, either outline or PostScript, can be very expensive. PostScript laser printers start at around $1500 and go up to the stars, depending on such variables as print rate (pages per minute), how many fonts are included, how much memory is in the laser printer's CPU, and whether the laser printer is networkable.

It's a great time to buy a printer for your computer! Never before has such great quality been available for such a small price.

John "Macatollah" Daley is the Chairman of the NPS MUG.

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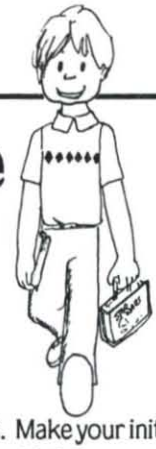

by Ramona Fortanbary

Whether you're an old-pro or a new parent, choosing daycare for your precious wee one(s) is a difficult and worrisome task. For military families who move frequently and make daycare decisions more often, it is essential to our peace of mind to be able to evaluate daycare quickly and confidently. But how can you be sure that the daycare you choose is right for junior and for you?

First, you have to consider your options. There are basically two: center-based care, and in-home care, to name the most widely-used and least expensive alternatives. In most states all daycares must be licensed, and preferably you should ensure that your child's caregiver is licensed.

Making the decision as to the type of care you are most comfortable with is largely based upon personal preference. Some people prefer having their children with a family in a home-based daycare, others favor the professional staffs and structured settings of daycare centers. Once you make the choice as to the kind of care you feel is right for your family, you can move on to evaluating the merits of several prospective homes-away-from-home for your child.

Childcare experts and children's advocates recommend the following steps when evaluating daycare for your child:

BEFORE PLACING YOUR CHILD

1. Call your local Department of Social Services and find out about State licensing requirements for in-home and center-based care. Ask if the centers or homes you have tentatively chosen are properly licensed for the state you are in. Also, be sure to check if any complaints have been lodged against those centers or homes you are evaluating. Katy Martinez, of the Monterey County Child Care Resource-Referral Program, says that parents can call her office at 1-800-339-9306 to get answers to their questions about local daycare centers. If everything checks out after making this important call, then you should proceed with a visit to each daycare center or home on your list.

2. Make your initial visit an unannounced one. If the care-giver or daycare center director is uncomfortable with this or hesitates to welcome you to walk around, you should put up a mental red-flag. If on the other hand, the care giver or director is enthusiastic about showing you around and seems genuinely pleased at your arrival, then you can be reasonably sure that he or she has no problem with parents getting a true picture of the center or home's normal daily activities and routine.

During your visit, Katy Martinez, recommends that parents get answers to the following questions:

- What are the methods of discipline?
- What role are parents expected to play?
- What are the activities and are they geared to individual age groups? (This is important because children must be able to succeed at activities to develop self-esteem.
- What are the arrangements for emergencies and/or illness?
- What is the ratio of staff to children?

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Also, while at the center or home, Ms. Martinez encourages parents to note if the center is clean, if it is cheerful and colorful, and does the staff interact in a positive manner with the children and vice-versa. Ms. Martinez states that one of the most important aspects in evaluating the center is how you feel while you are there. Are you comfortable and at ease? If so, your child probably will be too.

3. While making your initial visit, ask for the names and phone numbers of parents whose children are already placed in the center or home. If privacy protection prevents the center from giving you this information, then request that several parents be given your phone number to call you. Parents who are happy with the care their children are receiving are usually only too happy to set another parent's mind at rest.

Once you have thoroughly checked out the centers or homes you are interested in and have made your decision to place your child, please don't let your evaluation end there. Let your child help you decide.

AFTER PLACING YOUR CHILD

During the first week or two your child will undoubtedly need a little time to adjust to the stress (yes, two year-olds and even infants experience stress) of getting used to a new environment. However, after this time you should be alert to what your child is telling you both literally and figuratively.

If your child is his/her happy-go-lucky self when he/she knows they are on the way to the sitter, then this is a good indication that your child feels comfortable there and does not have any qualms about spending time with his caregivers. But if your child begins to have temper-tantrums or other unusual behavior after he/she has gotten used to the center, then perhaps you should pop-in for one or two unannounced visits to see what might be upsetting your child. You should also speak directly with your child's caregiver and see if he or she has any idea what the problem may be. Frequently all that is needed is a little help from the staff, and a little more time. Some children take longer than others to fully adjust to a new situation.

If your child is an infant and cannot give you obvious clues like tears or tantrums, there are several signs that will alert you if all is not going well. If the back of your infant's head develops a bald spot then your child could be spending too much time in an infant seat or lying on its back. Additionally, if your infant seems excessively tired or hungry when he or she come home, it may be an indication that he or she is not getting enough individual attention paid to their needs.

You should also note your infant's relationship with his/her caregiver. Does he/she seem happy when placed in the caregiver's arms? Does the caregiver talk babytalk to him/her? These signs show a bond between infant and caregiver that should develop if your child is to thrive.

There are lots of great caregivers and daycare centers for our little darlings. And most children do indeed thrive when their needs for love and attention are met. As parents we are responsible for insuring that our children's needs are met and that includes finding the right home-away-from-home for them. And with careful evaluation we can all do that. Oh, and one more thing — Don't be afraid to trust that famous mother's (or father's) intuition!!

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Coastal Cuisine

by Debbie Byrns

Coming from the Southeast to the Monterey Peninsula, my husband and I had grown accustomed to dining out without making reservations on the weekends. So, on a few occasions, we meandered over to beautiful Carmel-by-the-Sea forgetting that this was quite the place to be on a Saturday night. We found that not having reservations in many establishments meant late night dining (10:00 p.m.!) or walking around until you found an open table. We have since learned our lesson about making reservations for dinner on a Saturday night. But we also found a couple of off-the-beaten-path places to eat!

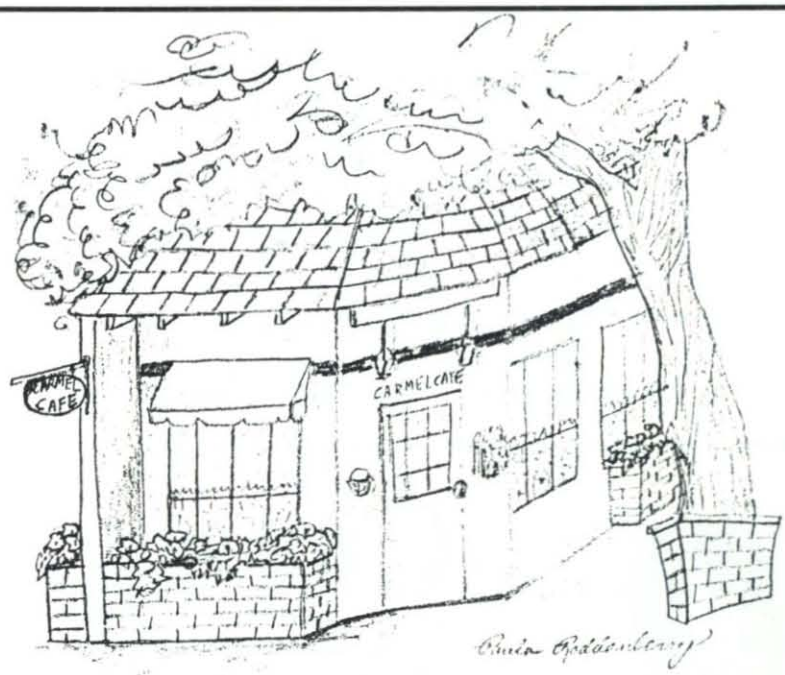
The Forge in the Forest/The General Store located at 5th and Junipero, boasts a heated outdoor patio with three rustic fireplaces and indoor dining at either the General Store, or the "Forge" dining saloon. We've eaten both indoors and out and I prefer outdoors next to one of the fireplaces. The menu is varied with daily specials of fish and fowl. Starters include: homemade onion rings, breaded zucchini, nachos, buffalo wings, potato skins and pizza ranging in price from $4.25 - $6.25. Portions are large, so try not to fill up too much before your dinner. The General Store features soups, salads, and sandwiches all of which are a meal in themselves. For the burger lovers, the charbroiled bacon cheeseburger is killer! All sandwiches are served with a large order of curly french fries or a salad. Entrees include: barbecue pork spare ribs, New York strip steak, several pasta dishes and always the fresh catch of the day. I have tried the herb linguine with artichoke hearts and sundried tomatoes, and was not disappointed. The grilled catch of the day is always a good choice. Entrees range in price from: $7.95 - $16.95. If you have room for dessert they have homemade ice cream sandwiches, Amaretto chocolate fudge cake, and hot apple cobbler. The General Store/Forge in the Forest is a great place to go for lunch, dinner, snacks, or just a drink. Families will enjoy the laid back atmosphere of "dining out" on the patio (just like home!).

Open Monday-Saturday 11:30 a.m. —

12:30 p.m., Sunday from 10:30 a.m. Matercard and Visa are accepted. Reservations are recommended for large parties. My rating: VERY GOOD.

The Carmel Cafe is one of my favorites in Carmel. Located on Mission between 5th and 6th, it sits underneath a huge tree and is about as large a treehouse. The decor is simple country and the service is friendly and homey. Breakfast is served daily from 7:00 a.m. — 2:30 p.m. (for those late morning people). Specialties include fresh fruit salads, eggs-any-style (California, Florentine, Benedict, Carmel, and Huevos Rancheros), omelettes, buttermilk pancakes, waffles, and french toast.

Be sure to try the country potatoes too! Fresh juices and freshly ground coffee are also available. Prices range from $5.95 - $6.95. Lunch is served from 11:00 a.m. The salads are huge and full of the freshest ingredients. The Cobb salad is the Cafe's specialty. The platters provide a taste of Carmel Cafe's chicken and tuna salads served with fresh fruit, vegetables and choice of pasta salad. Sandwiches are served with your choice of salads or country potatoes.



The Abercrombe and Fish sandwich is my favorite — creamy Albacore tuna salad with jack cheese, tomato, and sprouts. My husband, a chili maker and rater, has tried their homemade chili and proclaimed it delicious. Daily dessert specials are posted on the chalkboard in the window. We love the homemade strawberry pie with real whipped cream. Need I say more? Lunch ranges in price from $5.50 - $7.95. This is a non-smoking restaurant which is another plus in my book. The restaurant is very small, so toddlers who like to wander may have trouble sitting still. Most credit cards are accepted. Open daily 7:00 a.m. — 2:30 p.m. My rating: EXCELLENT.

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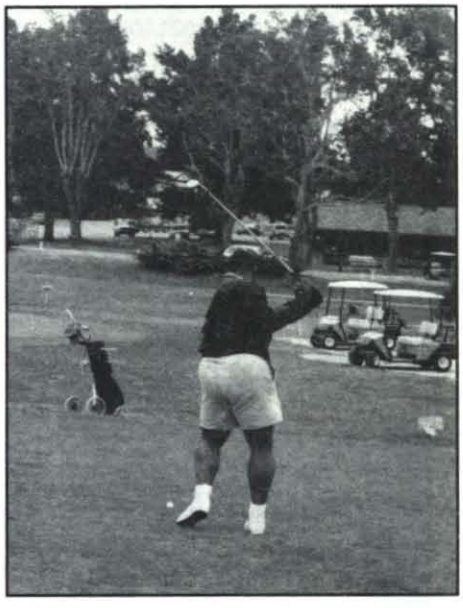
Instruction in Slicing Chilly's Golf Tips:

by Mike Williams

The word slicing, in golf, usually relates to a bad game. Well, if you are a "slicer" don't feel bad, you have plenty of company. The majority of golfers are "slicers" but not all slicing is bad. This month's instruction section will focus on the dreaded slice.

What is a slice?

Slicing is the result of an open clubface in relation to the swing path of the golf club.



There are two different types of slices: 1. Uncontrolled Slice (banana ball) and 2. Controlled Slice (fade).

A basic cause of the uncontrolled slice is due to lack of proper arm and hand action through the impact area. Many people do not release (rotate) their hands/arms through impact and thus never "turn the club over" through impact. Instead, they physically try to use their hands/arms in a forceful manner which can lead to increased tension and tightness in the hands/arms. This is exactly what you don't want in your hands/arms through the impact zone. The uncontrolled slice usually results in a bad golf shot that ends up well to the right of the fairway and a very short distance from the tee.

The fade is a controlled shot which provides better accuracy but will cost the golfer a little distance. The fade shot will fly higher, land softer, and roll less than a straight or draw shot. I would recommend this type of shot for all long knockers. Even the short hitters can benefit from the increased accuracy the fade provides on short, narrow holes.

The key points in hitting the fade are to:

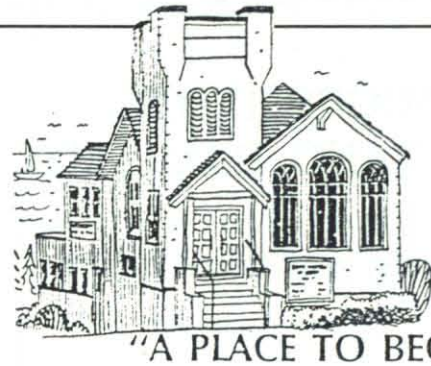
1. Align your feet and body about 20 degrees to the left of your target.

2. Take a "weak" grip; that is, the V formed by the thumb and index finger (as you look down at your hands on the club) should be aligned on the center of the grip for both hands. This will prevent the hands from rolling over too quickly through impact. And it will prevent closing the club face which causes a pull hook.

3. Make a low, smooth backswing parallel to the line of your feet. Coil fully then unwind into impact. The ball will start slightly to the left of target with just enough cut spin to bring it back on line. Remember to release your hands through the impact area to minimize the amount of cut spin imparted on the ball.

Until next time, happy golfing.

And the next time you have an opportunity to test your skill on the green, don't miss out on a neat little track called Laguna Seca. Just 10 minutes from Monterey, this is a Robert Trent Jones designed course which is short (approx. 6300 yds), tight, and fun to play. Regular green fees are $40. Twilight fee is $19 after 1500 hrs.



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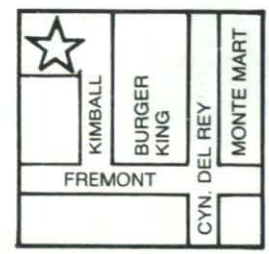

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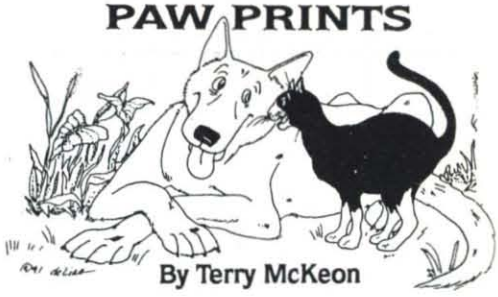

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I had just returned from a doctor's appointment where I had waited several hours to be told I was sick and should be home in bed. Gee, I had no clue. I retired to the couch with a warm cup of tea in one hand and the remote control in the other. Phil was just about to expound upon another socially irrelevant topic when there was a loud banging at the front door. I thought about it long and hard. And finally, I answered the door.

"Your cat is sick."

"I don't own a cat."

I should have said that I didn't belong to one at that time. I took one look at the cat and thought to myself that here was another creature that actually felt worse than I did at that moment. Since we already had Simon, our dog, and I was not eager to increase my family unit with a dying cat, I decided to call the local animal control. I was informed that it would be a long wait before they could pick up the cat as it was after hours. They told me to leave the cat outside. This cat did not look like it would live the next few minutes never mind hours. I certainly could not shut my door and look at the Chippendale men and sip my tea when that poor beast was dying at my front door. So I did what every other person that wears a sign saying "Sucker for a Furry Face" would do, I conned my neighbour into placing the cat in a box while I called the vet.

"How much do you want to spend?"

"What?"

"How much do you want to spend? How long has the cat been this way?"

"I don't know, he's a stray."

My regular vet was off that day and his replacement was very dollar-minded.

"Well, let's find out what's wrong first, and then we can talk."

"Fifty dollars may be okay, but I might have a hard time flying a thousand past my husband. So let's just see if he's okay first."

The staff disappeared into the back office commenting on how sad and how horrible "it" looked. Maybe due to my

recent brush with being "it" on some medical chart, I felt very badly that this little guy didn't have someone to hold his paw and stand up for him. On top of his chart was written "Stray". Maybe it was the fever, but I had a weak moment. Everyone deserves a name whether you live through the night or not. The cat was named Cesare as in Cesare Borshia. (I watch a lot of PBS.) It was a strong name, the name of a fighter. I must have chosen well because he was just that - a fighter. Thanks to the efforts of a wonderful vet and my stock in the Friskies corporation, Cesare made it. Cesare was due to be released the day after Jim was due back from his latest high sea adventure. Now the fun began.

"Hi, honey. How was your voyage? I missed you, Simon is fine, Mom says hello, we have a cat, I had bronchitis, work is fine, Sue called.....back up to what? oh, we have a cat. His name is Cesare and he chose us."

After a long and involved regaling of the story with lots of emphasis on how poor Cesare battled all odds to come and live with us, Jim finally saw the wisdom if not inevitability of the new furry member of our family. But not before I threatened to lock Jim in a room with a tape of Benji the Hunted.

Having grown up with many pet dogs I knew nothing about cats except that they use a litter box. And I knew that cat litter is great on a snowy day for traction in a pinch. My main concern was how Simon and Cesare would get along. I had a nice chat with Simon promising him London broil and chicken livers if he would please not terrify the cat. I put Cesare down and maybe the bribe helped because I have never seen such fast friends. I was very releived. Jim was not thrilled with Cesare at first. But slowly, male bonding took place during Sunday afternoon football. Simon took his usual position beside Jim on the couch (next to the popcorn to make sure he got some.) Cesare made himself comfortable on the arm of the couch. So now, instead of being outnumbered two to one, I was outnumbered three to one.

I took Cesare to the vet at one point because I thought my cat was allergic to me. Cesare would make a rasping sound every time I pet him.

"Hi, Chez, how's my little Chezzie?"

"PURRPURRRRRPURR"

"He's what? That's called purring? No, I've never had contact with a cat before. And I don't think it's very professional to laugh, at least not that hard!"

We had such learning adventures with Cesare. The strangest thing by far was that he was more obedient than our dog. Cesare would come when he was called and he would get off the furniture if you just looked disappointed.

To conclude the Cesare saga, I found out that his family had been the previous renters of the house we were in and had since moved on to lands unknown. Cesare had been out on his own for months. Cesare has come a long way and we have logged a lot of miles together. I wish he had never had to experience being a "stray". He most certainly did not deserve it.

The one lesson I have learnt from Cesare is that you don't choose a cat, he chooses you. A television documentary I saw recently said we have been given the cat so we can stroke the lion. What a concept. I am very glad our lion chose us.

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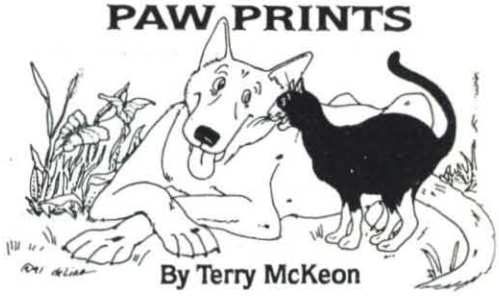

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THE WASHINGTON POST

REAL ESTATE

SATURDAY, JUNE 30, 1990

Long & Foster Realtors, the largest real estate firm in the Washington Area, is one of the top-ranked real estate firms in the country, according to the Consumer Reports survey.

Long & Foster, a 22-year-old firm with 173 offices from Baltimore to Norfolk, scored a 77 total on the overall 100-point home-seller satisfaction index, which made it the second-rated firm in the country, according to the survey of 72,000 Consumer Reports readers.

Topping the list was Edina Realty, which operates in Minnesota and Wisconsin and received a 78 percent approval rating among Consumer Reports readers. Long & Foster edged out two other national firms—Re/Max and Merrill Lynch Realty, now known as Prudential Real Estate Affiliates, both of which have offices in the Washington area.

"We were thrilled," said P. Wesley Foster, Jr., president of Long & Foster, who attributed the strong ranking to good sales agents and an accomplished training department.

Several large national companies left readers more dissatisfied. Century 21, the largest brokerage firm in the country, won a 69 percent approval rating, while 68 percent of the readers surveyed who had sold their homes in the past four years were pleased with the performance of ERA Real Estate.

—Kirstin Downey

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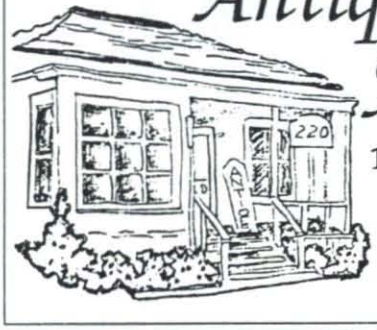

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The Poetry Corner

The Mission

We fly the sky and sail the seas
Crisp uniforms blowing gently in the breeze
As we head for places both foreign and unknown
So far from family, friends, and home

We carry with us our mission true
To excel and succeed in what we do
May friends and foe be aware of our pride
As we sail the seas on its bumpy ride

A sailor dreams while destiny smiles
Moving steadily forward mile after mile
Sailing onward and onward through wind and water blue
The rain, the sun, the loneliness are thoughts with you

Travel onward, o mighty ship, heaving silently through the night
Heading for your mission armed with speed and might
Gathering the courage needed for the turmoil to come
Singing loudly the words of a battle won

Dream on old warriors off to battle you go
Doing your duty the only way that you know
Your strength is mighty, your mission just and strong
As you steady the course and head for home

If you are a sailor, even a marine will do
And need to feel the excitement of sailing the blue
Remember to sing quietly that favorite song
Of your country and buddies that kept you strong

By Bill Hammond

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"Let's Talk"

Words of Wisdom by Leigh Gardener

A long, long time ago, I remember telling a friend about a clothes buying spree for our upcoming move to Monterey. She laughed with delight when I told her about my new sundress.

"Forget the sundresses," she replied, "Buy sweaters."

This was my first clue to life in Monterey.

Chances are, you already know about the chilly climate, so I will try to include other helpful ideas for newcomers to Monterey, and to the Naval Postgraduate School.

I wish I had known more about the O.S.S.C.'s Bargain Fair before moving to Monterey. This fabulous La Mesa garage sale is a wonderful opportunity to finally get rid of many of those items you might otherwise be tempted to keep and put in temporary storage. It's a wonderful time to say goodbye to those three punch bowl sets you got at your wedding. Everything and anything sells at the Bargain Fair. My first tip is don't store it, sell it. If you can live without it for two years, chances are better than fifty-fifty that you can live without it forever. The Bargain Fair is held once every school quarter. Check the Classmate for more information, or call the O.S.S.C.

Although La Mesa does have routine security patrols, you need to maintain your own security. Sometimes, La Mesa can be a target area for bike thefts, especially those expensive ones used by commuters going to and from school. Take it from the voice of experience, buy a lock and use it, even in your own garage or back yard.

La Mesa can be great place to live. My advise here is to try to maintain a good sense of humor along with a "good neighbor" policy. Should anyone ever ask how you feel about your neighbor, you can simply say "we're close". This will always reflect some truth since the houses here are spaced so close together. I will never forget the neighbor who told me she loved to listen to me talk on the phone. This taught me the secret of being soft spoken. My little girls' friends will knock on the window and ask what movie we are watching. I don't know if I'm learning to come out of my closet or if I'm retreating further into it.

However, I am thankful for the abundance of neighborhood playmates. Life would be unbearable for my two social climbers without these friends. This also brings us to the vast round of birthday parties held here in La Mesa. You will inevitably find yourself lost for gift ideas for these birthday parties. I have found one of the best places to shop for gifts is the book store at NPS. The selection of children's books found there is outstanding.

In closing, I would like to pass on a few more of my local favorites. I am a regular visitor of the weekly Public Library Bookmobile that visits La Mesa school on Wednesday afternoons. I would not miss the Farmer's Market held at Monterey Peninsula College on Thursdays. My favorite place for a terrific seafood dinner with a casual family atmosphere is the Sea Harvest Fish Market and Restaurant located nearby our famous Monterey BayAquarium. Check out these local places. And join the Classmate staff. Next year you can write your own old timer's review.

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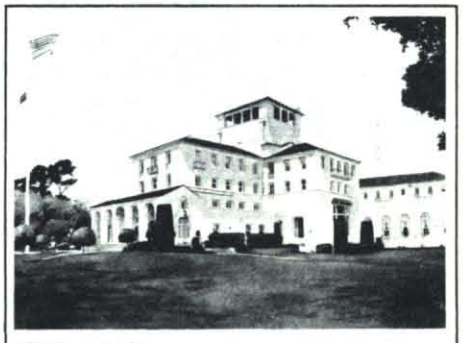

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by Shari

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A bit of history: La Mesa Village street names

Have you wondered about the origins of the street names at La Mesa Village and the Naval Postgraduate School? The streets in La Mesa Village are named after military men of national importance. You can impress visitors with your knowledge after you have read this article.

Bergin Dr. is named after RADM Charles K. Bergin, USN. He served as the Superintendent of NPS from 1963 to 64.

Biddle Ln. is named after CAPT James Biddle, USN. He was the Commander of Naval Forces in California from January to July 1847.

Brownell Cir. is named after LT JG Raymond Brownell. He was killed in action in the Pacific during one of the last campaigns of WW II.

Farragut Rd. is named after ADM David G. Farragut, USN. He was the first US Naval officer to attain the grade of Rear Admiral and he spearheaded the capture of Mobile Bay in 1864. He was then given the new grade of Vice Admiral, and after the war Congress created the rank of Admiral for him.

Gillespie Ln. is named after LT Archibald H. Gillespie, USMC. He served as an envoy from President Polk to the American Consul (Thomas O. Larkin) in Monterey.

Halsey Rd. is named after ADM William F. Halsey Jr., USN. He planned the attack on the Marshall and Gilbert Islands in February 1942. He was given command of the Third Fleet in 1944 which acted in support of the forces that liberated the Philippines Islands in 1945.

Leahy Rd. is named after ADM William D. Leahy, USN. He became President Roosevelt's Chief of Staff in July, 1942 and also held that position under President Truman.

Leidig Cir. is named after LT Theodore R. Leidig. He was a naval aviator who was killed in a plane crash in 1943.

Moran Cir. is named after RADM Edmond J. Moran, USN. He served on the staff of the Allied Naval Commander, US Naval forces during WW II.

Morrell Cir. is named after ADM Ben Morrell, CEC, USN. He was considered the "father of the Seabees" and served as Chief of the Bureau of Yards and Docks.

Revere Rd. is named after LT John W. Revere, USN. He lead a landing party from the USS Portsmouth which captured Sonoma on 9 July 1846.

Ricketts Dr. is named after ADM Claude V. Ricketts, USN. He served as Vice Chief of Naval Operations. The USS Biddle was renamed USS Claude V. Ricketts in his honor.

Shubrick Rd. is named after COMM William B. Shubrick, USN. He was the Commander of Naval Forces in California in July 1847 to May 1848.

Spruance Rd. is named after ADM Raymond A. Spruance, USN. He served as the Commander in Chief of the Pacific Fleet and Pacific Ocean Areas. He later became the Ambassador to the Philippines Islands.

Pictured above is an impressive group of gentlemen gathered at the USN Postgraduate School for the official Building Dedication ceremony in May, 1956. From left: Rear Admiral H. A. Spanagel, Rear Admiral E. E. Stone, Dr. Bruce Canaga, Rear Admiral J. R. Redman, Admiral R. A. Spruance, Secretary of the Navy Charles S. Thomas, Fleet Admiral Chester W. Nimitz, Admiral R. K. Turner and Vice Admiral T. G. W. Settle.

Academic Calendar 1991-92

Fall Quarter

Reporting Date
Monday, September 23, 1991
Instruction Begins
Monday, September 30, 1991
Columbus Day (Holiday)
Monday, October 14, 1991
Reporting Day for Refresher
Monday, November 4, 1991
Veteran's Day (Holiday)
Monday, November 11, 1991
Refresher Begins
Tuesday, November 12, 1991
Thanksgiving Day (Holiday)
Thursday, November 28, 1991
Final Examinations Begin
Monday, December 16, 1991
Graduation
Thursday, December 19, 1991
Christmas Break
Dec.20, 1991 to Jan. 5, 1992

Winter Quarter

Reporting Date
Monday, December 30, 1991
New Year's Day (Holiday)
Wednesday, January 1, 1992
Instruction Begins
Monday, January 6, 1992
Martin Luther King's Birthday (Holiday)
Monday, January 20, 1992
Reporting Day for Refresher
Monday, February 10, 1992
Washington's Birthday (Holiday)
Monday, February 17, 1992
Refresher Begins
Tuesday, February 18, 1992
Final Examinations Begin
Monday, March 23, 1992
Graduation
Thursday, March 26, 1992

Spring Quarter

Reporting Date
Monday, March 23, 1992
Instruction Begins
Monday, March 30, 1992
Reporting Day for Refresher
Monday, May 4, 1992
Refresher Begins
Monday, May 11, 1992
Memorial Day (Holiday)
Monday, May 25, 1992
Final Examinations Begin
Monday, June 15, 1992
Graduation
Thursday, June 18, 1992
Summer Break
June 19 to July 5, 1992

TELEPHONE GUIDE AND HOURS OF OPERATION

NPS NUMBERS

Banks
Monterey Federal Credit Union 647-1000
10 a.m.-3 p.m., Mon & Fri
10 a.m.-2 p.m., Tues., Wed., Thurs.
Navy Federal Credit Union 373-2725
8:30 a.m.-4 p.m., Mon-Fri, 24-hr. ATM

Barber Shops
Main Exchange 373-5933
8 a.m.-4:45 p.m., Mon-Sat.
Herrmann Hall 373-5505
8:00 a.m.-6 p.m., Mon-Fri (appt. recommended)

Beauty Shop
Main Exchange 372-1121
Closed Sunday and Monday
8 a.m.-4:30 p.m., Tue-Sat

Bookstore 373-1121/7343
10 a.m.- 5 p.m., Mon-Sat
Open at 9 a.m. first week of each new quarter.

Campus Corner
(formerly Package Store) 373-7511
10 a.m.-6 p.m., Mon-Sun.

Customer Service/Cashier 373-3575
(see info. under Navy Exchange)

Chaplain Offices
Catholic 646-2242
8 a.m.-4:30 p.m., Mon-Fri
Protestant 646-2241
8 a.m.-4:30 p.m., Mon-Fri

Child Care Center 646-2734
7:30 a.m.-5:30 p.m., Mon-Thu
7:30 a.m.-12:15 a.m., Fri
6:00 p.m.-12:15 a.m., Sat
8:30 a.m.-12:30 p.m., Sun (Church hrs. only)

Child Development Annex 646-2734
8:45 a.m.-1 p.m., Mon-Fri

Computer System 646-2721
System Status (tape recording) 646-2713
Graphics Room 646-2971
9 a.m.-5 p.m., Mon-Sat

Family Services Center 646-3060
8 a.m.-4:30 p.m., Mon-Fri

Laundry/Dry Cleaning 373-5933
9 a.m.-5 p.m., Mon-Sat ..... ext. 138

Legal Office 646-2506

Library
Information 646-2947
7:30 a.m.-11 p.m., Mon-Thu
(services open 8 a.m.-10 p.m.)
7:30 a.m.-6 p.m., Fri (services open 8 a.m.)
9 a.m.-6 p.m., Sat (services open 9 a.m.-1 p.m.)
10 a.m.-10 p.m., Sun
Paging 646-2920

Uniform Shop 375-3737
10 a.m.-5 p.m. Mon.-Fri.
10 a.m.-3 p.m. Sat.
Closed Sunday

EMERGENCY NUMBERS

Police 911
Fire 911
Ambulance 911
NPS Security 646-2555
if busy 646-2556
after 4 p.m. 646-2441
Fort Ord Emergency Room 242-7631/32/33
if busy 242-2020
Poison Control (Fort Ord) 242-7631/32/33
if busy 242-2030/6311
Suicide Prevention (24 hrs.) 649-8008
24-Hour Crisis Line 373-4773
Counseling Center 8:30 a.m.-5:30 p.m.,
Mon & Fri 8:30 a.m.-8:30 p.m., Tue, Wed, Thu
Business number 373-4775
Rape Crisis Center
of the Monterey Peninsula (24 hrs.) .. 375-4357
YWCA-Domestic Violence
of the Monterey Peninsula 372-6300
Domestic Violence Crisis Line 372-6300
Monterey Co. Dept. of Social Services 899-8001
8 a.m.-5 p.m., Mon-Fri
Sheriff's Dept. 647-7911

LA MESA NUMBERS

Elementary School 649-1872
Housing Office 646-2321
8 a.m.-4:30 p.m., Mon-Fri (phone calls)
9 a.m.-3 p.m., Mon-Fri (walk-in)
Closed Saturday and Sunday
Convenience Store 375-0959
10 a.m.-7 p.m., Mon-Sat
12 noon-6 p.m., Sundays and Holidays
Teen Center 646-2127
Children between 13 and 19 yrs. old permitted.
4-8 p.m., Mon-Thu
5-11 p.m., Fri
2-11 p.m., Sat

FORT ORD NUMBERS

Information 242-2211
Barber Shop 899-0822
Beauty Shop 899-3198
Bowling Lanes 899-1545
Ceramic Shop 242-3983
Child Development Center 242-4171
6:00 a.m.-6 p.m., Mon-Fri
Commissary (Information) 242-5030
Florist 394-4718
Four Seasons 899-2337
Golf Course 242-3268
Pro Shop 242-3268
Main PX 899-2336
9 a.m.-9 p.m., Mon-Sat
10 a.m.-6 p.m., Sun
Silas B. Hays Army Hospital
Centrex— appointments 899-4455
OB/GYN 242-6249
Patient Information 242-4297
Pharmacy 242-7575
Pediatric Clinic 242-7337
Optometry, Bldg. 4380 242-7611
Movie Information (tape recording) ... 242-5566
Officer's Club 899-3445
Optical Express 394-0396
Outdoor Rental 242-7322
Passport 242-2418
Thrift Shop 899-4975
Vet Clinic (small animal) 242-4994
Mon, Wed, Fri. Call for appointments.

NAVAL ANNEX

Navy Pre-School/Annex 646-3487
Bldg. 25
Fleet Numerical Oceanography Station

PRESIDIO NUMBERS

Operator/Information 647-5119
Craft Shop 242-3594
Child Development Center 647-5530
6:30 a.m.-5:30 p.m., Mon-Fri
Closed Saturday and Sunday
Health Clinic
Information 647-5234
Central Appointment System . 647-5741/42/43
Laboratory 647-5673
Pharmacy 647-5332
Navy Medical Admin. Unit 647-5614/15
Sick Call 647-5234
X-Ray 647-5234
Movie Information (tape recording) ... 242-5566
Officers' Club 649-6678
PX 647-9602
10 a.m.-7 p.m., Mon-Fri
9 a.m.-5 p.m., Sat
10 a.m.-5 p.m., Sun
Rent-All Center 899-0808
Thrift Shop 372-3144

Phone numbers and hours subject to change without notice.

O.S.S.C. CLASSES

by Michelle Mikatarian

If you are interested in teaching a class O.S.S.C. Activities would love to know about it. Please contact Michelle at 433-9625 for more information on listing your class in this space. It's a great way to meet people and put a little money in your pocket! If you are interested in taking any of the classes listed below, please call the instructors for more information.

Art Classes for Children & Adults — Lisa Stoshak (call Carmel Recreation Dept. at 626-1255 for registration). Drawing and painting, paper-mache sculpture, and puppet making classes are available for children ages 6 to 12; and a joint parent and preschooler art session is also available. Adults can develop skills in oil painting with such subjects as a Cannery Row sunset, the lone cypress, and a Carmel Bay sunset. Times and fees vary by class. Call for details.

Bowling — Diane Davidson (375-6620). The Wednesday A.M. Officers' Wives' Bowling League starts anew each NPS quarter. Playing at Lincoln Lanes on N. Fremont, balls are available at no charge; shoe rental is $1.00 each week. Child care is provided at the bowling alley for $2.25 per child. Practice lanes are open at 9:20 a.m.; play begins at 9:30 a.m. Fees: $6 a week, and $6 for an annual WIBC card.

Breastfeeding Made Easy — Alicia Burgett (646-8919). If you've never breastfed a baby or have had previous difficulties, this class can help you. Learn to prepare for breastfeeding, prevent and cure sore nipples, avoid common problems, insure an ample milk supply, combine nursing and working, and much more. One-time Saturday classes are offered 9 a.m. - 1 p.m. Fee is $15. Register early; class size is limited.

Country Fabric Wreath — Cathy Williams (375-7916). Learn to decorate a straw wreath with fabric squares for a nice "country" touch. This quick and easy craft is a great holiday or gift idea. Ninety-minute class arranged with individuals or groups. Fee: $8 plus materials.

NEW **Horseback Riding Lessons** — Toni Venza (373-8192). Children and adults will learn basic and advanced riding skills at the Fort Ord stables. Advanced students will learn correct jumping techniques. All new students start in a western saddle and progress to an English saddle in advanced classes. Class meetings vary. Fee: $15/hr.

Mother's Morning Out — Joy Doyle (647-1133). Your toddler or preschooler will enjoy organized play two mornings a week while you run errands, keep appointments, or just relax. Meets Tues. & Thurs., 9:30 a.m. - noon. Fee: $7.50 per day.

Mother's Morning Out — Renee Neely (373-3762). Enjoy a carefree morning out while your child enjoys a morning of fun! This play group includes art activities, music and movement, as well as unstructured group play. The small group setting in a home environment makes it an ideal first separation for your child. Mon. & Wed., 9:30 a.m. - noon. Fee: $7.50 per day.

My Own Morning Out — Lynn Ivey (649-8158). Enjoy a morning out on your own while your preschooler enjoys the company of other two to five year olds. Lynn is certified in child care and a licensed social worker. Care available weekday mornings. Fee: $2.50/hr and $.75 for materials.

Piano — Frank Bruno (375-4389). Private lessons in classical and pop music are available in your home or the instructor's. Students purchase their own music. Fee: $14 per 1/2-hour lesson in his home; additional if lessons held in your home.

Piano — Katie Clare Mazzeo (372-2233). Private lessons on piano or harpsichord are offered in her Carmel home.

Piano — Kazuko Mockett (624-9596). Learn to read and play music and understand music theory while progressing at your own pace. Students are also encouraged to write their own music and to form a better understanding of the art. Held Tues. - Fri. In students' homes. Fee $9 per lesson.

Prenatal Exercise Class — Cheryl Morgan (655-1018). Especially designed fo pregnant women, this class offers a 15-minute low impact/low intensity aerobic workout with upper body strengthening using light weights and floor work. Abdominal and pelvic strengthening and muscle toning exercise are emphasized. Mon., Wed., Fri., 4-5 p.m. Fee: $30 per month.

Smocked Clothes — Lynn Montgomery (655-4532). Learn the exquisite art of smocking while completing garments for your children. In three weeks you will practice basic stitches, more difficult geometric stitches, and picture smocking. Class meets 2-3 yours on weekday mornings. Fee: $30. Additional materials required.

Ukrainian Egg Decorating — Martha Faller (372-6320). All supplies needed to create beautifully designed eggs are provided in this two-session class. Each student completes one egg in class. Meets weekday evenings. Fee: $20.

Tutoring

Elementary Grades & Sign Language — Susan Anderson (373-5407). Tutoring available in all elementary school subjects, and special education and sign language for deaf students. Fees vary.

Tutor — Irene Pollard (624-9137). Tutoring for children in reading and spelling using auditory, visual and kinesthetic phonics, and math. Children who need special help are also welcome. Fee: $15/hr.

NEW **Tutor** — Pearl Louie Toy (646-1968). Elementary and junior high aged children can benefit from tutoring in troublesome academic subjects by a California certified teacher. Fee: $10/hr, negotiable for two students.

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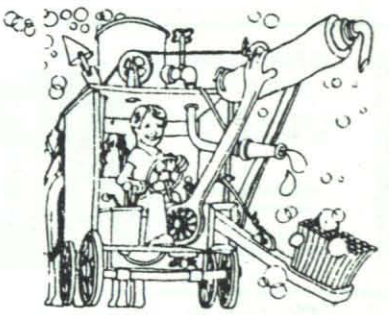

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SEPTEMBER/OCTOBER AROUND THE BAY

14-15: Festival del Pueblo de Monterey. Celebrating the separation of New Spain from its colonizers, the festival remembers the contributions of the indigenous people of North and Central America through a Grito ceremony, parade, pow-wow, and fiesta. For more information, call 375-0095.

21-22: Artichoke Festival. From the artichoke capital of the world (Castroville), the 32nd annual Artichoke Festival provides ongoing entertainment, a crafts fair, food, and a parade. For more information, call 633-2465.

26-29: Carmel Valley Gem & Mineral Show & Sale. This event is held at the Monterey Fairgrounds. For more information, call 624-3351.

29: Carmel Mission Fiesta. This Mexican fiesta includes continuous entertainment, ethnic foods, arts and crafts, and games. Fun for the entire family. For more information, call 624-1271.

OCTOBER

5-6: Oktoberfest. Authentic German food, wine, beer gardens, oompah bands, folk dancers, arts and crafts, and kiddie carnival rides await festival visitors. This event is held at the Monterey Fairgrounds. For more information, call 372-5863.

5-6: Old Monterey Heritage Festival. A four-block street fair featuring over 100 quality artists, historical displays, live music, and gourmet and ethnic foods. For more information, call 438-4751.

12: Butterfly Parade. Elementary school children parade in butterfly costumes to welcome the return of the Monarch butterfly. For more information, call 646-6520.

12-13: California International Airshow. Exciting and wholesome family entertainment featuring the nation's best airshow performers. This event held in Salinas benefits local charities. For more information, call 754-1983.

12-13: 11th Annual Brussels Sprouts Festival. The Boardwalk in Santa Cruz honors the humble sprout with a variety of food items from gourmet sprout cuisine to unusual recipes like sprout chip cookies, sprout water taffy and sprout ice cream. Rather play with your food? Compete in the sprout-toss or sprout-putt for prizes. For more information, call 423-5590.

13: California Constitution Day. In commemoration of the 142nd California Constitution Day, local actors re-enact the highlights of the first Constitutional Convention. For more information, call 646-3851.

18-20: 34th Toyota Monterey Grand Prix. One of the oldest continuous car races in the United States, the Grand Prix brings together the fastest cars and the most exciting drivers. For more information, call 648-5111.

20: Monterey Bay Aquarium's Seventh Anniversary. Celebrate the aquarium's birthday. For more information, call 648-4800.

26: Big Sur River Run. The Big Sur 10K River Run takes runners through the natural beauty of Pfeiffer State Park. The flat course passes through groves of oak trees and statuesque redwoods. For more information, call 667-2182.

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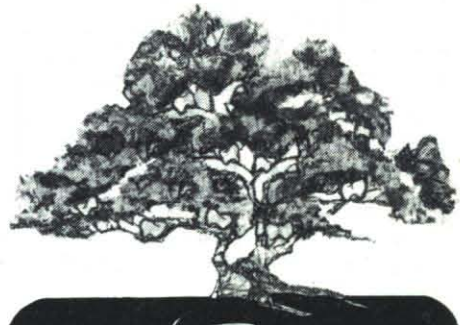
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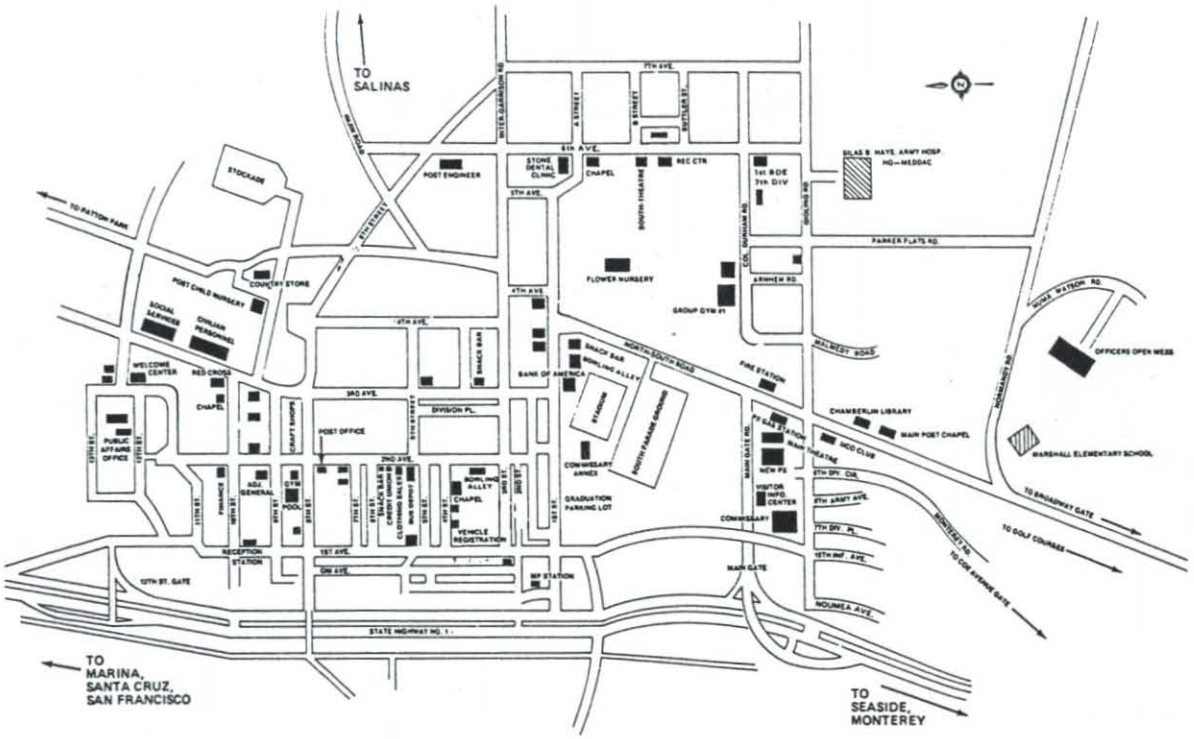

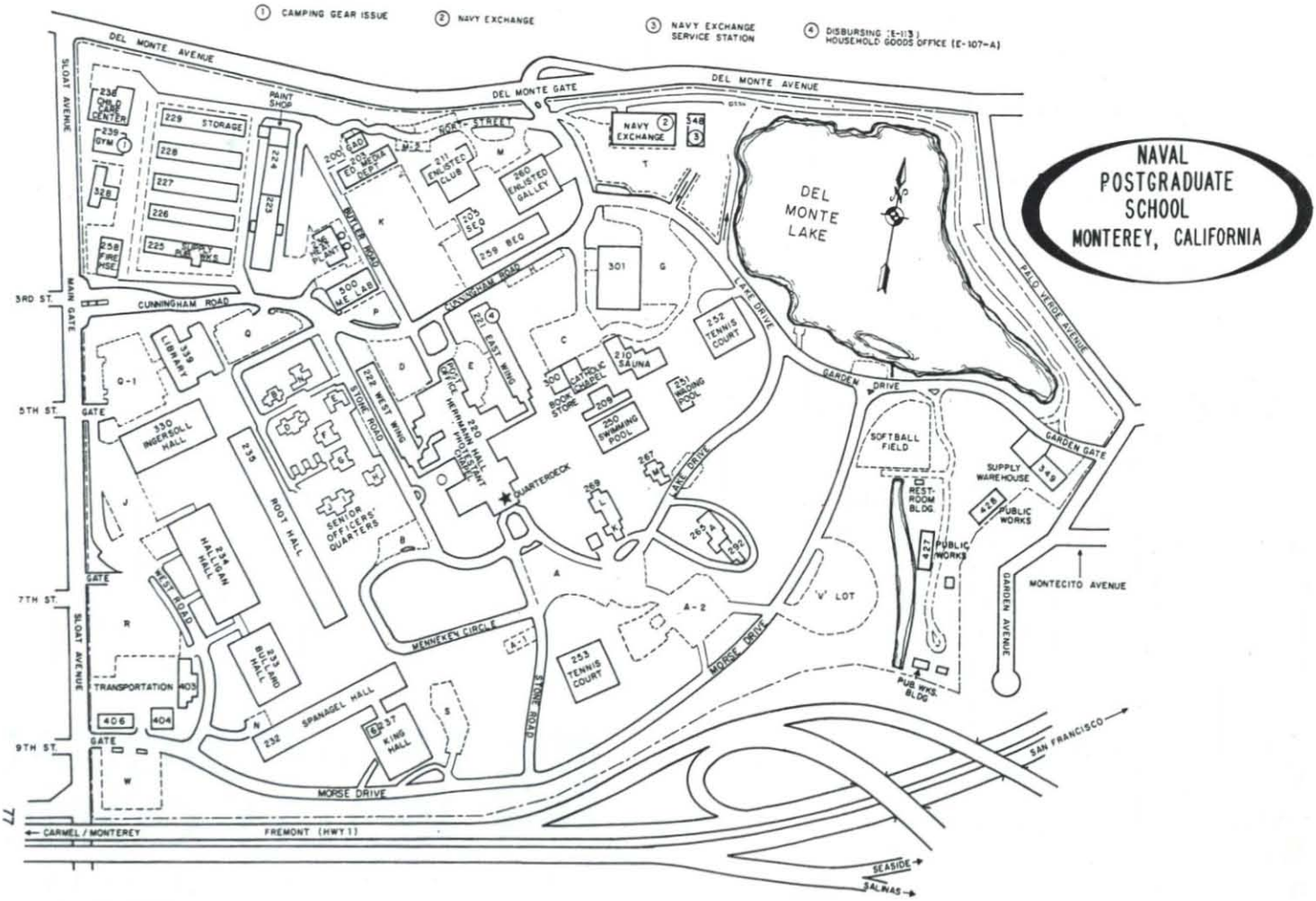

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