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Human Enhancement and Research Group (HERG) Overview

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Human Enhancement and Research Group (HERG) Overview

Physical Therapy Center

- Bridges the gap between traditional rehab and performance training for the modern day military athlete
- Complete evaluations and treatment that extends from injury site to all aspects of the body; recognizing that all regions work in coordination of the larger system and care should not stop at localized pathology
- Alter Students nutrition based on individual and performance needs

Physical Performance Center

- Educate and train Students in effective techniques to improve and enhance functional capacity, strength, and agility

Enhancement

Cognitive Performance Training (Mind Gym)

- Sustain professional performance in complex, dynamic, and unpredictable environments with focus on assessing, training and augmenting domains within the Cognitive Fitness Framework

Life Strategy Counseling Center

- Action-oriented, practical, rational, and assists the Students to gain independence and effectiveness in dealing with real-life issues

Applied Research Center

- Student and Faculty led research projects with an emphasis on human enhancement
- Integrated with associated NPS labs, industry partners, and other academic institutions
- *Understand and ready SOF for winning in operational environments other than Earth*

Defense Analysis Education

Core Classes and Electives focused on Preservation of the Force and Family