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2016-06

## Peacock Press / June - September 2016

Quality of Life Department, Naval Postgraduate School (U.S.)

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# NAVAL SUPPORT ACTIVITY MONTEREY Peacock Press

QUALITY OF LIFE PROGRAMS • MONTEREY, CALIFORNIA

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**Welcome Back BBQ**  
**Thursday, July 7 • 4-7 pm**

Join us and make new friends in the Trident Room and out in the beautiful Rose Garden for a special summer evening of tender BBQ ribs, baked beans, fresh summer corn, garlic bread and apple pie.

COST: \$15 per person



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Commanding Officer

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Deputy Director

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Quality of Life Director

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Campground  
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MWR ADMINISTRATIVE  
OFFICE: 831-656-2533  
Herrmann Hall (Rm. 55)  
Open weekdays,  
8 am-4 pm  
Closed weekends/  
federal holidays

MWR BUSINESS OFFICE  
831-656-7954  
Open weekdays  
8 am-3 pm  
Closed weekends/  
federal holidays



PEACOCK PRESS - MWR Department  
Naval Support Activity Monterey  
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All phone numbers are in area code 831.

# CLUBS & DINING

## CAFÉ DEL MONTE..... 831-656-7885

Next to Dudley Knox Library.  
 Mon-Fri 7 am-2 pm / Closed on federal holidays  
 • Breakfast Mon-Fri 7-10:30 am  
 • Lunch Mon-Fri 10:30 am-2 pm

Stop by Café Del Monte Mon-Fri mornings for a delicious Breakfast Burrito! Daily specials from around the world. Great prices! Quick service! Club Del Monte Daily Lunch Special Calendar can be found at <http://intranet.nps.edu>



**Check out Club Del Monte on Facebook to stay in the know!**

## EL PRADO DINING ROOM..... 831-656-2170

The El Prado Dining Room serves breakfast and lunch Mon-Fri. Closed on federal holidays.  
 • Hot Breakfast: Mon-Fri 6:45-9:15 am  
 • Ala Carte Breakfast: Mon-Fri 6:45-10:45 am  
 • Lunch: Mon-Fri 10:45 am-1:15 pm  
 The El Prado offers the best fresh salad bar on the Monterey Peninsula as well as a made-to-order sandwich bar. Hot entrees, fresh soup and chili con carne are offered daily. Come in on Fridays for the house special, clam chowder.

## TRIDENT ROOM..... 831-656-7508

Herrmann Hall ground floor (Bldg. 220)  
 Open Mon-Sat. Closed on federal holidays.

Check out our appetizers and dinner menu at the Trident Room featuring fabulous healthy entrée selections in addition to the house favorites. Join us for dinner tonight!

**Trident Room Beverage Service:** Mon-Wed 4-9:30 pm, Thu-Fri 3-9:30 pm, Sat 4-9 pm

## NBA Finals Viewing Parties

**June 2-19** - Join us in the Trident Room as the Golden State Warriors go for back-to-back championships. Check out our Club Del Monte Facebook page for game-day dinner specials.

## Wine Down Wednesdays 4-6 pm

Sit comfortably and relax with a glass or flight of wine on the terrace above the Trident Room. Appetizer and dinner specials available for purchase.

## Navy Midshipmen's Football Headquarters Saturday, Sep 3 • 9 am-12 noon in the Trident Room

- Kick off Navy Football with the first game of the season. Put on your jersey and root for the boys of fall at the Midshipmen's Football Headquarters.

## NFL Sunday Ticket Viewing Parties

**Starting Sunday, Sep 11**, the Trident Room will be open every Sunday from 10 am-8 pm throughout the NFL Football Season kicking off NFL Football Sundays. Breakfast specials available.

**CATERING** - Book your promotion, graduation or holiday party now. Call 831-656-1049 or email [mwrcatering@nps.edu](mailto:mwrcatering@nps.edu)

# TICKETS & TRAVEL

Herrmann Hall (Bldg. 220, Rm 131) **831-656-3223**  
 Mon-Fri 10 am-3 pm.  
 Closed weekends and federal holidays.

The Tickets & Travel Office has all you need to learn about what there is to do in the local area. Discounted tickets for area tours, attractions, museums, amusement parks, seasonal attractions and more; and numerous hotel and car rental vouchers are also available. Stop by and pick up some free brochures and get the fun started today! For more information, call 831-656-3223 or email [tickets@nps.edu](mailto:tickets@nps.edu)

## FIM Superbike World Championship at Mazda Raceway Laguna Seca Jul 8-10

We've got your discounted tickets to this high-performance bike race featuring international riders, teams, and manufacturers, all battling for the lead. 3-day \$71; 2-day \$64; Fri \$26; Sat \$45; Sun \$53


## Rolex Monterey Motorsports Reunion at Mazda Raceway Laguna Seca

**Aug 19-21** - See around 550 classic cars competing in the world's premier motoring event, the largest event held during the famed Monterey Classic Car Week! 3-day \$106; 2-day \$83; Fri \$38; Sat \$60; Sun \$45

## Military Salute Disneyland Tickets

\$140.50 - Ticket is valid for three (3) days of admission to both Disneyland® and Disney California Adventure® Parks. Tickets may be purchased by Dec 16 and are valid through Dec 19, 2016. See Ticket & Travel Office for complete details.

**Enterprise** - Planning a trip? Need a Car? We have Enterprise Compact Rental Cars available for \$30 a day.

 Get affordable Military vacations around the world for Military personnel and their families by visiting [www.afvclub.com](http://www.afvclub.com). Be sure to select Navy-Monterey Bay Postgraduate as your military installation!

**Coming Soon!** Discounted tickets for these events coming to the Monterey Fairgrounds:

- Artichoke Festival - June 4-5
- Monterey Beer Festival - June 11
- Monterey Bacon Festival - June 25-26
- Monterey Scottish Games - Aug 6-7
- 80th Annual Monterey County Fair - Aug 31-Sep 5



# Trident Room Dinner Specials

served Mon-Sat 4-9 pm in the Trident Room featuring:

**MONDAY - Seafood Cioppino** with scrumptious shrimp, calamari, crab, mussels and garlic bread \$16.75

**TUESDAY - Prime Rib Night**, moist & tender prime rib with au jus accompanied with horseradish, baked potato and sautéed fresh vegetables \$18

**WEDNESDAY-SATURDAY - Chef's Specials!**  
 Join us for the Chef's freshly-prepared special selections. Call the Trident Room at 831-656-7508 after 4 pm for details.

**WEDNESDAY - Rigatoni Pasta** with smoked Gouda, prosciutto, asparagus, roasted red peppers and sweet basil \$13.50

**THURSDAY - Baked Tender Baby Back Ribs** served with corn bread, twice baked potato and sautéed Swiss chard \$15

**FRIDAY - Grilled Ribeye Steak with Sautéed Shrimp**  
 served with crispy parmesan Yukon potatoes and baked stuffed tomato with baby kale \$19.50



# Community Recreation Adventures



For more information about Community Events or to register for these Adventure trips, call 831-656-

7955/3223 or email CommRec@nps.edu. Community Recreation and Tickets & Travel Offices are located in Herrmann Hall, Bldg 220. (Register at the Tickets & Travel Office one week prior to the trip. Some trips may require a "register by" date. Fees may apply). Directions and meeting location will be provided upon registration.

## JUNE

### Game Night!

5-6 pm in the Trident Room

- **Wednesday, Jun 22 (Pictionary)**
- **Wednesday, Jul 27 (Scattogories)**
- **Wednesday, Aug 24 (BINGO)**
- **Wednesday, Sep 28 (Trivia)**

Come by the Trident Room on the last Wednesday of the month, grab a drink & dinner and compete against others on game night. Open to all hands. FREE!

## Minute To Win It Lunch Time Activities

11:30 am-12:30 pm Thursdays,

**Jun 9 • Jul 7 • Aug 11 • Sep 8**

Join us in front of the Café Del Monte the second Thursday of the every month for 'Minute to Win it' activities. Every Thursday, there will be a different challenge to test your skills.

Win prizes and bragging rights!



### Pinnacles National Park Hike

**Saturday, Jun 25 • 9 am-4 pm**

Join us as we hike Pinnacles National Park. This is a must see for hikers and bird enthusiasts. With over 30 miles of trails, Pinnacles has something for everyone!

### Champagne Brunch Sail

**Sunday, Jun 26 • 10 am-2 pm**

Enjoy this beautiful Sunday on the serene morning ocean! Join us as we sail around the bay enjoying champagne, orange juice, coffee, pastries and seasonal fruit.

## JULY

### San Francisco Day Trip

**Saturday, Jul 9 • 7 am-7 pm**

*Sign up at Tickets and Travel by 7/5.*

Love going to San Francisco but hate the drive? Join us as we spend the day there. Visit museums, shop or explore. There is always something new and exciting to see in San Francisco!

### Redwood Canopy Tour

**Saturday, Jul 16 • 1-5 pm**



If you have never been zip lining before, this is your chance to soar through the redwoods of California reaching heights of up to 150 feet.

This tour includes 6 zip lines and 2 sky bridges and is accompanied by 2 guides who help bring the forest to life. Must be 10 or older and height/weight limits apply.

### Brewmaster Charter Sail

**Saturday, Jul 23 • 3-7 pm**

Sail the bay enjoying great beers from some of the finest local breweries. This two-hour cruise includes cold beverages, pizza and an opportunity to meet the brewers while sailing around the golden coastline.

## AUGUST

### Sequoia Aerial Adventure

**Saturday, Aug 6 • 12:45-5 pm**

Explore the redwood forest from a bird's eye view! This adventure takes you up into the trees for an aerial challenge like you've never experienced. Over 30 elements, including swinging logs, cargo nets, zip lines and cables set 30 to 80 feet in the air! This high-rise challenge course will give you a thrill you'll never forget. Must be 10 or older and height/weight limits apply.

### Paint Nite

**Friday, Aug 12 • 6 pm**

outside the Barbara McNitt Ballroom Veranda. Break away from your typical night out! During this fun-filled event, an artist provides step by step instructions for creating your own masterpiece while you enjoy socializing, appetizers and beverages available for purchase.



### Beach Horseback Ride

**Saturday, Aug 13 • 1:45-3:45 pm**

Take a ride along the golden beach of the bay. Enjoy the beautiful scenery of Moss Landing on the back of horse. Must be 7 or older and height/weight limits apply.

### Operation Bravo:

#### Entertaining Our Troops

**Thursday, Aug 25 • 7 pm** in the El Prado

Dining Room. Doors open at 6:30 pm - This 60-min show is packed with laughs featuring the Bornstein's MIND MELD show. An evening of Award-winning talent featured on such television shows as "The Tonight Show," "World's Greatest Magicians" and "Masters of Illusion." You are guaranteed to be baffled and amazed!



**FREE!**

## Movies On The Lawn

9 pm or sunset whichever comes first

**Fridays, Jun 10 & 24 • Jul 8 & 22 • Aug 5 & 19**

Bring your family, blankets and snacks and join us outside the Tech Connection at La Mesa to watch free movies under the stars. All movies are FREE, family friendly and open to all eligible patrons. Come early and enjoy free games, activities and entertainment from 6:30-8:30 pm.





**Limekiln State Park Hike**

**Saturday, Aug 27 • 9 am-4 pm**

Join us as we hike through Limekiln State Park traveling through beautiful redwoods alongside several creeks and streams. This is a great hike for photographers of all levels.

**SEPTEMBER**

**Wednesday Night at the Theater**

Every Wednesday night, free movies will be shown at 6 pm in the El Prado Room. Make it a movie and dinner night and grab a bite to eat in the Trident Room. Open to all hands! Updated movie list is available online. <http://navylifesw.com/monterey/movies/>

**Yappy Hour**

**Saturday, Sep 10 • 10 am-Noon**

at Sparks Field - Want to meet up with some puppy pals? Does your four-legged friend enjoy a day at the park? Come to Sparks Field for snacks and fun at the park with your furry friend. Enjoy a walk or run around the pond, 'sniff-n-greet' and more. FREE!



**BCGA Day of Play**

**Saturday, Sep 17 • 10 am-2 pm**

Join Community Recreation and Child and Youth Programs for our annual Day of Play event at the Tech Connection! Enjoy games, food, music, give-a-ways, outside activities and more. Open to all hands. FREE!



**Karaoke Night**

**Friday, Sep 23 • 5-7 pm** in the Trident Room  
Join Community Recreation for a night of rockin' the mic while you sing all your favorites and more.

**Garland Ranch Regional Park Hike**

**Saturday, Sep 24 • 9 am-4 pm** - Join us as we hike Garland Ranch Regional Park, a hidden gem of Carmel Valley with willow-covered banks and cottonwood-sycamore strands.

**Presidio of Monterey Outdoor Recreation**

Located in Lewis Hall, Bldg 228 (below Soldier Field, next to the gas station).  
Mon 8 am-4 pm; Tue, Thu & Fri 10 am-6 pm;  
Sat 9 am-5 pm; Closed Wed, Sun & federal holidays

Outdoor Recreation offers extensive year-round programs, hands-on training, trips and more! Rental equipment available for camping, skiing, boating and fishing. Vacation rentals are a short distance away from South Lake Tahoe. Enjoy condominiums and cabins. For more information, call 831-242-6133/5506 or visit [www.pom-fmwr.com](http://www.pom-fmwr.com)

**San Francisco**

**Alcatraz Tour**

**Saturday, Jun 11** - From Pier 33, you will begin your day with a cruise over to Alcatraz Island to tour the infamous and notorious former Federal Prison.



**Arroyo Seco Day Trip Saturday, Jun 11**

Spend the day soaking up the sun as we do a little hiking and floating down the river.

**Hearst Castle Tour Saturday, Jun 18**

Hearst Castle stands as the remarkable achievement of one man's dream and is a "palace in every sense of the word."

**Surf Camp Saturdays, Jun 18 & Aug 20**

Calling all beginner surfers! Ever wanted to learn how to surf but didn't know where to start? Join us as we set out for the surf and sand.



**Las Vegas Trip**

**Jul 1-4**

Back by popular demand; join Presidio Leisure Travel Services for a fabulous road trip to Las Vegas.

**Whitewater Rafting Jul 2-4**

Register at the Tickets & Travel Office by 6-28.

**Sunset Kayaking**

**Wednesday, Jul 13 & Aug 17 • 5-8 pm**

Explore the bay while watching the sunset over the horizon. Join us paddling around the beautiful Monterey coast and explore the vast sea life.

**Yosemite Weekend**

**Sep 3-5**

Experience Yosemite National Park with us! This is some of the best nature California has to offer.



Look for our upcoming

**Ballroom Dance Lessons**

coming in September!

**Tickets & Travel Leisure Fair**

presented by NSA Monterey MWR & JP General, Inc.

**Tuesday, July 5**

11 am-1 pm in the Dudley Knox Library quad area. Visit up to 80 vendors sharing information about local area attractions, organizations and services.

For more information, call 831-656-3223 or email [tickets@nps.edu](mailto:tickets@nps.edu)



**Kayak Monterey**

- **Saturday, Aug 6 • 9 am-12:30 pm**
- **Saturday, Sep 10 • 9 am-12:30**

Discover Monterey Bay while kayaking on the open sea. Join us as we paddle our way around the bay exploring the beautiful coastline. Space is limited. Open to all eligible patrons.



# NPS MONTEREY SPORTS & FITNESS



MWR FITNESS & SPORTS CENTER  
 Bldg. 208 ..... **831-656-3118**  
 Email: FitnessC@nps.edu  
 Mon-Fri 5:30 am-8 pm  
 Sat 8 am-4 pm / Sun 11 am-4 pm  
 Closed all federal holidays.

Summer Break Hours: Jun 20-Jul 1  
 Mon-Fri 7 am-7 pm  
 Sat 8 am-4 pm / Sun 11 am-4 pm  
 (No Group exercise classes during summer break)

### Fitness Membership

Active duty, reservists, retirees and their family members and DOD civilians are eligible for a **FREE** membership.

#### Daily Fitness Membership Fee

Military/Family Members/DOD/NEX....FREE!  
 Contractors/Guest  
 DOD Family Members ..... \$3

#### Monthly Membership Fee

Contractors/DOD Family Members..... \$25

#### Six-Month Membership Fee

Contractors/DOD Family Members..... \$138

#### Annual Membership Fee

Contractors/DOD Family Members..... \$250

**Personal Trainers** - Are you frustrated with your workout routine? Are you seeing the results you'd like to see? Not sure where to start? Let one of our Personal Trainers help you achieve your goals. Cost effective & fun.

- Half-hour session ..... \$20
- Hour session ..... \$40
- 6 one-hour sessions..... \$225
- 10 one-hour sessions..... \$350

*By appointment only.*

**Equipment Orientation** available on a walk-in basis. Questions about a machine or how to use a program on the cardio equipment? Stop by the front desk and ask any of our Navy Fitness certified staff to maximize your time at the gym.

### Fitness Improvement Tips!

Feel like your program isn't working for you? Not seeing improvements? Let our Fitness Specialist design a fitness program that works for you. Free for Active Duty.

**Massage Therapist** offers classic, deep tissue, sports, Esalen, pregnancy and reflexology massage. Help improve performance, decrease pain and promote relaxation! Gift certificates available. For more information or to make an appointment, call 831-656-3118.

## FITNESS CLASSES

*Fitness Membership Fees Apply.*

### NOFFS Operational Series

**Mon & Wed • 6:30 am / Mon-Thu • 3 pm**  
 Focuses on core stability, strength, endurance and nutritional guidance. Navy Operational Fitness And Fueling Series (NOFFS) classes are free to all hands and held at the Fitness and Sports Center.

### Cardio Kickboxing - Mon • Noon

A popular training program that is a fun, action-packed workout combined with martial arts, boxing and dance moves. You get a challenging cardiovascular and full body workout as you kick, punch, block and move in each cardio kickboxing class. There is a \$3 fee per class for all participants.

### Zumba Classes - Mon & Wed • 4:30

**pm & Thu & Fri 5:30 pm** - Ditch the workout! Join our energetic instructors in this 50-minute fusion of cardio, hip-hop, salsa and aerobics blending Latin rhythms and easy-to-follow moves to create a dynamic fitness program.

### Cycling Class - Mon & Wed • 5:30 pm

**& Tue • 12 noon** - Motivating indoor cycling class designed to offer a non-impact, high intensity, cardio workout to all participants from beginners to advanced. Includes music, a warm-up, cool down and stretching.

### Body Pump

**Tue • 4:30 pm & Thu • Noon** - This class is one of the world's fastest ways to get in shape as it challenges all of your major muscle groups while you squat, press, lift, and curl!

### Yoga Classes

**Wed • Noon / Thu • 4:30 pm**  
 Yoga uses slow movements to increase strength, mobility, stability, and balance.

## SPORTS CLUBS & LEAGUES

*Sign up at the Fitness & Sports Center front desk. Must be 18 years old, out of high school and have a valid ID to participate. Open to all hands! For more information about these programs, contact 831-656-3118 or email FitnessC@nps.edu*

### Women's Tennis Club

**Mon-Fri 9:30 am-Noon** at the tennis courts adjacent to the Fitness & Sports Center across from Lake Del Monte. All levels and abilities are welcome. Dues paying members of the Club may participate in inter-club match play against other Women's Clubs on the Monterey Peninsula. Hope to see you on the courts! For more info, call 831-915-4625.

### Judo Club

- Beginners - **Mon • 6:30-8 pm**
- Intermediate/Advanced - **Wed • 6:30-8 pm**

Judo classes meet at the Fitness & Sports Center. 12-week Beginners course starts the first week of each academic quarter. No previous experience required. Intermediate/Advanced sessions for those who have completed the Beginners course, experienced Judoka, or with instructor permission. Olympic and Kodokan style Judo; Tournament & recreational Judo; Improve your physical fitness while learning a new sport. **NOTE: Participant must become a member of the United States Judo Federation, Inc. Membership is \$50/year. Application available at the Fitness & Sports Center front desk.**



## All American 5K Fun Run

**Friday, Jul 8 • 3 pm** - Meet in front of Herrmann Hall

Run 2 laps or walk one lap around NSA Monterey! Open to all hands. Strollers are welcome. Top male and female finishers in each age category win a T-Shirt! Register by 2:45 pm on the day of the event.



**1000 Lb/600 Lb Club** is a combination of your squat, dead lift and bench press. The lifter must meet or exceed 1000 lbs. or 600 lbs. with any combination of these three lifts. Each participant schedules an appointment with the Fitness & Sports Center Staff and provides their own spotter for bench press and back squat. Gloves, wrist wraps and/or lifting straps are permitted. Bench press suits/shirts are not allowed. Weight lifting belts are permitted for all 3 lifts. The lifts must be completed at the Fitness & Sports Center in one session, monitored by same trainer for all 3 lifts. This is a FREE, ongoing event.

**Softball League begins Monday, Jul 11.** Games are played on Mondays and Wednesdays, 6 pm, 7 pm, and 8 pm at the Sparks Field. Teams consist of 6-12 players. Open to all hands! Rosters are due to the Sports Coordinator/Sports Assistant by 7/1.

**Volleyball League season starts Tuesday, Jul 12.** Set it up and spike! Form your team of 6 or more. Team rosters due by 7/25.

**3 Vs. 3 Women's Basketball League season starts Wednesday, Jul 13.** Keep dribbling! Team rosters due by 7/6.



**Fall Fun Run 5K Friday, Sep 23 • 3 pm** - Meet in front of Herrmann Hall  
Run 2 laps or walk one lap around NSA Monterey! Open to all hands. Strollers are welcome. Top male and female finishers in each age category win a T-Shirt! Register by 2:45 pm on the day of the event.



## FLYING CLUB

Did you always want to learn to fly? Are you a pilot, but figured you just couldn't fly during your time in Monterey? Want to see Monterey from a different perspective? Our

fleet of training and pleasure aircraft are available at reasonable rates. We have a T-34B Mentor for more advanced pilots or adventurous tourists. If you need instruction, our professional flight instructors are available to meet your schedule. Experienced pilots share the joy of flight with you (and some of the costs, of course!). Aircraft and facilities available 24/7 to club members. Visit [www.montereynavyFlyingclub.com](http://www.montereynavyFlyingclub.com), or email [mnfc@nps.edu](mailto:mnfc@nps.edu)

**Now Hiring Certified Flight Instructors**  
Call us at 831-372-7033 about using your U.S. military flight instructor experience to become a civilian Certified Flight Instructor and teach at the MNFC.

## Racquetball Tournaments

**Sat, Jun 11 & Sat, Aug 20**  
**9 am-12 noon**

Whether you are a veteran racquetball player or just playing for fun, be sure to register for this single elimination tournament!

**THEATER** Movies are shown every Wednesday at 6 pm in the El Prado Room. Grab a bite from the Trident Bar and enjoy a movie. Look for movie listings at <http://navylifesw.com/monterey/movies/>. For more information, call 831-656-7955 or email [CommRec@nps.edu](mailto:CommRec@nps.edu)

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**GOLF COURSE**.....**831-656-2167**  
Open daily 6:30 am-7 pm

**GOLF SHOP** .....**831-656-2167**  
Open daily 6:30 am-7 pm

**THE MONTEREY PINES GRILL & BAR** .....**831-656-7799**  
Open daily 7 am-7 pm

Monterey Pines Golf Course offers area golfers the best value for golf on the Monterey Peninsula. Superb course conditions year round make a golf round a memorable experience. Special fees are offered for Active Duty Officers, Enlisted Active Duty, retired military and DOD civilians. The eighteen-hole course offers a challenge to all levels of golfers. Playing at 5,700 yards, the layout puts a premium on accuracy without overwhelming the golfers with length. Undulating greens and lakes come into play on several holes and make the course challenging to all skill levels.

Our practice facility includes a driving range, chipping green with bunker and a large putting

green. These are available daily to hone your golf skills and prepare for a round of golf at one of the Navy's finest golf facilities.

For those interested in participating with other golfers in friendly competition, we have several groups for your consideration.

- **The Monterey Pines Golf Club** hosts monthly tournaments played on the second Saturday of each month.
- **Ladies Golf Association** plays every Wednesday beginning at 8:30 am
- **The Monday Niners Golf League** plays every Monday, through September.

Whether a golfer or not, the **Monterey Pines Grill & Bar** offers a scenic venue to enjoy your favorite food and beverages for breakfast, lunch or an early dinner. The outdoor patio area has great views of the course, and the Clubhouse offers an excellent selection of breakfast and lunch items, appetizers and your favorite drinks. Our bar area and five televisions make it a great place to watch sporting events. Free Wi-Fi is also available. In addition to our daily offerings at the Clubhouse, our Banquet Room offers the necessary privacy to conduct meetings and seminars in addition to providing food and beverage requirements for golf events. For information on special events at the Clubhouse, call 831-656-7799.

**Golf Outings** are a great way to celebrate an important event and Monterey Pines is a great place to have your outing. Our staff provides professional tournament management and allows you to relax and enjoy the event while we do all the work for you. For information on having Monterey Pines host your next golf event, call 831-656-7659.

If you are in the market for a new putter, driver, irons or golf apparel, you'll find the best deals in the area at **Monterey Pines Golf Shop**. If we don't have it, we can get it for you! Our extensive selection of Demo Clubs gives you the opportunity to "try before you buy." Custom club fitting is available daily from one of our PGA Professionals.

**Golf Lessons** - PGA Members Sam Jepsen and Neil Larkin are available for private and group golf instruction. Private instruction is \$40 for a half hour lesson and \$60 for an hour lesson. Sam and Neil have over forty years of teaching experience to share with you.

**Complimentary Golf Lessons** during the month of June. The Monterey Pines PGA professionals are offering active duty service members and their family complimentary 15-minute golf lessons. Call 831-656-1087 to schedule your mini lesson.

# You deserve to save

Just for being a part of:  
**US Navy**  
you could be **saving 15%**

on the monthly service charge of qualified wireless plans

The AT&T Sponsorship Program can help you manage your wireless life. We have business agreements with hundreds of government agencies, including federal, state and local entities, so we're able to offer their employees substantial savings on their wireless service.

To purchase online, visit [att.com/wireless/navy](http://att.com/wireless/navy)

Or, to find a store closest to you, visit [att.com/find-a-store](http://att.com/find-a-store)

If you visit a local AT&T store, please have proof of eligibility (Employee badge, paystub or student ID).

Mention code: 2421954



**Sponsorship Program discounts:** Service discounts are available to qualified employees, students and other authorized individuals associated with eligible sponsoring organizations, such as companies and colleges/universities with a qualified wireless service agreement ("Business Agreement"). Qualified individuals must provide proof of eligibility (i.e. valid employee badge/paystub, student ID or other approved validation method) and subscribe to service as Individual Responsibility Users ("IRUs"), taking personal liability for their accounts. Service discount is subject to the Business Agreement and may be interrupted, changed and/or discontinued without notice to you. A minimum number of employees, minimum monthly service charge for qualified plans, additional AT&T services or other requirements may apply for eligibility. Under some Business Agreements, service discount can vary monthly depending on the organization's aggregate volume of qualified charges. Service discount applies only to the monthly service charge of qualified plans (unless otherwise provided in your organization's Business Agreement). Service discounts are not available with any unlimited voice plans. For Family Talk plans, service discount will only apply to the primary line. For all Mobile Share plans, service discount applies only to the monthly service charge for the data allotment (i.e. plan charge) of eligible plans, not to the additional monthly device access charges. Additional plan and other restrictions apply. Service discount may take up to two (2) billing cycles to appear on invoice after eligibility is confirmed and will not apply to prior charges. Service discount is applied after application of any available credit or other promotional offer and may not be combined with other service discounts. If you have a question about available service discount and/or your eligibility, contact your organization's telecom manager/administrator or contact us at [att.com/getIRU](http://att.com/getIRU). All other marks contained herein are the property of their respective owners. Service provided by AT&T Mobility. ©2015 AT&T Intellectual Property. All rights reserved. AT&T and the AT&T logo are trademarks of AT&T Intellectual Property.

The Monterey Pines Golf Club hosts monthly tournaments played on the second Saturday of each month.



# Upcoming Golf Tournaments

## Annual Captain's Cup Friday, July 22

It's a four-person Scramble. Winners get their names permanently engraved on the Captain's Cup Trophy. Sign up individually or as a team. Entry fees are \$60 for military/DOD; \$70 for civilians. Cost includes all golf fees, tournament prizes and a fine buffet at the awards presentation after the tournament.

## The Club Championship August 13 & 14

## Tournament Players Championship September 17 & 18

**Sailboat Rental** - All skippers must complete a check sail through NPSSA and pass a written exam. Group sail participation is normally required prior to requesting a check sail. *Email: npssa.vc.training@gmail.com to schedule a check sail.*

**Half Day Rental \$25 / Full Day Rental \$50**

**Rent a Santana 22-ft sailboat for only \$25!**

**Sail with a group on Monterey Bay for only \$10/person!**

**Race with us on 30 foot Shields in regular races on the Bay!**

**Learn to Sail!**

**Sailing Classes** - No experience necessary. Earn a Navy "B" keelboat skipper qualification, recognized at MWR Marinas worldwide. NPSSA Membership required. *Email: npssa.vc.training@gmail.com for details.* Cost \$175

**Group Sails** are offered several times per month and led by an experienced skipper. Designed to help you brush up on your sailing skills. Novices welcome! *Email: npssa.vc.training@gmail.com.* NPSSA member \$10 / Non-member \$25

### NPSSA Membership

Open to NPS students, faculty, staff and local DOD personnel. Cost is \$50/year and covers the member and immediate family. *Email: npssa.commodore@gmail.com for an application or to be added to the email distribution list. http://npssa.org*

**Rent a Santana 22-ft sailboat for only \$25!**

**Sail with a group on Monterey Bay for only \$10/person!**

**Race with us on 30 foot Shields in regular races on the Bay!**

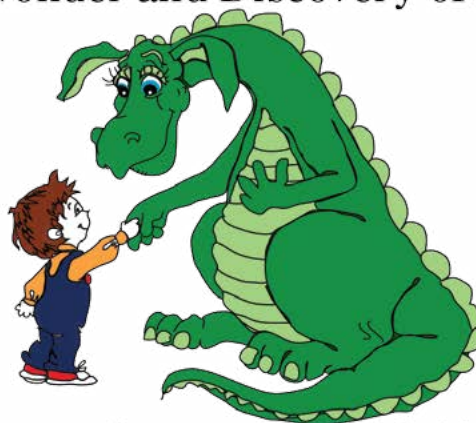
# Set Sail! NPS SAILING ASSOCIATION



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# MONTEREY CHILD & YOUTH PROGRAMS



Child and Youth Programs (CYP) are provided for children ages 6 weeks to 17 years in state-of-the-art facilities within walking

distance of La Mesa Village. The La Mesa Elementary School is right next door to the Child Development Center and up the street from the Tech Connection. Open to Active Duty military, reservists in Active Duty status, and DOD civilians on a space available basis. For more information, call 831-656-2734 or email CDCAdmin@nps.edu. Request for childcare is available online at [militarychildcare.com](http://militarychildcare.com)

### Registration Process for CYP Programming

starts online. Visit [www.militarychildcare.com](http://www.militarychildcare.com) to create an account containing information about your family, search for the child care options that best fit your needs and submit your request for care online.

**Hourly Care** spaces are available at both the Child Development Center and the Tech Connection School Age facilities. Although spaces are limited, we encourage parents to be aware of the availability. Reservations can be made up to 30 days in advance. Cost is \$4 per hour. Call 831-656-2734 for CDC information/availability and 831-656-2127 for Tech Connection information/availability; or utilize CYP online at [www.navalifsw/cyponline](http://www.navalifsw/cyponline) to make reservations.

### CHILD DEVELOPMENT CENTER

.....**831-656-2734**  
 Located at 2 La Mesa Way, Bldg 439 La Mesa Village next to La Mesa Elementary School.

Open Mon-Fri, 7 am-6 pm for full-time care. Closed all federal holidays. For children ages 6 weeks-5 years, the Child Development Center in La Mesa Village is the place for you. For more information, call 831-656-2734 or email CDCAdmin@nps.edu

### Parent Teacher Conferences

**Monday-Friday, Jun 6-10 & Jun 13-17.** Dates and times will be determined by the classroom. See your child's teacher for more information and to sign up for a conference time.

### Father's Day Ice Cream Social

**Friday, Jun 17 • 2:30 pm.** This event will be held in the courtyard of the Child Development Center. We hope to see you there!

### Planned Parent Education Opportunities

**Tuesday, Jul 26 • 11 am-Noon** at the Tech Connection Teen and Youth Center. Creative Curriculum (brown bag lunch).

**First Day Of Part Day Preschool** will be **Aug 8 & 9.**

**Parent Involvement Board Meeting** will be held **Friday, Aug 12 • Noon-1 pm** at the Tech Connection.

### TECH CONNECTION TEEN & YOUTH CENTER

(Grades K-12) .....**831-656-2127**  
 La Mesa Village, 1222 Leahy Rd. Bldg. 444 (Grades K-12) Building hours are 8:30 am-6 pm (during summer/school breaks the building is open from 7 am-6 pm for School Age Care). Closed all federal holidays.

**SAC Summer Camp! Monday, Jun 6** is the first day of SAC Summer Camp. Registration is priority based so don't wait to join; register online at <http://militarychildcare.com>! Cost is based on total household income. During the summer we will be participating in the Summer Reading Program, taking trips, having fun and making friends! To join our Summer Camp, children need to have been in Kindergarten-5th grade for the 2015/2016 school year. If you have any questions, visit us or call 831-656-2127.

**BGCA Day Of Play Saturday, Sep 17 • 10 am-2 pm** at the Tech Connection. Join us for different gross motor activities and outdoor family fun! FREE!

**Youth Sponsorship** lunch meetings are offered once a week at Colton Middle School throughout the school year. These meetings are a time to play ice breakers/group games, meet other military youth and get information on local attractions. Pick up a Youth Sponsorship form from the Tech Connection today!

**Before And/Or After School Care** registration is active throughout the school year. The Tech Connection offers enriching activities incorporating Boys and Girls Clubs of America and 4H curriculum, to include: fine arts, technology, health & life skills, leadership, education and fitness. To start the registration process, visit [www.militarychildcare.com](http://www.militarychildcare.com), create a family profile and select the type of care needed.

**Teens** (Grades 6-12) Open Monday, Tuesday, Thursday, Friday 4-6 pm, Wednesday 2-6 pm and Summer & School Breaks Hours

## Give Parents a Break!

at the CDC the following dates and times:

- **Friday, Jun 3 • 6-11 pm**
- **Saturday, Jun 11 • 4-10 pm**
- **Friday, Jun 17 • 6-11 pm**
- **Friday, Jul 8 • 6-11 pm**
- **Saturday, Jul 16 • 4-10 pm**
- **Friday, Jul 22 • 6-11 pm**
- **Friday, Aug 5 • 6-11 pm**
- **Saturday, Aug 13 • 4-10 pm**
- **Friday, Aug 19 • 6-11 pm**
- **Friday, Sep 9 • 6-11 pm**
- **Saturday, Sep 17 • 4-10 pm**
- **Friday, Sep 23 • 6-11 pm**

To register and prepay online, utilize CYP online at [www.navalifsw/cyponline](http://www.navalifsw/cyponline). Pre-registration and pre-payment required. Cost \$4 per child.



12-6 pm daily. Meet military and DOD youth in a fun and relaxing environment! Get connected with your local community and participate in 4H and Boys and Girls Clubs of America activities. Weekly programs include athletics, arts & crafts, education & technology, leadership, and life skills. Our staff would love to show you around and tell you about our programs. Join the fun!!



### YOUTH SPORTS & CLASSES

**First Tee Golf Program** (Military Affiliate Program for ages 7-17). Young people are introduced to the First Tee through character education curriculum to develop positive youth. Registration is ongoing. Program begins in September. Classes starts at 3:45 pm Monday or Wednesday and are taught by certified First Tee Instructors. Sign up at the Tech Connection today! FREE!

**Ballet** (ages 3-10) - **Tuesdays** at the Tech Connection - Registration is ongoing. Classes are 4 and 6-week sessions. Minimum of three students in each class to run. Classes currently offered are:

- 3-4 year olds - 2:30-3:15 pm
- 5-6 year olds - 3:15-4 pm
- 7-10 year olds - 4-4:45 pm

Participants must re-enroll for ballet at the beginning of each month. (Class times subject to change; verify class times as you sign up monthly). Sign up and pick up class schedules at the Tech Connection.  
 Cost.....\$48-\$72  
*(depending on number of weeks in session).*

**Cheer/Dance Class** (ages 5-18)  
**Thursday, 3:30-4:30 pm for 5-7 year olds & Thursday, 4:30-5:30 pm for 8+ years** at the Tech Connection. Registration is ongoing. Monthly enrollment fees must be paid prior to attending the first class and we must have current registration paperwork on file. Classes must have a minimum of three students to run. Cost ..... \$36-\$60 monthly  
*(depending on the number of weeks in the session – we do not prorate monthly fees for individuals that do not attend scheduled classes).*

**Soccer** (ages 4-14) Registration will be early summer. Children are introduced to the fundamentals of soccer to promote camaraderie and sportsmanship. Season will be from mid-Aug to end of October. Registration is at the Tech Connection.

Any questions, contact our Youth Sports Coordinator at 831-656-2127 or email [NPSMWRTechConnection@nps.edu](mailto:NPSMWRTechConnection@nps.edu)

### Youth Sport Coaches Needed!

Child and Youth Programs is looking for positive and dedicated coaches. Volunteer coaches are always needed for sports programs. Stop by the Tech Connection to receive a coaches' packet today!

### Missoula Children's Theater



**Monday-Friday, Jul 18-22.**

Registration: Jun 20-Jul 15.  
 Back by popular demand, NSA Monterey Child and Youth Programs will host the internationally renowned Missoula Children's Theater for the production of "Pinocchio." This is open to children who have completed kindergarten through high school and are registered with NSA Monterey Child and Youth Programs. Daily tryouts and rehearsals will begin on Monday, Jul 18 (location to be announced), either morning or afternoon sessions depending on assigned cast role. The production will be on Saturday, Jul 23 with both a matinee and an early evening performance. This is an outstanding opportunity for your child to participate in the overall production with roles and assigned duties for up to 60 children. For more information, call 831-656-2127.

## City of Monterey Recreation

# Preschool Program

Our popular pre-kindergarten program is structured around the concept of learning through play. Children acquire the knowledge and social skills necessary to ensure a successful transition into elementary school.



Call the Preschool location of your choice for a registration appointment.

**AGES:**  
 3-5 years  
 (Must be "potty" trained)

**DAY/TIME:**  
 Mon-Fri 10 am-1 pm

**LOCATIONS:**  
**Casanova Oak**  
**Knoll Park Center**  
**735 Ramona Ave**  
**831-646-5665**

**Hilltop Park**  
**871 Jessie Street**  
**831-646-3975**

**Monterey Youth Center**  
**777 Pearl Street**  
**831-646-3873**





## SCHOOL LIAISON OFFICER (SLO)



**Office: 831-656-1008**  
 located on Second floor of  
 Herrmann Hall West Wing  
 Rm 157, 1 University Circle,  
 Monterey, CA 93940

Leslie Flynn, M.A. • lflynn@nps.edu  
 Open Mon-Fri 8 am-4:30 pm

**Registration & Enrollment for the 2016-17 School Year.** Do not wait until the day before school starts! Monterey Peninsula Unified School District will be open limited hours during the summer. Check both the district & school websites; or call the schools directly for hours of operation. Enrollment packets available at school offices.

MPUSD ..... 831-645-1200  
 La Mesa ..... 831-649-1872  
 Colton MS ..... 831-649-1951  
 Monterey HS..... 831-392-3801  
[www.mpusd.k12.ca.us/ourschools](http://www.mpusd.k12.ca.us/ourschools)

### Friendly Reminders

- At La Mesa Elementary, there is no supervision prior to 7:45 am. Early drop-off is not permitted.
- CA law requires all 7th graders to have a current T-Dap shot. Students will not be permitted to attend school without this immunization.
- MPUSD has busing from La Mesa Village to Colton MS but not Monterey HS.

### Kindergarten & Transitional Kindergarten Enrollment for the 2016-2017 School Year is ongoing.

- For Kindergarten all children must be age 5 on or before Sep 1 for the 2016-17 school year.
- Children turning age 5 between Sep 2-Dec 2 are eligible to apply for Regular Transitional Kindergarten.
- Children turning age 5 between Dec 3 and Mar 1 are eligible to apply for Expanded Transitional Kindergarten.
- Remember to bring original Birth Certificate, Physical Exam, Immunization Records, & Proof of Residency.

## Your BMW Connection

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 TRADES



**Phil Holmes**



**BMW OF MONTEREY**

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**Cell: 831.233.9449 | Desk: 831.583.4942**



- If you are temporarily housed at NGIS or the Navy Lodge, bring your room receipt as Proof of Residency.
- An Oral/Dental Exam must be completed during the school year but is not required at the time of enrollment.

**SB 277-CA School Immunization**

**Requirements** - Almost all California school children are required to be fully vaccinated in order to attend public or private school, regardless of their parents' personal or religious beliefs. SB 277 is being phased in and will go into full effect by 7/1.

**6-12 Grade Students** - It is not too early to get your 6th grader ready for the school year. Students entering or advancing to grades 7-12, or entering school in California for the 1st time must provide proof of immunization with a pertussis (whooping cough) vaccine booster called tetanus toxoid, reduced diphtheria toxoid and acellur pertussis vaccine-TDAP. Students will not be allowed to begin the school year until proof of immunizations or exemptions are presented to their school site. See Education Code 48210-48216

**Homeschooling in Monterey?** Register with a public school, private school, public charter school, correspondence course, virtual academy, or file an R-4 affidavit with

the State. Contact your SLO for assistance.

**Parent Conferences PCSing In or Out?**

Have questions about academic options in Monterey or your next duty station? The SLO can assist you. Parent conferences are required for all families with school age children arriving in Monterey. Parent conferences are also highly recommended for families that will be PCSing out during the middle of the school year. Book early to ensure enough time to gather all pertinent school records.

**PTI-Partners In Education** is designed to encourage and increase support of the local schools through a Navy volunteer effort. PIE volunteers are needed. This program offers opportunities for military and civilian members attached to commands within Navy Region Southwest to give their time as volunteers at local schools. Both one-time and on-going options are available. For more information, call 831-656-1008 or email lflynn@nps.edu

**English Tutorial Program for Children** for international military associated children attending La Mesa Elementary School. Meetings are held most **Saturdays 10 am-Noon** at the Tech Connection Youth Center, Bldg. 444, 1222 Leahy Road, Monterey, CA 93940. To join send an email by Wednesday of each week to jeremy.merrill1@navy.mil

and lflynn@nps.edu

**MOTO (Motivating-Others-Through-Outreach)**

Central Coast High School is in need of volunteers. MOTO is part of the PIE program here in Monterey. CCHS provides an educational opportunity for students who desire to get back on track and achieve their high school diploma. Be part of a rewarding journey. For more information, email nhaionaa@nps.edu or lflynn@nps.edu or call 831-656-1008.

**ESL-English as a Second Language Classes Monday-Friday • 8:30 am-2:30 pm**

in Herrmann Hall-Rm 29. Ongoing registration on Mondays & Fridays. For more information email mkoh@nps.edu FREE!

**Breakfast for Your Brain "Youth Tutorial Program"**

- Most **Saturdays 9-11 am** at the NPS Dudley Knox Library. The Naval Postgraduate School Math Club is offering free tutoring in all subjects for students grades K-12. To request a tutor, email BreakfastForYourBrain@NPS.edu

**Tutor.com** is an online tutorial option for Active Duty, National Guard & Reservist, K-12th grade students. [www.tutor.com/military](http://www.tutor.com/military) Free 24/7 access for online tutoring and homework help from a live tutor.

Can you believe you live *here*?

NPS brought my husband to me & we knew we had to make the Monterey Peninsula our forever home. Let me help you do the same whether it's for a lifetime home or a rental investment.

*It just doesn't get much better than this . . .*

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Main Line ..... 831-656-3060  
 Sexual Assault Prevention Response  
 Hot Line ..... 877-995-5247  
 Appointments .... 1-866-923-6478

*The FFSC supports the military by providing a wide range of services and assistance that respond to personal and family needs that positively impact the quality of life for our service members and their families. Classes are free of charge. Space is limited. Call ahead of time to reserve a spot. All classes are held at the FFSC- La Mesa Housing Community, 1280 Leahy Road, unless otherwise indicated. Childcare is available, however, must be arranged no later than 5 days prior to class date. For more information, call 831-656-3060. Volunteer opportunities are available!*

**FFSC Office Locations:**

- **La Mesa Village**, 1280 Leahy Rd  
 Mon-Fri 8 am-4:30 pm
- **Herrmann Hall** - Bldg 220,  
 2nd Floor West Wing (Room 157)  
 Counseling Services available by appointment.

**All American  
 Family Summer  
 Fun Day!**  
 Fri, Jul 29, 1-3 pm

Available by appointment:

- Resumé and Federal Application Review
- Family Employment Readiness Program
- Individual Relocation Counseling
- Individual Financial Counseling
- Individuals, Couples & Family Counseling

**FAMILY & LIFESKILLS**

**Two Birds Never Sing the Same Song: Couples Communication**

Tue, Jun 7, 3-5 pm  
 Thu, Jun 16, 12-2 pm  
 Tue, Jul 5, 3-5 pm  
 Thu, Jul 21, 12-2 pm  
 Tue, Aug 2, 3-5 pm  
 Thu, Aug 18, 12-2 pm  
 Tue, Sep 6, 3-5 pm  
 Thu, Sep 15, 12-2 pm



**What's a "BZ"? The Lingo and Lifestyle of a Military Spouse**

Wed, Jun 1, 10 am-12 pm  
 Wed, Jul 6, 10 am-12 pm  
 Wed, Aug 3, 10 am-12 pm  
 Wed, Sep 7, 10 am-12 pm

**You're Not Alone  
 Suicide Prevention Awareness**

Mon, Jun 6, 3-5 pm  
 Wed, Jun 8, 12-2 pm  
 Wed, Jul 13, 12-2 pm  
 Mon, Aug 1, 3-5 pm  
 Wed, Aug 10, 12-2 pm  
 Wed, Sep 14, 12-2 pm

**Don't Sweat the Small Stuff...  
 It's all Small Stuff: Managing Stress and Time**

Mon, Jun 13, 8-10 am  
 Mon, Jul 11, 8-10 am  
 Mon, Aug 8, 8-10 am  
 Mon, Sep 12, 8-10 am

**"I Said Over Easy!!!!" Controlling Anger Before Anger Controls You**

Thu, Jun 2, 12-2 & 4-6 pm  
 Thu, Jul 7, 12-2 & 4-6 pm  
 Mon, Jul 18, 3-5 pm  
 Thu, Aug 4, 12-2 & 4-6 pm  
 Mon, Aug 15, 3-5 pm  
 Thu, Sep 1, 12-2 & 4-6 pm  
 Mon, Sep 19, 3-5 pm

**RELOCATION**

**PCS Right Smart Move (Transferring/PCS)**

Wed, Jun 8, 1-3 pm  
 Wed, Jul 13, 1-3 pm  
 Wed, Aug 10, 1-3 pm  
 Wed, Sep 14, 1-3 pm

**EMPLOYMENT**

**Interviewing Skills**

Thu, Jun 16, 10 am-12 pm  
 Thu, Jul 21, 10 am-12 pm  
 Thu, Aug 18, 10 am-12 pm  
 Thu, Sep 15, 10 am-12 pm

**Resumé Writing**

Thu, Jun 9, 10 am-12 pm  
 Thu, Jul 14, 10 am-12 pm  
 Thu, Aug 11, 10 am-12 pm  
 Thu, Sep 8, 10 am-12 pm

**Federal Employment System**

Fri, Jun 17, 9 am-12 noon

**TRANSITION ASSISTANCE PROGRAM**

Transition GPS (Goals, Plans, Success) is a program designed to ease the transition from military to civilian life.

**Transition GPS Workshop**

Mon-Fri, Jun 20-24, 8 am-5 pm  
 Mon-Fri, Jul 18-22, 8 am-5 pm  
 Mon-Fri, Aug 22-26, 8 am-5 pm  
 Mon-Fri, Sep 19-23, 8 am-5 pm

**Capstone Workshop**

Wed, Jun 1, 1-4 pm  
 Wed, Jul 6, 1-4 pm  
 Wed, Aug 3, 1-4 pm  
 Wed, Sep 7, 1-4 pm

**Entrepreneurship Workshop**

Mon-Tue, Jul 11-12, 8 am-4 pm

**Higher Education Workshop**

Wed-Thu, Jun 29-30, 8 am-4 pm  
 Mon-Tue, Sep 26-27, 8 am-4 pm

**Technical Workshop**

Thu-Fri, Aug 11-12, 8 am-4 pm

**PARENTING EDUCATION**

**Infant Massage 5-week class**

Fri, Aug 5, 10-11 am  
 Fri, Aug 12, 10-11 am  
 Fri, Aug 19, 10-11 am  
 Fri, Aug 26, 10-11 am  
 Fri, Sep 9, 10-11 am

**Breast Feeding Made Simple**

Learn about breastfeeding and how

to avoid some common problems  
 Tue, Jul 12, 12-1:30 pm  
 Tue, Aug 9, 12-1:30 pm

**Dad's In Boots Baby Basic  
 2-day series**

Fri, Jul 15 & 22, 3-4:30 pm  
 Fri, Sep 16 & 23, 3-4:30 pm

**Signing with Baby**

Age 6 months to 2 years  
 Research suggests that teaching your child sign language augments speech and language skills  
 Tue, Aug 2, 9:30-10:30 am  
 Tue, Sep 6, 9:30-10:30 am

**Parenting Tips and Tools**

Mon, Jul 25, 8-9 am  
 Mon, Aug 29, 8-9 am  
 Mon, Sep 26, 8-9 am

**New Parent Support Home**

**Visitor** - Available upon request, tailored to your needs. The New Parent Support Home Visit Program provides a variety of support, referral and education services for expectant and new parents with children from birth to 4 years old. For more information, call 831-656-1092.

**DEPLOYMENT**

**Pre-Deployment/Mobility Briefing**

- Thu, Aug 18, 1-3 pm

**Mid-Deployment/Mobility Briefing**

- Thu, Jun 16, 1-3 pm

**Post-Deployment Return & Reunion**

- Thu, Jul 21, 1-3 pm

**IA Spouse Discussion/Support Group Meeting**

Mon, Jun 6, 12-1 pm  
 Mon, Jul 11, 12-1 pm  
 Mon, Aug 1, 12-1 pm  
 Mon, Sep 12, 12-1 pm

**COMMAND SPECIFIC PROGRAMS:**

**Initial Point of Contact Training**  
Thu, June 16, 8 am-4:30 pm

**Advocate Refresher Training**  
Wed, Aug 10, 12-4 pm

**Advocate Initial Training**  
Aug 15-19, 8 am-4:30 pm

**FOR COMMAND APPOINTED PERSONNEL**

- SAPR GMT\*
- SAPR Civilian One Team One Fight\*
- Commander's Toolkit\*
- CDO Training And Refresher\*
- Victim Sensitivity\*

**Command Financial Specialist (CSF)** are members of the military who have been appointed by the commanding officer to provide financial education and training, counseling, and information referral at the command level. CSFs are trained to establish, organize, and administer the command's personal financial management program.

**Command Financial Specialist Training\***  
Mon-Fri, Jun 27-Jul 1, 8 am-4 pm  
Mon-Fri, Sep 26-30, 8 am-4 pm

**CFS Round Table\***  
Fri, Jun 3, 10 am  
Fri, Sep 2, 10 am

**Sponsor Training\***  
Mon, Jun 13, 2-3:30 pm  
Mon, Jul 11, 2-3:30 pm  
Mon, Aug 8, 2-3:30 pm  
Mon, Sep 12, 2-3:30 pm

\*Also available upon request



**MONTEREY PINES RV CAMPGROUND**  
Located on Fairgrounds Road at Garden Road by the Monterey County Fairgrounds.  
Open daily. .... **831-656-7563**

Located deep within the serene Monterey Pines Recreation Complex, Monterey Pines RV Campground is OPEN YEAR ROUND to all active duty, reservists, retirees, family members and DOD civilians. 29 full hook-ups, 8 partial hook-ups, bathhouse and coin-op laundry facilities. Visa/Mastercard accepted.

**NAVY LODGE**  
1100 Farragut Rd, Monterey  
Open daily ..... **831-372-6133**

Open to all Active Duty military members and their families, retired military, reservists, DOD personnel, International military, U.S. Public Health Service, Red Cross, and the



National Oceanic and Atmospheric Administration. Spacious and

comfortable rooms with fully-equipped kitchenettes, located within walking distance to the Housing Welcome Center, La Mesa Elementary School, NEX Mini-Mart and the Family Service Center. Only a short drive to NPS, NEX, MWR Fitness & Sports Center, Presidio of Monterey and the Monterey U.S. Coast Guard Station. Free Seattle's Best Coffee in our guest rooms/ lobby and free daily newspapers. Free "Breakfast to Go" available daily from 6-9 am. Plus, a limited number of pet-friendly rooms at a nominal fee. Call the Navy Lodge Central Reservation Center at 1-800-NAVY-INN (800-628-9466).

**LIBERTY PROGRAM**

Liberty events are open to all single and unaccompanied enlisted sailors assigned to NSA Monterey and tenant commands. For more information (or if you need a ride to any event) call 831-656-7955 or email Liberty@nps.edu



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